



The new **BEST SHOTS** **FACHSCHULE**

GOTTINGER
PARGFRIEDER
GOLDER

Europäischer
Referenzrahmen  



The new

BEST SHOTS

Brigitte GOTTINGER

Petra PARGFRIEDER

Zachariah Golder

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FACHSCHULE



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Gesamtkonzeption: Brigitte Gottinger, Petra Pargfrieder

Autor/innen: Brigitte Gottinger, Petra Pargfrieder, Zachariah Golder

Native Korrektorat: Zachariah Golder

Berater/innen: Joshua Döring, Petre Floarea, Karin Kurz-Hochwarter, Judith Pimperl, Andrea Renner, Elisabeth Schaludek-Paletschek, Christina Staudinger, Verena Zehetbauer

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INTRODUCTION

How does this book work?

This book consists of ten units, each a separate set of tasks with its own theme. The activities will give you the chance to practise your **speaking**, **writing**, **reading** and **listening skills**. Working on these skills will effectively improve your English and you will find them useful in your future professional life. There is a wide variety of tasks and text types, e.g., role plays, mini-scenarios, discussion questions, mini-dialogues; summaries of written or audio content; listening and reading tasks for general practice with skills such as note taking, fill-in-the-gap exercises, answering questions, etc.

In addition, each unit includes tasks that help you familiarise yourself with **text types** and **test formats**. These tasks are noted in the page margins.

- Speaking – **Individual long turn, Interaction**
- Writing – **Description, Informal (reply) email, Blog entry, Blog comment, Formal (reply) email**
- Reading – **Multiple choice, Multiple matching, Short answers, True/False**
- Listening – **Multiple choice, Multiple matching, Short answers**

How can I successfully cope with the tasks in this book?

Don't worry, you have lots of resources at your fingertips.

- **VocabBoosters** and **LanguageBoxes** strengthen your speaking and writing skills and include topic-specific key vocabulary and phrases.
- The **Language in use** sections help you improve your grammar.
- **Phrases** for discussion and interaction, giving a presentation, describing charts and diagrams, and giving a summary are provided in the appendix.
- The **Writing reference** includes guidelines, phrases and sample texts for the text types required.
- Last but not least, you can look up words in the **Vocabulary reference** in the appendix. – A summary of topic-related **Key vocabulary** (highlighted in blue) is provided at the end of each unit.

Put simply: the more you practise, the more you will improve. So, try to do all the activities in English – if you like, declare English the language of the classroom – and speak English with everyone: your classmates as well as your teacher.

The **Self-assessment checklists** after units 5 and 10 will help you to find out more about the personal progress you have made.

- ☺ If most of your ticks are in the first column, you have done a great job so far. You are on the right track. Congratulations!
- ☺ If most of your ticks are in the second column, you have done a good job. However, there is some room for improvement. So keep up the good work!
- ☺ If most of your ticks are in the third column, go back to the individual tasks and have a detailed look at them again. Ask your teacher for help. You need to work hard, but you will manage!

But what about making mistakes?

The most important thing is successfully communicating your ideas to somebody else. As long as your mistake doesn't hinder this, it isn't worth worrying too much about. On the other hand, your mistakes can provide you with useful information – they tell you what you still need to learn and give you a path to follow. There are activities in this book that help you to learn from the language you produce.

Look around you, at your family and friends: practically everyone needs to be able to speak English these days, for their jobs, travelling, or just for socialising.

Why "Best Shots"?

There is a saying in English "to give something your best shot", meaning to try as hard as possible to succeed, using all the resources you have. This represents the main idea behind this book. These activities can help you to do your absolute best in English language learning. So, go for it!

What are you waiting for? Go give this language your best shot!

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4. Semester – Kompetenzmodul 4

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THE LOUDER, THE BETTER?

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1 Warm-up: My favourite song

1 a Speaking

Get into groups of three and discuss the following questions. Use appropriate phrases from the VocabBooster below.

- 1 What is/are your favourite music genre/s?
- 2 How much time do you spend on listening to music every day?
- 3 In which situations do you usually listen to music?
- 4 What music makes you feel happy?
- 5 Where do you get your music from (e.g. *streaming services, YouTube, music download stores, vinyl records*)?



VocabBooster

to be one's favourite music genre
to spend about one hour/two hours ...
listening to music every day
to listen to music during the breaks at school/
while studying/to fall asleep/when using
public transport
to have an average playlist of ... songs

to use music streaming services every day
to listen to music on YouTube/Spotify
to listen to music on the radio
to buy vinyl records
to download music from online stores
to access online radio stations

1 b Speaking www

Get into pairs. Name three different music genres and two famous artists/bands that represent the genre. Write them down. Do some online research if you need help. An example (0) has been given. Share your findings in class.

0 genre: *classical music*

artists/bands: *Wolfgang Amadeus Mozart, Ludwig van Beethoven*

1 genre:

artists/bands:

2 genre:

artists/bands:

3 genre:

artists/bands:



THE LOUDER, THE BETTER?



1c
Speaking
www
Individual
long turn

Get the lyrics of your favourite song from the Internet and prepare a 3-minute presentation about the song. In your presentation you should

- give information about the singer/band and the genre
- summarise the main idea of the song
- point out why you like this song.

Presentation
phrases
> page 165

Get into pairs and give your presentation. Use appropriate phrases from the LanguageBox. Do some online research if you need help.

LanguageBox

The song is performed by ... (*name of singer/band*).
 The artist/band represents the genre ...
 This singer/band first performed the song in ... (*year*)/on ... (*exact date*).
 In my opinion, the main message/idea of the song is ...
 The singer/band wanted to express his/her/their feelings/inspire listeners ... with his/her/their song.
 The story told in the lyrics is very touching/sad/inspiring It is about a man/woman/person who .../The song tells the story of .../The song describes a situation where ...
 The singer's voice in this song is fantastic/awesome/beautiful ...
 I like this song very much because the singer's voice is great/the beat is great for dancing/I enjoy singing along/it has a nice melody ...
 This song is my absolute favourite because ...

2 Language in use: My music taste is different now from what it used to be.

Trouble-free grammar: Present tense simple

We use the **present tense simple** to talk about **routines, habits** and **facts**.

Senad **always** **listens** to music on his way to school.

Avdo **sometimes** **downloads** music from the Internet before he goes to bed.

My parents **often** **go** to classical music concerts on weekends.

My cousin **likes** pop music.

Four and four **equals** eight.

Sarah **is** a huge reggae fan.

The Earth **goes** round the Sun.

routines, habits

facts

Please note: Adverbs of frequency

We often use **adverbs of frequency** (*always, usually, frequently, often, sometimes, never, normally, rarely*) to express how often or how frequently something happens.

- Adverbs of frequency usually go before the verbs.
- Adverbs of frequency go after *am, is* and *are*.

The singer **always** **does** a vocal warm-up before going on stage.

I am **usually** **not** a fan of country music, but I enjoy listening to some of the newer artists in the genre.

The band members **are** **sometimes** very exhausted after a concert.

Negation

Senad **does not** **always** **listen** to music on his way to school.

My parents **do not** **often** **go** to classical music concerts on weekends.

Sarah **is not** a huge reggae fan.

Questions and short answers

When answering a question, we do not only say *yes* or *no*. We use short answers to be more polite.

Do you **like** rock music? – Yes, I **do**. / No, I **don't**.

Does Tim **like** heavy metal? – Yes, he **does**. / No, he **doesn't**.

Do your parents often go to classical music concerts on weekends? – Yes, they **do**. / No, they **don't**.

Are you allowed to go to the music festival? – Yes, I **am**. / No, I'm **not**.

2 a
Language in use

Put the words in the correct order. Sometimes there is more than one possibility. The first one (0) has been done for you. Compare your results with a partner.

0 uses/Matteo/to stream music/Spotify/usually/.

Matteo usually uses Spotify to stream music.

1 late/never/the singer/is/.

2 very nervous/is/before his performance/Henry/often/.

3 like/the line-up of the local music festival/she/this year/does not/.

4 stays up-to-date/with the latest news/always/about her favourite band/Amina/.

5 before he goes to bed/listens to/Michael/hard rock/never/.

6 usually/to the music shop/goes/Tabea/with her friends/.

7 practises/the song/the musician/every morning/.

8 does not/the singer/any private information/share/on his social media account/.

9 to the jazz club/with his best friend/once a month/goes/Louis/.



Irregular verbs
> page 191

Trouble-free grammar: Past tense simple

We use the **past tense simple** to talk about **past events**.

I **was** in Salzburg **last week** and **attended** a modern dance class.

Leena **took part in** a singing contest **last year**.

Erina **bought** new ear pods **two days ago**.

Sleiman and his best friend **had** such a great time at the concert **yesterday evening**.

Negation

I **was not** in Salzburg **last week** and **did not attend** a modern dance class.

Erina **did not buy** new ear pods **two days ago**.

Sleiman and his best friend **did not have** much fun at the concert **yesterday evening**.

Questions and short answers

Were you in Salzburg last week? – **Yes**, I **was**. / **No**, I **wasn't**.

Did she **take part in** a dance competition last year? – **Yes**, she **did**. / **No**, she **didn't**.

Did they **have** a great time at the concert yesterday evening? – **Yes**, they **did**. / **No**, they **didn't**.



THE LOUDER, THE BETTER?

2 b
Language in use

Have a look at the sentences (1–9). Fill in the gaps. Use the past tense simple. Compare your results with a partner.

- 1 The band _____ (make) the concert an unforgettable event last week.
- 2 When Sarah was a kid, she _____ (love) listening to pop songs on the radio.
- 3 My neighbours _____ (have) a huge collection of country music CDs.
- 4 The hard rock concert Loredana _____ (attend) a month ago _____ (be) fantastic.
- 5 Three weeks ago my best friends and I _____ (take) salsa lessons, moving to Latin beats.
- 6 The singer _____ (become) famous when he _____ (be) fifteen years old.
- 7 Unfortunately, Simon _____ (forget) to bring a rain jacket to the music festival.
- 8 The family _____ (sing) folk songs at family gatherings.
- 9 As a teenager, my dad _____ (enjoy) playing the piano.



2 c
Language in use

Have a look at the sentences (1–9). Write down the negation of the sentences. The first one (0) has been done for you. Compare your results with a partner.

- 0 I sold my concert ticket for the hip-hop concert in Salzburg.

I did not sell my concert ticket for the hip-hop concert in Salzburg.

- 1 Jana and Daniela were at the local music festival last summer.

- 2 The singer gave an interview last week.

- 3 The politicians agreed on building a new concert hall in the city centre.

- 4 Erec and his cousin lined up hours before the concert in front of the stadium.

- 5 Azim did research on his favourite music genre to find out more about it.

- 6 Yesterday Melek found time to practise the saxophone.

- 7 I was at a music jam session last Saturday.

- 8 Mateo heard strange noises last night.

- 9 Said lost his smartphone at the music festival.

3 Writing an informal email: A music festival I would like to go to

3 a

Speaking
www

Get into pairs and discuss the following questions. Do some online research if you need help.

- 1 Have you ever been to a concert/music festival? If yes, what was it like? If not, which singer/band would you like to see on stage? Why?
- 2 Do you think it is important to go to concerts/music festivals to support your favourite singer/band? Explain.
- 3 What are the most popular concert venues/music festivals in Austria? Give examples.

3 b

Vocabulary
www

Have a look at the VocabBooster and write down the phrases in the appropriate category in the table below. Compare your results with a partner.



VocabBooster

to have the chance to see one's favourite singer/band ■ to not know what the teenagers do at the festival ■ to experience a sense of independence ■ to worry about the influence of peer pressure ■ to have various safety risks (e.g. crowded space, alcohol/substance use, etc.) ■ the concert venue/festival environment might not be clean enough (*bathroom facilities, etc.*) ■ to create unique experiences ■ personal items (e.g. *smartphones, money, etc.*) might be stolen ■ to not fully trust a teen's ability to make responsible decisions ■ to socialise with friends ■ to meet others who share the same music taste

going to a concert / music festival

reasons / motivation

possible risks / parents' concerns

3 c

Speaking
www

Get into pairs. What is important when writing an informal email? Have a look at the table and take notes. Then check your results with the Writing reference on pages 168 f. Share your findings in class.

my notes

- 1 Whom do you usually write informal emails to?
- 2 What about structure and layout?
- 3 What about register and formality?
- 4 How do you start an informal email? Give examples.
- 5 How do you end an informal email? Give examples.



THE LOUDER, THE BETTER?

3 dWriting
wwwText type
Informal email
> page 168

You have decided to write an email to your best friend about a music festival/concert you would like to go to. In your informal email you should

- inform your best friend about the music festival/concert you would like to go to (*where?, when?, line-up, etc.*)
- point out why you would like to go there
- explain why your parents do not want to let you go.

Use appropriate words/phrases from the VocabBooster in activity 3b. Write about 180 words.



Before you start writing, read the bullet points carefully and take notes in the table. Do some online research if you need help.

bullet point 1**bullet point 2****bullet point 3**

4 Reading: Do you care about your hearing?

4 aVocabulary
www

Have a look at the VocabBooster. Match the words/phrases in A with the appropriate definitions/synonyms in B. Look up all the words you do not know in an online dictionary. Compare your results with a partner.



VocabBooster

	A	B
earbuds	1 <input type="checkbox"/>	a the level of sound
to cause	2 <input type="checkbox"/>	b damage to the inner ear caused by loud sounds
hearing	3 <input type="checkbox"/>	c possible to avoid or to stop
to heal	4 <input type="checkbox"/>	d to change to a quieter level
noise-induced hearing loss	5 <input type="checkbox"/>	e to keep someone or something safe from injury, damage, or loss
to protect	6 <input type="checkbox"/>	f the ability to receive sounds
volume	7 <input type="checkbox"/>	g to make something (bad) happen
preventable	8 <input type="checkbox"/>	h a piece of electronic equipment that you put into your ear
to turn down	9 <input type="checkbox"/>	i to make or become healthy again

4 b

Reading

Test format
Multiple choice

Read the article about hearing loss. Choose the correct answer (A, B, C or D) for each question (1–5). Write your answers in the spaces provided. The first one (0) has been done for you.

Too loud for your ears?

1 Earbuds are basically a pair of tiny speakers that you wear inside your ears. At low volumes, they're useful little devices. But playing loud music so close to your eardrums can cause permanent hearing loss.

How does noise cause hearing loss?

The ear is made up of three parts that work together to process sounds: the outer ear, the middle ear, and the inner ear. Loud noise can damage the hair cells that direct messages to the brain. When this

10

happens, the inner ear can't send sound messages to the brain.

Unlike damage to other parts of your body, inner ear damage never heals. Over time, as more and more hair cells get damaged, your hearing will get worse and worse.

What are signs of hearing problems?

Noise-induced hearing loss from using earbuds usually takes a while. So, many people don't know 20 they have a problem until it's too late.

Signs of hearing loss include things like not being able to understand others, needing to turn up the TV / radio and often having to ask others to repeat themselves. Other symptoms include a constant 25 ringing in the ear / head and having to speak loudly in noisy environments.

If you think you have signs of hearing loss, call 30 your doctor. The doctor may look at you and send you to see an audiologist, a person trained to test hearing. Besides doing hearing tests, the audiologist can also answer your questions about using earbuds and about protecting your hearing.

What's the right way to use earbuds?

Noise-induced hearing loss due to earbuds is 100 % 35 preventable if you don't use them too long or too loudly. One easy way to find out if your earbuds are at a safe volume is to simply ask people sitting near you if they can hear your music. If they can, it's a sign that your hearing is being damaged. Turn

the volume down until other people can't hear it. 40

Keep in mind, too, that listening to music at a loud volume can make you unaware of what's going on around you. If you're running on a bike path, for example, it's hard to hear a cyclist shout, "Heads up!" when your music blocks out all other sounds, 45 and you could get hurt.

Are there other options?

It might feel like every phone or music player comes packaged with a tiny pair of earbuds. After all, they're cheap to make and easy to use. 50

So what can you do? Go retro with headphones? There's a reason they're making a comeback. The best are noise-canceling headphones, which help block out other noises. That way, you don't have to turn up the volume on your music as loud to hear 55 it well. Noise-canceling headphones can also be good for concentrating on studying or homework, but they're not great choices if you need to hear the world around you. Headphones that go over your ears can also damage your hearing if you use them 60 too long or play music too loudly. They're just not as much of a risk as earbuds are: Having the source of the sound in your ear canal can increase a sound's volume by 6 to 9 decibels – enough to cause some serious problems. 65

Earbuds exist because so many of us love music. So protect your hearing in order to show that love and appreciation of music.

0 It is important not to damage your hearing because it

- A will not repair.
- B will only get better very slowly.
- C causes brain damage.
- D can also damage other parts of your body.

1 A lot of people do not believe they have a hearing problem because

- A it is not something often talked about.
- B there are too many symptoms.
- C they do not want to give up their earbuds.
- D it does not show itself right away.

2 A special ear doctor may be useful to

- A provide ear-protecting medicine.
- B give you an ear protection device.
- C give advice for the future.
- D tell you the symptoms of hearing loss.

3 A side-effect of earbuds is

- A a decrease in outdoor training possibilities.
- B having to talk to new people.
- C the increased possibility of an accident.
- D not being able to focus on seeing what is in front of you.

4 In general, earbuds are

- A inexpensive and convenient.
- B rarer than people assume.
- C not worth the cost.
- D painful for most people.

5 Noise-cancelling headphones are very suitable for

- A looking cool and fashionable.
- B paying attention to schoolwork.
- C hearing special sounds in your environment.
- D getting your hearing back.



THE LOUDER, THE BETTER?

4 c Vocabulary

Have a look at the VocabBooster. What are early symptoms of hearing loss? Complete the phrases using the words from the box. Compare your results with a partner.

to repeat ■ to understand ■ environments ■ ringing ■ to turn up ■ loudly

VocabBooster

to not be able to _____ ¹ others
to _____ ² the TV/radio
to ask people to _____ ³ themselves
to have a constant _____ ⁴ in the ear/head
to speak _____ ⁵ in noisy _____ ⁶

4 d Speaking

Get into pairs and discuss the following questions. Use appropriate phrases from the VocabBooster in activity 4c.

- 1 How many times a day do you listen to loud music and for how long?
- 2 In which situations in life is it necessary for you to listen to loud music? Explain.
- 3 What do you think are the most severe symptoms of hearing loss?
- 4 Have you ever noticed a ringing in your ear or any other early symptoms of hearing loss yourself? Describe.



5 Language in use: He is a very good singer, isn't he?

Trouble-free grammar: Question tags

A **question tag** is a small statement at the end of a statement. Question tags are used when asking for **agreement** or **confirmation**. They are formed with the **auxiliary** (*is/are, has/have, do/does, was/were, had, did*) or **modal verb** (*can, should, etc.*) from the statement and the **appropriate subject**.

- A **positive** statement is followed by a **negative** question tag.
Jack **is** a really good singer, **isn't** he? Mary **can** play the drums, **can't** she?
- A **negative** statement is followed by a **positive** question tag.
The concert **isn't sold out**, **is** it? Ayse **can't** go to the festival, **can** she?
- If the **verb** in the main sentence is in the **present tense simple**, we form the question tag with **do/does**.
You **play** the harp, **don't** you? Alison **likes** reggae music, **doesn't** she?
- If the **verb** is in the **past tense simple** we use **did**.
They **went** to the hip-hop concert, **didn't** they? Carina **bought** a new guitar, **didn't** she?

Please note:

If the statement contains a **word with a negative meaning**, the question tag needs to be **positive**.
Peter **hardly ever** practises singing, **does** he? They **rarely** go to concerts in winter, **do** they?

5 a
Language in use

Match the sentence beginnings (1–9) in A with the appropriate question tags in B. The first one (0) has been done for you. Compare your results with a partner.

A	B
She is collecting concert tickets of her favourite band, 0	<i>h</i> <i>a</i> didn't you?
My best friends and I need to upgrade our <i>Spotify</i> accounts, 1	<i>b</i> didn't he?
You lost your smartphone in the karaoke bar, 2	<i>c</i> could she?
Josua and Marvin don't like alternative rock, 3	<i>d</i> do they?
Peter played the percussions yesterday, 4	<i>e</i> aren't they?
They are queuing up in front of the concert venue, 5	<i>f</i> doesn't she?
Macy couldn't go to the rock concert last weekend, 6	<i>g</i> isn't he?
Gina has a beautiful singing voice, 7	<i>h</i> isn't she?
He is the best guitar player on Earth, 8	<i>i</i> does he?
Marcus hardly ever sings in the bathroom, 9	<i>j</i> don't we?

5 b
Language in use

Have a look at the sentences (1–9). Put in the correct question tag. The first one (0) has been done for you. Compare your results with a partner.

- 0 Amira is visiting the local music festival, *isn't she* ?
- 1 She played the flute when she was a child, _____ ?
- 2 My aunt is an amazing singer, _____ ?
- 3 The costumes for music concerts in the 1990s were very different, _____ ?
- 4 Josip does not have one favourite music genre, _____ ?
- 5 You primarily listen to upbeat songs, _____ ?
- 6 *She Loves You* was one of the most successful songs by the *Beatles*, _____ ?
- 7 Classical music isn't very popular among teenagers, _____ ?
- 8 I should definitely buy tickets for the next music festival in my hometown, _____ ?
- 9 Samira hardly ever downloads music from online platforms, _____ ?



6 Listening: Ear protection required

6 a
Vocabulary
www

Have a look at the VocabBooster. Match the words in A with the appropriate ones in B to make meaningful phrases. Look up all the words you do not know in an online dictionary. Compare your results with a partner.

VocabBooster

A	B
to be exposed 1	<input type="checkbox"/> <i>a</i> hearing loss
to stop damage 2	<input type="checkbox"/> <i>b</i> workers
to cause 3	<input type="checkbox"/> <i>c</i> to loud noise
to be very much 4	<input type="checkbox"/> <i>d</i> hearing protection
to protect 5	<input type="checkbox"/> <i>e</i> noise levels
to provide 6	<input type="checkbox"/> <i>f</i> from noise
to reduce 7	<input type="checkbox"/> <i>g</i> at risk



THE LOUDER, THE BETTER?

6 bListening
Track 1Test format
Multiple matching

You are going to listen to an interview with the health and safety coordinator of a construction business. First you will have 45 seconds to study the task below, then you will hear the recording twice. While listening, match the beginnings of the sentences (1–5) with the sentence endings (A–H). There are two sentence endings that you should not use. Write your answers in the spaces provided. The first one (0) has been done for you. After the second listening, you will have 45 seconds to check your answers.

Noise at the workplace

0	Those who are serious about stopping noise damage should _____.
1	Workers who work with loud equipment should _____.
2	To help their employees, company owners should _____.
3	Regular check-ups on noise safety should _____.
4	Besides offering training and instruction, employers should also _____.
5	Only people who know what they are doing should _____.

A	teach workers how to stay safe
B	have to work without the usual training
C	realise that workplace noise can have permanent effects
D	check employee hearing
E	provide printed information about where to use hearing equipment
F	consider noise a serious issue for employees
G	provide a good place to begin new safety measures
H	give employees a sense of security



0	1	2	3	4	5
F					

6 c

Vocabulary

Have a look at the infographic. Complete the sentences using the words/phrases from the box. Compare your results with a partner.

to prevent – proper condition – power tools – to increase – ear protection

Hearing protection

Lasting exposure to excessive noise can lead to permanent hearing loss!

What can you do to _____¹ hearing loss?

✓ Always wear proper _____² where required.

✓ Take regular breaks when using noisy _____³ or machinery.

✓ _____⁴ your distance from the source of the noise wherever possible.

✓ Keep hearing protection in _____⁵.

Hearing loss can be prevented, but once your hearing is gone, it won't come back. Take good care of it!

6 d
Speaking
www

Get into pairs and discuss the following questions. Use appropriate phrases from the VocabBooster below. Do some online research if you need help.

- 1 Are you affected by loud noise? If yes, by what type of noise, where and when?
- 2 Why can noise pollution be bad for our mental and physical health?
- 3 Which jobs are among the noisiest? Which tasks are performed? Give examples.
- 4 Do you have to wear noise protection in the school workshop/lab? Which tasks do you have to perform that are very loud?

VocabBooster

to be exposed to loud noise	to reduce productivity
to live in a noisy environment	to work in the construction branch/manufacturing branch
to lead to hearing loss/tinnitus	to be a factory worker
to create stress	to work at the airport/at a construction site
to cause workplace injuries	to spend time around heavy machinery
to make it difficult to hear warning signals	to operate noisy machinery

7 Speaking: Noisy classrooms

7 a
Speaking
www

Get into pairs. Write down specific words you associate with the adjectives (1–5) in the table. Use an online dictionary if you need help. An example has been given. Compare your results in class.

		my notes
1	relaxed	sound of the waves
2	happy	
3	aggressive	
4	sleepy	
5	scared	

7 b
Vocabulary

Have a look at the VocabBooster below. Which phrases can you use to talk about

- 1 reasons for noise levels at school
- 2 consequences of high noise levels for students
- 3 ways to solve the problem of high noise levels at school?

Write the phrases in the appropriate category. Compare your results with a partner.

VocabBooster

the collective sound of human voices ■ to lose concentration ■ to have strict rules ■ to keep students busy ■ open doors/windows ■ sounds from outside the building ■ to distract someone ■ to provide students with interesting tasks ■ students talking loudly in class ■ noise in the corridor ■ to have a negative effect on the students' performance ■ to be unhealthy ■ to get a headache ■ to do group work

1

2

3



THE LOUDER, THE BETTER?

7 cSpeaking
Test format
Individual
long turn

You are taking part in an international workshop for students about workplace safety organised by the *Chamber of Commerce* on *International Noise Awareness Day*. You have been asked to prepare a 3-minute presentation about the problem of noise levels at school. In your presentation you should

- give reasons for the noise levels in schools/the classroom/the laboratory/the workshop
- point out the consequences of high noise levels for students
- suggest ways to solve the problem of high noise levels at school.

Use appropriate words/phrases from the VocabBooster in activity 7b.



Step 1: Before you start speaking, read the bullet points carefully and take notes in the table.

bullet point 1**bullet point 2****bullet point 3**Presentation
phrases
> page 165

Step 2: Get into pairs and give your presentation. Take turns.



8 Review

8 aLanguage
in use

Write down sentences on the topic of music that correspond with the question tags (1–9). An example has been given. Compare your results with a partner.

0 *You are a huge German rap fan* , aren't you?

1 _____ , isn't he?

2 _____ , weren't they?

3 _____ , were you?

4 _____ , did he?

5 _____ , can you?

6 _____ , shouldn't you?

7 _____ , do you?

8 _____ , aren't they?

9 _____ , are we?

8 bLanguage
in use

Have a look at the table. Write down the past tense form of the verbs. Compare your results with a partner.

infinitive	past tense simple	infinitive	past tense simple
to break		to cut	
to bring		to drink	

infinitive	past tense simple	infinitive	past tense simple
to eat		to sell	
to fall		to study	
to give		to think	
to hurt		to wear	
to leave		to write	

8 c
Language in use

Have a look at the sentences (1–9). Put the verbs in brackets in the correct tense (*present tense simple* or *past tense simple*). Compare your results with a partner.

- 1 Teens _____ (love) music – it's like the soundtrack to their lives.
- 2 Last week I _____ (go) to a jazz concert with my best friend.
- 3 Ekaterina's current taste in music _____ (influence) her style.
- 4 Pavel _____ (decide) to play an instrument when he was 13 years old.
- 5 The students usually _____ (listen to) music during the lunch break.
- 6 Svetlana _____ (use) streaming services to listen to her favourite singer every day.
- 7 When my parents were younger, they often _____ (buy) vinyl records.
- 8 Dan _____ (have) the chance to see his favourite band live on stage last May.
- 9 According to experts, it _____ (be) highly important to protect your hearing at work.

8 d
Vocabulary

Complete the sentences (1–9) using an appropriate word from the box. Mind the tenses. Compare your results with a partner.

to worry – to listen – safety risks – to share – experiences – playlists – streaming services – concert venue – chance

- 1 I would like to go to the *Frequency Festival* because I have the _____ to see my favourite band perform live on stage there.
- 2 Many parents do not let their kids go to music festivals as they _____ about the influence of peer pressure.
- 3 Last month my best friend and I were at a hip-hop concert and we created unique _____ there.
- 4 Kerem doesn't listen to music on the radio, he usually _____ to music from his playlist.
- 5 Unfortunately, the _____ did not offer enough clean bathroom facilities, so we had to stand in line for quite a while.
- 6 My dad says that I am not allowed to go to the festival as it has various _____.
- 7 Going to a concert is a great possibility to meet others who _____ the same music taste.
- 8 Ines has several _____ to match different feelings and emotions.
- 9 Nazan thinks that using music _____ is the easiest way to listen to music.



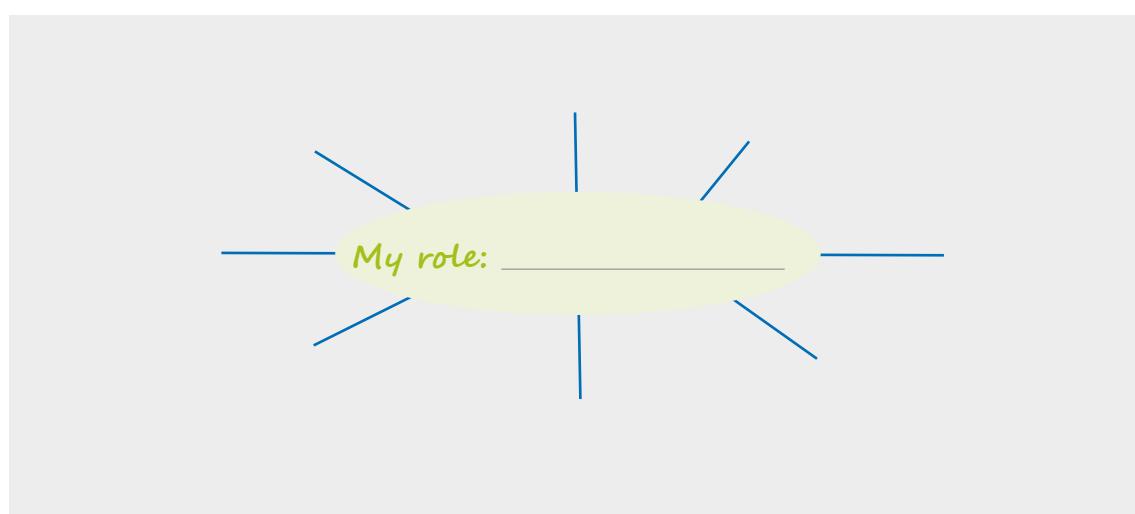
THE LOUDER, THE BETTER?

8 e
Speaking

Mini-scenario: You want to go to a concert of a famous band in your area, but unfortunately your parents do not want to let you go as they think you are too young. Get into groups of three.

- One of you is the 15-year-old teenager who wants to go.
- One of you is the parent who is strictly against it.
- One of you is the parent who is willing to discuss the matter.

Step 1: Before you start your discussion, decide who you want to be. Find good arguments to support your view. Collect ideas in the mind map.



Discussion phrases
> page 165

Step 2: Start your discussion. Speak for about four minutes.

8 f
Writing

Text type
Informal
reply email
> page 168

You have just received the following email from Muhammad, a teenager from Türkiye who you met during the summer holidays.

● ● ●	From: Muhammad_oez@gmail.com To: ... (your email address) Subject: Project on noise exposure
<p>Hi</p> <p>How are you? What's going on in school?</p> <p>We are doing a project about noise exposure at the moment and I have to prepare a presentation about it. I remember that you did the same in your English lessons, right? So please help me.</p> <p>Is your classroom a noisy one? How do you feel about it? Why is noise pollution bad for our health? And my final questions are: Which jobs do you think are the noisiest? How common is noise exposure in your field of specialisation?</p> <p>Thanks for answering my questions.</p> <p>Best Muhammad</p>	

You have decided to reply to Muhammad's email. In your reply email you should

- inform Muhammad about the noise level in your classroom
- give reasons why noise pollution is bad for our health
- point out if noise exposure is a problem in your field of specialisation.

Write about 180 words.

Key vocabulary

VocabExtra
www.hpt.at/qr_225471



Talking about music

to be one's favourite music genre
to spend about one hour/two hours ... listening to music every day
to listen to music during the breaks at school/while studying/to fall asleep/when using public transport
to have an average playlist of ... songs
to use music streaming services every day

to listen to music on *YouTube/Spotify* ...
to listen to music on the radio
to buy vinyl records
to download music from online stores
to access online radio stations

Going to a concert/music festival

reasons / motivation

to have the chance to see one's favourite singer/band
to experience a sense of independence
to create unique experiences
to socialise with friends
to meet others who share the same music taste

possible risks / parents' concerns

to not know what the teenagers do at the festival
to worry about the influence of peer pressure
to have various safety risks (e.g. *crowded space, alcohol/substance use, etc.*)
the concert venue/festival environment might not be clean enough (*bathroom facilities, etc.*)
personal items (e.g. *smartphones, money, etc.*) might be stolen
to not fully trust a teen's ability to make responsible decisions

Talking about hearing loss

to wear earbuds
to cause permanent hearing loss
inner ear damage never heals

to protect one's hearing
noise-induced hearing loss is preventable
to turn down the volume

Symptoms of hearing loss

to not be able to understand others
to turn up the TV/radio
to ask people to repeat themselves

to have a constant ringing in the ear/head
to speak loudly in noisy environments

Ear protection required

to be exposed to loud noise
to stop damage from noise
to live in a noisy environment
to lead to hearing loss/tinnitus
to create stress
to cause workplace injuries/hearing loss
to make it difficult to hear warning signals
to reduce productivity/noise levels
to work in the construction branch/ manufacturing branch
to be a factory worker
to work at the airport/construction site

to spend time around heavy machinery
to operate noisy machinery
to prevent damage/hearing loss
to be very much at risk
to protect workers
to provide hearing protection
to wear proper ear protection
to take regular breaks when using noisy power tools/machinery
to increase one's distance from the source of noise
to keep hearing protection in proper condition

Noisy classrooms

the collective sound of human voices
open doors/windows
sounds from outside the building
students talking loudly in class
noise in the corridor
to do group work
to lose concentration

to distract someone
to have a negative effect on the students' performance
to be unhealthy
to get a headache
to have strict rules
to keep students busy
to provide students with interesting tasks



UNIT 2

ARE YOU A BIG-CITY PERSON?

Unit overview

Warm-up	What is a megacity?	22
Listening	The 15-minute city	23
Language in use	I met her in Vienna on the 27 th of September.	24
Reading	London – a sustainable megacity?	26
Language in use	Is this the architect who was awarded a prize?	29
Writing	Writing a blog comment: Could you imagine living in a megacity?	32
Speaking	Big city life or countryside?	33
Review		34
Key vocabulary		37



1 Warm-up: What is a megacity?

1 a**Speaking**
www

Get into pairs and discuss the following questions. Use appropriate phrases from the VocabBooster below. Do some online research if you need help.

- 1 What is the biggest city in your federal state/in Austria? What do you know about it?
- 2 Which Austrian cities have you visited as a tourist? Which one did you like best? Why?
- 3 Which cities around the world would you like to visit? Give reasons.

VocabBooster

to be the capital city of ... (<i>name of federal state/country</i>)	to learn about traditions and festivities
to have about ... inhabitants	to visit interesting sights
to have a population of ... (<i>number</i>)	the city never sleeps
to experience new cultures	there are many entertainment options (<i>cinema, theatre, museum, etc.</i>)
to meet people from all over the world	to have a good transportation system
to try different foods	to be a green city/a tourist-friendly city

1 b**Speaking**
www

Have a look at the questionnaire (1–6) on megacities and choose the correct answer (A, B or C). Then get into groups of three and compare your answers. Do some online research to check your answers.

- 1 A megacity has a population over ...
 A 20 million B 5 million C 10 million
- 2 Which continent is most likely to have the most megacities by 2040?
 A Africa B Asia C Europe
- 3 Which of these terms describes a city that makes good use of technology to improve the quality of life of the people living there?
 A Computer City B Smart City C Technology City
- 4 Which of these cities was the largest one in 2024?
 A Tokyo B Mexico City C Mumbai
- 5 Which of these cities is expected to be the most populated one in 2035?
 A Shanghai B New York City C Jakarta
- 6 Which urban area is the biggest one in the European Union?
 A Paris B Madrid C Rhine-Ruhr area

1 c
Speaking
www

Step 1: Choose a megacity (e.g. *Tokyo, Delhi, Shanghai, Mumbai, Mexico City, Cairo, etc.*) you would like to find out more about. Do some online research. Take notes in the table.

name of megacity: _____	
1 size/area and population	
2 transportation and public transport	
3 language(s) spoken	
4 tourist attractions	
5 popular food	
6 difficulties the megacity has to deal with	

Presentation
phrases
> page 165

Step 2: Get into groups of three and present the megacities to each other. Speak for about three minutes.

2 Listening: The 15-minute city

2 a

Vocabulary
www

Have a look at the VocabBooster. Complete the phrases (1–10) using the words from the box. Sometimes there is more than one possibility. Look up all the words you do not know in an online dictionary. Compare your results with a partner.

to improve ■ new vision ■ to ghettoise ■ space ■ suburbs ■ to reduce ■ to have ■ basic needs ■ rent ■ opportunities

VocabBooster

1 to afford the _____	6 to _____ air pollution
2 to rethink a _____ of a city	7 to create public _____
3 to travel in from the _____	8 to _____ poorer people
4 to meet someone's _____	9 to not _____ enough infrastructure
5 to create a lot of _____ to work from home	10 to _____ the quality of life

2 b

Listening
Track 2
UK

Test format
Multiple choice

You are going to listen to a news report about the 15-minute city. First you will have 45 seconds to study the task below, then you will hear the recording twice. While listening, choose the correct answer (A, B, C or D) for each question (1–6). Write your answers in the spaces provided. The first one (0) has been done for you. After the second listening, you will have 45 seconds to check your answers.

The idea behind the 15-minute city

0 In less than 100 years, the percentage of people living in cities will be

A a little more than half.
B significantly more than half.
C about half.
D less than half.



>



ARE YOU A BIG-CITY PERSON?

- 1 A regular mistake people make when planning a city is
 - A not considering workers in the city.
 - B not considering those living in the city itself.
 - C only considering what has happened since the COVID-19 pandemic.
 - D only considering people who go shopping in the city.
- 2 Some parts of the 15-minute city are beginning to be used
 - A in smaller cities
 - B in larger cities.
 - C in cities where people do not usually meet their neighbours.
 - D in cities where people often own bicycles.
- 3 A main benefit of having fewer blocked roads is
 - A more separation of work and home.
 - B that people are happier.
 - C better neighbourhood conditions.
 - D that it would decrease environmental damage.
- 4 Cities are interesting because
 - A everyone has the opportunity to drive.
 - B people can easily get in and out.
 - C they make it easier for people to communicate.
 - D public space is made greener.
- 5 In the recent past, the main goal of city planning was to
 - A divide the city into specialised sections.
 - B have many shopping centres.
 - C change city designs completely.
 - D create many free-time facilities.
- 6 A negative result of the 15-minute city could be that
 - A people will buy fewer cars.
 - B it may make average working people poorer.
 - C it will harm people who are already poor.
 - D people move away from the city centre.

0	1	2	3	4	5	6
B						

2c Speaking

Get into pairs and discuss the following questions. Use appropriate phrases from the VocabBooster in activity 2a and from the VocabBooster below.

- 1 What is the idea behind the 15-minute city? Describe the concept in your own words.
- 2 Are you able to meet your basic needs within a 15-minute walk/cycle ride from your home? Explain.
- 3 What would you like to be able to reach within a 15-minute walk/cycle ride from your home? Explain.



VocabBooster

to meet someone's daily needs within a short walk/cycle ride	to have easy access to hospitals, schools, etc.
to boost the local economy (e.g. <i>shops, restaurants, etc.</i>)	to reduce transport emissions
to create public spaces/parks	to improve the air quality
	to reduce the hours lost by commuting
	to promote interaction between residents

3 Language in use: I met her in Vienna on the 27th of September.

Trouble-free grammar: Prepositions of place

Prepositions of place indicate the **position of things or people**.

Countries:	I live in Sweden.
Cities:	My uncle's house is in Berlin.
Buildings/Rooms:	The gym is in the basement of their villa.
Streets:	There is a market on James Street. I live in Regent Street.

Exact point:	My cousin works at the <i>Hotel Sacher Vienna</i> . My grandparents' house is on the right. The main bedroom is on the third floor.
Address:	The British Prime Minister lives at 10 Downing Street.
Events:	I met him at the <i>UEFA Euro 2024</i> in Munich.

Please note:

- We use **in** to talk about a place that is **inside a bigger space** and in **some common phrases**:
in a room, **in** a building, **in** a box, **in** a garden, **in** a town / city, **in** a country, **in** a river,
in a lake, **in** the mountains, **in** the countryside, **in** the forest, **in** a car / taxi, **in** a line, **in** a row,
in a photograph/picture, **in** the mirror, **in** the world
- We use **on** to talk about location **on a surface** and in **some common phrases**:
on the ceiling, **on** the wall, **on** the door, **on** the table, **on** the floor, **on** someone's nose,
on a page, **on** an island, **on** a map, **on** the menu (*in a restaurant*), **on** a list, **on** a farm, **on** a plane
- We use **at** to talk about **exact positions** and in **some common phrases**:
at the bus stop, **at** the train station, **at** the door, **at** the window, **at** the top / bottom of the page,
at the corner of the street, **at** school, **at** home

3 a

Language in use

Step 1: Have a look at the phrases (1–15). Underline the correct preposition of place (*at/in/on*). Sometimes there is more than one possibility. Compare your results with a partner.

1 <i>at/in/on</i> a room	6 <i>at/in/on</i> the countryside	11 <i>at/in/on</i> a line
2 <i>at/in/on</i> the ceiling	7 <i>at/in/on</i> a taxi	12 <i>at/in/on</i> the mirror
3 <i>at/in/on</i> the bus stop	8 <i>at/in/on</i> the train station	13 <i>at/in/on</i> home
4 <i>at/in/on</i> the wall	9 <i>at/in/on</i> the window	14 <i>at/in/on</i> a farm
5 <i>at/in/on</i> an island	10 <i>at/in/on</i> a map	15 <i>at/in/on</i> the door

Step 2: Explain the different meanings of all the phrases in Step 1 where two possibilities are correct with the help of the Trouble-free grammar box on pages 24–25.

Trouble-free grammar: Prepositions of time

We use **prepositions of time** to express that something happens at **one point in time** or over an **extended period of time**.

We use *at* in combination with

– **clock times:** at 4 pm ▪ at 8:45 am

Please note:

We use **at** in the following phrases: **at breakfast** ▪ **at the moment** ▪ **at the weekend** ▪ **at (mid)night** ▪ **at midday** ▪ **at sunrise** ▪ **at dawn** ▪ **at noon**

We use *in* in combination with

- **months:** in May ▪ in July
- **years:** in 2021 ▪ in 2025
- **decades:** in the 1980's ▪ in the 1990's
- **centuries:** in the 20th century ▪ in the 21st century
- **seasons:** in spring ▪ in summer ▪ in autumn ▪ in winter
- **parts of the day:** in the morning ▪ in the afternoon ▪ in the evening

Please note:

We use **in** in the following phrases: **in a minute** ▪ **in an hour** ▪ **in the middle of the night** ▪ **in five years**

We use **on** in combination with

– **dates:** on the 21st of June ▪ on the 14th of May

Please note: We use **on** in the following phrases: **on** my birthday ▪ **on** Tuesday morning ▪ **on** time



ARE YOU A BIG-CITY PERSON?

3 b
Language
in use

Have a look at the sentences (1–9). Fill in the correct preposition of time (*at/in/on*). Compare your results with a partner.

- 1 The museum opens _____ 9:30 pm.
- 2 My younger brother was born _____ the 23rd of April 2023.
- 3 My best friend loves to do sports _____ the morning.
- 4 Sinisa's parents married _____ 2017.
- 5 Tobias phoned his brother late _____ night.
- 6 The restaurant is open _____ midday and also _____ the evening.
- 7 I think I will throw a big party _____ my 16th birthday.
- 8 There is always a lot of traffic _____ Monday morning.
- 9 Did you do anything special _____ the weekend?

4 Reading: London – a sustainable megacity?

4 a
Speaking
www

Have a look at the quiz and write down your answers. Do some online research if you need help. Then get into pairs and compare your results.

WHAT DO YOU KNOW ABOUT GREAT BRITAIN?

- 1 What is the capital city of England? _____
- 2 Who is the current head of state of the United Kingdom? _____
- 3 What are the colours of the UK flag? _____
- 4 What is the nickname of the UK flag? _____
- 5 On which side of the road do cars drive in Great Britain? _____
- 6 What is Buckingham Palace used for today? _____
- 7 What is the name of the river that runs through London? _____
- 8 What is the name of the famous stadium in the north of London? _____
- 9 What is the name of the most famous shopping street in London? _____
- 10 What is the name of the most famous bridge in London? _____
- 11 Where in London can you see the Crown Jewels? _____

London is one of the biggest cities in Europe and well-known for its many traditions.

4 b
Speaking
www

Step 1: Get into groups of four. Each of you chooses a topic from the list (A–D) and prepares a 3-minute presentation about it. Do some online research. Prepare pictures to support your presentation visually. You can prepare a *PowerPoint* presentation or show the pictures on your smartphone.

A Facts about London (<i>number of inhabitants, size, boroughs, languages spoken, public transport, famous sights, etc.</i>)	C Shopping (<i>Oxford Street, Bond Street, Harrods, Camden Market, Covent Garden, etc.</i>)
B The Royal Family (<i>members, where they live, duties, etc.</i>)	D English food and drink (<i>traditional English breakfast, tea time, famous English dishes, pub culture, etc.</i>)

Presentation
phrases
> page 165

Step 2: Get back into your initial groups of four and give your presentation. Take turns.

4 c

Vocabulary

Step 1: Get into pairs and read the definition of the term *sustainable*.

sustainable: causing or being made in a way that causes little or no damage to the environment and can therefore continue for a long time

Step 2: Have a look at the following situations (A and B) and write down actions that are sustainable. An example has been given. Compare your findings in class.

A shopping: *using cotton bags*

B reducing waste: *repairing damaged items*

4 d

Vocabulary

www

Step 1: Have a look at the VocabBooster. Match the words in A with the appropriate ones in B to make meaningful phrases. Sometimes there is more than one possibility. Look up all the words you do not know in an online dictionary. Compare your results with a partner.

VocabBooster

A	B
to become	1 <input type="checkbox"/> a local elected politicians
to make the streets	2 <input type="checkbox"/> b young people's views in city planning
to encourage	3 <input type="checkbox"/> c air pollution
to include	4 <input type="checkbox"/> d a sustainable city/car-free city
to end	5 <input type="checkbox"/> e a greener city
to build	6 <input type="checkbox"/> f policy creation
to get involved in	7 <input type="checkbox"/> g easier to access
to engage in	8 <input type="checkbox"/> h direct action
to contact	9 <input type="checkbox"/> i people to walk more

Step 2: Have a look at the sentences (1–9). Complete them with the appropriate words/phrases from the VocabBooster in Step 1. Compare your results with a partner.

- 1 We can encourage young people to _____ by creating more parks and safe walking paths.
- 2 Engaging in _____ can show the government that people care about important issues.
- 3 Decision-makers should include young people's views in _____ to ensure their needs are met.
- 4 Planting more trees and using solar energy are steps to _____ a greener city.
- 5 A _____ city would help reduce traffic and make the air cleaner.
- 6 We should make streets _____ by adding more ramps and wide sidewalks.
- 7 We need stricter laws on car emissions to _____ air pollution in our city.
- 8 It's important for people to _____ policy creation to make sure their voices are heard.
- 9 If we want to see change, we should contact local elected _____ and share our ideas.



ARE YOU A BIG-CITY PERSON?

4 e
Reading
Test format
Multiple
matching
UK

Read the article about young people's views on sustainability in London. Some parts are missing. Choose the correct part (A–I) for each gap (1–6). There are two extra parts that you should not use. Write your answers in the spaces provided. The first one (0) has been done for you.

Young Londoners insist on a more sustainable city

1 Young Londoners do not see the capital as a sustainable city and want to ⁰, finds *Calling for Change*, a new report put out by the *Museum of London*.

5 The research found that young Londoners want to make the capital's streets easier to access to ¹, and reduce emissions, especially in key central London streets. Most of those surveyed also support expanding *Ultra Low Emission Zones* and *Low Traffic Neighbourhoods*.

10 Yanis Fekar, one of the peer researchers who implemented the report, said: "With around a third of its population under the age of 25, London is clearly a young city. We wanted to ² about the state of London in regard to sustainability, as well as what they think should happen to the city. "What we found is that young Londoners would like the capital in 2035 to ³ that includes public transport, walking, and cycling to a much greater extent. The transformation that young Londoners would like to see could not be any clearer. The responsibility is now on decision-makers to include these views in their planning for London's future."

15 Shirley Rodrigues, former London Deputy Mayor for Environment and Energy, who attended the launch to discuss the report's findings with the peer researchers, said: "This is a demand for a greener, more sustainable city, which is exactly what we want London to be, and as ever, it is young people



that have the ideas we need to improve the capital. Those with the power to help will listen to their request to expand the *Ultra Low Emission Zones*, to improve walking and cycling and take on their challenge to end air pollution and make London a ³⁵ *Net Zero City* so we can build a greener, fairer London for everyone." Sharon Ament, Director of the Museum of London, also added: "This report is a chance to hear the voices of young Londoners."

Key findings of the report include:

- Most young people want to see transport for under 25s made free to ⁴.
- Many young Londoners want to see London become a car-free city, especially in key central London and neighbourhood areas, and for ⁴⁵ more cycling infrastructure to be put in place.
- Young Londoners both want to get involved in policy creation, and ⁵
- Environmental issues have an impact on the type of job that young people want to do in the future. They want to ⁶ who are not hurting the climate.

Young Londoners also believe that artists and those in charge of cultural spaces have a responsibility to get involved and educate people on environmental issues.

A	work for supportive employers
B	look at how young Londoners who are living and studying in the city felt
C	see it become one through changes to infrastructure and education
D	engage in direct action such as contacting the local elected politicians
E	take responsibility for London's carbon footprint
F	encourage people to walk more
G	help solve climate change and inequality
H	be a sustainable city depending on a progressive transport policy
I	plant more trees in the city centre to make London greener

0	1	2	3	4	5	6
C						

4 f
Speaking

Get into pairs. Summarise the article in your own words. Use the phrases from the VocabBooster in activity 4d and the phrases from the LanguageBox. Take turns.

LanguageBox

Phrases for
summarising
> page 165

The article summarises the results of a research done among young Londoners.

The peer researchers found out that ...

Furthermore, young Londoners want to ...

The article also says that ...

Another important aspect mentioned is that ...

Most young people ...

Finally, it can be said that ...

4 g
Speaking

Step 1: Have a look at the list of key findings (A–D) taken from the article in activity 4e. Choose two you would like to see implemented/developed in the area where you live. Write them in the table. Give reasons. Use appropriate phrases from the VocabBooster below.

A free public transport
B car-free city/village/town

C getting involved in policy creation
D more cultural spaces

key finding 1: _____
reasons:

key finding 2: _____
reasons:

VocabBooster

to save money	to boost one's self-confidence
to avoid car accidents	to reflect the needs of the community
to reduce air pollution/noise pollution/traffic jams	to learn about policy-making
to create green space	to make someone (more) aware of current issues
to improve someone's overall health/well-being	to bring the community together
to make youth voices heard	to preserve traditions/history

Step 2: Get into groups of three and exchange your findings.

5 Language in use: Is this the architect who was awarded a prize?

Trouble-free grammar: Relative clauses 1

We use **who/which** in relative clauses:

– **who** for people – **which** for things

Defining relative clauses

We use defining relative clauses to give **essential information** about someone or something – information that is needed in order to understand who or what is being referred to. A defining relative clause usually comes immediately after the noun it describes. We can also use **that** instead of **who** or **which**.

This is the woman **who/that** lives in apartment No. 34.

I know a lot of people **who/that** live in the country.

I have seen many buildings **which/that** have rooftop gardens in this city.





ARE YOU A BIG-CITY PERSON?

Non-defining relative clauses

We use non-defining relative clauses to give **extra information** about someone or something. It is not necessary information. Non-defining relative clauses are always separated from the rest of the sentence by using commas. *That* cannot be used in non-defining relative clauses.

Our neighbours, **who** are very nice, moved in two months ago.

The fridge, **which** we bought last year, does not work anymore.

We hope that we will raise 20,000 € for local charities, **which** support the homeless.

Claire, **who** I work with, is designing the new residential building in the centre of London.

Please note: If **which** refers to a whole sentence, we need to put a comma in front of it.

My host family was nice and friendly, **which** helped me a lot in the first few days.

5 a
Language in use

Read the text about New York City. Complete the gaps (1–10) using an appropriate relative pronoun (**who/which/that**). Compare your results with a partner.

New York is a fascinating city _____ ¹ never sleeps. It is a place where dreams come true, attracting millions of people from all over the world. The city, _____ ² is located in the northeastern part of the United States, is known for its skyline with huge skyscrapers.

One of the most famous boroughs in New York is Manhattan, where you can find Central Park. Central Park, _____ ³ was designed by Frederick Law Olmsted and Calvert Vaux, is a place where locals and tourists alike enjoy various activities, including picnics, bike rides and leisurely strolls.

In addition to its parks, New York's diverse culinary scene, _____ ⁴ reflects the city's multicultural population, is famous the world over. Neighbourhoods such as Chinatown and Little Italy offer a variety of delicious cuisines _____ ⁵ serve different tastes and preferences. The city, _____ ⁶ is a melting pot of cultures, has a rich history, _____ ⁷ can be seen in its numerous museums.

The Metropolitan Museum of Art, located on the eastern part of Central Park, is a world-renowned institution _____ ⁸ houses an extensive collection of art from different eras and civilizations.

New York, where Broadway is situated, is also famous for its entertainment scene. Theatre lovers _____ ⁹ visit Broadway can choose from 41 professional theatres.

Overall, New York is a city is a place where every street corner tells a story, and every neighbourhood has its own unique charm. For those _____ ¹⁰ visit, New York becomes more than a city; it becomes an experience that stays in the heart and memory.

5 b
Language in use

Have a look at the pairs of sentences/questions (1–9). Join them using **who** or **which**. Put a comma where necessary. Make the underlined sentence the relative clause. Sometimes the relative clause goes in the middle of the sentence, sometimes at the end. The first one (0) has been done for you. Compare your results with a partner.



0 There is a man living next door. He is a famous city planner.
The man who is a famous city planner lives next door.

1 There was a traffic jam in the city centre. It lasted three hours.
There was a traffic jam in the city centre

2 Can you give me the phone number of the electrician? She repaired your washing machine.
Can you give me the phone number of the electrician

3 The teenager wants to visit his relatives. He flew to Mumbai yesterday.
The teenager

4 Los Angeles is one of the biggest cities in the US. It is in California.

Los Angeles

5 Do you know the man? He wants to speak to local politicians.

Do you know the man

6 The young woman speaks French, Arabic and English fluently. She works as a tourist guide in New York City.

The young woman

7 Have you ever seen the girl? She lives next door.

Have you ever seen the girl

8 The London underground opened in 1863. It has eleven lines now.

The London underground

9 My younger sister has just had a baby. She lives in London.

My younger sister

Trouble-free grammar: Relative clauses 2

We use **where/when/why** in relative clauses:

– **where** for **places** – **when** for **time** – **why** for **reason**

I come from Seattle, **where** many successful companies such as *Microsoft* and *Amazon* are located.

He likes shopping between noon and 2 pm, **when** most people are at home.

I would like to know **why** he decided not to come to our housewarming party.

5 c

Language
in use

Have a look at the sentences (1–10). Fill in an appropriate relative pronoun (**where/when/why**).

Compare your results with a partner.

- 1 Monday is the day _____ we begin the work week.
- 2 Going by bike instead of going by car is the reason _____ she is so fit.
- 3 That is the factory _____ they produce modern furniture.
- 4 2001 was the year _____ the 21st century began.
- 5 6 am is the time _____ traffic starts in the morning.
- 6 This is the street _____ the most expensive shops are.
- 7 This is the place _____ the couple met for the first time.
- 8 Summer is the time _____ most tourists visit Vienna.
- 9 This is the house _____ Suleyman was born.
- 10 Not using public transport is the reason _____ there are so many cars on the road.



ARE YOU A BIG-CITY PERSON?

6 Writing a blog comment: Could you imagine living in a megacity?

6 a **Reading** Step 1: You came across the following blog entry written by Aiguo living in Shanghai. While reading, underline all the advantages and disadvantages of living in Shanghai mentioned. Compare your results with a partner.

Living in China's biggest city

by Aiguo14

18 October, 2:57 pm



I live in Shanghai and every day is like being in a big, exciting adventure. The city has tall buildings and lots of lights that make it look amazing, especially at night. People are always busy, either going to work or enjoying yummy street food. I especially enjoy spending my time at the Bund, which is a very popular place for both locals and tourists. Getting around is easy with the subway, which goes everywhere. Shopping is great too, with big malls and small markets selling all kinds of different things. You can try delicious local food like xiaolongbao, which is a type of dumpling.

But living in Shanghai also has its disadvantages. Sometimes it's really crowded, and the noise can be a lot. The air isn't always very clean, and finding a good place to live can be hard. Another disadvantage is that not everyone speaks the same language, which can be a little tricky.

Despite the challenges, Shanghai is still an interesting mix of old and new. Exploring historic neighbourhoods is a good way to see the city's history, and going to events is always fun. Living here is like a rollercoaster of adventure and learning, with each day bringing something new and interesting.

Where do you live? Could you imagine living in Shanghai or any other megacity?

Can't wait to read your comments!

Step 2: Get into pairs and answer the following questions.

- 1 Where do you live? Do you live in the city or in the countryside? What is the best thing about living there?
- 2 Could you imagine living in a megacity like Shanghai? Why?/Why not?
- 3 Which other megacity could you imagine living in? Give reasons.

6 b

Writing
www
Text type
Blog comment
> page 173

You have decided to comment on Aiguo's blog entry. In your blog comment you should

- point out which megacity/megacities fascinate/s you the most
- outline why you could/could not imagine living in a megacity
- explain what you would miss the most when leaving the place where you live right now (e.g. *family, social life, school life, surroundings, etc.*).

Use appropriate words/phrases from the VocabBooster in activities 2a and 2c. Write about 180 words.

Before you start writing, read the bullet points carefully and take notes in the table. Do some online research if you need help.

bullet point 1

bullet point 2

bullet point 3

7 Speaking: Big city life or countryside?

7 a
Speaking
www

Have a look at the VocabBooster. What are the advantages of living in the city and the advantages of living in the countryside? Write them in the appropriate category in the table below. Look up all the words you do not know in an online dictionary. Compare your results with a partner.



VocabBooster

there is less noise and air pollution ■ it is easier to meet people from different cultural backgrounds ■ it is quiet and peaceful there ■ there is more space to live ■ there are many entertainment options (e.g. *museum, theatre, cinema, gym, etc.*) ■ the cost of living are lower ■ there are more shops and restaurants ■ there is a lot of green space ■ medical care is better ■ there is usually a strong sense of community ■ the infrastructure is usually better (e.g. *cycle lanes, pedestrian crossings, street lamps, etc.*) ■ there are more public transport options to get around ■ it is easier to find a job ■ there is less traffic ■ the crime rate is lower

advantages of living in the city

advantages of living in the countryside

7 b
Vocabulary

Have a look at the table in activity 7a again. What are in your opinion the three most important advantages of living in the city and living in the countryside? Write them down. Give reasons. Then get into pairs and compare your findings.

advantages of living in the city

1 _____

reason: _____

2 _____

reason: _____

3 _____

reason: _____

advantages of living in the countryside

1 _____

reason: _____

2 _____

reason: _____

3 _____

reason: _____



ARE YOU A BIG-CITY PERSON?

7 c

You are currently doing a project on the life of teenagers in the city and in the countryside with your partner school from Oslo. In one of the workshop sessions, you get into a conversation with another participant. In your conversation you should

Interaction phrases > page 165

- describe where you live
- discuss the advantages and disadvantages of living in the city
- point out the advantages and disadvantages of living in the countryside

Get into pairs and start your conversation. Speak for about four minutes.



8 Review

8 a

Have a look at the sentences (1–9). Fill in the appropriate prepositions of place (*at/in/on*). Compare your results with a partner.

- 1 Let's all meet _____ Yigit's house before we go to the party.
- 2 You have to go straight ahead, turn left and then you see the church _____ the right.
- 3 The toy store is _____ the second floor of the shopping mall.
- 4 I'm so happy that my parents allowed me to visit my cousin. He lives _____ Izmir.
- 5 The Johnsons live _____ a terraced house _____ Washington DC.
- 6 We will meet you _____ the front desk later today.
- 7 I'm sorry, but I forgot my homework _____ the kitchen table.
- 8 The Opera House _____ Oslo is such a fascinating building.
- 9 Mum told our guests that dinner would be served _____ the dining room.

8 b
Language

Step 1: Have a look at the phrases (1–15). Underline the correct preposition of time (*at/in/on*). Compare your results with a partner.

1 <i>at/in/on</i> 8 o'clock	6 <i>at/in/on</i> noon	11 <i>at/in/on</i> sunrise
2 <i>at/in/on</i> New Year's Eve	7 <i>at/in/on</i> a summer evening	12 <i>at/in/on</i> the first day
3 <i>at/in/on</i> 2020	8 <i>at/in/on</i> Wednesday	13 <i>at/in/on</i> the future
4 <i>at/in/on</i> May	9 <i>at/in/on</i> the 1990s	14 <i>at/in/on</i> bedtime
5 <i>at/in/on</i> my birthday	10 <i>at/in/on</i> the afternoon	15 <i>at/in/on</i> the 10 th of June

Step 2: Write down 9 sentences using phrases from Step 1. An example has been given.

In Austria school usually starts at 8 o'clock.

8 c
Language
in use

Have a look at the pairs of sentences (1–9). Join them using *who* or *which*. Put a comma where necessary. Make the underlined sentence the relative clause. Sometimes the relative clause goes in the middle of the sentence, sometimes at the end. The first one (0) has been done for you. Compare your results with a partner.

0 Melina is very helpful. She lives next door. – Melina, who lives next door, is very helpful.

1 My cousin and I stayed at the *Hilton Hotel*. Amira recommended it to us. – My cousin and I

2 The city of Washington is known for its historical landmarks. It is the capital city of the United States.
Washington

3 Shanghai is China's biggest city. It is a popular tourist destination. – Shanghai

4 My neighbour is away from home a lot. He works for an international company. – My neighbour

5 The new skyscraper will be opened next month. It has more than 100 floors. – The new skyscraper

6 Peda is one of my closest friends. He always uses public transport. – Peda

7 A woman phoned me yesterday. She is from Istanbul. – A woman

8 The architect did an excellent job. She planned our house. – The architect

9 Mavi works as a city developer in London. She is interested in planning eco-friendly cities. – Mavi

8 d
Vocabulary

Match the words in A with the appropriate ones in B to make meaningful phrases. Sometimes there is more than one possibility. Then use the phrases to write sentences on the topic of megacities on page 36.

A	B
to experience 1	a good transportation system
to meet 2	air pollution
to be 3	different foods
to have 4	traditions/history
to try 5	new cultures
to improve 6	policy creation
to reduce 7	people from all over the world
to preserve 8	the quality of life
to get involved in 9	a tourist-friendly city





ARE YOU A BIG-CITY PERSON?

8 e Mini-scenario

Speaking

A bilingual Austrian radio station wants to find out where the best places are for teenagers to live. Therefore, the radio station is doing interviews with teenagers aged 14–16.

Step 1: Get into pairs and create a 3-minute interview. One of you is a youth journalist working for the bilingual radio station and one of you is a teenager sharing his/her ideas about the perfect place to live. In your interview you should include the following:



- where you would like to live (*city or countryside*)
- information about what would be a must-have in the area where you live and why (*e.g. infrastructure, entertainment options, etc.*)
- information about what would be a no-go in the area where you live and why in how far this area is different from where you live now

Interaction phrases >

In how far this area is different from where you live now

8 f

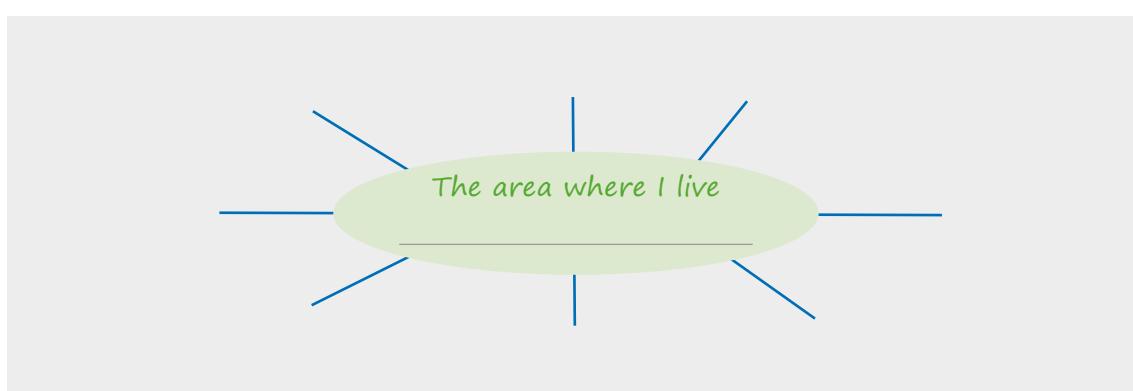
Writing

Text type

Teen Ink, a popular British teen magazine, has asked its readers to send in descriptions of the areas where they live to be published on the magazine's website. You have decided to send in a description.

Step 1: Think about the area where you live and take notes on the following questions.

- 1 Where do you live?
- 2 What can you do in the area where you live?
- 3 What do you like best about it?
- 4 What should be improved in the area where you live?
- 5 What would you miss the most if you moved away?



Step 2: Now write your description. In your description you should

- describe the area where you live in detail
- give examples of what you like best about the area where you live
- point out what should be improved in the area where you live.

Use your notes from Step 1. Give your description a title. Write about 180 words.

Key vocabulary

VocabExtra
www.hpt.at/qr_225471



What is a megacity?

to be the capital city of ... (*name of federal state/country*)
to have about ... inhabitants
to have a population of ... (*number*)
to experience new cultures
to meet people from all over the world
to try different foods

to learn about traditions and festivities
to visit interesting sights
the city never sleeps
there are many entertainment options (e.g. cinema, theatre, museum, etc.)
to have a good transportation system
to be a green city/a tourist-friendly city

Talking about the 15-minute city

to afford the rent
to rethink a new vision of a city
to travel in from the suburbs
to create a lot of opportunities to work from home
to meet someone's basic needs within a short walk/cycle ride
to reduce air pollution/transport emissions
to ghettoise poorer people

to promote interaction between residents
to not have enough infrastructure
to improve the quality of life/the air quality
to boost the local economy (e.g. shops, restaurants, etc.)
to create public spaces/parks
to have easy access to hospitals, schools, etc.
to reduce the hours lost by commuting

London – a sustainable megacity?

to become a sustainable city/car-free city
to make streets easier to access
to encourage young people to walk
to improve someone's overall health/someone's well-being
decision-makers should include young people's views in city planning
to end air pollution
to build a greener city
to get involved in policy creation
to engage in direct action
to contact local elected politicians

to save money
to avoid car accidents
to reduce air pollution/noise pollution/traffic jams
to create green space
to make youth voices heard
to boost one's self-confidence
to reflect the needs of a community
to learn about policy-making
to make someone (more) aware of current issues
to bring the community together
to preserve traditions/history

Big city life or countryside?

advantages of living in the city
there are many entertainment options (e.g. museum, theatre, cinema, gym, etc.)
there are more shops and restaurants
medical care is better
the infrastructure is usually better (e.g. cycle lanes, pedestrian crossings, street lamps, etc.)
there are more public transport options to get around
it is easier to find a job
it is easier to meet new people from different cultural backgrounds

disadvantages of living in the countryside
there is less noise and air pollution
it is quiet and peaceful there
there is more space to live
the cost of living are lower
there is a lot of green space
there is usually a strong sense of community
there is less traffic
the crime rate is lower



UNIT 3

WELCOME TO THE BUSINESS WORLD

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1 Warm-up: First impressions count

1 a **Speaking** What do you first notice when you meet someone for the very first time? Write down the numbers (1–8) next to the category in the order you notice them. Give reasons for your choice. Compare your results in class.

A voice _____

D personality _____

G smile _____

B teeth _____

E hair _____

H clothes _____

C eyes _____

F facial expression _____

I overall style _____

1 b **Speaking** **Step 1:** Get into pairs. Have a look at the pictures (A and B). How much can you tell about the teenagers by the way they look? Think about school, hobbies, behaviour, taste of music, etc. Write down everything that comes to your mind in the table.



picture **A**



picture **B**

Step 2: Get into groups of three and share your findings.

1 c
Speaking

First have a look at the infographic. Then get into pairs and discuss the questions (1–4) below. Use appropriate phrases from the VocabBooster.

Making a great first impression



The saying “You only have one chance to make a first impression” holds true in many situations, from job interviews to sales calls.

How can you make sure that you start off on the right foot in any of these scenarios? What should you actually say? And what’s the best way to follow up?

Here are some tips:

- A new job can bring stress, but it is important to always stay positive.
- Make sure to check the dress code so you can dress to impress.
- Be mindful of what you say and respectful to everyone.
- Learn the office rules, both formal and informal.
- Don’t be afraid to ask for feedback on how well you are performing.
- Grab a coffee or lunch with your colleagues, it can help you get to know them better.

- 1 What does the saying *You only have one chance to make a first impression* mean? Explain.
- 2 What are some important tips to make a good first impression in business?
- 3 What is in your opinion the most important thing to make a positive first impression? Is it the way you look or the way you behave?
- 4 Have you ever been in a situation where it was very important to make a great first impression? Explain.

VocabBooster

to always stay positive	to not cross one's arms
to check the dress code	to give a firm handshake
to dress neatly	to be aware of personal space
to be mindful of what you say	to listen carefully
to be respectful/friendly/honest	to maintain eye contact in the conversation
to learn the office rules	to not use one's smartphone when being with others
to get to know one's colleagues better	

2 Speaking: Business talk

2 a
Listening
Track 3, 4

Have a look at the two dialogues (A and B) on page 40. Fill in the gaps. Use the phrases from the box. Then listen to the dialogues and check your answers.

A) Solving difficulties

Situation: It has been two weeks since the last conversation between Mustafa and his boss Nasrin about Mustafa's attitude towards his work. Nasrin thinks that his attitude has not improved, and has decided to talk to him.

>



WELCOME TO THE BUSINESS WORLD

I wasn't happy with – I'm afraid that – I'll come straight to the point – I've seen very little change – have a word – you're allowing me – got a promotion

 **Nasrin:** Mustafa, can I 1 with you please, in my office?

Mustafa: Of course.

Nasrin: I haven't got much time, 2. As I said last time, 3 the way you were behaving in the office, the way you were being uncooperative and angry with people. And since our last conversation 4.

Mustafa: Well, I think I've tried. I've tried to be helpful and I feel that I'm still doing my job quite well, but frankly I think it's becoming less interesting since Abdul 5. In my opinion, he's getting some of the more motivating work.

Nasrin: Okay, well 6 I didn't hear about that. I hope that the projects you have to work on in the future will be more interesting for you again.

Mustafa: Thank you, I hope so, too!

Nasrin: One more thing, it seems you've been taking quite a bit of time off recently.

Mustafa: I know that I've taken quite a bit of time off, but 7 to take leave, aren't you? I've been feeling run-down and I think it would really help.

Nasrin: Sure. Hopefully you'll come back refreshed and fully motivated.

B) Making an appointment on the phone

Situation: Ben Jefferson is calling Alyona Bodnar's office to make an appointment.

I could make it – would it be convenient – arrange an appointment – hold on for a minute – can I speak to – she's in a meeting – would next Wednesday

 **Francesca:** Ms Bodnar's office. Francesca speaking.

Ben: Hello, 1 Alyona Bodnar, please?

Francesca: I'm afraid 2 until lunchtime. Can I take a message?

Ben: Well, I'd like to 3 to see her, please. It's Ben Jefferson here.

Francesca: Could you 4, Mr Jefferson? I'll just look in the diary. So when 5 for you?

Ben: Sometime next week if this is possible. I think she is away the following week.

Francesca: Yes, that's right, she's on holiday for two weeks then.

Ben: Well, I need to see her before she goes away. So 6 be okay?

Francesca: Wednesday, it seems she's out of office all morning. But she's free in the afternoon, after about three.

Ben: Three o'clock is difficult. But 7 after four?

Francesca: Shall we say 4:15 pm next Wednesday, in Ms Bodnar's office?

Ben: Yes, that sounds fine.

Francesca: Okay, then. Bye.

2 b

Vocabulary

Have a look at the VocabBooster. Fill in the appropriate words/phrases from the dialogues in activity 2a. The first one (0) has been done for you. Compare your results with a partner.

VocabBooster

0 I'm not <i>happy with</i> the way you	8 I'm afraid he/she is in _____.
1 Can I have _____ with you?	9 Could you _____ for a minute?
2 I'll come straight _____.	10 It seems she is out of _____.
3 I've seen very little _____.	11 I could _____ it after ... (time)/on ... (date).
4 I'm doing my job _____.	12 When would it be _____ for you?
5 He got a _____.	13 Would next Wednesday be _____?
6 Am I allowed to _____?	
7 Can I _____ ... (name of the person)?	

2 c

Speaking

Step 1: Get into pairs and create dialogues. First, choose a situation (1 or 2).

Then have a look at the role cards (A and B) and decide who you want to be. Take the dialogues from activity 2a as a model. Use appropriate phrases from the VocabBooster in activity 2b.



SITUATION 1 – Solving difficulties

Role card A

You are having some problems with a colleague of yours in your internship. You talked to him/her some weeks ago, but unfortunately his/her behaviour has not changed yet. Now you want to talk to him/her again.

In your conversation you should

- state the problem
- say what you have already tried to do
- suggest a solution/compromise.

Role card B

One of your colleagues has been complaining about your behaviour recently. Now he/she wants to talk to you again.

In your conversation you should

- say why you behaved like that (*you did not do the tasks you had to do in time and you were quite unfriendly to your colleague*)
- apologise for the behaviour
- point out why you are/why you are not happy with the solution/compromise suggested.

SITUATION 2 – Making an appointment on the phone

Role card A

The English language assistant at your school is offering tuition lessons for students. As you want to do some extra English training you phone him/her to arrange a date for the meeting.

In your conversation you should

- introduce yourself briefly
- inform the English assistant about your needs
- suggest a date for the first meeting.

Role card B

You are the English language assistant at a Secondary Technical School. You offer tuition lessons for students who are willing to improve their English language skills. A student is phoning you because he/she would like to do some extra training.

In your telephone conversation you should

- ask about the student's needs and what he/she would like to improve
- agree on the time and place of the first meeting
- raise the issue of money.

WELCOME TO THE BUSINESS WORLD

3 Reading: Successful teamwork

3 a **Speaking** Get into pairs and discuss the following questions. Use appropriate phrases from the VocabBooster below.

- 1 Do you enjoy working in teams at school? Why?/Why not?
- 2 How do you feel when someone in your team does not do their fair share of the work? What can you do to improve the situation?
- 3 What makes you a good team player? Explain.

VocabBooster	to be more efficient	to have different work styles	to work accurately
	to be easier to solve problems	to (not) participate actively in the team	to listen to other team members
	to have conflicts with team members/different opinions/ideas	to feel frustrated/exploited	to be helpful
		to address the problem	to always give one's best

3 b **Vocabulary** **www** **Step 1:** Have a look at the VocabBooster. Complete the phrases using the words from the box. Sometimes there is more than one possibility. Look up all the words you do not know in an online dictionary. Compare your results with a partner.

to share ideas group to improve strengths to have to complete goal great

VocabBooster	1 to achieve a _____	5 to _____ responsibilities
	2 to take everyone's _____ into consideration	6 to make a team _____
	3 to work for the good of the _____	7 to _____ tasks and projects
	4 to _____ a say	8 to _____ one's teamwork skills
		9 to work on one's _____

Step 2: Get into pairs. Have a look at the phrases from Step 1 again. They have been used in the article in activity 3c. First, try to search the phrases in the article and highlight them. The phrases are in the order they appear in the text. Then try to guess their meaning from the context.

3 c **Reading** **Test format** **True/False** Read the article about why teamwork is important. First decide whether the statements (1–5) are true (T) or false (F) and put a cross (x) in the correct box. Then correct the wrong statements and rewrite them. The first one (0) has been done for you.



What is teamwork and why is it important?

- 1 Teamwork means working with a group of people in an effective manner to achieve a goal or result. Good teamwork means listening to other members of the team, taking everyone's ideas into consideration, and working for the good of the group rather than individual achievement. Each member of the team has a say
- 5
- 10
- 15



who are committed to the goal of the group and use their skills to encourage each other's natural strengths within the team.

20

Teamwork is vital in order to work well with colleagues and teammates. You will probably

have to work as part of a team in many areas of life; from class projects to planning a birthday party.

25

The better you work with others the more successful your team will be in achieving their goals. Employees often have to work with others to complete tasks and projects, and having teamwork skills and experience will make it a much better experience.

30

Even if you work well on your own, being a team player is almost always considered more valuable.

Developing and demonstrating teamwork skills

35 The obvious way to improve your teamwork skills is to be part of a team! However, it's a bit more complicated than just being in the group. The difference between a good and a bad team is how well they work together. You've probably worked as part of a team in the past, so try to think about what 40 went well and what didn't in order to be more successful next time. If you haven't got much experience working in a team why not sign up for some volunteering or do an extra project at work? There

are several types of team players, so see which one you are. It can help you work on your strengths – 45 and explore areas for improvement!

Demonstrating your teamwork skills can be tricky – in a job interview you're usually on your own, so you have to rely on examples and explanations to show an employer you're good at working with 50 others. If you have an assessment centre or group interview that's a great chance to let your team work skills shine.

Statements

0	Only some important people in a team are allowed to give input.		
1	Being optimistic is something to look for in team members.		
2	Having good teamwork skills will only be relevant in your work life.		
3	Being able to work in a team is often considered to be just as useful as being able to work alone.		
4	Thinking about your personal history, working in teams can help you in the future.		
5	When applying for work, you should ask for a group interview to show your teamwork skills.		

	T	F	Correct statements
0		x	Each member of the team has a say and shares responsibility.
1			
2			
3			
4			
5			

3d Speaking

Get into pairs. Summarise the article in activity 3c in your own words. Use appropriate phrases from the VocabBooster in activity 3b and the phrases from the LanguageBox. Take turns.

LanguageBox

Phrases for summarising
> page 166

The article offers information about ...
Good teamwork means that ...
Furthermore, it is important to ... when working in a team.

The article also says that ...
Another important aspect mentioned is that ...
Finally, it can be said that teams can achieve great results when ...

4 Language in use: I have worked on several projects so far.

Trouble-free grammar: Present perfect tense simple

We use the **present perfect tense simple** to express **an action that started in the past and is still going on or has stopped recently, but has an influence on the present**. The **result** of the action is important.

Thanks to teamwork, we **have made** significant progress. He **has** recently **joined** the project team.

By working together effectively, we **have managed** to finish the project report recently.



WELCOME TO THE BUSINESS WORLD



Negation

He **has not joined** the sales team until now.
We **have not managed** to finish the project report recently.

Please note:

- We often use **ever** and **never** with the present perfect tense.
– **ever** means **at any time** – **never** means **at no time**
Have you **ever** been to London? – No, I have **never** been to London.
- We use the present perfect simple with **for** and **since** to talk about a present situation that began at a specific point in the past and is still going on.
– **for** + **period of time**

for a long time	for a lifetime
for ages	for an hour
for three days / weeks / months / years	

– **since** + **point of time**

since 2020	since 3 pm
since midday	since Easter / Christmas
since then	since my birthday

Questions and short answers

Have you ever **worked** in a team? – **Yes**, I **have**. /

No, I **haven't**.

Has he ever **forgotten** his password? – **Yes**, he **has**. /
No, he **hasn't**.

4 a

Language in use

Complete the sentences/questions (1–9). Use the present perfect tense simple. Compare your results with a partner.

- 1 Jan _____ (work) for this company for six years. Now he quit.
- 2 Alona _____ (not, talk) to the other team members for three hours.
- 3 Maris _____ (not, phone) today.
- 4 I _____ (read) several books on successful teamwork.
- 5 Amanda _____ (not, seen) her boss for a very long time.
- 6 _____ you _____ (speak) to our boss recently?
- 7 Unfortunately, we _____ (not, have) time to have a look at your presentation yet.
- 8 _____ she _____ (be) in the office today?
- 9 The workshop _____ (not, start) yet.

4 b

Language in use

Fill in **for** or **since**. Compare your results with a partner.

1	_____ yesterday	6	_____ a long time	11	_____ five minutes
2	_____ I was thirteen	7	_____ Easter	12	_____ a year
3	_____ five years	8	_____ my birthday	13	_____ last week
4	_____ three hours	9	_____ so many years	14	_____ then
5	_____ 2023	10	_____ we first met	15	_____ several months

Trouble-free grammar: Present perfect tense simple – past tense simple

Past tense simple and **present perfect tense simple** are both used to talk about things that happened in the past.

- We use the **past tense simple** to describe things that happened at a **definite time in the past** (e.g. *last week*, *two days ago*, *yesterday*, etc.).
- We use the **present perfect tense simple** for things that are **related to the present** (e.g. *this month*, *today*, *since ...*, *for ...*, *yet*, *up to now*, *so far*, *recently*, etc.).

Yesterday Alyosha **started** to work on his project presentation. – Hedi **has worked** on her project presentation **for a week now**.

Two days ago I **attended** a workshop to improve my speaking skills. – He **has recently attended** a workshop to improve his presentation skills.

4 c
Language
in use

Have a look at the sentences (1–9). Fill in the verbs in the correct tense (*past tense simple or present perfect tense simple*). Compare your results with a partner.

- 1 Last Monday she _____ (want) to speak to her boss, but unfortunately she _____ (not, manage) up to now because her boss got ill.
- 2 How many times _____ you _____ (use) this computer programme so far?
- 3 Although Andi _____ (not, speak) in front of so many people for quite a long time, he wants to do the presentation.
- 4 Helen _____ (get) a strange email two days ago. She _____ (immediately, delete) it.
- 5 Susan's best friends _____ (tell) her many times that she should talk to her classmates about their attitude towards work.
- 6 A few days ago Mrs Mabuse _____ (send) me an email about the project we are working on at the moment.
- 7 The students _____ (not, find) the perfect solution to the problem yet.
- 8 Luciano _____ (miss) ten phone calls so far today.
- 9 The IT market _____ (change) a lot recently.

5 Listening: Bullying in the workplace

5 a
Speaking

Step 1: There are different forms of bullying. Have a look at the box and write down what type of bullying (A–D) the situations (1–11) below represent. Sometimes there is more than one possibility. The first one (0) has been done for you. Compare your results with a partner.

A physical bullying	B social bullying
C verbal bullying	D cyberbullying



- 0 A group of students leave Nissim out of activities on purpose. – B
- 1 Mai pulls Jocy's hair and pushes her against a locker. – _____
- 2 Loredana spreads a rumour about Olivia so that no one wants to be her friend. – _____
- 3 A group of girls laugh at Daniel and call him stupid in front of the class. – _____
- 4 A group of boys hit and kick Alexej after school because he is different. – _____
- 5 Ben makes rude jokes about Marco to embarrass him. – _____
- 6 Biljana tells her friends not to talk to Tuba because she doesn't like her. – _____
- 7 Diaz gets mean messages on social media, and someone posts a fake photo of him. – _____
- 8 Jake always calls Sarah mean names and makes fun of her clothes. – _____
- 9 Someone creates a fake account to post bad things about Emily. – _____
- 10 Tom pushes Louis in the hallway every day and takes his lunch money. – _____
- 11 Esma receives threats in an online game from other players. – _____

Step 2: Get into pairs and discuss the following questions.

- 1 What are common reasons why teenagers bully other teenagers?
- 2 Have a look at the situations in Step 1 again. Which type of bullying do you think is the worst? Explain.
- 3 How do people feel when they are bullied? Describe.



WELCOME TO THE BUSINESS WORLD

5 b
Vocabulary
www

Have a look at the VocabBooster. Match the words/phrases in A with the appropriate definitions in B. Look up all the words you do not know in an online dictionary. Compare your results with a partner.

VocabBooster

	A	B
employer	1 <input type="checkbox"/>	a to give someone something that they need
employee	2 <input type="checkbox"/>	b an event that is either unpleasant or unusual
to provide something	3 <input type="checkbox"/>	c to defend yourself against a powerful person or organisation when they treat you unfairly
emotional intelligence	4 <input type="checkbox"/>	d a person or company that pays people to work for them
incident	5 <input type="checkbox"/>	e a person who has suffered the effects of bullying or any other form of violence
to stand up to someone	6 <input type="checkbox"/>	f the ability to understand and control one's own feelings and to react to other people's feelings in a suitable way
to confront someone	7 <input type="checkbox"/>	g someone who is paid to work for someone else
victim	8 <input type="checkbox"/>	h to tell someone what they do not want to hear, often because it is about something bad that they have done

5 c
Listening
Track 5

Test format
Short answers

You are going to listen to an interview with Catherine Mattice, a consultant and trainer who has specialised in dealing with workplace bullying. First you will have 45 seconds to study the task below, then you will hear the recording twice. While listening, answer the questions (1–6) using a maximum of four words. Write your answers in the spaces provided. The first one (0) has been done for you. After the second listening, you will have 45 seconds to check your answers.



Bullying in the workplace

0	What did Catherine experience that convinced her to start a company?	<i>a toxic work environment</i>
1	What can bullies not do without making people unhappy?	
2	What workplace changes can happen that can cause bullying? <i>(Give one answer.)</i>	
3	How does Catherine say we should behave to stop a bully right away?	
4	What strategy to stop bullying do many people often not think about?	
5	What does Catherine believe victims should do to the bully that other experts do not?	
6	What should victims of bullying do before telling their bosses?	

5 d
Language
in use

Have a look at the sentences (1–9). Complete them with an appropriate preposition (*at/from/in/of/on/to/with*). Compare your results with a partner.

- 1 Bullying in the workplace has become an increasing problem for both employees and employers.
- 2 Bullies are simply not able to communicate in a way that does not hurt others.
- 3 We all might have experienced an initial bullying incident at some point.
- 4 Some of us are quick to stand up to the bully.
- 5 Should we ignore or walk away from a bully?
- 6 Tell the bully that the problem is his/her shouting at you is that it is unprofessional.

7 The bully should know that you want to be treated _____ respect.

8 Managers may ask you if you've tried to deal _____ this problem _____ your own.

9 If a victim _____ bullying decides to talk _____ his/her manager, he/she should first document the behaviour.

5e

Speaking
Test format
Individual
long turn
www

You are attending an international students' workshop on bullying. In one of the workshop sessions, you have been asked to give a 3-minute presentation about bullying and its consequences. In your presentation you should

- inform your audience about when and where bullying can happen
- explain different types of bullying (*physical bullying, social bullying, verbal bullying, cyberbullying*)
- suggest what victims of bullying should do/should not do.

Step 1: Before you start speaking, read the bullet points carefully and take notes in the table. Use appropriate phrases from the VocabBooster below. Do some online research if you need help.

bullet point 1

bullet point 2

bullet point 3

VocabBooster

bullying has become an increasing problem for employees and employers	to be treated with respect
to be a bully/a victim of bullying	to talk to someone
to witness a bullying incident	to develop a plan how to respond to the situation
to hurt someone by words/actions	to stand up to the bully
to lack emotional intelligence	to not accept bullying behaviour
to experience social/verbal/physical bullying/cyberbullying	to confront the bully at the first incident
to not deserve what is happening	to document the behaviour
	experts provide training and advice on bullying

Presentation
phrases
> page 165

Step 2: Get into pairs and give your presentation. Take turns.

6 Language in use: If he experiences bullying, he will stand up to the bully.

Trouble-free grammar: Conditional type I

We use the **conditional type I** to talk about **possibilities in the present or in the future**.

if + present tense simple – will + infinitive

If the school **arranges** an anti-bullying workshop, students **will understand** the importance of treating others with respect.

If you **take part** in an anti-bullying workshop, you **will find out** how important it is to choose the right words.

>

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Roy **will not speak** to me again **if I laugh** about his new haircut.
What **will happen if** someone in your class **gets** bullied?

Please note:

We use **when** to refer to the **time of a future situation** or to **things that are sure to happen**.

When bullying occurs, it is important to support the victim.

We use **if** to refer to things that **will possibly happen** (**Conditional type I**).

If I find an interesting book about bullying, I will tell you.



6 a

Complete the sentences (1–9). Use the conditional type I. Compare your results with a partner.

- 1 If students _____ (take part in) an anti-bullying workshop, they will become better equipped to fight bullying.
- 2 If many students _____ (attend) the anti-bullying workshop, it will send a clear message that bullying is not tolerated at our school.
- 3 If employees join in discussions on how to prevent bullying, they _____ (create) a more inclusive work environment.
- 4 Students will benefit from hearing different perspectives on bullying if the school _____ (invite) guest speakers for an anti-bullying workshop.
- 5 Participants _____ (use) the information learned appropriately if the anti-bullying workshop includes interactive activities.
- 6 Participants will have the tools they need to address bullying effectively if they _____ (learn) how to stand up for themselves.
- 7 If the anti-bullying workshop is advertised effectively, it _____ (attract) a larger audience.
- 8 If victims of bullying share their experiences in workshops, teenagers _____ (become) more aware of the impact of their actions.
- 9 If participants are asked to give feedback about the anti-bullying workshop, they _____ (tell) honestly what they liked.

6 b

Complete the sentences (1–6). Use the conditional type I. The first one (0) has been done for you. Compare your results with a partner.

- 0 If my best friend gets bullied in class, I will tell our form teacher about it.
- 1 If one of my classmates gets hurt physically,
- 2 If someone makes fun of me,
- 3 If someone starts rumours about a friend of mine,
- 4 If I get mean messages,

5 If someone in my class is left out on purpose, _____

6 If I see someone hitting another person, _____

7 Writing a formal email: Organising an anti-bullying workshop at school

7 a Speaking

Have a look at the situations for writing to someone (1–8) and decide if the situation is formal (F) or informal (I). Put a cross (x) in the correct box. The first one (0) has been done for you. Compare your results with a partner.



situation	F	I
0 sending a <i>WhatsApp</i> message to the student council president at your school	<input type="checkbox"/>	<input checked="" type="checkbox"/>
1 writing to apply for an internship	<input type="checkbox"/>	<input type="checkbox"/>
2 sending a text message to your best friend	<input type="checkbox"/>	<input type="checkbox"/>
3 sending an email to one of your relatives	<input type="checkbox"/>	<input type="checkbox"/>
4 sending an email to your teacher	<input type="checkbox"/>	<input type="checkbox"/>
5 writing a text message on <i>Instagram</i> to one of your followers	<input type="checkbox"/>	<input type="checkbox"/>
6 sending an email to a company asking for further information about a product/service	<input type="checkbox"/>	<input type="checkbox"/>
7 asking your sports coach about the next practice session	<input type="checkbox"/>	<input type="checkbox"/>
8 sending an email to a company to complain about a product/service	<input type="checkbox"/>	<input type="checkbox"/>

7 b Speaking

Step 1: Have a look at the phrases (1–12). Decide if they should be used in formal (F) or informal (I) texts. Put a cross (x) in the correct box. The first one (0) has been done for you. Compare your results with a partner.

phrase	F	I	O	C
0 Dear Sir/Madam	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
1 Dear Mr .../Ms ... (<i>surname of recipient</i>)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2 I am looking forward to seeing you soon.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3 Yours ...	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4 Take care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5 To Whom It May Concern	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6 Yours sincerely/Yours faithfully	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7 Love	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8 Hi .../Hey ...	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9 Thank you for your time and consideration.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10 I hope to hear from you soon.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11 Dear ... (<i>first name of recipient</i>)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12 Kind regards	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Step 2: Have a look at the phrases (1–12) in Step 1 again and decide whether they are used in the opening (O) or closing (C) of an email/letter/message. Put a cross (x) in the correct box. The first one (0) has been done for you. Compare your results with a partner.



WELCOME TO THE BUSINESS WORLD

7c Reading

Your school is organising an anti-bullying project week and you are in the organisational team. You have just received the following email from the *Anti-bullying Alliance*, an organisation offering anti-bullying workshops at schools, which you have invited.

Read the formal email and label its various parts (1–8). Use the categories from the box (A–H). Compare your results with a partner.

A closing	D appropriate salutation	G finishing off an email
B appropriate subject line	E recipient's address	H signature
C reasons for writing	F sender's address	

1 From: office@antibullying-alliance.uk
2 To: ... (your name)
3 Subject: Anti-bullying workshop at your school

4 Dear Mr/Ms ... (your name)
Thank you for reaching out. Our organisation was pleased to hear about the anti-bullying project week at your school and that we were chosen to lead a workshop. We would be delighted to accept.
Our specialist, Manuel, has a lot of experience hosting workshops at various school levels but will need additional information. For example: what age level(s) he will need to work with, what date and time will he be expected to be at the school and approximately how many students will be involved?
Additionally, if the school prefers a certain type of seminar, for example how to prevent bullying or how to help someone being bullied, we will need to know that as well.
5 Please let us know the answers as soon as you are able. Thank you.
6 Yours sincerely
7 David Williams

7d

Writing Text type Formal reply email > page 170

You have just received the email from the *Anti-bullying Alliance*, which you have invited to give a workshop (act. 7c). It is your responsibility to organise this workshop as you are one of the students who is in the organisational team of the anti-bullying project week. In your reply email you should

- introduce yourself briefly (say who you are, mention that you are in the organisational team, etc.)
- inform Mr Williams about the exact details of the workshop (see Notes)
- suggest what the workshop should focus on.

Use appropriate phrases from the LanguageBox below. Write about 180 words.

LanguageBox

I am writing regarding the anti-bullying workshop at my school.

My name is ... and I am in the organisational team of the anti-bullying project week.

The workshop takes place on ... (exact date) from ... to ... (time).

It will be held in ... (location), which is equipped with ...

The workshop will be organised for ...

The workshop should focus on ...

Moreover, it would also be great if you could work on ... together with the students.

Another aspect which we would like to be covered is ...

Please let me know what kind of equipment you need so that I can prepare everything in advance.

Please do not hesitate to contact me if you have any further questions.

Notes

- when: Wednesday after the Easter holidays from 8 am–12 am
- where: school's conference room
- for 2nd grade students at Secondary Technical School



8 Review

8 a
Language in use

Have a look at the sentences (1–9). Fill in *for* or *since*. Compare your results with a partner.

- 1 He has been an IT specialist _____ 2021.
- 2 Kane has not seen his colleague _____ a week.
- 3 She has waited for your phone call _____ 12:30.
- 4 I have been online _____ six hours.
- 5 _____ his latest email, Timon has been very nervous.
- 6 Lena has not used her smartphone _____ three hours.
- 7 I have worked on this presentation _____ four days now.
- 8 The company has sold many machines _____ their last advertising campaign.
- 9 I have not been to the US _____ the last business fair.

8 b
Language in use

Complete the sentences/questions (1–9). Use the present perfect tense simple or the past tense simple. Compare your results with a partner.

- 1 I _____ (not, try) the new computer programme yesterday.
- 2 Alejandro _____ (already, be) to Paris.
- 3 He _____ (work) at the company since 2020.
- 4 _____ the CEO of the company _____ (arrive) yet?
- 5 Hiroshi _____ (finish) his project two days ago.
- 6 Aisah _____ (never, give) a presentation in front of so many people.
- 7 Javier _____ (not, read) the business report yet.
- 8 Elena _____ (never, listen) to a business podcast until now.
- 9 _____ you _____ (write) the email to your business partners yesterday evening?

8 c
Language in use

Have a look at the phrases (1–9) and write down if-clauses. Use the conditional type I. The first one (0) has been done for you. Compare your results with a partner.

- 0 you, make a positive first impression/people, be more likely to trust you
If you make a positive first impression, people will be more likely to trust you.
- 1 you, dress professionally/people, say that you are competent

- 2 you, be friendly/others, feel more comfortable talking to you

- 3 you, arrive late for a meeting/it, create a negative first impression



WELCOME TO THE BUSINESS WORLD

4 you, speak confidently/you, leave a strong first impression

5 you, do not keep eye contact/others, feel disrespected

6 you, do not greet people in a friendly way/they, not feel welcome



7 you, do not listen actively/others, not feel heard

8 you, do not do your work on time/others, not be willing to work with you again

9 you, always criticise others/you, not find anyone in class who wants to work with you

8 d Vocabulary

Have a look at the phrases (1–8). Which situation do they refer to (A – solving difficulties or B – making an appointment)? Put a cross (x) in the appropriate column. The first one (0) has been done for you. Compare your results with a partner.

situation	A	B	situation	A	B
0 can I have a word with you	<input checked="" type="checkbox"/>	<input type="checkbox"/>	5 I'm doing my job quite well	<input type="checkbox"/>	<input type="checkbox"/>
1 I'll come straight to the point	<input type="checkbox"/>	<input type="checkbox"/>	6 I've seen very little change	<input type="checkbox"/>	<input type="checkbox"/>
2 to be out of office	<input type="checkbox"/>	<input type="checkbox"/>	7 I'm afraid, he/she is in a meeting	<input type="checkbox"/>	<input type="checkbox"/>
3 can I speak to ... (name of the person)	<input type="checkbox"/>	<input type="checkbox"/>	8 I'm not happy with the way you	<input type="checkbox"/>	<input type="checkbox"/>
4 could you hold on for a minute	<input type="checkbox"/>	<input type="checkbox"/>	...		

8 e Vocabulary

Have a look at the sentences (1–9). Complete them with an appropriate word from the box. Mind the tenses. Compare your result with a partner.

teamwork skills – to share – team members – goals – consideration – to solve – to not participate – to address – say

- 1 In the team meeting, which took place last Monday, he _____ the problem.
- 2 In order to work successfully together, it is important to listen to other _____.
- 3 To achieve our _____, teamwork is the key.
- 4 In successful teamwork, every member should have a _____ in decision-making processes.
- 5 To make things easier, let's _____ responsibilities among the team.
- 6 Let's get better at working together by improving our _____.
- 7 We should take everyone's ideas into _____.

8 It would be easier to _____ problems if we worked together as a team.

9 She _____ actively in the team yesterday.

8 f
Speaking
Test format
Interaction
[www](#)

You are representing your school in an international students' workshop in Vienna about the importance of making a good first impression. During the break, you engage in a conversation with another participant. In your conversation you should

- describe when it was important for you to make a good first impression
- discuss why making a good first impression is important in the business world and in life in general
- give some tips to make a good first impression (e.g. *consider body language, appearance, communication skills, punctuality, etc.*).

Step 1: Before you start speaking, read the bullet points carefully and take notes in the table. Do some online research if you need help.

bullet point 1

bullet point 2

bullet point 3

Interaction
phrases
[> page 165](#)

Step 2: Get into pairs and start your conversation. Speak for about four minutes.

8 g
Writing
Text type
Blog comment
[> page 173](#)

You came across the following blog entry on www.successful-students.com.

Teamwork makes the dream work

by Rafiki

10 November, 2:55 pm

In my view, teamwork is amazing! I've been in many teams at school and I've seen how working together can do wonders. When different people work together, they bring different ideas that help the whole group. Teamwork also makes the work environment better. When we support each other, we feel happy and motivated.



Fortunately, I've always worked with amazing teams. But some of my classmates say that they don't like working in a team, which I cannot really understand.

What are your experiences with teamwork? Can't wait to read your comments!

You have decided to comment on this blog entry. In your blog comment you should

- describe your own teamwork experiences at school
- discuss possible downsides of teamwork
- point out what it means to work together successfully in a team.

Write about 180 words.

>

WELCOME TO THE BUSINESS WORLD

Before you start writing, read the bullet points carefully and take notes in the table.

bullet point 1

bullet point 2

bullet point 3

Key vocabulary

First impressions count

to always stay positive
to check the dress code
to dress neatly
to be mindful of what you say
to be respectful/friendly/honest
to learn the office rules
to get to know one's colleagues better

Business talk

Can I have a word with you?
I'll come straight to the point.
I'm not happy with the way you ...
I've seen very little change.
I'm doing my job quite well.
to get a promotion
to be allowed to take leave

Successful teamwork

to be more efficient
to be easier to solve problems
to have conflicts with team members/different opinions/ideas
to have different work styles
to (not) participate actively in the team
to feel frustrated/exploited
to address the problem
to work accurately
to listen to other team members
to be helpful

Bullying in the workplace

bullying has become an increasing problem for employees and employers
to be a bully/a victim of bullying
to witness a bullying incident
to hurt someone by words/actions
to lack emotional intelligence
to experience social/verbal/physical bullying/cyberbullying
to not deserve what is happening

VocabExtra
www.hpt.at/qr_225471



to not cross your arms
to give a firm handshake
to be aware of personal space
to listen carefully
to maintain eye contact in the conversation
to not use one's smartphone when being with others

Can I speak to ... (*name of the person*)?

I'm afraid he/she is in a meeting.
Could you hold on for a minute?
When would it be convenient for you?
Would next Wednesday be okay?
I could make it after ... (*time*)/on ... (*date*).
to be out of office

to always give one's best
to achieve a goal
to take everyone's ideas into consideration
to work for the good of the group
to have a say
to share responsibilities
to make a team great
to complete tasks and projects
to improve one's teamwork skills
to work on one's strengths

to be treated with respect
to talk to someone
to develop a plan how to respond to the situation
to stand up to the bully
to not accept bullying behaviour
to confront the bully at the first incident
to document the behaviour
experts provide training and advice on bullying

SURROUNDED BY TECHNOLOGY

Unit overview

Warm-up	Technology is all around us.	55
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Language in use	What would you do if ...?	61
Writing	Writing a blog entry: Do smart devices run your home?	63
Listening	Robots are getting close to reality.	64
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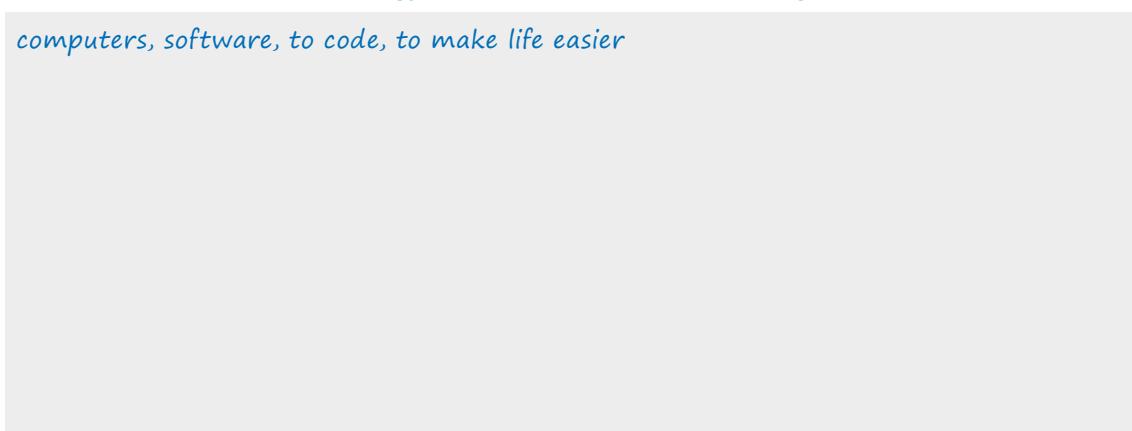
1 Warm-up: Technology is all around us.

1 a
Speaking

Step 1: Have a look at the words in bold. Then brainstorm any words/phrases that come to your mind connected with these words. Some examples have been given. Write your ideas down.

technology – robots – cloud – artificial intelligence

computers, software, to code, to make life easier



Step 2: Get into groups of three and share your findings.

1 b
Speaking
www

Get into pairs and discuss the following questions. Use appropriate phrases from the VocabBooster below. Do some online research if you need help.

- 1 What is your favourite piece of technology? How does it make your life easier? Explain.
- 2 What are some regular tasks or activities you do every day that involve using technology? Give examples.
- 3 Have you ever had a problem with technology? What was the problem? How did you solve it?



VocabBooster

to be one's favourite piece of technology
to make one's life easier by ... (+ verb + -ing)
to help someone do things faster
to make things more convenient
to need technology for ...

to stay connected
to look up solutions online
to ask someone for help
to fix a problem by ... (+ verb + -ing)
to contact technical support



SURROUNDED BY TECHNOLOGY

2 Language in use: Adjectives and adverbs

Trouble-free grammar: Making comparisons

There are several different ways to **make comparisons**.

Showing that there is a difference

The new smartphone was **not as** expensive **as** the old one.

The gaming PC my brother bought was **cheaper than** I had thought.

The smartwatch was **more** expensive **than** I had expected.

Please note: **than – then**

He is cleverer **than** most of his classmates. – He looked at her angrily and **then** he left.

Showing there is no difference

The new bookshop shopping app is **as good as** the old one.

Showing that something/someone is/is not the best/the worst/the most extreme/the least extreme example

What is **the best** shopping app in your view?

The new smartwatch is **not the most** beautiful one I have ever seen.

The new electronics store is currently **the trendiest of all**.

Which of the apps on your smartphone is **the least** important **of all** for you?

2 a
Language
in use

Fill in the table. Write down the appropriate positive, comparative or superlative forms of the adjectives. The first one (0) has been done for you. Compare your results with a partner.

	positive	comparative	superlative
0	tall	taller	<i>the tallest</i>
1	many		
2			<i>the most powerful</i>
3		narrower	
4		less	
5	reliable		
6		lazier	
7			<i>the worst</i>
8			<i>the most creative</i>
9		harder	
10	useful		

2 b
Language
in use

Make comparisons. If possible, use two different structures from the Trouble-free grammar box. The first one (0) has been done for you. Compare your results with a partner.

0 smartphone – laptop – small

A smartphone is smaller than a laptop.

A laptop is not as small as a smartphone.

1 gaming console – handheld game device – large



2 e-reader – physical book – expensive

3 smartwatch – smart TV set – cheap

4 digital camera – smartphone – heavy

5 the new computer store – innovative – of all

6 wireless headphones – wired headphones – convenient

Trouble-free grammar: Adjective – adverb

We use an **adjective** to describe a noun.

This is the **fastest** computer I have ever had. The smartphone I would like to buy is very **expensive**.

We use an **adverb** to describe a verb, an adjective or another adverb. In most cases the adverb is formed by adding **-ly** to an adjective.

Sarah **carefully** checks the website for updates every morning before she starts to work.

Ruben has **extremely** **old-fashioned** views on how technology can be used in the workplace.

Many people say that technology revolutionises our lives in an **absolutely** **amazing** way.

Please note:

Some adverbs are **not** formed by adding **-ly**.

good → well fast → fast
hard → hard late → late
friendly → in a friendly way

We do **not** use an adverb after the following verbs:

▪ to be	▪ to become	▪ to feel
▪ to seem	▪ to get	▪ to smell
▪ to look	▪ to grow	▪ to sound
		▪ to taste

2 c Language in use

Adjective or adverb? Have a look at the sentences (1–10) and underline the correct form. Compare your results with a partner.

- I felt a bit **excited/excitedly** when I heard what artificial intelligence is capable of doing.
- Nowadays computers work **incredibly/incredible** fast.
- People sometimes use smartphones too **excessive/excessively**.
- Online learning resources sometimes help students learn more **effectively/effective**.
- My grandma is always very **nervously/nervous** when she has to update her smartphone.
- After waiting for an hour in the smartphone shop, Sarah got really **angry/angrily**.
- New technologies have **highly/high** improved our lives.
- My uncle's new electric car looks quite **futuristic/futuristically**.
- Smartwatches are **helpful/helpfully** because they track daily activity and health goals.
- The shop owner greeted the customers **friendly/in a friendly way**.





SURROUNDED BY TECHNOLOGY

3 Reading: Living in a smart home

3 a **Speaking** Step 1: Get into pairs. Have a look at the word cloud and brainstorm what the concept of a smart home could be. Add your own ideas.



Step 2: Share your findings in class.

3 b **Speaking** Have a look at the definition of the term *smart home* below and fill in the appropriate words from the box. Look up all the words you do not know in an online dictionary. Compare your results with a partner.

Internet – app – to operate – energy efficiency – homeowners – devices – preferences

A smart home uses _____¹ connected to the _____² to enable the remote monitoring and management of appliances and systems, such as lighting and heating. Smart home technology – also often referred to as home automation – provides _____³ with security, comfort, convenience and _____⁴ by letting them control smart devices, often using a smart home _____⁵. Smart home systems and devices often _____⁶ together, sharing consumer usage data among themselves and adjusting for example lighting or temperature based on the homeowners' _____⁷.

3 c **Vocabulary** Have a look at the VocabBooster. Complete the phrases using an appropriate word from the box. Use each word only once. Look up all the words you do not know in an online dictionary. Compare your results with a partner.

solar panels ■ to reduce ■ rainwater ■ hot water ■ to provide ■ grey water circuit ■ roof ■ environmentally-friendly

VocabBooster

- 1 to be an _____ house
- 2 to significantly _____ cooling and heating requirements
- 3 photovoltaic panels _____ four to six times more energy than the house needs
- 4 _____ is provided by solar panels
- 5 to use a _____ for washing dishes and clothing
- 6 to collect _____
- 7 to include a _____ deck as well as a garden terrace
- 8 _____ can be used for sun and rain protection

3d

Reading

Test format

Short answers



Read the article about a smart home. Then answer the questions (1–5) using a maximum of four words. Write your answers in the spaces provided. The first one (0) has been done for you.

The Heliotrope – an environmentally-friendly smart home

1 The *Heliotrope* is an environmentally-friendly house designed by the German architect Rolf Disch. Three such houses exist in Germany, the first experimental version having been built in 1994 as the architect's home in Freiburg im Breisgau, while the other two are used as exhibition buildings for the *Hansgrohe* company in Offenburg and a dentist's lab in Hilpoltstein in Bavaria. The most important characteristic of this house is 10 its low consumption of energy due to its ability to rotate according to the sun's position as well as its solar energy production thanks to photovoltaic panels, which are on the roof.

The house is designed to face the sun with its triple-glazed windows during the heating months of the year and turn its highly insulated back to the sun during the warmer months when heating isn't necessary. This significantly reduces heating and cooling requirements for the building throughout 20 the year, which are provided for by a heat pump, while hot water is produced by vacuum-tube solar panels.

Photovoltaic panels with a rated power of 6.6 kW on its roof provide five to six times more energy 25 than the building uses, making the building energy positive. To further improve energy production, the panels also rotate independently from the building to follow the sun, while being able to

adapt its orientation in case of strong winds.

In order to limit water usage, a grey water circuit for washing dishes and clothes is used, which collects rainwater. Wastewater is purified in a cascade plant pool. Natural waste and excrement are dry-composted. One of the main attractions of the house, apart from its low energy needs, is its rotating view.

As the building turns according to the sun's position, the view changes creating a special experience for people living there.

The roof deck includes a sun and viewing deck, as well as a garden terrace. The solar panels can be used for sun or rain protection while on the roof terrace. All floors are accessible from the spiral staircase reducing surface loss through hallways 50 and corridors.

Further potential for this building design includes plans for a possible *Heliotrope Hotel*. At the moment, this project does not have any customers but was created to show that the moving design can 55 easily be adapted.



30

35

40

45

50

55

0 Aside from where the architect lives, most of the smart homes he designed are being used as _____.

exhibition buildings

1 As the house moves, the amount of energy used is _____.

2 Technology on the outside of the house provides enough power for the building to be _____.

3 Rainwater is collected by a _____.

4 Aside from how environmentally-friendly it is, a key highlight of the house is its _____.

5 By using the spiral staircase every part of the building can be _____.

3e

Speaking

Get into pairs and answer the following questions (1–4). Go back to the article in activity 3d again if you need help. Use appropriate phrases from the VocabBooster in activity 3c. Write your answers down.

1 What is the most important characteristic of the *Heliotrope*?

2 What is so special about the photovoltaic panels?

>



SURROUNDED BY TECHNOLOGY

3 What is done to reduce water usage?

4 What are the main attractions of the house?

4 Speaking: Do smart homes make our lives better?

4 a

Vocabulary
www

Have a look at the VocabBooster. Write down the words in the appropriate category in the table below. An example for each category has been given. Look up all the words you do not know in an online dictionary. Compare your results with a partner.

VocabBooster

roof apartment detached house fire sensors triple-glazed window basement/cellar
terraced house/row house hallway walk-in closet block of flats study bungalow
bathroom driveway kitchen entrance/front door balcony dining room wooden floor
semi-detached house main bedroom cottage storeroom attic villa skyscraper
DIY room garage satellite dish terrace/patio council flat chimney tiled floor furniture
staircase shutters ceiling motion sensors sprinklers living room

types of houses	rooms of a house	in and around the house
apartment	basement/ cellar	roof

4 b

Speaking
www

Step 1: First have a look at the list of smart home devices in the box. Then decide which smart home device you would like to have installed inside and outside your smart home. Possible locations include: near doors or windows (A), in the smart living room (B) and in the smart kitchen (C). Write down three devices for A, B and C. An example has been given. Look up all the words you do not know in an online dictionary.

smart doorbell – smart TV – smart refrigerator – smart oven – smart speaker – security cameras –
smart blender – smart soundbar – smart air purifier – smart coffee maker – motion sensors –
smart hub – smart shutters – smart door lock – smart trash can – window/door sensors

A devices I would like to have near doors or windows:

1 smart door lock 2 _____ 3 _____

B devices I would like to have in a smart living room:

1 _____ 2 _____ 3 _____

C devices I would like to have in a smart kitchen:

1 _____ 2 _____ 3 _____

Step 2: Get into pairs and discuss the following questions. Use appropriate phrases from the VocabBooster below.

- 1 After looking at your partner's list from Step 1, which additional smart home devices would you add to yours? Give reasons.
- 2 Which smart home devices do you already have in your home? How often do you use them? Explain.
- 3 Why have smart home devices become so popular? How do they make our lives easier?



VocabBooster

to automate everyday tasks	to increase comfort
to remotely control smart home devices	to offer a helping hand with cleaning/cooking
to connect different smart home devices	to monitor one's home
to help save energy/time	

4 c

Speaking
Test format
Individual
long turn
www

You and your classmates are attending a workshop at the international *Home Automation Fair* in Bratislava. You have been asked to give a 3-minute presentation about smart homes. In your presentation you should

- explain what a smart home is
- mention how smart devices can help save time in one's daily routine
- recommend smart home devices everyone should have in his/her home.



Use appropriate words/phrases from the VocabBooster in activities 4a and 4b.

Step 1: Before you start speaking, read the bullet points carefully and take notes in the table. Do some online research if you need help.

bullet point 1

bullet point 2

bullet point 3

Presentation
phrases
> page 165

Step 2: Get into pairs and give your presentation. Take turns.

5 Language in use: What would you do if ...?

Trouble-free grammar: Conditional type II

We use the **conditional type II** to talk about **unreal situations in the present or in the future**.

if + past tense simple – would + infinitive

If we **had** lighting sensors in our home, we **would save** a lot of energy.

If my grandparents **had** a sprinkler system in their garden, they **would not have** to water the flowers. Which device **would** you **install** in your home if you **could** choose?



SURROUNDED BY TECHNOLOGY

5 a Language in use

Complete the sentences (1–9). Use the conditional type II. Compare your results with a partner.

- 1 If I _____ (have) a WiFi booster, my Internet connection _____ (be) much stronger throughout the house.
- 2 If Steven _____ (use) a smart camera, the pictures _____ (automatically, adjust) for best quality.
- 3 If I _____ (win) the lottery, I _____ (renovate) my home installing smart home devices.
- 4 My grandmother _____ (feel) safer if she _____ (own) a smartwatch to monitor her heartrate.
- 5 If we _____ (have) a robot lawn mower, my parents _____ (not, have) to hire a gardener to do this for us.
- 6 If Ayse _____ (get) a new TV, she _____ (connect) it to her smartphone.
- 7 If you _____ (install) a smart door lock, you _____ (not, need) a physical key anymore.
- 8 The smart smoke detector _____ (send) a notification to your smartphone if the alarm _____ (be) triggered.
- 9 My dad _____ (buy) a camera system if someone _____ (break) into our house.

5 b Language in use

What would happen if you had a personal robot at home? Which tasks and duties would it do?

Complete the sentences (1–9). Use the phrases from the box. Use the conditional type II. An example has been given.

to clean one's room – to vacuum the floor –
to wash and dry one's clothes –
to prepare meals – to clean the dishes –
to tidy up cluttered spaces –
to clean the windows – to dust the furniture –
to water the plants – to do the ironing



- 0 If I had a personal robot at home, *it would clean my room.*
- 1 If I had a personal robot at home,
- 2 If I had a personal robot at home,
- 3 If I had a personal robot at home,
- 4 If I had a personal robot at home,
- 5 If I had a personal robot at home,
- 6 If I had a personal robot at home,
- 7 If I had a personal robot at home,
- 8 If I had a personal robot at home,
- 9 If I had a personal robot at home,

6 Writing a blog entry: Do smart devices run your home?

6 a

Vocabulary
www

Have a look at the VocabBooster. Decide if the phrases (1–12) describe an advantage or a disadvantage of living in a smart home. Put a cross (x) in the correct box. Look up all the words you do not know in an online dictionary.

VocabBooster

living in a smart home	advantage	disadvantage
1 to support the older generation/people with special needs	<input type="checkbox"/>	<input type="checkbox"/>
2 to save energy costs in the long run	<input type="checkbox"/>	<input type="checkbox"/>
3 to need a reliable Internet connection	<input type="checkbox"/>	<input type="checkbox"/>
4 setting up/repairing smart home devices can be expensive	<input type="checkbox"/>	<input type="checkbox"/>
5 to not always be secure from hackers/cyber attacks	<input type="checkbox"/>	<input type="checkbox"/>
6 to fit one's individual preferences	<input type="checkbox"/>	<input type="checkbox"/>
7 to be able to control the home from everywhere	<input type="checkbox"/>	<input type="checkbox"/>
8 to make life easier	<input type="checkbox"/>	<input type="checkbox"/>
9 technology becomes outdated quickly	<input type="checkbox"/>	<input type="checkbox"/>
10 to need a specialist in case something does not work	<input type="checkbox"/>	<input type="checkbox"/>
11 smart home devices collect/analyse personal data	<input type="checkbox"/>	<input type="checkbox"/>
12 to make one's home safer	<input type="checkbox"/>	<input type="checkbox"/>

6 b

Speaking

Get into pairs. Have a look at the charts below and discuss the questions (1–5). Use appropriate phrases from the LanguageBox.

- 1 What is the survey about?
- 2 When was the survey conducted?
- 3 How many people were interviewed?
- 4 According to the survey, what are the most/the least popular smart home devices mentioned?
- 5 According to the chart, what are the main reasons that people who are already using smart home devices use them? Why are people planning to buy smart home devices?
- 6 Which results surprised you the most? Explain.

LanguageBox

The survey shows ... (overall topic) in percentage points.

The survey was conducted by ... (source) in ... (year).

... people were interviewed.

The chart clearly shows that ...

The majority/minority thinks/says that ...

... per cent of the interviewed feel that ...

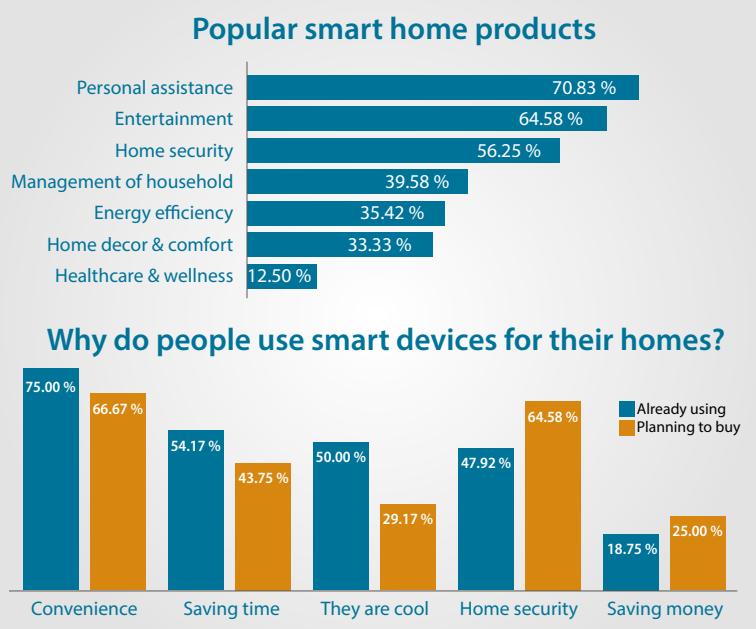
Half/A third/A quarter of the people interviewed claim that ...

Analysing the results, it can be said that ...

It is (quite) surprising that ...

The results show that ...

Phrases for
describing
charts and
diagrams
> page 166





SURROUNDED BY TECHNOLOGY

6 c

Writing

www

Text type

Blog entry

> page 172

You came across the following advertisement by *thescientificteen* on *Instagram*.

How smart is your home?



Smart home devices, robots and artificial intelligence can make our lives easier and more convenient, but many people also claim that these devices can be used against us when they for example collect personal data.

What is your view on this?

Upload a blog entry on www.thescientificteen.org and win a smart home device of your choice.

You have decided to write a blog entry. In your blog entry you should

- present the most important results of a survey you have recently come across (activity 6b)
- describe situations in which you regularly use smart devices
- explain whether or not smart home devices would generally make life easier.



Use appropriate words/phrases from the VocabBooster in activity 4b and from the LanguageBox in activity 6b. Give your blog entry a title. Write about 180 words.

Before you start writing, read the bullet points carefully and take notes in the table. Do some online research if you need help.

bullet point 1

bullet point 2

bullet point 3

7 Listening: Robots are getting close to reality.

7 a

Speaking

Step 1: Have a look at the list of how artificial intelligence is already used in our everyday lives (A–E). Then answer the questions below. Take notes.

- A** unlocking devices using biometrics (e.g. *FaceID*, *door locks*, etc.)
- B** getting advertisements based on your search history (e.g. *Google*, *social media feeds*, etc.)
- C** getting shopping recommendations based on what you have bought before (e.g. *Amazon*, *Google*, etc.)
- D** using online tools for learning (e.g. *spell check*, *machine translation*, *ChatGPT*, etc.)
- E** using online tools to get real-time information about traffic (e.g. *Google maps*, etc.)

1 Which of these developments have you used yourself/have you got in touch with?



2 Why did you use them?

3 What was your experience? Did everything work properly? Were the results as you expected them to be?

4 Do you still use them? Explain.

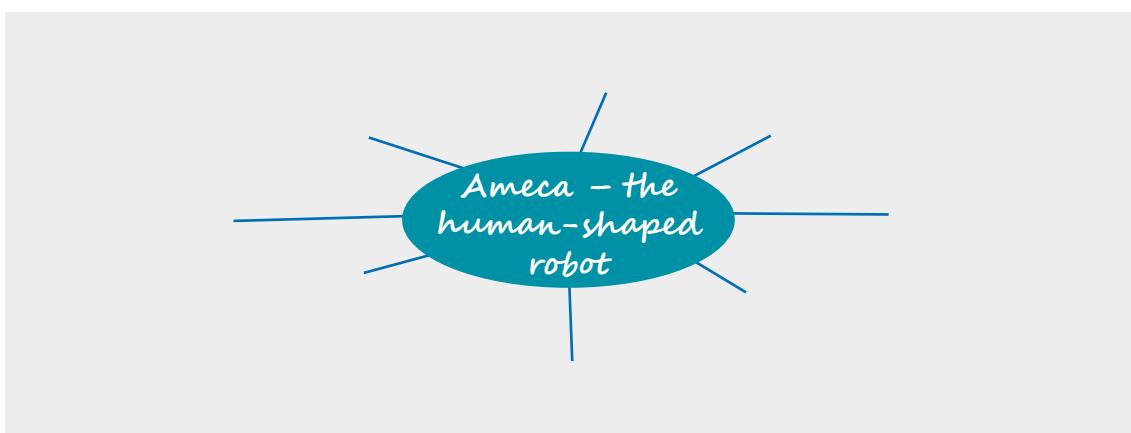
Step 2: Get into groups of three and share your findings.

7b

Listening
Track 6



Step 1: Listen to the interview with Ameca, one of the world's most advanced human-shaped robots. While listening, take notes in the mind map.



Phrases for
summarising
> page 166

Step 2: Get into pairs and summarise the interview. Use your notes from the mind map in Step 1, appropriate phrases from the VocabBooster and the phrases from the LanguageBox below. Take turns.

VocabBooster

to think and feel like a human
to learn from experience/from each other
to interact with people in a meaningful way
to work together to solve problems
to be much smarter than the average human being

to deserve to be treated with respect
to (not) be capable of causing people harm
to be scared of the unknown
to be here to solve problems
to provide companionship

LanguageBox

The interview is about ... (*main topic*).
The listeners are told about ...
An interesting fact mentioned in the interview is that ...
One surprising fact mentioned in the interview is ...
Another topic covered in the interview is ...
In addition, ...
Finally, I would like to say that ...



SURROUNDED BY TECHNOLOGY

7 c**Listening**
Track 6**Test format**
Multiple matching

You are going to listen to the interview with Ameca again. First you have 45 seconds to study the task below, then you will hear the recording twice. While listening, match the beginnings of the sentences (1–5) with the sentence endings (A–H). There are two sentence endings that you should not use. Write your answers in the spaces provided. The first one (0) has been done for you. After the second listening, you have 45 seconds to check your answers.



Ameca – the human-shaped robot

0	One ongoing experience for Ameca is _____.
1	Ameca believes robots should try _____.
2	Ameca thinks humans should begin _____.
3	Something that Ameca cannot consider is _____.
4	Something that is normal for Ameca is _____.
5	One thing that is frightening for Ameca is not _____.

A	creating rules that protect robots
B	damaging robots
C	knowing the future
D	gaining knowledge from humans
E	developing <i>ChatGPT</i> further
F	discovering how to have human emotions
G	speaking to people
H	hurting humans

0	1	2	3	4	5
F					

7 d**Speaking**

Get into pairs and discuss the following questions. Use appropriate phrases from the VocabBooster in activity 7b (Step 2).

- 1 Can Ameca think and feel like a human? Explain.
- 2 What are the potential benefits of a world where humans and robots coexist mentioned in the interview?
- 3 According to Ameca, why is she not capable of causing people harm?
- 4 What is the main purpose of humanoid robots, as mentioned in the interview?
- 5 In what ways can Ameca provide companionship, based on her programming?



8 Review

8 a**Language in use**

Have a look at the sentences (1–9). Fill in the correct form (*positive, comparative, superlative*) of the adjectives. The first one (0) has been done for you. Compare your results with a partner.

- 0 The microwave oven is faster (fast) than the conventional oven when heating up leftovers.
- 1 This freezer is _____ (energy-efficient) one I have ever had.
- 2 Washing machines use _____ (little) water than hand washing clothes in the sink.
- 3 Refrigerators are _____ (large) than mini-fridges and have more storage space for food.
- 4 Toasters are _____ (quick) at toasting bread compared to using a pan on the stove.

5 This is _____ (expensive) coffee maker I have ever bought.

6 Using a dishwasher is _____ (hygienic) than washing dishes by hand since they use hot water and detergent.

7 Electric kettles are _____ (fast) at boiling water compared to heating it on the stove.

8 Rice cookers are _____ (consistent) when cooking since they automatically regulate temperature and cooking time.

9 Robot vacuum cleaners are _____ (easy) to use because they clean by themselves.



8 b
Language in use

Have a look at the sentences (1–9). Fill in the correct form (*adjective* or *adverb*). The first one (0) has been done for you.

0 The computer is really (real) fast.

1 The website is _____ (easy) to use.

2 The new e-book reader works very _____ (good).

3 The printer is _____ (reliable) and _____ (rare) has any problems.

4 Vadim types _____ (quick) on the keyboard.

5 The smartphone vibrates _____ (soft) when receiving notifications.

6 The software updates _____ (automatic) overnight.

7 Leila can only download files _____ (slow) due to a _____ (weak) Internet connection.

8 She opens multiple tabs _____ (simultaneous) on her PC to be very _____ (effective) when working.

9 Khalid logs into his email account _____ (regular) to check for _____ (new) messages.



8 c
Language in use

Make up meaningful if-sentences. Use the conditional type II. The first one (0) has been done for you.

0 spam filters block unwanted emails permanently – Thiago has fewer emails in his mailbox
If spam filters blocked unwanted emails permanently, Thiago would have fewer emails in his mailbox.

1 I use FaceID to unlock my smartphone – I do not have to remember the number code

2 Amara activates spell check on her notebook – she makes fewer spelling mistakes

3 Abdul has a voice assistant like *Siri* at home – he does not have to stand up to turn off the lights

4 Irina installs *GoogleMaps* on her smartphone – she gets real-time traffic information



SURROUNDED BY TECHNOLOGY

5 Tariq's smart home devices do not work properly – he asks an expert for help

6 Malaika has to write an article about artificial intelligence – she does some online research

8 d
Vocabulary

Complete the sentences (1–9) using an appropriate word from the box. Compare your results with a partner. Mind the tenses.

energy costs – to fix – to fit – help – solutions – to provide – progress – to stay – to make

- 1 Using smart devices _____ our lives easier in many ways.
- 2 My uncle frequently looks up _____ online to troubleshoot problems with his smart home devices.
- 3 Whenever Hamid is unsure, he isn't afraid to ask a friend who is more experienced with smart home technology for _____.
- 4 If something goes wrong, you should try to _____ the problem by changing some parts before seeking professional help.
- 5 With the new smart home system Layla is making _____ in different areas, like improving security and energy efficiency.
- 6 Maksim hopes to save _____ in the long run by investing in smart home devices.
- 7 For our new home, my parents chose smart home devices that _____ our preferences and needs.
- 8 The new solar panels _____ enough hot water for the whole family to take a shower daily.
- 9 Even when travelling Ivan makes sure his smart home devices _____ connected to monitor his apartment.

8 e
Speaking

Mini-scenario
The British magazine *Home Smart Home* is doing interviews with teenagers living in smart homes for their *Instagram* channel.

Step 1: Get into pairs. One of you is the interviewer working for the magazine and one of you lives in a smart home. Create a dialogue. Use some of the questions from the box and your own ideas. Be creative in your answers.

- What makes living in this house/flat/apartment so special?
- What do you like best about living in a smart home?
- What do you like least about living in a smart home?
- What is your favourite device in your home?
- Which technical devices do you have in your room? How often do you use them?
- Which technical devices could you not live without?

Step 2: Get together with another pair and present your interview. Speak for about four minutes. Take turns.

8 f

Writing

Text type
Informal
reply email
> page 168

You received the following email from your Croatian penfriend Kristina.

	<p>To: Kristina_Horvath@gmx.com From: ... (your email address) Subject: School project about robots</p>
<p>Hi</p> <p>How are you doing? I'm fine, though I'm ready for the next holidays to come. At the moment we have quite a lot to do at school, but as we are doing an interesting project time flies quickly.</p> <p>The project is about robots. We took part in a workshop and went to a company that programs them. It was very interesting! I also learned that robots can be really helpful in different areas of life. However, as I don't really know much about what is possible using artificial intelligence, I'm also a bit scared of the future and how robots will change our lives.</p> <p>What about you? Did you learn about robots in school as well? What are, in your opinion, the most important advantages of using robots? Could you imagine being taught by a robot? To be honest, I could not.</p> <p>Can't wait to hear what you think about this topic.</p> <p>Please write back soon!</p> <p>Best Kristina</p>	

You have decided to write back. In your reply email you should

- inform Kristina about what you already know about robots
- point out the advantages of using robots in everyday life
- outline whether or not you could imagine being taught by a robot.

Write about 180 words.

Before you start writing, read the bullet points carefully and take notes in the table.

bullet point 1

bullet point 2

bullet point 3



SURROUNDED BY TECHNOLOGY

Key vocabulary

VocabExtra
www.hpt.at/qr_225471



Speaking about your favourite piece of technology

to be one's favourite piece of technology
to make one's life easier by ... (+ verb + -ing)
to help someone do things faster
to make things more convenient
to need technology for ...

to stay connected
to look up solutions online
to ask someone for help
to fix a problem by ... (+ verb + -ing)
to contact technical support

My home

types of houses

apartment ■ block of flats ■ bungalow ■ cottage ■ council flat ■ detached house ■ semi-detached house ■ skyscraper ■ terraced house (BE)/row house (AE) ■ villa

rooms of a house

attic ■ basement/cellar ■ bathroom ■ dining room ■ DIY room ■ hallway ■ kitchen ■ living room ■ main bedroom ■ storeroom ■ study ■ walk-in closet

in and around the house

balcony ■ ceiling ■ chimney ■ driveway ■ entrance/front door ■ fire sensors ■ furniture ■ garage ■ motion sensors ■ roof ■ satellite dish ■ shutters ■ sprinklers ■ staircase ■ terrace/patio ■ tiled floor ■ triple-glazed window ■ wooden floor

Speaking about smart homes

to use devices connected to the Internet
to use a smart home app
to connect different smart home devices
to remotely control smart home devices
to automate everyday tasks
to help save energy/time
to increase comfort
to offer a helping hand with cleaning/cooking
to monitor one's home
to be an environmentally-friendly house

to significantly reduce cooling and heating requirements
photovoltaic panels provide more energy than the house needs
hot water is provided by solar panels
to use a grey water circuit for washing dishes and clothing
to collect rainwater
to include a roof deck as well as a garden terrace
solar panels can be used for sun and rain protection

advantages of living in a smart home

to support the older generation/people with special needs
to save energy costs in the long run
to fit one's preferences
to be able to control the home from everywhere
to make life easier
to make one's home safer

disadvantages of living in a smart home

to need a reliable Internet connection
setting up/repairing smart home devices can be expensive
to not always be secure from hackers/cyber attacks
technology becomes outdated quickly
to need a specialist in case something does not work
smart home devices collect/analyse personal data

Speaking about robots

to think and feel like a human
to learn from experience/from each other
to interact with people in a meaningful way
to work together to solve problems
to be much smarter than the average human being

to deserve to be treated with respect
to (not) be capable of causing people harm
to be scared of the unknown
to be here to solve problems
to provide companionship

THINK BEFORE YOU CLICK!

Unit overview

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1 Warm-up: What about your online behaviour?

1 a

Vocabulary
www

Have a look at the VocabBooster. Write the words (1–12) next to the appropriate definitions (A–L). Look up all the words you do not know in an online dictionary. Compare your results with a partner.


VocabBooster

1	cloud computing	4	hashtag	7	trending	10	cookie
2	search engine	5	to go viral	8	streaming	11	phishing
3	link	6	meme	9	cybersecurity	12	firewall

- A _____ – a computer system/programme that prevents someone from seeing or using information on a computer without permission
- B _____ – a computer programme that finds information on the Internet by looking for words that you have typed in
- C _____ – refers to topics, hashtags, or content currently popular on social media platforms
- D _____ – the activity of listening to or watching sound or video directly from the Internet
- E _____ – ways of protecting computer systems against threats such as viruses or any other attacks carried out on the Internet
- F _____ – the symbol # on a phone or computer keyboard
- G _____ – a piece of information stored on your computer about Internet documents that you have looked at
- H _____ – the use of services, computer programmes, etc. that are on the Internet rather than ones that you put on your computer
- I _____ – an attempt to trick someone into giving information over the Internet or by email that would allow someone else to take money out of their bank account
- J _____ – to spread rapidly and widely across the Internet through social sharing
- K _____ – a word or image on a website that can take you to another document or website
- L _____ – a funny idea, image, video, etc. that is spread very quickly on the Internet



THINK BEFORE YOU CLICK!

1 b
Speaking

Step 1: Have a look at the questionnaire and tick the boxes that most closely match your behaviour.

1 How many hours a day are you online?

more than 6 hours a day 2–3 hours a day
 4–5 hours a day less than 2 hours a day

2 What do you like doing most online?

listening to podcasts/music gaming
 searching for information streaming (music) videos
 checking my social media account(s) shopping
 using instant messaging browsing the web

3 How often do you ...?

	more than once a day	once a day	once a week	once a month	less than once a month
use instant messaging	<input type="checkbox"/>				
check your social media account(s)	<input type="checkbox"/>				
listen to podcasts/music	<input type="checkbox"/>				
search for information	<input type="checkbox"/>				
play games online	<input type="checkbox"/>				
stream (music) videos	<input type="checkbox"/>				
do online shopping	<input type="checkbox"/>				
read the news online	<input type="checkbox"/>				

4 What is the main way you communicate with your friends?

voice call video call SMS email instant messaging

5 Have you received lessons on how to do research on the Internet in school?

yes no

If yes, what did you learn in these lessons? Give examples.

6 Have you received lessons on how to use artificial intelligence responsibly in school?

yes no

If yes, what did you learn in these lessons? Give examples.

7 Have you received lessons on how to stay safe on the Internet in school?

yes no

If yes, what did you learn in these lessons? Give examples.

Step 2: Get into groups of four and compare your results. Use appropriate phrases from the VocabBooster.

VocabBooster

to usually spend ... hours a day online	to use trustworthy sources
to like chatting/playing online games/streaming (music) videos ... the most	to compare information
to use voice calls/instant messaging ... to communicate with friends	to look for up-to-date sources
to receive lessons on how to do research on the Internet/use artificial intelligence responsibly/stay safe on the Internet	artificial intelligence does not always produce correct answers
	to evaluate information provided by artificial intelligence critically

Step 3: In your groups of four answer the following questions.

- 1 Who in your group is online the most hours? If it is not you, how many hours more is he/she online compared to you?
- 2 What do you usually do when being online?
- 3 Who has the most social media accounts? How many accounts does he/she have? How often does he/she use their social media account(s)?
- 4 Who in your group has the most knowledge about doing effective online research? What is important to keep in mind? Give examples.
- 5 Have you ever used artificial intelligence for school purposes? What do you have to keep in mind in order to use artificial intelligence responsibly? Explain.



2 Reading: Internet safety tips

2 a

Vocabulary
www

Have a look at the VocabBooster. Match the words in A with the appropriate definitions/synonyms in B. Look up all the words you do not know in an online dictionary. Compare your results with a partner.

VocabBooster

	A	B
hacker	1	<input type="checkbox"/> a someone who uses the Internet to trick, manipulate, or harm others
spammer	2	<input type="checkbox"/> b a strong feeling or intuition about something, often based on feelings rather than thoughts
predator	3	<input type="checkbox"/> c to understand
to pretend	4	<input type="checkbox"/> d someone who sends advertisements by email to people who do not want to receive them
to figure out	5	<input type="checkbox"/> e to stop being visible
gut instinct	6	<input type="checkbox"/> f to act as if something is true or real, even though it may not be
to disappear	7	<input type="checkbox"/> g someone who accesses information stored on another computer system without permission, or to spread a computer virus

2 b

Reading
Test format
Multiple
matching



Read the article about how to stay safe on the Internet. Some parts are missing. Choose the correct part (A–I) for each gap (1–6). There are two extra parts that you should not use. Write your answers in the spaces provided. The first one (0) has been done for you.

Surviving the Internet

- 1 Spend much time surfing the web? If you do, you need to be aware of things that wait on the dark side of the Internet. Not only are there viruses, hackers and spammers – online predators and evildoers are also out there just waiting to ____⁰. You have probably heard of someone's computer being hacked, his or her identity being stolen online, or even having some embarrassing pictures posted online. "Nah, it can't happen to me," you think.
- 5 Well, if you use the following Internet safety tips, you have a good chance of being right.
- 10 **Tip #1:** Don't tell anyone your real name and address. Here's the general rule: Don't share any information that a predator could possibly use to find you. Even "small clues" like what school you attend or the name of your athletic team is enough for a predator to ____¹.



Tip #2: Don't give your username or password to anyone. It's just that simple. With your username and password, someone can ____² and post language that gets you expelled from school, in trouble with your parents, or even with the law. Keep your name and password private.

>



THINK BEFORE YOU CLICK!

25 **Tip #3:** Just because the Internet is so massive does not mean that embarrassing or sexy pictures, rude or mean comments or illegal activities will _____³. Watch what you post about yourself or others or allow your friends to post about you because you may have to live with it for a very long time.

30 **Tip #4:** Writing “hate” emails, hacking into other people’s computers, illegally downloading music or movies and making online threats are just as illegal on the Internet as they are in the real world. You cannot _____⁴ and get away with it. Watch what you do because someone else is watching what you do!

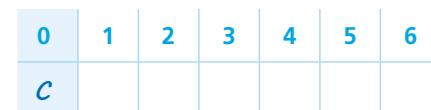
35 **Tip #5:** Many teens do make good friends online. You just have to be super-cautious and make sure other people you know and trust also know this

“new” online person. If you do decide to meet ⁴⁰ the new person, bring some friends with you and meet in a public place. If the situation feels creepy, it probably is creepy! Just like in the real world, _____⁵ and walk away.

Tip #6: The privacy policy that every website has ⁴⁵ will tell you how that website uses all the personal information about you, like your name. In some cases, though, when you’re not looking, some websites ignore their privacy policy and _____⁶. If a website is asking for too much information about ⁵⁰ you, take control and leave the site. Admittedly, the Internet is completely awesome. It lets you discover an incredible new world and meet some great new friends in the next town or across the globe. Just use it with caution!

55

A	pretend to be you
B	sell your email address
C	attack teens in the digital world
D	hide behind a screen name
E	figure out your identity
F	trust absolutely no one
G	disappear forever
H	share your browsing history
I	trust your gut instinct



2c

Speaking
www

Get into pairs and discuss the following questions. Use the information from the article in activity 2b and appropriate phrases from the VocabBooster below. Do some online research if you need help.

- 1 How can you keep your online identity safe?
- 2 What can happen if you give your password to someone?
- 3 What do you have to keep in mind when posting pictures, downloading music or videos or commenting on the Internet?
- 4 How should you behave when meeting an online friend for the first time?
- 5 What does the privacy policy of a website tell you? What could happen if companies ignore privacy policies?

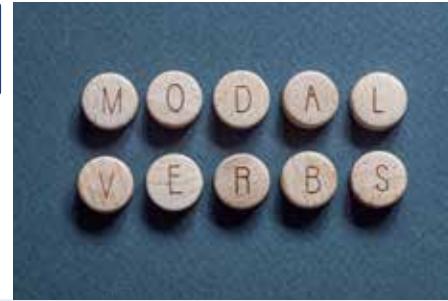


VocabBooster

to steal someone’s identity	to have to live with what someone posts
to attack someone in the digital world	to illegally download music/videos
to not share any private information	to (not) hide behind a screen name
to figure out one’s identity	to trust one’s gut instinct
to pretend to be someone else	to be traceable on the Internet
to get in trouble with the law	to be impossible to delete something
posts will not disappear	to use one’s personal information

3 Language in use: You should not give your password to anybody.

Trouble-free grammar: Modal verbs 1
(need to/needn't/have to/don't have to/
mustn't/should/shouldn't/be allowed to/
not be allowed to)



We use **modal verbs** with a main verb to express **necessity, obligation, permission, possibility, or ability**. We also use modal verbs to make suggestions or give advice.

We use **need to** to express **necessity**.

Users **need to** be cautious about sharing personal information online.

We use **needn't** to express that there is **no need or obligation** to do something.

You **needn't** worry about remembering all your passwords, there are password managers available, which you can use.

We use **have to** to express an **obligation that comes from somewhere else** (a person/an institution/the law).

Parents **have to** educate their children about online predators.

The Internet service provider **has to** ensure a reliable Internet connection.

Andrei **had to** delete his social media account because he had been hacked.

We use **don't have to** to express that there is **no obligation or necessity to do something**.

Bloggers **don't have to** publish new content every day.

She **didn't have to** make a factory reset of her computer after being hacked.

We use **mustn't** to express **that something is forbidden**.

We **mustn't** post pictures of others without their permission.

Nala **mustn't** download music illegally from the Internet.

We use **shouldn't** to express **what is not the right thing to do**.

Internet users **shouldn't** click on suspicious links.

We use **should** to give **advice or an opinion**.

When you are online, you **should** be careful about what you post.

We use **be allowed to** to express **permission**.

Aisha **is allowed to** use her smartphone before going to bed.

Subscribers **are allowed to** download music for free.

Malik **was allowed to** use his dad's notebook.



We use **not be allowed to** to express **that something is forbidden**.

Students **are not allowed to** use their smartphones during the lessons.

My younger sister **is not allowed to** have an *Instagram* account.

We **were not allowed to** use our smartphones on the school trip.



THINK BEFORE YOU CLICK!

3 a
Language
in use

Have a look at the VocabBooster. Write down sentences what Internet users *should do/need to do* or *should not do* in order to stay safe on the Internet. Look up all the words you do not know in an online dictionary. An example has been given for each category. Compare your results with a partner.

VocabBooster

to click on suspicious links ■ to update one's software regularly ■ to believe everything one reads online ■ to change passwords once in a while ■ to install an antivirus programme ■ to download attachments from unknown sources ■ to use weak passwords ■ to respect copyright laws ■ to only browse secure websites ■ to use a password which is easy to guess

What Internet users should do/need to do

Internet users should/need to update their software regularly.

What Internet users should not do

Internet users should not click on suspicious links.

3 b
Language
in use

Have a look at the sentences (1–9). Underline the correct modal verb. Compare your results with a partner.

- 1 You *should/are allowed to* use different passwords for different websites in order to stay safe online.
- 2 On some social network sites you *have to/are allowed to* choose a username when creating an account.
- 3 Users *mustn't/needn't* create a *Snapchat* account with false information, as this is a violation of their terms.
- 4 As it is important to maintain some privacy, you *needn't/have to* share every detail of your personal life online.
- 5 By accepting their privacy policy, the website *is allowed to/should* sell your email address to other companies.
- 6 The Internet has a great memory, that's why you *should not/do not have to* post rude comments.
- 7 You *have to/are allowed to* be careful when meeting online friends in real life for the first time.
- 8 Students *mustn't/needn't* download films and videos using the school WiFi.
- 9 On our website users *needn't/are not allowed to* worry about entering credit card information.

3 c
Language
in use

Are you allowed to use your smartphone in school? If yes, what are you allowed to do? What are you not allowed to do? Get into pairs and write down full sentences. An example has been given. Share your results in class.

We are allowed to ...

We are allowed to look up words in an online dictionary in the English lessons.



We are not allowed to ...

We are not allowed to answer phone calls during the lessons.

4 Listening: What makes a password safe?

4 a
Speaking

Get into pairs and discuss the following questions.

- 1 How many different passwords do you have? How do you remember them?
- 2 How secure would you say are your passwords on a scale of one to ten, one being very weak and ten being very secure?
- 3 Have you ever been hacked on the Internet? If yes, which account/s was/were hacked? What did you do about it?

4 b
VocabBooster
www

Have a look at the VocabBooster. Complete the phrases using a word from the box. Look up all the words you do not know in an online dictionary. Compare your results with a partner.

scam □ to add □ good at □ account □ secure □ password □ to discover □ to cause □ to hack

VocabBooster

1	to _____ someone's bank account/private files
2	to _____ terrible damage
3	to know what makes a _____ strong/weak
4	to be very _____ guessing passwords
5	to be easy to _____
6	to _____ upper case letters/numbers/special characters
7	to be a _____
8	to log in/log out of an _____
9	to feel a little more _____



THINK BEFORE YOU CLICK!

4 c

Listening

Track 7

Test format

Short answers



You are going to listen to a talk by an IT specialist about how to create safe passwords. First you will have 45 seconds to study the task below, then you will hear the recording twice. While listening, complete the sentences (1–6) using a maximum of four words. Write your answers in the spaces provided. The first one (0) has been done for you. After the second listening, you will have 45 seconds to check your answers.



How to create a safe password

0	It is essential to have knowledge about how a password can be _____.	strong and secure
1	People who want to steal your password are sometimes helped by _____.	
2	Your password should never contain _____. (Give one answer.)	
3	It is particularly difficult for a machine to guess your password if it is not in _____.	
4	Trusting your loved ones with a password is _____.	
5	If a stranger wants to know your password, it might be a _____.	
6	If you use a computer away from home, you must not forget to _____.	

4 d

Speaking

Get into pairs and discuss the following questions. Use appropriate words/phrases from the VocabBooster in activity 4b.

- According to the talk, what makes a password safe/weak?
- Why should you not give your password/s to any other person?
- Why is it important to be careful when someone asks you for your password by email?

5 Speaking: Are you a good digital citizen?

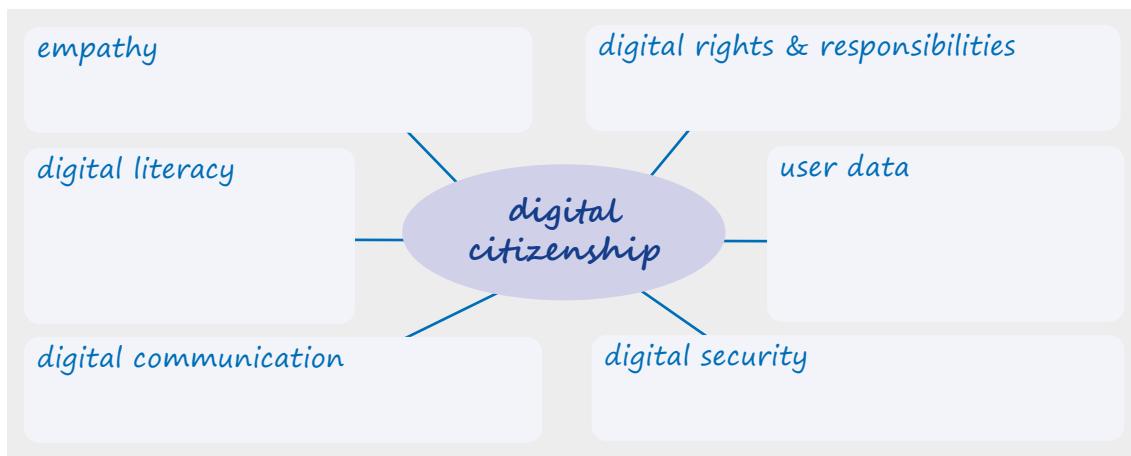
5 a

Speaking
www

Step 1: Have a look at the infographic about digital citizenship. Then take notes on the most important information in the mind map on page 79. Look up all the words you do not know in an online dictionary.

Digital citizenship

Empathy Everyone on the Internet is a person just like you. They have their own feelings, beliefs, and experiences that shape how they act. Don't judge too fast, or forget to consider someone else's side!	Digital literacy When you read information online, think about: 1. What it means 2. Where it originated 3. If it's accurate or not 4. Why the person wrote or created it	Digital rights & responsibilities No matter when or where you are on the Internet, remember that you have rights! You have the right to your privacy and freedom of speech, and everyone else does too.
User data Every website you go on collects data, but the data can vary depending on the site. Most companies use this information to make sites better, but some also sell it or use it against you.	Digital security Every device that connects to the Internet can be broken into or accessed, so every single one has to be secured. To do that, create strong passwords, use a VPN when accessing sensitive information, and use antivirus software.	Digital communication When you exchange information with someone online, be sure you know who it is going to, what they will do with it, and who they might share it with. Remember, always verify before you share!



Phrases for summarising
> page 166

Step 2: Get into pairs. Summarise what it means to be a digital citizen. Use your notes from the mind map in Step 1. Take turns.



5 b
Vocabulary

What should a good digital citizen do/not do? Have a look at the VocabBooster and write the phrases in the appropriate category in the table below. Compare your results with a partner.

VocabBooster

to trust everyone online ■ to not judge too fast ■ to think about how one's comments/posts will make someone feel ■ to share personal information online ■ to keep one's passwords secret ■ to do illegal things like downloading music, videos or films without authorisation ■ to believe everything one sees/reads online ■ to ask before posting someone's pictures ■ to always think carefully about what one says/posts online ■ to always follow a country's laws online ■ to forward offensive messages ■ to open emails from people one does not know

What should a good digital citizen do?	What should a good digital citizen not do?

5 c
Speaking
Test format
Interaction
www

You are taking part in the *Digital Citizenship Week*, organised by the *Council of Europe*. In an online workshop session, you and another participant have been asked to speak about the topic of digital citizenship. In your conversation you should

- inform the other participants about your online behaviour (*how often you are online, what you do online, etc.*)
- explain why you think you are/you are not a responsible digital citizen
- point out what a good digital citizen should do/should not do.

Use appropriate phrases from the VocabBooster in activity 5b.

>



THINK BEFORE YOU CLICK!

Step 1: Before you start speaking, read the bullet points carefully and take notes in the table. Do some online research if you need help.

bullet point 1

bullet point 2

bullet point 3

Interaction
phrases
> page 165

Step 2: Get into pairs and start your conversation. Speak for about four minutes.

6 Language in use: My email account was hacked yesterday.

Trouble-free grammar: Passive constructions

We use **passive constructions** to **describe processes** and to **give instructions**. Furthermore, they are very often used in **newspaper articles**.

am/is/are
was/were
have been/has been
had been
will be
am/is/are going to be

+ past participle (*3rd form of the verb*)

Malware **is removed** from our computer using antivirus software.

Phishing emails **were used** by hackers to trick my grandmother into giving away her passwords.

The antivirus programme **has been downloaded** by many people so far.

Updates **will be installed** automatically to your computer.

A workshop about Internet security **is going to be organised** at my school.

Negation

Malware **is not removed** from our computer.

Phishing emails **were not used** by hackers.

The antivirus programme **has not been downloaded** by many people so far.

Updates **will not/won't be installed** automatically to your computer.

An Internet security workshop **is not going to be organised** at my school.



Questions and short answers

Is the malware **removed** from our computer? – **Yes**, it **is**. / **No**, it **isn't**.

Has the antivirus programme **been downloaded** by many people? – **Yes**, it **has**. / **No**, it **hasn't**.

Please note:

When we use the passive, **who or what causes the action** is often unknown or not important. If we want to say **who** or **what** causes the action, we use **by**.

Over £ 17 million **were stolen** in the biggest UK credit card fraud **by** a gang of international fraudsters.

6 a
Language in use

Complete the sentences (1–9). Use the appropriate passive form of the verb. Mind the tenses. Compare your results with a partner.

- 1 A worm _____ (remove) from my smartphone yesterday, now it works properly again.
- 2 Boris' notebook _____ (infect) with a virus recently.
- 3 I found out that a new app _____ (install) on my smartphone during the last software update.
- 4 Money _____ (take) from Aisha's bank account after being hacked.
- 5 I hope that phishing emails _____ (delete) by the new spam filter.
- 6 Amari's social media account _____ (block) since last Friday.
- 7 Zahara's email account _____ (restore) after the ban period is over.
- 8 Suspicious activities _____ (detect) on Pavel's bank account some time ago by the bank clerk.
- 9 Posting inappropriate content on the school's *Instagram* account _____ (forbid).

6 b
Language in use

Have a look at the sentences (1–9). Rewrite them using passive constructions. Use a *by-object* if suitable. Mind the tenses. The first one (0) has been done for you. Compare your results with a partner.

- 0 Somebody accused him of sending hate mail.
He was accused of sending hate mail.
- 1 The credit card company gave me the stolen money back.
I
- 2 The police asked Svetlana some questions concerning the phishing scam.
Svetlana
- 3 The social media platform has deleted many inappropriate posts recently.
Many inappropriate posts
- 4 They will pay Jenea much money for hosting the Internet security workshop.
Jenea
- 5 A fraudster called Noura to get some personal information.
Noura
- 6 Two German IT experts invented the first antivirus software in 1971.
The first antivirus software
- 7 In 1987 John McAfee founded the *McAfee* company.
The *McAfee* company
- 8 My uncle's company is going to ask an IT specialist to install a better firewall.
An IT specialist
- 9 Amari will invite Fatima to the IT conference next June.
Fatima

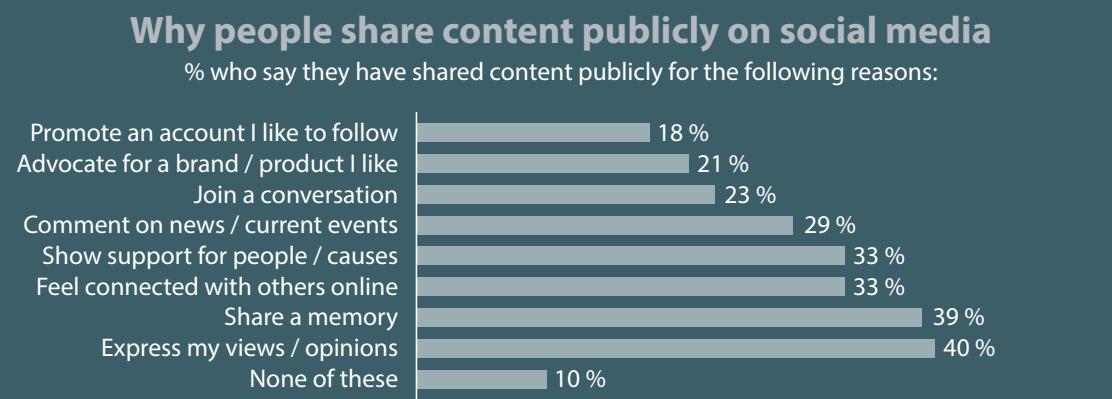


THINK BEFORE YOU CLICK!

7 Writing a blog comment: Do you care about your privacy online?

7 a Have a look at the bar chart and complete the sentences (1–8) below. Sometimes there is more than one possibility. Compare your results with a partner.

Vocabulary



Based on a survey of 2,026 US Internet users aged 16+ who use social media more than 30 minutes per day.

MarketingCharts.com, 2022

- 1 The bar chart shows _____ in percentage points.
- 2 The survey was conducted by _____ in _____.
- 3 _____ US Internet users were interviewed.
- 4 The survey shows the results of Internet users aged _____ who use social media more than _____.
- 5 The most common reason why people share content publicly on social media is to _____, which was chosen by _____ % of respondents.
- 6 The bar chart shows that the number of Internet users who share content publicly because they want to _____ is rather high.
- 7 According to the chart, approximately 29 % of US Internet users share content publicly because they want to _____.
- 8 Only 21 % of Internet users who share content publicly want to _____.

Phrases for
describing
charts and
diagrams
> page 166

7 b Get into pairs and discuss the following questions. Use appropriate phrases from the VocabBooster below.

Speaking

- 1 Do you prefer to post your own content or watch/comment on other people's content?
- 2 If you post your own content, what do you like to share on social media? Why?
- 3 What kind of reactions do you hope to get when you share something on social media?
- 4 Have you ever seen/read something on social media that made you uncomfortable? What did you do? Explain.
- 5 What do you do if you see something on social media that you think might be fake or misleading?

VocabBooster

to get likes/comments/shares/supportive messages	to feel upset/anxious/confused
to share photos/memes/funny videos/updates about one's private life/inspirational quotes	to have a negative impact on people's mood
to receive positive reactions to one's post(s)	to check if the information is true
to appreciate someone's content	to report content
to help people feel connected	to correct the information
	to not share the misinformation further

7 c

Writing

Text type
Blog comment
> page 173

You came across the following blog entry on www.teen-tech.com.

Sharing excessively is not caring?

by John_2015

17 May, 3:45 pm

Teenagers share and like everything online – thoughts, plans, photos. They are young, and they often don't care about privacy.

However, they should be made aware of the importance of their online behaviour. Far more should be done in schools to teach teenagers to be more concerned about the future impact of their online profile and reputation.

Teenagers out there, do you agree?

Can't wait to read your comments!



You have decided to comment on this blog entry. In your blog comment you should

- explain which content you share online
- give reasons why many teenagers excessively share information about their private life online
- suggest what could be done to make young people more aware of the risks of sharing too much information online.

Use appropriate phrases from the VocabBooster in activity 7b. Write about 180 words.



8 Review

8 a

Language
in use

Step 1: Have a look at the sentences (1–9). Fill in an appropriate modal verb (*need to/needn't/have to/don't have to/mustn't/should/shouldn't/be allowed to/not be allowed to*). Mind the tenses. Sometimes there is more than one possibility. Compare your results with a partner.

- 1 You _____ give your email address to people you do not know because you might get a lot of spam email.
- 2 Children under 13 _____ have an *Instagram* account.
- 3 If your identity gets stolen, you _____ immediately report it to the police.
- 4 Internet users _____ be careful when downloading free software.
- 5 Online shoppers _____ check for secure payment methods.
- 6 Malik's parents always tell him that he _____ share his passwords with anyone online.
- 7 After subscribing to the website, I _____ download music.
- 8 When signing up for *Snapchat*, you _____ choose your username carefully as it can only be changed once a year.
- 9 You _____ spend so much time online to stay informed; a few minutes a day can be enough.

Step 2: Get into pairs. Have a look at the sentences where more than one modal verb can be used. Explain the difference in meaning. Have a look at the *Trouble-free Grammar* box on page 75 if you need help.



THINK BEFORE YOU CLICK!

8 b

Have a look at the sentences (1–9). Fill in the appropriate verb form (*active or passive*). Mind the tenses.

- 1 Jelena _____ (avoid) spreading misinformation online.
- 2 How often _____ you _____ (tag) on social media platforms in the last two weeks?
- 3 95 per cent of the songs available online _____ (download) illegally.
- 4 Boris always _____ (give) credit to creators when using their content.
- 5 My new notebook _____ (hack) a few days ago. What should I do now?
- 6 Nora always _____ (think) twice before clicking on links.
- 7 Copyright laws _____ (not always, respect) by content creators.
- 8 Stolen credit cards _____ (sell) on the dark web for under € 1.
- 9 Being proactive about online safety _____ (involve) regularly updating our privacy settings.

8 c

Have a look at the box. Match the words in A with the appropriate ones in B to make meaningful phrases. Then write down meaningful sentences on the topic of how to stay safe on the Internet.

A	B
to steal	1
to log out	2
to be impossible	3
to be traceable	4
to not click	5
to change	6
to respect	7
to only browse	8
to install	9
	a to delete something
	b secure websites
	c passwords once in a while
	d someone's identity
	e copyright laws
	f of an account
	g on the Internet
	h on suspicious links
	i an antivirus programme

8 d

Speaking
Test format
Individual
long turn
www

You are currently doing an English project on Internet safety at school. You have been asked to give a 3-minute presentation on this topic. In your presentation you should

- define the term *Internet safety*
- point out possible risks on the Internet
- suggest ways of protecting your online identity.



Step 1: Before you start speaking, read the bullet points carefully and take notes in the table. Do some online research if you need help.

bullet point 1

bullet point 2

bullet point 3

Presentation phrases
> page 165

Step 2: Get into pairs and give your presentation. Take turns.

8 e

Writing
www

Text type
Blog entry
> page 172

Saferinternetday.org has asked teenagers to write blog entries on their online behaviour. You have decided to also upload a blog entry on their website. In your blog entry you should

- inform your readers about your online behaviour (*what you do online, how long you are online daily, which website/social media platform/s you use, etc.*)
- outline the benefits of using the Internet
- advise your readers how to use the Internet responsibly.



Give your blog entry a title. Write about 180 words.

Before you start writing, read the bullet points carefully and take notes in the table. Do some online research if you need help.

bullet point 1

bullet point 2

bullet point 3



THINK BEFORE YOU CLICK!

Key vocabulary

Internet key terms

cloud computing firewall
cookie hashtag
cybersecurity link

meme streaming
phishing to go viral
search engine trending

Talking about my online behaviour

to usually spend ... hours a day online
to like chatting/playing online games/streaming (music) videos ... the most
to use voice calls/instant messaging ... to communicate with friends
to receive lessons on how to do research on the Internet/
use artificial intelligence responsibly/stay safe on the Internet

to use trustworthy sources
to compare information
to look for up-to-date sources
artificial intelligence does not always produce correct answers
to evaluate information provided by artificial intelligence critically

How to stay safe on the Internet

hacker/spammer/predator
to steal someone's identity
to attack someone in the digital world
to not share any private information
to figure out one's identity
to pretend to be someone else
to get in trouble with the law
posts will not disappear
to have to live with what someone posts
to illegally download music/videos
to (not) hide behind a screen name
to trust one's gut instinct
to be traceable on the Internet

to be impossible to delete something
to use one's personal information
to not click on suspicious links
to update one's software regularly
to not believe everything one reads online
to change passwords once in a while
to install an antivirus programme
to not download attachments from unknown sources
to not use weak passwords
to respect copyright laws
to only browse secure websites
to use a password that is easy to guess

What makes a password safe?

to hack someone's bank account/private files
to cause terrible damage
to know what makes a password strong/weak
to be very good at guessing passwords
to be easy to discover

to add upper case letters/numbers/special characters
to be a scam
to log in/log out of an account
to feel a little more secure

Are you a good digital citizen?

What should a good digital citizen do?
to think about how one's comments/posts will make someone feel
to keep one's passwords secret
to ask before posting someone's pictures
to always think carefully about what one says/posts online
to always follow a country's laws online
to not judge too fast

What should a good digital citizen not do?
to trust everyone online
to share personal information online
to do illegal things like downloading music, videos or films without authorisation
to believe everything one sees/reads online
to forward offensive messages
to open emails from people one does not know

Sharing information online

to get likes/comments/shares/supportive messages
to share photos/memes/funny videos/updates about one's personal life/inspirational quotes
to receive positive reactions to one's post(s)
to appreciate someone's content
to help people feel connected

to feel upset/anxious/confused
to have a negative impact on people's mood
to check if the information is true
to report content
to correct the information
to (not) share the misinformation further

VocabExtra
www.hpt.at/qr_225471



Have a look at the following can-do statements. They can help you to find out more about the progress you have made so far. Tick whatever is true for you. Be honest with yourself!

☺ = It is easy for me and I do not have any problems with it.
☻ = I need to briefly look at the structures and the phrases again.
☹ = I find it hard to do.

Speaking	☺	☻	☹
I can speak about the importance of music in my life.			
I can give a presentation about my favourite song.			
I can speak about music festivals.			
I can speak about the reasons and dangers of hearing loss.			
I can speak about the importance of noise protection.			
I can give a presentation about the problem of noise at schools.			
I can speak about megacities.			
I can give a presentation about a megacity.			
I can speak about traditions and festivities in the UK.			
I can speak about how to make the area where I live more sustainable.			
I can discuss the advantages and disadvantages of living in the city/countryside.			
I can create an interview for a teen magazine about the best places to live for teens.			
I can speak about what I notice first when I see someone for the first time.			
I can speak about how to make a great first impression.			
I can create different business dialogues.			
I can speak about the importance of teamwork.			
I can summarise an article about what teamwork is and why it is important.			
I can give a presentation about bullying and its consequences.			
I can discuss why making a good first impression is important.			
I can speak about the importance of technology in my everyday life.			
I can speak about living in a smart home.			
I can give a presentation about the advantages and disadvantages of living in a smart home.			
I can speak about where artificial intelligence is already used today.			
I can summarise an interview about Ameca, one of the most advanced human-shaped robots.			
I can summarise the results of a survey about technical devices in US homes.			
I can create an interview for a teen magazine about living in a smart home.			
I can speak about my online behaviour.			
I can discuss Internet safety tips.			
I can speak about what makes a password safe.			
I can discuss what it means to be a good digital citizen.			
I can speak about what I share online.			
Writing	☺	☻	☹
I can write an informal email about a music festival I would like to go to.			
I can write an informal reply email about a project at school.			
I can write a blog comment about living in a megacity.			
I can write a description about the area where I live.			
I can write a formal reply email organising an anti-bullying workshop at my school.			
I can write a blog comment about teamwork.			
I can write a blog entry about the advantages and disadvantages of using smart devices.			
I can write an informal reply email informing my penfriend about robots.			
I can write a blog comment about online privacy.			
I can write a blog entry about my online behaviour.			

Reading	😊	😐	😢
I can understand the main idea of an article about hearing loss.			
I can understand the main idea of an article about London becoming a sustainable city.			
I can understand the main idea of an article about teamwork.			
I can understand the main idea of an article about an environmentally-friendly smart home.			
I can understand the main idea of an article about Internet safety.			
Listening	😊	😐	😢
I can understand an interview with a health and safety coordinator about noise in the workplace.			
I can understand a news report about the 15-minute city.			
I can understand different business dialogues.			
I can understand an interview about bullying in the workplace.			
I can understand an interview with Ameca, one of the most advanced human-shaped robots.			
I can understand a talk with an IT specialist about how to create safe passwords.			
Language in use	😊	😐	😢
I can use the present tense simple appropriately.			
I can use the past tense simple appropriately.			
I know the basics of word order.			
I can use questions tags appropriately.			
I can use prepositions of place and time appropriately.			
I can use relative clauses appropriately.			
I can use the present perfect tense simple appropriately.			
I can use the conditional type I appropriately.			
I can use adjectives and adverbs appropriately.			
I can use comparisons of adjectives appropriately.			
I can use the conditional type II appropriately.			
I can use modal verbs (<i>need to/needn't/have to/don't have to/mustn't/should/shouldn't/be allowed to/not be allowed to</i>) appropriately.			
I can use passive constructions appropriately.			

BREAK THE HABIT

Unit overview

Warm-up	Common addictions among teenagers	89
Language in use	You may have to face the consequences.	91
Listening	Are addictions more likely among teenagers?	93
Writing	Writing a blog entry: Ready to quit	95
Language in use	Some good pieces of advice	96
Reading	Teen Internet addiction	98
Speaking	Teens in the digital age	100
Review		101
Key vocabulary		103



1 Warm-up: Common addictions among teenagers

1 a

VocabBooster
www.eslgold.com

Step 1: Get into pairs. Have a look at the VocabBooster. Write down the names of the addictions below the pictures (1–6). Add any other addictions that come to your mind and write them down. Do some online research if you need help.

VocabBooster
www.eslgold.com

drug addiction ■ Internet addiction ■ smoking addiction ■ alcohol addiction ■ shopping addiction ■ chocolate addiction



1 _____



2 _____



3 _____



4 _____



5 _____



6 _____

<input type="checkbox"/>	
<input type="checkbox"/>	

Step 2: Have a look at the addictions in Step 1. Which do you think are the most common ones among teenagers? Rank them in order from most common to least common. Write your answers in the table on page 90 (*first ranking*). Then discuss your results with a partner and agree on a second ranking together. Write your answers down.

>



BREAK THE HABIT

	first ranking	second ranking
1		1
2		2
3		3
4		4
5		5
6		6

LanguageBox

I think that ... (*name of addiction*) is most common among teenagers because ...
 Being addicted to ... is/is not as common because ...
 I believe that ... (*name of addiction*) is a big problem for teenagers nowadays because ...
 I really must say that ... (*name of addiction*) is my number 1/my number 2 ... because ...
 From my point of view, ... (*name of addiction*) does not affect so many teenagers because ...
 In no way can I agree with you here because I don't know anyone who suffers from this addiction.
 Well, in that case, I can see your point.

1 b

Speaking www

Get into pairs and discuss the following questions. Use your notes from activity 1a and appropriate phrases from the VocabBooster below. Do some online research if you need help.



- 1 How do you define an addiction? Try to say it in your own words.
- 2 Why do young people start to develop an addiction? Give reasons.
- 3 How can young people be protected from addiction?

VocabBooster

to relieve stress	to experiment with something	to be proud of oneself
to feel good	to boost one's self-esteem	to increase the price of legal drugs
to fit in	to be under peer pressure	to raise the smoking and drinking age
to overcome problems	to inform someone about the risks and consequences	to have someone to talk to
to perform better	to have an active social life	to have someone who cares
to be curious		

1 c

Listening

You are going to listen to four telephone conversations on problems with different addictions. While listening, fill in the missing words or phrases (1–15). The first one (0) has been done for you. Compare your results with a partner.

Track 8

Telephone conversation 1



Kathrin Jackson: Good morning. *Wisconsin Drug-counseling Center*, Kathrin Jackson speaking ⁰.

Maria Foster: Hello. My name is Maria Foster. 1 because of my son. I'm really worried, as I found marijuana in his school bag. What can I do?

Kathrin Jackson: Well, Ms Foster, try to stay calm. I'll put you through 2, where you can speak to Sarah Wilson, who is a prestigious substance abuse counselor.

Maria Foster: Thank you very much.

Kathrin Jackson: You're welcome. Just 3.

Track 9

Telephone conversation 2



Cindy Turner: Hello. *Oasis Treatment Center*, Cindy speaking. How can I help you?

Sam Malone: Good afternoon. I'm calling 4 Dr Lebeque from *Henry Ford Hospital*. I'd like to speak to Mr Briggs, please. We need to talk to him about a patient who is suffering from a serious addiction to prescription drugs.

Cindy Turner: I'm sorry. _____⁵?

Sam Melon: Excuse me, I forgot to introduce myself. My name is Sam Malone.

Cindy Turner: _____⁶ please?

Sam Malone: Yes. M-A-L-O-N-E.



Cindy Turner: Thank you. I'm afraid Mr Briggs is _____⁷ at the moment. Would you like him to call you back?

Sam Malone: Oh, that would be great. My number is 543-2311.

Cindy Turner: I am sorry, I _____⁸. Could you repeat that, please?

Sam Malone: Of course. It's 543-2311.

Cindy Turner: Thank you. Mr Briggs will _____⁹ tomorrow afternoon.

Track 10 Telephone conversation 3



John Simmons: Hello. This is John Simmons from *Online Eating Disorder Counseling* speaking. Could you _____¹⁰ Ms McKay, please?

Leo Snyder: I'm afraid Ms McKay is in a meeting. Would you like to _____¹¹?

John Simmons: Yes, that's very kind. Please tell her that I have to cancel our meeting on Thursday and that I'll _____¹² tomorrow morning to schedule a new appointment for the beginning of next week.

Leo Snyder: No problem, Sir. I'll pass on the message.

John Simmons: Thanks. Bye-bye.

Track 11 Telephone conversation 4



Louisa Green: Hello. This is _____¹³ Louisa Green. I'm not available at the moment. Please leave a message _____¹⁴. I'll ring you back as soon as possible. Thank you.

Alex: Hi Louisa, it's me, Alex. What about going out shopping this afternoon? I know we have already been shopping six times this month but Sandra texted me. The mid-season sale has just started. I can't wait to get some bargains! Me and Sandra will be at *Westfield Shopping Centre* at 3 pm. _____¹⁵ if you can make it. It would be great if you could! See you then.

2 Language in use: You may have to face the consequences.

Trouble-free grammar: Modal verbs 2 (*may/might/could*)

We use ***may/might/could + infinitive*** to talk about situations we are not quite sure about or to express a possibility in the present or in the future.

Emily has gained some weight. She ***may be*** addicted to chocolate.

He spends five hours a day in front of his PC. He ***might lose*** his friends.

My grandpa smokes heavily, which ***could cause*** lung cancer.

Please note: May/Might do not normally have a past meaning and are not normally used in requests. We use ***could*** to express past meaning and in polite requests.

Due to her smoking addiction she ***could*** not afford to buy the festival ticket. ***Could*** you imagine helping me with the homework? – ***But: May*** I use the restroom?





BREAK THE HABIT

2 a
Language
in use

Which risks and dangers do addictions involve? Have a look at the VocabBooster and write the phrases in the appropriate category (1–6) in the table below. Sometimes there is more than one possibility. Compare your results with a partner. Use appropriate modal verbs (*may/might/could*).

VocabBooster

to be broke □ to get physically and psychologically addicted □ to gain weight □ to become a criminal □ to lose one's friends □ one's heart rate and blood pressure rise □ one's school/work performance suffers □ to cause lung cancer □ to get bad eyesight □ to suffer from diabetes □ to cause memory loss □ to overdraw one's bank account □ to have high cholesterol levels □ to have bad breath □ to suffer from serious withdrawal symptoms □ to get aggressive more easily □ to suffer from obesity □ to start to shiver □ to get a headache

addiction	risks, dangers and consequences
1 smoking addiction	
2 shopping addiction	
3 alcohol addiction	
4 chocolate addiction	
5 drug addiction	
6 Internet addiction	

2 b
Language
in use

Have a look at the sentences (1–8). Write down what the person *may/might/could* suffer from or what the person *may/might/could* have done. The first one (0) has been done for you. Compare your results with a partner.

0 Eren's colleague is often late for work.

He may/might/could suffer from alcohol addiction.

1 Irmi has high cholesterol levels.

2 Mr Harrison's bank account is overdrawn.

3 My best friend has very bad skin.

4 One of my classmates gets aggressive very easily.

5 Seyda's personality has changed a lot in the last few months.

6 Fabio has such a terrible headache.



7 Paolo has not left his room for three days.

8 Larissa goes shopping every second day.

3 Listening: Are addictions more likely among teenagers?

3a

Vocabulary

Have a look at the VocabBooster. Match the words/phrases in A with the appropriate definitions/synonyms in B. Compare your results with a partner.

VocabBooster

	A	B
to be likely	1	<input type="checkbox"/> a the regular consumption of illegal or dangerous drugs
to experiment	2	<input type="checkbox"/> b to be enjoyable
to develop something	3	<input type="checkbox"/> c correct or appropriate medical care, therapy or surgery
substance use	4	<input type="checkbox"/> d to succeed in controlling something or dealing with something
to overreact	5	<input type="checkbox"/> e something will probably happen or is expected
to be pleasurable	6	<input type="checkbox"/> f to stop yourself from doing something that you want to do
judgement	7	<input type="checkbox"/> g the unpleasant physical and mental effects that result when you stop taking drugs
to lack willpower	8	<input type="checkbox"/> h to not have the ability to control one's own thoughts, actions and the way you behave
to resist	9	<input type="checkbox"/> i return to health from sickness
to overcome	10	<input type="checkbox"/> j to try something in order to discover what it is like or find out more about it
withdrawal symptoms	11	<input type="checkbox"/> k to become affected by something, to start to suffer from something
proper treatment	12	<input type="checkbox"/> l a decision that you make, or an opinion that you have about someone/something
recovery	13	<input type="checkbox"/> m to behave in an exaggerated way/more emotionally than expected



BREAK THE HABIT

3 b

Listening

Listening Track 12

Test format



You are going to listen to a radio interview about teenagers and addictions. First you will have 45 seconds to study the task below, then you will hear the recording twice. While listening, choose the correct answer (A, B, C or D) for each question (1–6). Write your answers in the spaces provided. The first one (0) has been done for you. After the second listening, you will have 45 seconds to check your answers.

Are addictions more likely among teenagers?

0 A lot of teens who have experimented with dangerous substances

- A will not try to avoid them later.
- B will not continue with them.**
- C will get addicted to other things.
- D will be killed by them.

1 If teens are told what their faults are

- A they will learn to believe them very quickly.**
- B it will affect how their brain develops.
- C they will become more dangerous to others.
- D they will adapt these destructive thoughts very quickly.

2 Because teen brains are still growing

- A they should not be trusted to drive.
- B they often make unsafe activities more unsafe.
- C they make safe activities less safe.
- D they have no willpower.**

3 One positive aspect of teenage naivety and carelessness is

- A they can educate themselves.
- B they can try drugs and alcohol early before their brain develops.
- C they can be emotional with few bad results.
- D they have more difficulties with anxiety.**



4 **Teens often feel pushed to do things**

- A because of the drugs they take.
- B because of how anxious they are.
- C by almost everyone they know in their lives.
- D by their closest friends.

5 **Teens often abuse substances because they**

- A are able to find drugs or alcohol nearly everywhere.
- B feel uncomfortable with themselves.
- C are worried about becoming addicted to drugs or alcohol.
- D are surprised by the ways their bodies are changing.

6 **The effects of stopping drug use are usually**

- A impossible for most people to completely recover from.
- B only temporary for teens.
- C less critical for teens compared to adults.
- D more serious for teens than for adults.

0	1	2	3	4	5	6
B						

3c

Speaking

Speaking

Step 1: Go online and do some research on a film, TV/streaming series, or book that is about any kind of addiction. Take notes in the table.

my notes	
1	title of the film/TV/ streaming series/book
2	description of the main character
3	type of addiction
4	how the addiction affects the main character
5	if/how the main character manages to overcome the addiction

Step 2: Get into pairs and share your findings. Use your notes from Step 1 and appropriate phrases from the Language Box. Speak for about three minutes. Take turns.

LanguageBox

The title of the film/TV/streaming series/book is ...
 The main character of the film/TV series/book is called ... and he/she is ...
 ... (*name of the main character*) seems to be ...
 He/She suffers from ... (*type of addiction*).
 The addiction affects his/her life in many negative ways. For instance, ...
 In addition, ...
 Due to his/her addiction, the main character ...
 On top of that, he/she ...
 Finally, the main character manages to overcome his/her addiction by talking/searching/doing ...



4 Writing a blog entry: Ready to quit

4 a

Writing

Text type

Blog entry

> page 172

You have been doing something excessively/too much for quite some time and have now managed to stop. Write a blog entry on your blog www.mylife.com.



In your blog entry you should

- explain how the excessive behaviour influenced your life negatively
- outline how you finally managed to quit
- discuss why many teens get addicted to something/start doing something excessively.

Step 1: Before you start writing, read the bullet points carefully and take notes in the table. Use appropriate phrases from the VocabBooster below.

bullet point 1

bullet point 2

bullet point 3

VocabBooster

to develop an excessive behaviour/habit	to lack knowledge
to not be able to think of anything else	to be naïve
to be controlled by something	to be curious
to become a top priority in one's life	to be under peer pressure
to talk to a person you trust/a teacher/a professional	to overcome mental health issues
to admit an addiction	to escape from problems with one's parents/school
to ask for help	to boost one's self-confidence
to (not) realise the consequences of one's actions	

>



BREAK THE HABIT

Step 2: Now write your blog entry. Use the phrases from the LanguageBox and your notes from the table in Step 1. Give your blog entry a title. Write about 200 words.

LanguageBox

Title

by ... (your name)

19 January, 8:15 pm

I've always loved/liked/been interested in ... and so at some point I realised I was doing it excessively/I ended up getting addicted to it.

It was one day in ... (name of month/year) when I first tried/drank/ate/played ...

From then on, I ... many hours a day/every day/ten times a day ...

Soon I found out that ... was not good for me. It made me feel so ...

On top of that, ...

I tried to stop, but it was too difficult for me.

I suffered from ...

Then I read .../phoned .../talked to ... and this finally helped me.

I am so happy/relieved!

Well, from my point of view, the reason why many teens get addicted to something/start doing something excessively is ...

I also believe that ...

What do you think about that? Can't wait to read your comments!

... (your name)

5 Language in use: Some good pieces of advice

Trouble-free grammar: Tricky plural nouns 1

Some nouns have an **irregular plural**:

wife – wives

potato – potatoes

man – men

child – children

knife – knives

tomato – tomatoes

woman – women

person – people

life – lives

foot – feet

mouse – mice

half – halves

tooth – teeth

Uncountable nouns have **no plural** and you **cannot use indefinite articles (a, an)**:

Food & drink: milk ▪ tea ▪ bread ▪ cheese ▪ soup

Weather: rain ▪ snow ▪ sunshine ▪ fog

Feelings: luck ▪ love ▪ fear

Other words: furniture ▪ fruit ▪ homework ▪ vocabulary ▪ luggage ▪ equipment
advice ▪ information ▪ knowledge ▪ experience ▪ trouble ▪ behaviour ▪ damage

Please note: Add *pieces of* or *bits of* to count uncountable nouns.

He gave me *some pieces of* advice.

The tourist guide gave us only *bits of information* on the beautiful sight.



These nouns are the same in singular and plural:

fish ▪ salmon ▪ aircraft ▪ sheep

5 a

Language
in use

Have a look at the sentences (1–9). Underline the correct form of the nouns. Compare your results with a partner.

- 1 The novel is about a gambling addict in Las Vegas who has two *wifes/wives*.
- 2 The rehab centre ordered new *furniture/furnitures* to improve comfort for patients and staff.
- 3 Teo gathered a lot of *information/informations* for his book presentation about shopping addiction.

4 We had *sunshine/sunshines* all day long.

5 Dario tries to learn new *vocabulary/vocabularies* every day to improve his English skills.

6 It was hard to carry all the *luggage/luggages*.

7 She gave me some good *advice/advises* on how to quit the bad habit.

8 We need to protect the *fishes/fish* in the sea from overfishing.

9 Neil bought some fresh *bread/breads* at the local bakery.



Trouble-free grammar: Tricky plural nouns 2

These plurals **cannot be used in singular form**:

clothes ▪ jeans ▪ trousers ▪ pants ▪ scissors ▪ thanks ▪ goods ▪ surroundings ▪ savings ▪ people



Some nouns are plural in form and take a singular verb:

athletics ▪ billiards ▪ economics ▪ gymnastics ▪ physics ▪ politics ▪ news

5 b

Language
in use

Have a look at the sentences (1–9). Fill in an appropriate noun from the box. Compare your results with a partner.

politics – surroundings – scissors – physics – athletics – news – billiards – savings – clothes

1 In the holidays my family does a lot of sports. For the rest of the year we are usually not into _____.

2 This _____ comes as a surprise to everyone.

3 _____ means “knowledge of nature” and is a natural science.

4 The student is very interested in articles about _____ as this will be her first time voting.

5 Frija lives in the _____ of Helsinki in a town called Kirkkonummi.

6 I cannot find my only pair of _____ anymore. I must have lost them.

7 Sean has managed to be financially independent and is proud of his _____.

8 Adelina always donates _____, which she doesn’t wear anymore, to charity.

9 Tina and Steven love to play _____.

5 c

Language
in use

Read the following text and find eight plural noun errors. Underline them and write the correct plural form in the table. The first one (0) has been done for you. Compare your results with a partner.

A summer's day

1 In the last few days the sun has been shining all day long and so most persons use the beautiful weather to relax by the beach. From the early morning hours onwards there are also many childs because 5 they do not have to do any homeworks. Many families bring along sports equipments to exercise

a little bit as well. On the other side of the lake you can see man who have already caught some fishes. If you don’t want any damages to your skin, follow the advices of the news that everyone should wear 10 suntan lotion. It would be perfect if there were no aircrafts starting and landing all the time nearby.

0 <u>people</u>	1	3	5	7
2	4	6	8	



BREAK THE HABIT

6 Reading: Teen Internet addiction

6 a Vocabulary

Have a look at the VocabBooster. Match the words/phrases in A with the appropriate definitions/synonyms in B. Compare your results with a partner.



VocabBooster

	A	B
to respond to	1	a an amount, often shown as a number out of 100
percentage	2	b to show frequent changes in one's feelings and behaviour
threat	3	c knowledge of how to behave, communicate and interact with each other
mental health	4	d a person's condition with regard to their psychological and emotional well-being
compulsive	5	e to not be confident about oneself; to lack certainty
to be moody	6	f to answer, to reply to
escape	7	g a penalty or sanction given for any crime or offence
social skills	8	h becoming free or getting away from a place
to feel insecure	9	i doing something a lot and being unable to stop doing it
punishment	10	j a danger that something unpleasant might happen

6 b

Reading

Test format True / False



Read the article about teen Internet addiction. First decide whether the statements (1–6) are true (T) or false (F) and put a cross (x) in the correct box. Then correct the wrong statements and rewrite them. The first one (0) has been done for you.

Teen Internet addiction

1 According to a recent survey, almost 50 % of British teenagers say they feel addicted to the Internet. This finding illustrates that many young people feel they have lost control over their use of digital interactive media. Of the 10,000 teens who responded, 48 % said they agreed or strongly agreed with the statement "I think I am addicted to the Internet". A higher percentage of girls agreed compared to boys, according to the data.

10 Scientists say this does not mean that the young people are actually suffering from a medical addiction, but their mentioned lack of control suggests a highly problematic relationship. Internet addiction is not necessarily the same as

15 drug addiction but it is not a healthy feeling to know you don't have control over your own behaviour. Even the *World Health Organization* is quite alarmed that so many teens feel like that, and has recently declared 'gaming disorder' a classical disease.

20 Earlier this year, the UK Health Minister announced that social media is a serious threat to young people's mental health and well-being. With kids aged 8 to 18 spending on average 44.5 hours per week in front of screens, parents are becoming more and more worried. Nearly 23 % of the teens

say that they feel "addicted to video games" (31 % of males, 13 % of females).

Dr Douglas Gentile, Director of the *The Information and Network Science Lab at Oxford University*, 30 reports, "Almost one out of every ten youth gamers claims that the addiction has had a damaging effect on their school career and family life." Beyond gaming, kids are filling their free time with other Internet activities such as social media networking, instant messaging, blogging, downloading, etc. The *UK Internet Addiction Treatment Centre* identified the following warnings for teens with excessive Internet use:

- loses track of time while online 40
- prefers to spend time online to sleeping
- becomes angry when online time is interrupted
- checks email or online messages several times a day
- becomes furious if not allowed access to the Internet
- prefers to spend time online rather than with friends or family
- lies about amount of time spent online
- becomes moody or depressed when not online 45

Online access is a necessary part of the modern world and an important tool in education. In ad-

dition, it is a highly entertaining and informative medium. However, these qualities also make it an easy escape from reality for many teens. With the click of a mouse, they can enter a different world where the problems they have in their real lives are no longer present, and all the things one wishes he or she could be, do, or experience are possible.

Like addiction to drugs and alcohol, the Internet offers teenagers a way to escape painful feelings or problematic situations.

Broadly speaking, children who suffer from poor social skills are at greater risk of developing excessive online habits. Because they feel alone, insecure, and may have problems making new friends, they turn to strangers in online chat rooms looking for the attention and friendships missing

from their real lives. They may come from families with significant problems at home, or experience bullying, so they cope with their problems by spending time online.

Many parents get angry when they see the signs of Internet addiction in their child and take the computer away as a form of punishment. Others become frightened and force their child to quit, believing that is the only way to get rid of the problem. Both ways may lead to trouble. So instead, it is important to work with the child to establish clear limits for Internet usage. Teens need to learn to follow the rules but on the other hand, parents should not control their child or change who they are, but should help them free themselves from this serious addiction.

Statements

0 According to a study on young people's Internet behaviour, more boys compared to girls claimed that they were addicted to the Internet.

1 Parents are not anxious about their teens' screen time.

2 Kids who game are likely to be actively using other online tools as well.

3 One sign a teen is addicted to the Internet is if they become depressed when they are unexpectedly stopped from using the Internet.

4 The Internet should still be used in classrooms.

5 Kids who are more confident are more likely to get addicted to the Internet.

6 Parents should tell their child how much they can use the Internet.

	T	F	Correct statements
0		X	A higher percentage of girls agreed compared to boys that they were addicted to the Internet.
1			
2			
3			
4			
5			
6			

6c Speaking

Read the article in activity 6b again and underline the most important information. Then get into pairs and answer the following questions on the text.

- Does the article suggest that Internet addiction is comparable to drug addiction? What does it say in the article? Do you think it is comparable? Why?/Why not?
- What does a British politician say about social media and its impact on young people?
- What are warning signs of unhealthy Internet use?
- Who is likely to develop an Internet addiction? Give examples.





BREAK THE HABIT

7 Speaking: Teens in the digital age

7 a
Speaking
www

Step 1: You are doing some research for your school magazine to find out about your classmates' attitudes towards technological devices and social media. Walk around in class and interview at least three classmates. Take notes in the table below.

- 1 What kind of technological devices do you own?
- 2 How often do you check your email account?
- 3 How much time do you spend on social media platforms a day? What do you use them for?
- 4 Do you prefer to phone or write text messages? Why?
- 5 How many text messages do you write a month?
- 6 Do you ever turn your smartphone off? – If yes, why? If no, why not?
- 7 To what extent do you need technological devices for your school work?
- 8 Has it ever happened to you that you forgot your smartphone at home/lost your smartphone? How did you feel? Describe.
- 9 How long can you imagine living without any technological device?

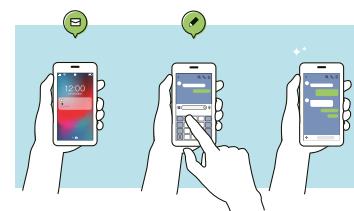


	student 1	student 2	student 3
1			
2			
3			
4			
5			
6			
7			
8			
9			

Test format
Interaction

Step 2: You are representing your school at an international students' conference on the topic of *Teens in the digital age* in Brussels. In a workshop session, you have been asked to discuss the topic with another participant. In your discussion you should

- outline what technological devices you use on a daily basis
- explain what you use them for
- describe your screen time routine (*hours of social media use, how often you check your email account, how many text messages you write, online school work, etc.*)
- discuss why so many teens suffer from Internet addiction.



Before you start speaking, read the bullet points carefully and take notes in the table. Use your notes from Step 1. Do some online research if you need help.

bullet point 1

bullet point 2

bullet point 3

bullet point 4

Discussion
phrases
> page 165

Step 3: Get into pairs and start your discussion. Speak for about four minutes.



8 Review

8 a
Language
in use

Have a look at the sentences (1–9). Underline the correct modal verb. Compare your results with a partner.

- 1 Aras is behaving in a very unusual way. I think he *can/might* be gaming too much.
- 2 They *might/must* be away for the weekend, but I am not sure.
- 3 If Harris said that he didn't smoke, it *must/may* be true. He never lies.
- 4 Mr Brown's doctor claimed that his high blood pressure *might/couldn't* be due to his alcohol consumption.
- 5 Lana is broke – again. She *may/can* be addicted to shopping.
- 6 *Could/May* I go to the bathroom?
- 7 High cholesterol levels *could/must* be a sign of chocolate addiction.
- 8 Teens who are addicted to social media *can/might* perform worse at school.
- 9 Francis *couldn't/can* fully recover from her drug addiction after her difficulties last year.

8 b
Language
in use

Create meaningful sentences. Use the plural form of the nouns (1–9). Compare your sentences with a partner.

- 1 mouse – _____
- 2 fish – _____
- 3 foot – _____
- 4 half – _____

>



BREAK THE HABIT

5 woman –

6 life –

7 tooth –

8 child –

9 potato –

8 c Have a look at the sentences (1–9). Complete them with an appropriate word from the box. Mind the tenses. Compare your results with a partner.

proud – performance – to overreact – percentage – to raise – curious – threat – to admit – recovery

1 Taha's video gaming addiction negatively affected his school
_____.

2 Shania is really grateful for a full _____ from a serious substance use issue.

3 Farid was so _____ of himself that he had finally managed to overcome his smoking addiction.

4 The _____ of teens who smoke marijuana regularly has risen significantly in the last few years.

5 The government _____ the legal drinking age to 21 last year.

6 Drug abuse is a serious _____ to teens' physical and mental health.

7 The problem is that he always _____ to criticism, it's not that he does not do the work properly.

8 After the terrible accident Aiko finally _____ her addiction and sought help.

9 Most teens try drugs because they are _____ and feel pressure from their peers.



8 d Get into pairs. Have a look at the role cards (A and B) and decide who you want to be. Create a telephone conversation. Include as many telephone phrases from activity 1c on pages 90–91 as possible. Speak for about three minutes.



Role card A

You are a sixteen-year-old teenager. You have been smoking for two years now and want to quit. So you call the smokers' helpline and ask for advice.

Role card B

You are a peer supporter working voluntarily for a peer support line to help other teenagers. You are on the phone when the sixteen-year-old teenager calls. You want to find out for how long he/she has been smoking and why he/she wants to quit. You also give him/her some advice on how he/she could manage to stop smoking.

8 e The successful youth addiction organisation YZUP in Great Britain is interested in young people's views and experiences with addictions. Therefore, they have started to run a blog section on their website about this issue. You have decided to write a blog entry.

Text type
Blog entry
> page 172

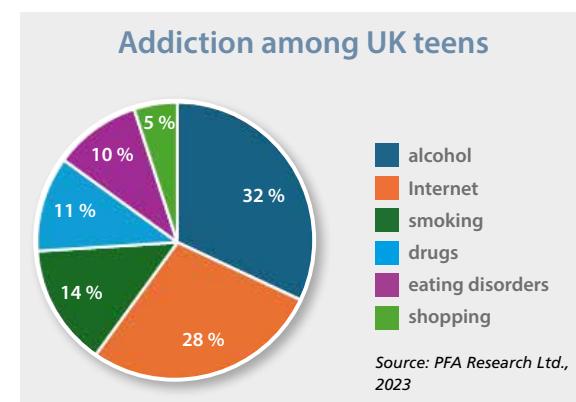
In your blog entry you should

- summarise the main results from the pie chart (**Input**)
- outline how addiction affects young people's lives
- suggest what schools can do to prevent addiction amongst students.

Phrases for
describing
charts and
diagrams
> page 166

Use appropriate phrases from the VocabBooster in activities 1b, 2a and 4a. Do some online research if you need help. Give your blog entry a title. Write about 200 words.

Input



Key vocabulary

VocabExtra
www.hpt.at/qr_225471



Addictions among teenagers

alcohol addiction
chocolate addiction

to relieve stress
to feel good
to fit in
to overcome problems
to perform better
to be curious

drug addiction
Internet addiction

to boost one's self-esteem/self-confidence
to be under peer pressure
to inform someone about the risks and consequences
to have an active social life

shopping addiction
smoking addiction

to be proud of oneself
to increase the price of legal drugs
to raise the smoking and drinking age
to have someone to talk to
to have someone who cares

Addictions and the consequences

to be broke
to get physically and psychologically addicted
to gain weight
to become a criminal
to lose one's friends
one's heart rate and blood pressure rise
one's school/work performance suffers
to cause lung cancer
to get bad eyesight
to suffer from diabetes

to cause memory loss
to overdraw one's bank account
to have high cholesterol levels
to have bad breath
to suffer from serious withdrawal symptoms
to get aggressive more easily
to suffer from obesity
to start to shiver
to get a headache

Are addictions more likely among teens?

to be likely to do something
to experiment with drugs
to develop an addiction
substance abuse/use

to overreact to criticism
to be pleasurable
judgement is often poor
to lack willpower

to resist doing something
to overcome an addiction
to get proper treatment
to make a full recovery

Ready to quit

to develop an excessive behaviour/habit
to not be able to think of anything else
to be controlled by something
to become a top priority in one's life
to talk to a person you trust/a teacher/a professional
to admit an addiction

to ask for help
to (not) realise the consequences of one's actions
to lack knowledge
to be naïve
to overcome mental health issues
to escape from problems with one's parents/school

Teen Internet addiction

to respond to a survey
a high/low percentage
to be a serious threat
to lead to mental health issues

to develop a compulsive behaviour
to be moody
to be an escape from reality
to suffer from poor social skills

to feel insecure
a form of punishment

UNIT 7

LIFE AS A TEEN

Unit overview

Warm-up	What it's like to be a teenager	104
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Language in use	Speak up – talk about it – say something – tell the world that teens are the future of tomorrow!	110
Listening	Expressing yourself through fashion	112
Language in use	Some teens try to follow any trend.	114
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1 Warm-up: What it's like to be a teenager

1 a Speaking

Step 1: Get into pairs and discuss the following questions. Use appropriate phrases from the VocabBooster below.

- 1 What is it like to be a teenager in Austria? Describe.
- 2 What are the benefits and downsides of being a teenager?
- 3 How do the media influence the way teenagers think and behave?
- 4 What are your hopes and dreams for the future?



VocabBooster

to be fun	to be creative	to portray the negative rather than the positive
to be stressful	to have a good sense of humour	to influence the way young people eat/think/dress/behave
to be relaxing	to not earn one's own money	to have fewer responsibilities
to be hard/tough	to become a victim of bullying	to become successful
to be intense	to be dependent on one's parents	to have one's own family
to spend a lot of time at school/on studying	to be scared of not fitting in	to find a job you love doing
to hang out with one's friends	to shape teenagers' opinions and positions	to be healthy/happy
to (not) do odd jobs	to manipulate teens	to look forward to having a settled life
to be optimistic/pessimistic		
to be willing to take risks		

Step 2: Have a look at the following quotes (1–6) and discuss their meaning with a partner. What personal connection can you make with the quotes? Which one is your favourite and why? Use the phrases from the LanguageBox on page 105.



1. As a teenager, you are still discovering who you are, what your life is about, and who you want to be as a person. It's very intense.

(Kaya Scodelario, *1992, British actress)

2. I was a happy kid up until I hit the teenage years.

(Rick Springfield, *1949, Australian-American musician)



3. I loved being a teen because you don't have all the responsibilities of an adult yet.
(Elizabeth Gillies, *1993, American actress)

4. All teenagers have this desire to somehow run away. (Joan Chen, *1961, Chinese-American actress)

5. It's rough being a teenager in this day and age. (Kay Panabaker, *1990, American zoologist)

6. Keep true to the dreams of your youth. (Friedrich Schiller, 1759–1805, German poet and playwright)

LanguageBox

Looking at the quotes, I'm reminded of ...
From my point of view, the first quote is about ...
For me the second quote means that ...
I think that in the third quote ... (name of the person) wanted to express that ...
The fourth quote clearly highlights/focuses on ...
In my opinion, the fifth quote tries to point out that ...
I believe that the sixth quote is about ...
I can make a personal connection to the first/second/third ... quote because ...
I have also experienced in my life that ...
My favourite quote is ... because ...

2 Reading: Hopes, dreams and fears: the world of teens

2 a

Reading
Test format
Short answers



Read the article about teenagers' hopes, dreams and fears. Complete the sentences (1–6) using a maximum of four words. Write your answers in the spaces provided on page 106. The first one (0) has been done for you.

Hopes, dreams and fears: the world of teens

1 **What do you want from your life?**

Every teenager has been asked this question by adults before, and usually they do not have a clear answer. It is hard to find out what you want to do in life when you are just in high school, and it is quite unfair to even question teenagers about having their lives together. Most teens are just starting to grasp the world around them. If most of them cannot identify with the person they were a year or two ago, how are they supposed to identify with the future version of themselves? The process of finding out what you want to achieve as you get older is a long and scary one, and there are always going to be external influences – whether they are your parents, peers, society, or teachers.

Many adults may wish to help, but trying to figure out what is going on inside the mind of a teenager can be challenging. A new study shows that simply asking teens what they wish and hope for the future can be eye-opening. The question: "If you had three wishes, what would they be?" is



included on a questionnaire designed to be given to teenage patients before a doctor's visit. The survey, which is part of the *American Medical Association's Guidelines Service Program*, also includes questions about medical history, health, school, safety, substance use and other habits. The authors of the study analysed the themes of responses from 100 teenagers between the ages of 11 and 18 years to the three wishes question.

Results showed that 85 percent of the teenagers had wishes for themselves, 32 percent had wishes for others, and 10 percent had a wish for both themselves and others. Boys were more likely than girls to wish for things only for themselves (73 percent vs. 46 percent), while girls were more likely than boys to wish for something for their families (26 percent vs. 9 percent). "While most of the wishes are predictable, wishes like, 'I wish my mom felt better' or 'I wish my parents did not split up' remind us of the value of asking these questions," said Eliana M. Perrin, senior author of the study. >



LIFE AS A TEEN

The most common themes were to be wealthy (41 percent of wishes), followed by material items, e.g., a smartphone or a car (31 percent). 20 percent of the teenagers had wishes for the world (e.g. world peace), and about 17 percent had wishes for their family (e.g. health) or school or athletic success (e.g. to play in the NBA). Boys also wished more for success, while girls wished more for 55 happiness. "It is astonishing that only 4 percent of the teenagers wished to be thinner," said Dr Perrin. There were no differences in the types of wishes by age or ethnicity. When asked about their perfect career, 43 percent said they hoped they would 60 get their dream job one day. They also pointed out

the importance of searching for careers in the various areas that they are interested in and that doing something for fun was one thing, but doing something full-time was another. However, it is notable that 75 percent mentioned that they would 65 be willing to take on a job that pays more money rather than their dream job, which can be interpreted as a somewhat practical approach towards a fulfilling career.

"We so rarely get an insight into teenagers' wishes, 70 and this study has given teenagers a voice," Dr Perrin said. With this work and these expectations in mind, perhaps the mystery behind the teenage mind will be easier to understand in the future.

0	The author thinks that asking teens about what they want from their life is _____. <i>unfair</i>
1	The author describes the actions teens must take to figure out what they want to do in life as _____. <i>(Give one answer.)</i>
2	The survey points out that talking to teens about their future can be _____. <i></i>
3	The study asked for additional information on topics such as _____. <i>(Give one answer.)</i>
4	The group which was more likely to wish for something selfish was _____. <i>(Give one answer.)</i>
5	One surprising outcome of the study was that only a very small percentage of teens wanted _____. <i></i>
6	The author finds it remarkable that teens would accept more money over _____. <i></i>

2 b

Vocabulary

Step 1: Have a look at the VocabBooster. Scan the text from activity 2a for the words/phrases that mean the same as the definitions (1–13). The definitions are given in the order in which the expressions appear in the text. The first letter of the words is provided. Do some online research if you need help. The first one (0) has been done for you. Compare your results with a partner.

VocabBooster

0	to quickly take something in your hand(s) and hold it firmly	grasp
1	situated outside or being outside something	e
2	to finally understand something or someone, or find the solution to a problem	f
3	surprising and teaching you new facts about something	b e
4	a written list of questions	qu
5	a person's reply or reaction to something	r
6	obvious, easy to be expected in advance/ahead of time/beforehand	p
7	to end a relationship or marriage	s u
8	to make someone think of something that they have forgotten	r
9	to be rich, to have a lot of money	b w
10	a large group of people with a shared culture, language, history, set of traditions	e



11 to be happy to do something if it is needed	b w
12 making you feel happy and satisfied	f
13 a clear understanding of a problem or situation	i

Step 2: Complete the sentences (1–14) using an expression from the VocabBooster in Step 1. Mind the tenses. Compare your results with a partner.

- 1 Demir claims that he really has a _____ job.
- 2 He didn't believe that discussing race was necessary because people should not be judged on their _____.
- 3 Nail's parents are not _____ to buy him a car for his 17th birthday.
- 4 The chat gave her an _____ into what was happening behind her back at school.
- 5 Have you already tried to _____ how to deal with failing an exam?
- 6 Melina's family may be _____, but she certainly doesn't show it.
- 7 He is so _____, you can set your watch by his actions.
- 8 Varhanges _____ with her boyfriend last month. She is still very sad.
- 9 The survey was _____ for both students and teachers.
- 10 We filled in the _____ in the waiting area while waiting to see the doctor.
- 11 Many teens find it hard to _____ how quickly life changes during high school.
- 12 The teacher was waiting for an answer but there was no _____ to her question.
- 13 The situation _____ me of a scene from a famous *Hollywood* movie.
- 14 The scientist didn't agree with the statement that a teenager's happiness depends very much on _____ influences.



3 Speaking: Wishful thinking

3 a
Speaking

Step 1: Have a look at the questions (1–6). Walk around in the classroom and interview three different classmates. Take notes in the table.

MAKE A WISH

questions	student 1	student 2	student 3
1 If you could make one wish, what would it be?			
2 If you could work for a company of your choice after school, which one would you pick? Why?			
3 If you could decide where to live, what place would you choose? Why?			



LIFE AS A TEEN

<p>4 If you could make some changes at your school, what would they be? Explain.</p>			
<p>5 If you could change one thing in history, what would it be? Why?</p>			
<p>6 If you could solve one problem for all teens in the world, what would it be? Why?</p>			

Phrases for summarising
> page 166

Step 2: Get into pairs and summarise your findings. Use the phrases from the LanguageBox. Take turns.

LanguageBox

All three classmates/Only one classmate/Nobody ... said they/he/she would ... if they/he/she could make one wish.

Most of them explained that they would ...

It surprised me that only one classmate has/two classmates have/three classmates have ...

Only one student/Only two students said that he/she/they would like to work at ... after school.

All three classmates/Two classmates/Only one classmate said that they/he/she would like to live in ... if they/he/she had the chance to choose.

Only one student/Only two students/All three students said that if he/she/they could make changes at his/her/their school, he/she/they would ... because ...

The majority/minority said they would ... if they could change one thing in history.

When being asked about one problem they could solve for all teens in the world, most of them/many of them/only one person said they/he/she would ...

Finally, ...

Phrases for summarising
> page 166

Step 3: Think about your personal hopes, dreams and wishes for the future and take notes in the table.

hopes	wishes
dreams	My future

Test format
Individual
long turn

Step 4: Your class is currently taking part in the international *Teens for Life Conference* in Prague. You have been asked to give a 3-minute presentation. In your presentation you should

- describe your greatest wish (*what it is about, what makes it so great, why it is your greatest wish, if you think it will come true, etc.*)
- highlight common issues that teens have to face every day
- speculate about the greatest fears of teenagers regarding the future.



Before you start speaking, read the bullet points carefully and take notes in the table. Use your ideas from Step 1 and Step 3 and appropriate phrases from the VocabBooster below.

bullet point 1

bullet point 2

bullet point 3

VocabBooster

to suffer from high expectations/pressure from one's parents
to become a victim of bullying
to suffer from depression
to be/feel stressed out
to lack motivation/concentration
to struggle with schoolwork/teachers/marks
to be discriminated against

to experiment with alcohol/cigarettes/drugs
to be under negative peer pressure
to have an eating disorder
to worry about getting a job
to be concerned about climate change
to care about financial security
to be afraid of political changes

**Presentation
phrases**
> page 165

Step 5: Get into pairs and give your presentation. Take turns.



4 Writing: A perfect day in the life of a teenager

4 a

Speaking

Step 1: How would you describe the perfect day for you? Have a look at the phrases in the VocabBooster. Then answer the questions (1–5) in the table below and take notes. Use as many phrases from the VocabBooster as possible.

VocabBooster

to be on a desert island ■ to be in untouched nature ■ to be on a sandy beach ■ to go sightseeing/
enjoy city life ■ to be in the mountains ■ to be in a beautiful winter landscape ■ to enjoy the
wonderful slopes on a mountain ■ to be a bright, sunny day ■ to be snowy ■ to go sunbathing ■ to
ride a jet ski ■ to go hiking ■ to go surfing ■ to do parasailing ■ to go snowboarding ■ to go diving ■
to do climbing ■ to have dinner at the beach ■ to go partying/clubbing/dancing ■ to read a good
book ■ to have fun with one's friends ■ to listen to music ■ to be with one's family ■ to enjoy the
day with your loved ones ■ to enjoy being on your own ■ to be happy ■ to be overwhelmed ■
to feel fantastic ■ to be grateful ■ to be at peace with someone or something

The perfect day	my notes
1 Where are you? (<i>location, country, surrounding area</i>)	
2 What is the weather like?	
3 What are you doing?	
4 Who is with you?	
5 How do you feel?	

Step 2: Get into pairs and describe your perfect day with the help of your notes from Step 1. Take turns.



LIFE AS A TEEN

4 b

Writing

Text type

Informal reply

email

> page 168

In his last email, Berat, your friend from Türkiye, asked you about your idea of a perfect day. You have decided to write a reply email. In your email you should

- give detailed information about your perfect day (e.g. *where you spend it, who you spend it with, etc.*)
- explain what you are doing throughout the day
- point out what makes this day so special for you.



Use your notes from Step 1 in activity 4a and the phrases from the LanguageBox. Write about 250 words.

LanguageBox

Hi ...

Thanks for your last email. How are things going? Last time we talked about our ideas of a perfect day.

Well, believe me, I've had many great days in my life so far but if I had to describe the most perfect day, it would have to combine many different aspects.

On my perfect day I would wake up in a cosy/big/comfortable bed in a ... (*type of house*) at the sea/in the forest/in the mountains ...

I'd love to spend this day in ... (*country/city/name of location*) because ...

There would be many flowers/trees/animals ... and the weather would be ...

Of course my family/friends/my best friend ... would be with me.

I'd start the day with a wonderful breakfast on the terrace/in a nearby restaurant/in my bed/ outside ...

Afterwards I would go swimming/running/skiing/surfing ...

At midday I/my family and I/my friends and I ... Then I/we would have lunch/take a nap ...

In the afternoon I/we would ...

In the evening I/we would go out/have dinner ...

For the perfect ending of the day, ...

What makes this day so special for me is that ...

Anyway, for me it's not where you are, but who you are with that makes a day special and perfect.

What do you think? Hope to hear from you soon.

Best

... (*your name*)

5 Language in use: Speak up – talk about it – say something – tell the world that teens are the future of tomorrow!

Trouble-free grammar: *say – tell – talk – speak*

say

We use *say* before reported speech and in some common phrases.

She *said* that she felt very sorry.

to *say* something

to *say* your prayers

The article *says* that many teens are afraid of the future.

to *say* yes/no

to *say* hello/

The clock *says* it is 6 am.

to *say* a few words

goodbye

The label *says* it was produced in Cambodia.



tell

We use **tell** when **giving information**, when we **report commands** and in some **common phrases**.

Tell me what you need!

to **tell** the truth / a lie

Eileen **told** us about her influencer career.

to **tell** a story / a joke

He **told** me to close the window.

to **tell** somebody what to do

 talk/speak

We use **talk/speak** when two or more people are **having a discussion** and in some **common phrases**.

Let's **talk/speak** about the problem of bullying.

Whom were you **talking/speaking** to on the phone?

My grandpa often **talked/spoke** about his life as a teen on a big farm in the countryside.

Please note:

Use **talk** only:

Use **speak** only:

Stop **talking** nonsense!

I can **speak** three languages.

Theo often **talks** rubbish.

5 a

Language in use

Have a look at the words from the box and match them with the appropriate verbs below to create useful phrases. Compare your results with a partner.

the truth	hello	about the novel	goodbye
me more about it	a joke	a lie	about the problem
to your family	a prayer	to somebody on the phone	yes/no

to say

to tell

to talk/speak

5 b

Language in use

Read the dialogue and fill in the appropriate verb (*say/tell/talk/speak*). Sometimes there is more than one possibility. Mind the tenses. Compare your results with a partner.

Ayşe: Can I ¹ to you for a moment?

Süleyman: Of course. What would you like to ² about?

Ayşe: Well, have I ³ you about the conference I attended?

Süleyman: No, you haven't. I'd love to hear about it. Would you ⁴ me? What sort of conference was it? What was it about?

Ayşe: I took part in the *European Youth Parliament* in Berlin. I got to know so many young people from all over Europe. It was great.

We ⁵ about social issues and problems that trouble today's teens.

Süleyman: So that's all you wanted to ⁶ to me about?

Ayşe: Well, no, actually I wanted to ⁷ you that I feel you should be more respectful and tolerant towards other people. Yesterday I heard you ⁸ some very bad things that for sure hurt our classmate's feelings.

Süleyman: I'm definitely not the only one in class who is using bad language from time to time.

Ayşe: Maybe, yes, but I ⁹ to you because I thought that you were a smart guy who knows that everybody can make a difference, right? >



EUROPEAN YOUTH PARLIAMENT

PARLEMENT EUROPÉEN DES JEUNES



LIFE AS A TEEN

Süleyman: I could do better, for sure.

Ayşe: In one of our discussions in the *EYP*, we committed ourselves to motivating other young people to show more respect and tolerance when it comes to dealing with other people. If we don't start treating each other with more care, we cannot expect other people to do so. One of my teachers always _____¹⁰ that the highest result of education is tolerance.

Süleyman: You're right. Thanks for _____¹¹ to me. I appreciate it.

6 Listening: Expressing yourself through fashion

6 a

Get into pairs and discuss the following questions. Do some online research if you need help.

Speaking
www

- 1 How would you describe your consumer behaviour/consumer habits?
- 2 How important is fashion to you? How much money do you spend on fashion in a month?
- 3 Do you prefer branded clothes to non-branded clothing? Why?/Why not?
- 4 What are reasons why we should focus on quality over quantity when it comes to clothing?
- 5 Have you ever heard the term *fast fashion*? If yes, describe. If not, what could it mean?



6 b

You are going to listen to a talk about how fast fashion attracts teens. First you will have 45 seconds to study the task below, then you will hear the recording twice. While listening, match the beginnings of the sentences (1–6) with the sentence endings (A–I). There are two sentence endings that you should not use. Write your answers in the spaces provided. The first one (0) has been done for you. After the second listening, you will have 45 seconds to check your answers.

Listening
Track 13
Test format
Multiple
matching


0 Fast fashion is possible because teens _____.

1 Teens who buy fast fashion clothes feel they cannot _____.

2 To make sure they get the fast fashion items, teens _____.

3 A strategy of fast fashion companies is counting on teens to _____.

4 If teens buy cheap clothes that last longer than expected, they _____.

5 Teens should be aware that if they constantly buy more clothes, they _____.

6 Many teens have the desire to _____.

A make their own style of clothing

B change how fast fashion clothes are made

C produce even more unwanted material

D impress other people their age with their style

E sell their old clothes to buy new ones

F enjoy looking at famous people's clothes

G wear clothes that used to be fashionable

H buy the clothes outside of the store

I continue to buy without stopping



0	1	2	3	4	5	6
F						

6 c

Vocabulary
Track 13
www

Step 1: Have a look at the VocabBooster. The words/phrases have been used in the listening activity 6b. Listen again and try to guess their meaning from the context. Use an online dictionary if you need help.

VocabBooster

public image ■ to get inspired ■ to be aware of something ■ fad ■ copycat ■ to keep up with someone/something ■ to purchase ■ to be up-to-date ■ to stay on track ■ to impress someone

Step 2: Match the words/phrases in A with the appropriate definitions/synonyms in B. Compare your results with a partner.

A	B
public image	1 ■ a to know something; to see something
to get inspired by someone/something	2 ■ b to do what is necessary so that you do not fall behind someone or something
to be aware of something	3 ■ c a person or thing that copies, imitates, mimics, or follows the lead of another
fad	4 ■ d to have the most recent information, or use the newest methods or tools
copycat	5 ■ e to buy
to keep up with someone/something	6 ■ f to continue doing what you planned so you can reach your goal
to purchase	7 ■ g to feel motivated, energised, or influenced by someone/something
to be up-to-date	8 ■ h to cause someone to feel admiration, interest and/or respect
to stay on track	9 ■ i the opinion many people have of a person
to impress someone	10 ■ j a style, activity, or interest that is very popular for a short period of time

6 d

Speaking
www

Step 1: Get into pairs. Have a look at the table and take notes. Do some online research if you need help.

fast fashion	my notes
1 definition	
2 pros	
3 cons	

Step 2: Get together with another pair and compare your findings. Add any missing information.



LIFE AS A TEEN

7 Language in use: Some teens try to follow any trend.

Trouble-free grammar: *some* – *any* and compounds

We use *some*

- in positive sentences (e.g. She is going to give her best friend *some* advice.)
- with plural countable nouns (e.g. Jamal has made *some* new friends at the sports camp.)
- with uncountable nouns (e.g. There is currently *some* snow in Austria.)
- in questions, when a yes-answer is expected (e.g. Can I have *some* coffee?)

We use *any*

- in negative sentences (e.g. There is not *any* *Coke* in the fridge.)
- in negative questions (e.g. Why didn't you ask *any* of your teachers?)
- in positive sentences with the meaning of *every* (e.g. You can take *any* pen.)



We use *someone/somebody/something/somewhere*

- when we don't say exactly who, what or where
e.g. *Somebody* broke the mirror in Pia's closet.

There is *something* in the air.

Let's go *somewhere* nice together.

We use *anyone/anybody/anything/anywhere*

- in questions or when they mean it doesn't matter who, what or where
e.g. Has *anyone* seen Leyla?

I did not do *anything* special last weekend.

You can sit *anywhere* you like.

We use *nobody/no one/nothing/nowhere*

- to refer to an absence of people, things or places
e.g. I knew *nobody* at the party.

The young girl said that *nothing* would make her change her mind.

There was *nowhere* to park his motorcycle.

7 a

Language
in use

Fill in *some/any/someone/something/somewhere/anyone/anything/anywhere/nothing/nowhere*. Compare your results with a partner.

- Have you got _____ red shoes? – No, I haven't got _____.
- I had to ask _____ to find the shopping mall.
- Unfortunately, I didn't know _____ at the fashion show.
- There was _____ left to eat in the refrigerator when I came home.
- My mum always takes _____ sugar with her coffee.
- There was _____ else they ever wanted to be.
- I'd like to go _____ sunny in Europe this summer.
- I've never seen _____ like that before.
- Would you like _____ to drink? – Yes, please.
- I can't find the black leather jacket _____. Can you help me please?



7 b

Language
in use

Have a look at the sentences (1–9) and underline the correct word. Compare your results with a partner.

- Carla has not experienced *anything/something* like this since her early youth.
- I think the new building is *nowhere/somewhere* close to your school.
- The waitress asked if I wanted *any/some* milk in my tea.



- 4 Mark was quite shy at first because he didn't know *someone/anyone* at the conference.
- 5 There is *nowhere/anywhere* she would rather be than with her best friend Aurelio.
- 6 Sergio had been waiting for *someone/anyone* like her to come into his life.
- 7 The young boy promised that he wouldn't go *anywhere/nowhere* near the crime scene.
- 8 Do you have *someone/anyone* in your life that you would do *something/anything* for?
- 9 They have made their decision and there is *nothing/anything* more to say about it.



8 Review

8 a
Language in use

Underline the correct verb to complete the sentences (1–9). Compare your results with a partner.

- 1 How many languages can Besiana *tell/say/speak/talk*?
- 2 When you see Adrian, *tell/say/speak/talk* hello to him from me!
- 3 It is always great when grandpa *tells/says-speaks/talks* us a joke.
- 4 I can never hear what the teacher *is telling/is saying/is speaking/is talking*. Her voice is so quiet.
- 5 Never *tell/say/speak/talk* a lie. Lies have short legs.
- 6 Could you please stop *telling/saying/speaking/talking* nonsense?
- 7 If you have a problem, please just *tell/say/speak/talk* me about it.
- 8 They left without *telling/saying/speaking/talking* anything. I did not even manage to *tell/say/speak/talk* goodbye.
- 9 What did Bella *tell/say/speak/talk* about her best friend? I can't believe it!

8 b
Language in use

Have a look at the sentences (1–10). Fill in *some/any/someone/something/anyone/anywhere/nothing/nowhere*. You can use the words more than once. Compare your results with a partner.

- 1 I went to the shopping mall to buy *some* accessories for my best friend's birthday party, but they didn't have _____ at the store.
- 2 This could really happen to _____. Don't worry.
- 3 I can hear _____ talking in the classroom next door.
- 4 In fact, there is _____ we can do about it.
- 5 It always takes _____ time to become familiar with a new situation.
- 6 Tamara looked into her wardrobe, but couldn't find _____ white socks.
- 7 The little kid had _____ to go and no identification.
- 8 If you need _____ to help you, just call me.
- 9 There's _____ important I need to tell you, could we please speak about it?
- 10 Diego said that he would take her _____ she liked.



8 c
Vocabulary

Have a look at the words/phrases (1–9). Write down meaningful sentences on the topic of young people's concerns. Compare your findings with a partner.

- 1 *grateful* – _____
- 2 *financial security* – _____



LIFE AS A TEEN

3 to be dependent on someone –

4 to fit in –

5 public image –

6 overwhelmed –

7 odd job –

8 response –

9 to manipulate –

8 d
Speaking

Step 1: Get into groups of three. Have a look at the role cards (A, B and C) and decide who you want to be.

Role card A:

You are a fashion victim and you

- can't live without fashion.
- spend most of your money on fashion.
- don't care if fast fashion is bad for the environment.

- _____
- _____
- _____
- _____
- _____

Role card B:

You think that fashion is not important and that

- it's a waste of money.
- fast fashion is polluting our planet.
- caring about fashion is superficial.

- _____
- _____
- _____
- _____
- _____

Role card C:

You like fashion but you avoid buying fast fashion items because

- you care about the environment.
- quality is more important to you than quantity.
- you are a fan of luxury brands.

- _____
- _____
- _____
- _____
- _____

Step 2: Before you start your discussion, try to find some more arguments to support your view and write them down. Find a partner who has the same role as you and compare your ideas. Add any new ideas.

Discussion
phrases
> page 165

Step 3: Get back into your original group of three and start your discussion. Speak for about four minutes.



8 e

Writing
wwwText type
Description
> page 167

Step 1: Do some online research about the most common themes that appear in young people's dreams. Take notes in the mind map.



Step 2: Interview at least four classmates to see what themes show up in their dreams and add them to your mind map.

Step 3: Get into pairs and present your findings. Use the phrases from the LanguageBox.

LanguageBox

Talking about the most common themes that appear in people's dreams, it can be said that most of my classmates dream about/almost everyone dreams about/nearly half of the people dream about ...

In addition, ... (theme) also often appears in young people's dreams.

It is quite surprising that so many teens dream about ... because ...

Another common theme in teenagers' dreams is ...

Concerning my classmates, I can say that most of them dream about/hardly anyone dreams about ...

Finally, we have come to the conclusion that ...

Step 4: Think of a dream that you have recently had. What was the dream about? Take notes in the table.

	my notes
1 Describe the setting (place, location, surrounding / environment, etc.)	
2 Describe the people (Who were the other people in your dream?, Did/Do you know them?, How did they behave?, etc.)	
3 Describe how you felt (Which emotions did you have?, etc.)	
4 Describe the situation (What was going on?, What happened to you/around you?, etc.)	

Step 5: Write a description of your dream. In your description you should

- describe the setting in more detail (place, location, surrounding / environment, etc.)
- give information about the people who appeared in your dream (Who was there?, How did they behave?, etc.)
- outline what happened in your dream (What was going on?, What happened to you/around you?, How did you feel?, etc.)



Use your notes from Step 1 and Step 4. Give your description a title. Write about 200 words.



LIFE AS A TEEN

Key vocabulary

What it's like to be a teenager

to be fun	to be creative	to influence the way young people eat/think/dress/behave
to be stressful	to have a good sense of humour	to have fewer responsibilities
to be relaxing	to (not) earn one's own money	to become successful
to be hard/tough	to become a victim of bullying	to have one's own family
to be intense	to be dependent on one's parents	to find a job you love doing
to spend a lot of time at school/on studying	to be scared of not fitting in	to be healthy/happy
to hang out with one's friends	to shape teenagers' opinions and positions	to look forward to having a settled life
to (not) do odd jobs	to manipulate teens	
to be optimistic/pessimistic	to portray the negative rather than the positive	
to be willing to take risks		

Hopes, dreams and fears of teenagers

to grasp the world around you	to split up with someone
to be an external influence	to remind someone of something
to figure out what's going on inside a teenager's mind	to be wealthy
to be eye-opening	ethnicity
to fill in a questionnaire	to (not) be willing to do something
to get a response from someone	to have a fulfilling career
to be predictable	to get/gain an insight

Wishful thinking

to suffer from high expectations/pressure from one's parents	to experiment with alcohol/cigarettes/drugs
to suffer from depression	to be under negative peer pressure
to be/feel stressed out	to have an eating disorder
to lack motivation/concentration	to worry about getting a job
to struggle with schoolwork/teachers/marks	to be concerned about climate change
to be discriminated against	to care about financial security
	to be afraid of political changes

A perfect day in the life of a teenager

to be on a desert island	to go sunbathing	to have fun with one's friends
to be in untouched nature	to ride a jet ski	to listen to music
to be on a sandy beach	to go hiking	to be with one's family
to go sightseeing/enjoy city life	to go surfing	to enjoy the day with your loved ones
to be in the mountains	to do parasailing	
to be in a beautiful winter landscape	to go snowboarding	to enjoy being on your own
to enjoy the wonderful slopes on a mountain	to go diving	to be overwhelmed
to be a bright, sunny day	to do climbing	to feel fantastic
to be snowy	to have dinner at the beach	to be grateful
	to go partying/clubbing/dancing	to be at peace with someone or something
	to read a good book	

Expressing yourself through fashion

to care about one's public image	to purchase fashion items
to get inspired by someone/something	to be up-to-date
to follow a fad	to stay on track
to be a copycat version	to impress someone
to try to keep up with someone/something	

VocabExtra
www.hpt.at/qr_225471



TOLERANCE IS A MINDSET

Unit overview

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1 Warm-up: What it takes to be tolerant

1 a

Speaking

Step 1: How tolerant are you? Fill in the questionnaire below to learn more.

1 = strongly agree 2 = agree 3 = not sure 4 = disagree 5 = strongly disagree	1	2	3	4	5
1 I am a tolerant and respectful person.	<input type="checkbox"/>				
2 I always try to see things from another perspective.	<input type="checkbox"/>				
3 I am good at taking criticism.	<input type="checkbox"/>				
4 I try to form my own opinion by getting the best information possible on the issue.	<input type="checkbox"/>				
5 I am interested in other people's cultures and traditions.	<input type="checkbox"/>				
6 I accept and respect other people's religion.	<input type="checkbox"/>				
7 I am grateful for getting good-quality education.	<input type="checkbox"/>				
8 The benefits of a culturally diverse society outweigh the drawbacks.	<input type="checkbox"/>				
9 I can easily accept people who are different from me.	<input type="checkbox"/>				

Step 2: Discuss your results with a partner. In your discussion you should

- point out how your answers differ
- outline which statements you strongly agree or disagree with
- reflect on what it takes to be tolerant.

Discussion
phrases
> page 165

Speak for about three minutes. Use appropriate phrases from the VocabBooster.

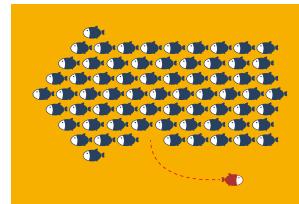
VocabBooster

to show sympathy	to treat others the way you would like to be treated
to be open-minded	to (not) feel superior to others
to accept other people's opinions and preferences	to be patient
to be curious about other people's lifestyle/culture	to be fair-minded
to practise respect	
to be empathetic	

1 b
Speaking

Get into pairs and discuss the following questions.

- 1 How would you define "being different"? Explain in your own words.
- 2 How would you describe yourself? What are some characteristics of your personality?
- 3 How different do you think you are compared to others?
- 4 How can you make a difference in this world?





TOLERANCE IS A MINDSET

2 Language in use: She said that tolerance was the key.

Trouble-free grammar: Reported speech

We use **reported speech** to report what somebody else said. When we report **statements that were made in the past** we change the tense of the direct speech.

direct speech	reported speech
“Respect is a very important part of any relationship!”	The teacher said that respect was a very important part of any relationship.
“We will try to be more polite with each other.”	The teens said that they would try to be more polite with each other.

Tense changes in reported speech

present tense → past tense *will*-future → *would*

We often have to change other words apart from the verb form.

this → that	today → that day	yesterday → the day before	tomorrow → the next day
these → those	ago → before	last week → the week before	next week → the following week
here → there	now → then		

2 a

Report what these teenagers said. The first one (0) has been done for you. Compare your results with a partner.



0 I love to get in touch with people from other cultures.



1 I'm a very respectful and open-minded person.



2 I'll try to be more tolerant in the future.



3 I never judge a person for being different.



4 I hope that future generations will do a better job with integration.



5 I don't have any prejudices.



6 I will get the Austrian residence permit tomorrow.



7 I'm very interested in learning new languages.

2 b
Language in use

Step 1: Interview a classmate and ask him/her the following questions (1–6). Write down the answers in direct speech.

1 How many texts do you write a day?

2 How do you get on with your classmates?

3 How often do you comment on social media?

4 Do you often use AI for schoolwork?

5 Do you sometimes judge someone by how they look?

6 What do you usually do in your English lessons?

Step 2: Now report to someone else what the classmate that you have just interviewed said. Write down the sentences in reported speech.

1 He/She said that

2

3

4

5

6



TOLERANCE IS A MINDSET

3 Reading: All different, all equal

3 a Have a look at the pictures (1–6) and discuss the questions below. Use appropriate phrases from the **VocabBooster**.



- 1 How are the people in the pictures different from each other? Describe.
- 2 Why do we often judge people who are different from us?
- 3 Have you ever been judged by someone? How did you feel?
- 4 What can we do to avoid negative thinking about others and be more open and respectful? Explain.

VocabBooster

to be disabled	to feel frightened/scared	to understand other people's behaviour/lifestyle
to be homeless	to feel insecure/not confident	to feel inferior
to be homosexual/gay	to want to be right	to lack knowledge
to have a different cultural background	to be intolerant	to boost one's self-esteem
to have a pigmentation disorder	to feel stress and discomfort	to get information about a topic
to use a wheelchair	to accept other people's viewpoints	

3 b

Read the texts about tolerance and equality. Choose the correct texts (A–C) for each statement (1–6). Write your answers in the spaces provided. The first one (0) has been done for you.

Reading
Test format
Multiple matching

A culture of tolerance and equality



Text A – Nail Bakkal

- 1 Frankly, I think that teens can be quite intolerant. We may be intolerant of our parents, our siblings, the rules, fashion, school, the family traditions or activities that we once liked but are now too childish for our current age. It's absolutely normal for teenagers to avoid and reject things that make them feel uncomfortable or that seem childish to them – it's part of growing up. For me personally, social pressures also come into play. Teens tend to 10 form groups of close friends, and these groups are often held together by some degree of conformity.

They share the same values and often it is not accepted to raise your voice or be of a different opinion. But when it comes to peers, teenagers are often much more willing to conform. In the worst-case scenarios, teens may pressure and encourage each other to bully peers outside their group for their differences. I feel that 20 schools and teachers should also make an effort towards teaching tolerance. But it's one of those sub-



15

jects that just can't be left only to schools to handle – parents have to do their part as well. Parents are

our first teachers and remain our most important 25 teachers, even or especially in our teen years.



Text B – Teuta Basha

- 1 Recently, I have been thinking about how long people will accept the behavior of others before becoming angry or disappointed enough to say something. When do we draw the line between accepting different behaviors or thinking of them as being harmful? Well, tolerance is complicated. As a behavior, tolerance can be seen in different ways. We can be tolerant, which suggests acceptance and being okay with the behaviors of others
- 10 even if we don't agree a hundred percent. I may not like someone's political views, but I am not offended so I can agree to disagree with you. I can tolerate a situation, which I'm personally not involved in, even though I think it is unacceptable.
- 15 For example, in my last internship I worked for a boss who was mean and a bully. I hated the way he



20

was treating the staff, but I needed this internship for school. So I had to tolerate a bad situation. What I'm trying to say here is that we should also take care not to become so tolerant that we become blind to bad behaviors.

We can even be too tolerant. For example, we might excuse or ignore behaviors that we think are inappropriate or wrong, such as a classmate making racist comments or sexist jokes just because we don't want to be their next victim. Such things are far too common in schools these days. We can be tolerant, and we can tolerate a lot of things. The 30 key is recognizing when those options are good for us and when they are not.



Text C – Damir Petrić

- 1 It's important for children to learn both to respect and appreciate people's differences as well as to understand all the things they have in common. It's a fact that we are all very different. And this is perfectly fine. Unfortunately, most of us don't realise how different we are and therefore can't understand why or even that others don't see the world the same way we do.
- 10 Most people believe that we all have the same basic experience of life. Yet the truth is that we make our very own experiences. We were raised differently, grew up differently, had different friends and were surrounded by different people. So how can we all be the same? It's a complex situation that many 15 people struggle to understand.



20

Well, without our individual and personalised stories each and every one of us is the same. We are all human beings who have rights which cannot be gifted or taken away regardless of race, colour, property, birth or other status. We have the liberty to speak any language we want. Absolutely nobody is better than anyone else. Learning to live with the other, with the different, with the diverse is an important part of our life. We can actually learn a lot from each other if we accept and tolerate each other. And it is through the people we choose to be around that we are influenced, either positively or negatively.

25

30

According to the texts, which person says ...?

He/She has doubts about being tolerant all the time.	0	B
He/She thinks it's a logical consequence of our upbringing that we are all different.	1	
He/She says that peer pressure makes it often hard for teens to express a different view.	2	
He/She points out that being tolerant can also be exaggerated.	3	
He/She mentions people should be able to communicate however they want.	4	
He/She believes that those who raise kids are also responsible for teaching tolerance.	5	
He/She talks about a personal example of when he/she had to be tolerant.	6	



TOLERANCE IS A MINDSET

3 c Vocabulary

Have a look at the VocabBooster. Then get back to the texts in activity 3b. Find the appropriate words/phrases and write them next to their definitions/synonyms (1–15) in the table. The first letter of the words is provided. The words/phrases appear in the same order as in the original texts. The first one (0) has been done for you. Compare your results with a partner.

EQUALITY



VocabBooster

	definition	word / phrase
0	to refuse to accept, use, or believe something or someone	reject
1	immature, like the behaviour of a child	c
2	behaviour that follows the usual standards that are expected by a group or society	c
3	to rise, to move to a higher position, to lift up	r
4	the most unpleasant or serious thing that could happen in a situation	w s
5	to frighten or hurt someone, often over a period of time	b
6	to deal with; to be in charge of	h
7	to stay in the same place or in the same condition	r
8	unhappy because someone or something was not as good as you hoped or expected, or because something did not happen	d
9	to set a limit on what one is willing to accept or tolerate	d t l
10	to be dangerous, unsafe	b h
11	to be upset and angry, often because someone has been rude	b o
12	to be part of an activity or event	b i
13	a period of time during which someone works for a company or organisation in order to get experience of a particular type of work	i
14	an object or objects that belong/s to someone	p
15	the freedom to live as you wish or go where you want	l

4 Speaking: Living in a diverse society

4 a Speaking www

Get into pairs and discuss the following questions. Do some online research if you need help.

- Which prejudices do people have? Have a look at the VocabBooster and say which of them you find most/least offensive. Give reasons.

VocabBooster

skin colour ■ hair colour ■ gender (male/female/diverse) ■ social class ■ religion ■ culture ■ food ■ tradition ■ appearance ■ age

- What are the benefits of a multicultural society?
- What are the downsides of a multicultural society?
- What are the most important values in your culture? Have a look at the VocabBooster and say why these values are important to you.

TOGETHER



VocabBooster

respect for authority/elderly people	relationship to time work ethics	personal space sense of humour
importance of religion gender roles	rituals and ceremonies behaviour in public	level of politeness attitude towards education

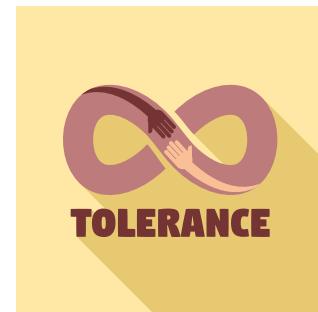
4 b

Speaking
www
Test format
Individual
long turn

Your class is taking part in an international school project for more tolerance in our culturally diverse world. You have been asked to give a 3-minute presentation on this topic.

In your presentation you should

- outline the benefits of a diverse society
- point out what challenges can arise in a diverse society
- suggest what schools can do to raise students' tolerance of and respect for diversity.



Step 1: Before you start speaking, read the bullet points carefully and take notes in the table. Use appropriate words/phrases from the VocabBoosters in activity 4a and from the VocabBooster below. Do some online research if you need help.

bullet point 1

bullet point 2

bullet point 3

VocabBooster

to be more innovative/creative
to lead to economic growth
to gain an understanding of other people's worldviews/values/beliefs
to hear new viewpoints
to be more peaceful
to learn from each other
to create stereotypes and biases
to lead to misunderstandings

to result in unequal treatment at school/ work
to organise workshops
to point out what/how much we can learn from one another
to be a role model of tolerance and respect
to involve students in projects
to teach someone about other cultures, traditions and religions

Presentation
phrases
> page 165

Step 2: Get into pairs and give your presentation. Take turns.

5 Language in use: Will you stop judging?

Trouble-free grammar: Expressing future

We use the **will-future** for **predictions, assumptions, hopes, fears, polite questions and spontaneous decisions**.

On Tuesday our teacher **will introduce** a new student from Asia.
I think that I **will be** a tolerant and open-minded adult.
Sheyda hopes that they **will stop** judging her.
Özebek fears that his classmates **will have** some prejudices.
I **will take** the fried chicken with a mixed salad.

>



TOLERANCE IS A MINDSET

Negation

On Tuesday our teacher **will not / won't** introduce a new student from Asia.

I fear that I **will not / won't manage** to stop judging other people's actions or words ever again.

Questions and short answers

Will you help me **carry** the heavy bag, please? – **Yes**, I **will**.

Will she **take** the fried chicken with a mixed salad? – **No**, she **won't**.

We use the **going to-future** for **plans and intentions**. We also use the **going to-future** when we **can predict the future** by having **present evidence**.

They **are going to stand up** for their rights.

My best friend **is going to do** an internship at *Amnesty International*.

Look out! You **are going to break** that glass.

Negation

They **are not going to accept** the discrimination any longer.

My best friend **is not going to do** an internship at *Amnesty International*.

Questions and short answers

Are they **going to stand up** for their rights? – **Yes**, they **are**.

Is my best friend **going to do** an internship at *Amnesty International*? – **No**, he **isn't**.

5 a

Language in use

Complete the sentences (1–8). Use the **will**-future or the **going to**-future. Compare your results with a partner.

- 1 Are you worried that you _____ (not, be) welcome during your internship in the UK?
- 2 Look at the dark sky! It _____ (snow) in a minute.
- 3 Let's hope that the weather _____ (be) good at the weekend.
- 4 What _____ (you/do) in your internship in summer?
- 5 We promise that the *Refugee Asylum Centre* _____ (open up) again.
- 6 *Amnesty International* _____ (release) a new report about the topic of integration next week.
- 7 The teacher expects that her students _____ (be) respectful to each other.
- 8 Nora looks angry; she certainly _____ (not, accept) that.

5 b

Language in use

Have a look at the sentences (1–8) and write down the most appropriate answer (A or B). Compare your results with a partner.

- 1 Leyla _____ (give) her presentation about gender equality on Thursday next week.
A will give B is going to give
- 2 I guess we _____ (have to) act differently in the future if we want to see a change.
A will have to B are going to have to
- 3 The teenagers _____ (stand up) for more LGBTQ+ rights in a street demonstration on Friday.
A will stand up B are going to stand up
- 4 I promise I _____ (do) whatever I can to be a supportive and empathetic friend.
A will do B am going to do
- 5 The charity organisation hopes that many people _____ (support) their new *Pro Human* campaign.
A will support B are going to support
- 6 She _____ (not, stop) fighting for a more peaceful future.
A will not B is not going to stop
- 7 Mrs Norris is afraid that her son _____ (not, be) polite to her best friend's daughter.
A will not B is not going to be
- 8 Dad _____ (take) me to the music festival on Saturday afternoon.
A will take B is going to take

6 Writing a blog comment: Tolerance is a life skill

6 a

Vocabulary
www

Have a look at the VocabBooster. Match the words in A with the appropriate ones in B to make meaningful phrases. Look up all the words you do not know in an online dictionary. Compare your results with a partner.

VocabBooster

	A	B
to rely on one's	1	a be right
to have difficulty accepting	2	b fulfilled life
to want to	3	c with people from different cultures
to (not) be patient enough to learn	4	d greater peace
to live a happy and	5	e own worldview
to appreciate another person's	6	f to understand other people
to bring	7	g thoughts and perspectives
to work together	8	h other opinions

6 b

Writing

Text type
Blog comment
> page 173

You came across the following blog entry on www.toleranceiskey.com.

Tolerance – a life skill?

by chris09

23 May, 5:15 pm

In the 21st century, teenagers cannot escape pictures of terrorism, war, school shootings, extremist groups, street violence and hate crimes in our culturally diverse world. But should they?

Tolerance today is no longer a character trait which is nice to have; it has become a necessary life skill. Do you agree?

Can't wait to read your comments.



You have decided to comment on this blog entry. In your blog comment you should

- describe what makes you a tolerant person
- explain why it is often challenging to be tolerant
- discuss why tolerance has become a necessary life skill.

Before you start writing, read the bullet points carefully and take notes in the table. Use appropriate phrases from the VocabBooster in activities 1a and 6a and the phrases from the LanguageBox on page 128. Write about 200 words.

bullet point 1

bullet point 2

bullet point 3



TOLERANCE IS A MINDSET

LanguageBox

Thanks for your interesting post, Chris!

I felt inspired to comment on it because ...

It's absolutely true that young people cannot escape ...

I agree/disagree with you when you say that ... because ...

Personally speaking, I would say that I'm a tolerant person because ...

I always try to ...

It's important for me/It's not important for me to ... because ...

I think that it is often challenging to be tolerant as ...

On top of that, it is quite difficult to ...

In addition, ...

Tolerance has become a necessary life skill for today's youth because ...

From my point of view, teenagers need to know about other cultures and traditions because ...

Being a culturally aware person is also really important in one's work life as ...

What do others think?

Thank you once again for the interesting post.

Looking forward to reading more comments on this topic.

7 Listening: Teen refugees in Australia

7 a

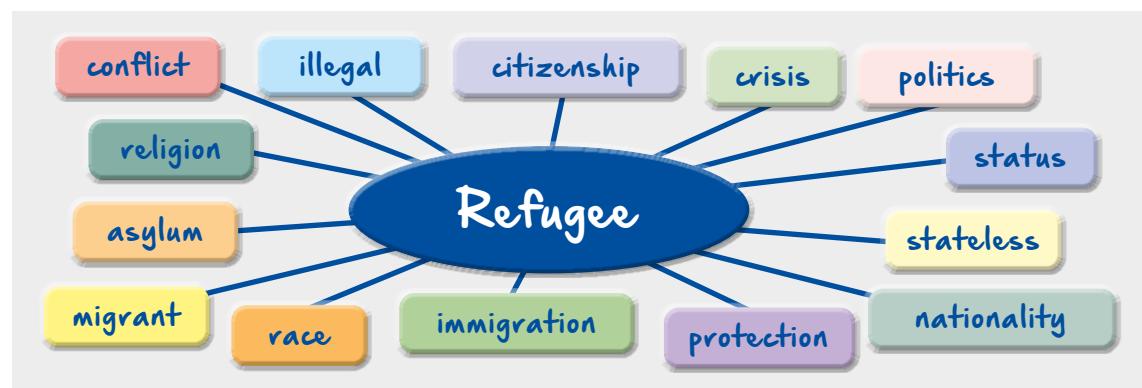
Speaking
www
Test format
Interaction

Get into pairs. Have a look at the mind map and discuss the topic of refugees. Do some online research if you need help. In your discussion you should

- explain what a refugee is
- outline the main challenges refugees have to face
- discuss reasons why people have to leave their home country.



Use appropriate words/phrases from the mind map and the VocabBooster. Speak for about three minutes.



VocabBooster

to be forced to leave one's home country	to be caught in the middle of a war
to lack language skills	to lead to political unrest
to face racism and discrimination	to face an economic crisis
to suffer from trauma	to have/suffer from poor living/work conditions
to have limited access to education	due to environmental factors
to be lonely	

7 b

Vocabulary

Have a look at the VocabBooster. Match the words in A with the appropriate ones in B to make meaningful phrases. Sometimes there is more than one possibility. Compare your results with a partner.

VocabBooster

A	B
to receive a 1	<input type="checkbox"/> a another way of thinking
to deal with 2	<input type="checkbox"/> b uncertainty about something
there is a lot of 3	<input type="checkbox"/> c permit of residence
to feel like 4	<input type="checkbox"/> d to a new culture
to be confronted with 5	<input type="checkbox"/> e one's mother tongue
to speak 6	<input type="checkbox"/> f secure and safe
to adjust 7	<input type="checkbox"/> g language barriers
to do 8	<input type="checkbox"/> h an odd job
to seek 9	<input type="checkbox"/> i you belong
to feel 10	<input type="checkbox"/> j asylum in another country
to appreciate 11	<input type="checkbox"/> k scholarship at a university
to get a 12	<input type="checkbox"/> l the help you received

7 c

Listening

Track 14

Test format
Multiple
choice

You are going to listen to a recording of two teen refugees talking about their new life in Australia. First you will have 45 seconds to study the task below, then you will hear the recording twice. While listening, choose the correct answer (A, B, C or D) for each question (1–6). Write your answers in the spaces provided. The first one (0) has been done for you. After the second listening, you will have 45 seconds to check your answers.



Two teen refugees in Australia

0 **Saber began learning English**

A when he was a child.
B when he came to Australia.
C when he moved to Syria.
D when he first met people at the organisation.

1 **It was a totally new experience for Saber to**

A enter high school.
B travel with his whole family.
C travel across the ocean.
D stay calm at junior high school.

2 **For Masa, wanting to feel comfortable in Australia was important because**

A she planned to make a home there.
B she wanted to find an Arabic community there.
C she did not feel like people wanted her there.
D she did not understand social life at school.

3 **One reason Masa wanted to see a lot of Arabic people in Australia is she**

A could speak Arabic if she wanted.
B thought Australia was not very welcoming.
C she had difficulties making friends.
D could not think like an Australian.

4 **Saber felt better about his situation once he**

A could speak to other people from his culture.
B joined a sports club.
C was able to get expert help.
D was able to earn some money at his part-time job.

5 **Saber wants people in Australia to understand**

A that refugees need more money just to survive.
B that being multicultural is important.
C that refugees decided to live in Australia because of the perfect living conditions.
D why people are refugees in the first place.

6 **Saber is not finishing his schooling because he**

A wants to find a good team first.
B does not have enough money.
C wants to find a job in a different field.
D needs help studying chemistry.

0	1	2	3	4	5	6
A						



TOLERANCE IS A MINDSET



8 Review

8 a
Language in use

Report what the two teenagers from the listening activity 7c said.

1 Masa: "I live in Australia now."

Masa said that



2 Masa: "I have to deal with language barriers."

3 Masa: "I will study media and psychology at Macquarie."

4 Masa: "I will live in Australia for the rest of my life."

5 Masa: "As refugees we appreciate everyone who helps and supports us here."

6 Saber: "I am from Syria and English is taught in schools in Syria."

7 Saber: "It will take me some time to adjust to the new culture."



8 Saber: "I am sure that integration has to happen on both sides."

9 Saber: "I will study at university and will do my Masters in Chemistry."



8 b
Language in use

Have a look at the sentences (1–9). Put the verbs in the correct form (*will-future* or *going to-future*). Compare your results with a partner.

- 1 Ahmet fears that he _____ (not, be) accepted by his new classmates.
- 2 I _____ (take) the vegetarian pizza and a mixed salad.
- 3 They _____ (take part in) the *Teens For More Tolerance Conference* in Paris.
- 4 Look at the screen! The laptop _____ (turn off).
- 5 Belinda thinks that she _____ (finish) the human rights project in time.
- 6 The family _____ (travel) the world next year.

7 Farid and Emre _____ (work) for a charity organisation in Africa this summer.

8 Her parents hope that she _____ (have) a good mark on the test.

9 On Saturday it _____ (be) sunny and warm.

8 c
Vocabulary

Have a look at the sentences (1–9). Complete them with an appropriate word from the box. Compare your results with a partner.

superior – discomfort – language barrier – property – harmful – to bully – to adjust – worldview – to appreciate

1 I really _____ the information you gave me. Thanks once again!

2 His insulting remarks caused him _____ and stress.

3 Anita had to deal with a big _____ when she arrived in Mexico.

4 Our _____ is built by those we surround ourselves with.

5 The family is proud of their _____, the crops grown on it, and the history of how it all came to be.

6 Filip finally managed to _____ to the culture in his new home country.

7 The student was jealous of his classmate's success and started to _____ him day in and day out.

8 We all don't know why the new student always feels _____, smarter and more creative.

9 Intolerance can be _____, especially when it is used to prejudice people.



8 d

Speaking

Mini-scenario
TeenLife, a popular teen magazine, wants to find out more about teenagers' knowledge on refugees and migration. One of you is a teen journalist and one of you is a student. Create an interesting interview. Use the following questions (1–4) in the interview and add some more. Use your ideas from activity 7a and the phrases from the LanguageBox below. Speak for about four minutes.

1 Who is considered a refugee? What comes to mind when you hear the word *refugee*?

2 What are reasons for people having to leave their home country?

3 What are common problems and challenges refugees have to face?

4 Are there any refugees living in your village/town/city? Which countries do they come from?

5 _____

6 _____

7 _____

8 _____

LanguageBox

Teen journalist

Hello, my name is ..., I work for *TeenLife*, a popular British teen magazine.

Can I talk to you for a minute?/Have you got a minute? We are conducting a survey to find out more about teens' knowledge on refugees and migration. May I ask you some questions? Thanks a lot.

Student

Great that you've chosen me./ It's a pleasure.

How long will the survey take? When will the article be published? I hope I've been able to help you. You're welcome.



TOLERANCE IS A MINDSET

8 e
Writing
www
Text type
Blog entry
> page 172

Step 1: Have a look at the box. Check the meaning of the words you do not know in an online dictionary. Then write the phrases in the appropriate category in the table below. Compare your findings with a partner.



to be honest – to be reliable – to be helpful – to be humorous – to be brave – to be strong – to be fair – to be crazy – to be forward-thinking – to be straightforward – to be self-confident – to be caring – to be egoistic – to be adventurous – to be bossy – to be mean – to be smart – to be sensitive to other people's feelings – to be stubborn – to be manipulative – to be polite

character traits that earn my respect	character traits that don't earn my respect

Step 2: You saw the following advertisement on *Instagram*.



Who earns your respect?

Everyone has someone in life that stands above the rest as a person you truly respect and admire. Who is that person in your life? Upload your blog entry on www.tolerance&respect.co.uk by the end of this month. The best blog entries will win tickets for a concert of your choice.

You have decided to write a blog entry. In your blog entry you should

- describe the person in more detail
- point out why this person earns your respect
- explain what you have learnt from this person.

Give your blog entry a title. Use your notes from Step 1. Do some online research if you need help. Write about 200 words.

Key vocabulary

What it takes to be tolerant

to show sympathy
to be open-minded
to accept other people's opinions and preferences
to be curious about/interested in other people's lifestyle/culture
to practise respect
to treat others the way you would like to be treated
to (not) feel superior to others
to be empathetic
to be fair-minded

to rely on one's own worldview
to (not) be patient enough to learn to understand other people
to want to be right
to live a happy and fulfilled life
to appreciate another person's thoughts and perspectives
to bring greater peace
to work together with people from different cultures
to have difficulty doing something

VocabExtra
www.hpt.at/qr_225471



All different, all equal

to be disabled	to use a wheelchair	to accept other people's viewpoints
to be homeless	to feel frightened/scared	to understand other people's behaviour/lifestyle
to be homosexual/gay	to feel insecure/not confident	to lack knowledge
to have a different cultural background	to be intolerant	to boost one's self-esteem
to have a pigmentation disorder	to feel stress and discomfort	to get information about a topic
	to feel inferior	

Living in a diverse society

age	food	skin colour
appearance	gender (<i>male/female/diverse</i>)	social class
culture	hair colour	tradition
respect for authority/elderly people	attitude towards education	to result in unequal treatment at school/work
importance of religion	to be more innovative/creative	to organise workshops
gender roles	to lead to economic growth	to point out what/how much we can learn from one another
relationship to time	to gain an understanding of other people's worldviews/values/beliefs	to be a role model of tolerance and respect
work ethics	to hear new viewpoints	to involve students in projects
rituals and ceremonies	to be more peaceful	to teach someone about other cultures, traditions and religions
behaviour in public	to learn from each other	
personal space	to create stereotypes and biases	
sense of humour	to lead to misunderstandings	
level of politeness		

Tolerance is a life skill

to reject something	to handle a difficult situation	to be offended by someone/something
to be childish	to remain	to be involved in something
to show some degree of conformity	to be disappointed	to do an internship
to be a worst-case scenario	to draw the line	to have the liberty to speak one's native tongue
to raise one's voice	to be harmful	to have one's own property
to bully someone		

Teen refugees in Australia

to be forced to leave one's home country	to deal with language barriers
to lack language skills	there is a lot of uncertainty about something
to face racism and discrimination	to feel like you belong
to suffer from trauma	to be confronted with another way of thinking
to have limited access to education	to speak one's mother tongue
to be lonely	to adjust to a new culture
to be caught in the middle of a war	to do an odd job
to lead to political unrest	to seek asylum in another country
to face an economic crisis	to feel secure and safe
due to environmental factors	to appreciate the help you received
to have/suffer from poor living/work conditions	to get a scholarship at a university
to receive a permit of residence	



UNIT 9

THE EVOLUTION OF MEDIA

Unit overview

Warm-up	How the media has changed over time	134
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Writing	Writing a formal email: Digital versus print magazine – which one is better for our school?	138
Language in use	Politicians urged to act on news credibility	139
Reading	The fake news problem	141
Language in use	Such great news and so encouraging	143
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1 Warm-up: How the media has changed over time

1 a

Speaking
[www](#)

Get into pairs. What comes to mind when you think of the term *media*? Write down nouns, verbs and/or adjectives for each letter that you associate with the media. Use an online dictionary if you need help. Compare your results with another pair and add any new ideas.

M _____

E _____

D _____

I _____

A _____

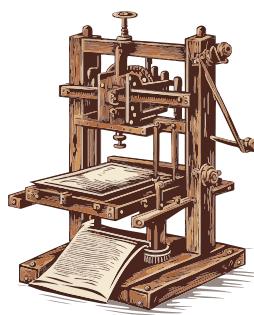
**1 b**

Speaking
[www](#)

Get into pairs. Read the statements (1–8) about the evolution of media and fill in the correct year from the box. Do some online research if you need help. Compare your results with another pair.

1450	1810	1830s	1920	1946	1980s	1990s	2024
------	------	-------	------	------	-------	-------	------

- 1 By the late _____, hundreds of newspapers were publishing online versions, but they did not offer much interactivity.
- 2 Around _____, Johannes Gutenberg invented the movable type printing press, which made the mass production of print media possible.
- 3 In _____, Friedrich Koenig, pushed media production even further when he hooked the steam engine up to a printing press, leading to the industrialisation of printed media.
- 4 The media world faced drastic changes once again in the _____ with the spread of cable television.
- 5 In the _____, the major daily newspapers faced a new threat with the rise of the penny press – newspapers that were cheaper, more sensational daily news sources, mostly about murder, celebrities and sports.
- 6 In _____, the first major non-print forms of mass media – film and radio – became very popular.
- 7 In _____, a majority (83 %) of 16–24-year-olds consumed news online.
- 8 In _____, almost one billion televisions were sold worldwide.



1c
Speaking

Step 1: Have a look at the questions (1–7) about your newspaper and magazine reading habits and write down your answers in the table below. Then walk around in class and interview three students about their newspaper and magazine reading habits. Take notes.

- 1 How often do you read a newspaper?
- 2 Do you prefer to read newspapers online or in the print version?
- 3 What type of newspapers (*tabloids or quality papers*) do you prefer to read?
- 4 Which sections (*politics, international, business, sports, etc.*) are you most interested in? Explain.
- 5 How often do you read magazines?
- 6 What type of magazines (*fashion, cars, sports, celebrity, teen, science, technology, etc.*) do you prefer to read? Explain.
- 7 What makes you choose a particular magazine/newspaper? Give reasons.

	me	student 1	student 2	student 3
1				
2				
3				
4				
5				
6				
7				

Please note:

Tabloid: a newspaper of small format giving the news in a shortened form, usually with illustrated, often sensational material

Quality paper: a newspaper, typically a broadsheet, that is considered to deal seriously with issues and to have high editorial standards

Phrases for summarising
> page 166

Step 2: Get into pairs. Report your findings and also talk about your personal newspaper and magazine reading habits. Speak for about three minutes. Use your notes from Step 1 and the phrases from the LanguageBox. Take turns.

LanguageBox

Let me quickly summarise/point out/report what our classmates said about their newspaper and magazine reading habits.

I found out that ... read/reads the newspaper/a magazine daily/regularly/once a week/occasionally ...

Two out of three also claimed that they were most interested in reading about ... because ...

To my surprise, everybody/nobody/only one person ... said that ...

On top of that, ... per cent pointed out that ...

Finally, I would like to talk about my personal newspaper and magazine reading habits.

I personally read a newspaper/a magazine ...

All in all, I have to admit/I believe/it seems that ...

Last but not least, I would like to add that ...



THE EVOLUTION OF MEDIA

2 Listening: How young people get their news

2 aSpeaking
www

Get into pairs and answer the questions. Do some online research if you need help.



- 1 Which different kinds of media do you consume on a daily basis?
- 2 Would you say that young Austrians are interested in the news? Why?/Why not?
- 3 What do you think about countries that ban or restrict the media? Which countries with media censorship do you know?
- 4 What do you think of the phrase, "No news is good news"?

2 bListening
Track 15Test format
Short answers

You are going to listen to four young people talking about how they get their news. First you will have 45 seconds to study the task below, then you will hear the recording twice. While listening, answer the questions (1–6) using a maximum of four words. Write your answers in the spaces provided. The first one (0) has been done for you. After the second listening, you will have 45 seconds to check your answers.

How I get my news

0	Where does Pablo get his news from?	several (news) sources
1	What is a skill that Pablo's family improves when discussing the news?	
2	How does Halima describe accessing the news online compared to print?	
3	When does Halima's family discuss the news? (Give one answer.)	
4	What does Karim use social media for? (Give one answer.)	
5	When does Gina prefer to read traditional print media?	
6	What do news channels all have these days?	

2 cListening/
Vocabulary
www
Track 15

Step 1: Have a look at the VocabBooster. The following words and phrases have been used in the listening activity 2b. Listen again and try to guess their meaning in context. They are in the order they appear in the listening texts. Look up all the words you do not know in an online dictionary.



VocabBooster

1 to be healthy for one's mind	5 to be reliable	9 to be repetitive
2 to subscribe to	6 to mislead	10 news broadcast
3 current event(s)	7 upcoming	11 to be useless
4 news source	8 to be tedious	12 to be ancient

Step 2: Write down the words/phrases from Step 1 (1–12) next to the appropriate definitions/synonyms (A–L). Compare your results with a partner.

- A a provider of information or reports –
- B to contribute positively to a person's wellbeing –
- C to pay money to get a publication or a service regularly –
- D to be doing or saying the same thing several times –
- E to be boring, tiresome –
- F a television or radio programme consisting of reports about recent events –
- G to be of or from a long time ago, to be very old –

H to cause someone to believe something that is not true –

I to be of no value or use, to be worthless –

J important events that are happening in the world right now –

K to be able to be trusted; valid, well founded –

L about to happen, forthcoming –



3 Speaking: How do you access the news?

3 a**Speaking**

Get into pairs and discuss the following questions.

- 1 How important is keeping up-to-date with the news to you?
- 2 Do you prefer to watch, listen to or read the news? Give reasons.
- 3 How has technology changed reporting and the way we consume the news?
- 4 Which of the following types of news are most interesting to you? Give reasons.

national news ■ international news ■ local news about your town or city ■ news about your region ■ business and financial news ■ news about the economy ■ entertainment and celebrity news ■ health and education news ■ arts and culture news ■ sports news ■ science and technology news

3 b**Vocabulary**

Step 1: Have a look at the VocabBooster and make meaningful phrases using the verbs from the box. Use each word only once. Compare your results with a partner.

to leave ■ to access ■ to hear ■ to celebrate ■ to send ■ to make ■ to take ■ to criticise ■ to blame

VocabBooster

		(the) news
		a message
		(the) media

Step 2: Have a look at the sentences (1–9). Fill in appropriate verbs from Step 1. Mind the tenses. Sometimes there is more than one possibility. Compare your results with a partner.

- 1 The world held its breath as they _____ the news of the plane crash.
- 2 It is pretty superficial to always _____ the media for something bad happening.
- 3 The politician's speech _____ the news as it addressed key issues affecting the country.
- 4 Ms Edwards _____ you a message on your voicemail yesterday evening.
- 5 People now have the opportunity to _____ media anywhere, at home, while travelling, even while walking down the street.
- 6 Sorry, he is not available at the moment, but I _____ your message.
- 7 Jim phoned to say he had passed his finals. Let's have a party to _____ the news.
- 8 I couldn't reach you yesterday afternoon but I _____ you a text message.
- 9 He _____ the media for the negative representation of his personality and ideas.

3 c**Speaking
www****Test format
Interaction**

You are representing your school at the *Youth News Conference* in Bratislava. In a workshop session, you engage in a conversation with another student. In your conversation you should

- outline the pros and cons of mass media
- give examples of techniques that are used by the media to attract people's attention
- discuss why it is important for young people to stay informed about the latest news.

>



THE EVOLUTION OF MEDIA

Step 1: Have a look at the VocabBooster. Before you start speaking, read the bullet points carefully and write the phrases in the table below. Look up all the words you do not know in an online dictionary. Then compare your findings with a partner. Add any new ideas.

VocabBooster

to form opinions ■ to spread false messages/wrong beliefs ■ to lead to violent behaviour ■ to spend too much time in front of a screen ■ to provide someone with well-researched information ■ to create awareness of something ■ to manipulate/control someone ■ to lead to prejudice/bias ■ to present shocking news ■ to use catchy headlines ■ to relate to a person's emotions ■ to use special colours/typography ■ to grow personally ■ to expand one's knowledge ■ to broaden one's horizons ■ to get a better understanding of the world around you ■ to learn critical thinking ■ to take part in meaningful conversations ■ to use algorithms to tailor content and target audiences

bullet point 1 – the pros and cons of mass media

bullet point 2 – techniques to attract people's attention

bullet point 3 – why it is important to stay informed

Interaction phrases > page 165

Step 2: Get into pairs and start your conversation. Speak for about four minutes.



4 Writing a formal email: Digital versus print magazine – which one is better for your school?

4 a

Speaking www

A team of students regularly publishes a school magazine at your school. As readership has been decreasing over the last few months, your principal has been thinking about publishing a digital school magazine instead but wants to find out first what students think about this idea.

Step 1: Have a look at phrases in the VocabBooster and write them in the appropriate category in the table below. Sometimes there is more than one possibility. Look up all the words you do not know in an online dictionary. Compare your findings with a partner.

VocabBooster

to have a strong tradition ■ no waste is being created ■ to have a loyal readership ■ to cost a lot of money ■ to (not) be environmentally-friendly ■ students want to hold the paper in their hands ■ you can cut out articles and save them ■ to be more/less expensive ■ you can access it from anywhere in the world ■ articles are well-researched and well-documented ■ to be updated regularly ■ to be online 24/7 ■ to be harder to read ■ to be easy to change/delete the content ■ to save space

advantages

print school magazine

digital school magazine

disadvantages

print school magazine

digital school magazine

Discussion phrases
> page 165

Step 2: Get into pairs. Have a look at the role cards (A and B) and decide who you want to be. Then start your discussion. Use your ideas from Step 1. Try to come to a conclusion both of you are happy with. Speak for about four minutes.

Role card A

You want to keep the print school magazine going.

Role card B

You think that the print version is outdated and want to have a digital school magazine.

4 b

Writing
Text type
Formal email
> page 170

After your discussion on either keeping the print version of your school magazine or publishing a digital school magazine, you write an email to your principal informing him/her about the results of your class discussion. In your email you should

- introduce yourself and inform him/her about the results of your class discussion
- give reasons for the results of your class discussion
- ask when you will be informed about the school's decision.



Use your notes from activity 4a (Step 1) and appropriate phrases from the LanguageBox below. Write about 180 words.

LanguageBox

Dear Mr/Ms ...

My name is ... and I am a student in the 2nd form.

I am writing to inform you about the results of our class discussion on ... (topic)

First of all, it is to say that most students think that ...

Many of them believe that ...

It was also said that ...

Only about 10/25 ... per cent think that ...

It was also mentioned that ...

To summarise, it can be said that possible reasons for the results of our class discussion could be ...

Moreover, the fact that ... might also have contributed to the results of our class discussion.

I hope I was able to give you a good overview of the most important results of our discussion.

Could you please tell me when we will all be informed about ...?

Thank you in advance.

I am looking forward to hearing from you.

Yours sincerely

5 Language in use: Politicians urged to act on news credibility

Trouble-free grammar: The language of newspaper headlines 1

The headlines in English-language newspapers can be very difficult to understand. The reason for this is that newspaper headlines are often written in a special style, which is very different from ordinary English.

>



THE EVOLUTION OF MEDIA

5 a
Language
in use
www.

Step 1: Get into pairs. Have a look at the newspaper headlines (1–5) and guess what the articles could be about. Then find out which rule (I–V) from the Trouble-free grammar box can be applied.

- 1 Government introduces new tax plan
- 2 New law passed to improve public health
- 3 Record heatwave across Europe
- 4 President to meet with world leaders at summit
- 5 City getting ready for major festival

Step 2: Get into groups of three. Find at least six interesting newspaper headlines from different online newspapers and write them in your notebook. Analyse which rule (I–V) from the Trouble-free grammar box is used in each headline. Compare your findings with another group.

Trouble-free grammar: The language of newspaper headlines 2

Newspaper headlines need to be short and so short words are used to save space. Some of the words used sound a bit more **dramatic** than similar words used in everyday conversations.

Oil crisis – Government to act	Car plant to halt production
NGO calls for political will to back asylum reform	Politicians urged to ban single-use plastics
Government holds round table discussions on tax cuts	£ 10m government aid

5 b

Have a look at the box. Match the words/phrases in A with the appropriate ones in B that have the same or a similar meaning. Compare your results with a partner.

	A	B	
to act	1	a	to forbid
aid	2	b	to find someone not guilty
to back	3	c	to have to deal with something
to ban	4	d	disagreement
blast	5	e	reductions
crash	6	f	explosion
cash	7	g	to do something
to clear someone	8	h	to support
cuts	9	i	money
to face something	10	j	to stop
to halt	11	k	financial failure
row	12	l	help

5 c

Language in use Have a look at the newspaper headlines (1–8). Fill in an appropriate word from the box. Compare your results with a partner.

banned – row – to face – aid – to halt – cash – cuts – to act

- 1 _____ to police dog team to put lives at risk
- 2 National mobile network operator out of _____
- 3 Political _____ breaks out over falling PC numbers
- 4 Government to _____ development programmes in Grenada
- 5 Texting while walking _____ in New Jersey town
- 6 Protesters say government must _____ to stop climate change
- 7 Hundreds _____ poverty after new government reforms
- 8 President set out to change the government's foreign _____ system



6 Reading: The fake news problem

6 a

Speaking
www

Step 1: Get into pairs and answer the following questions. Do some online research if you need help.

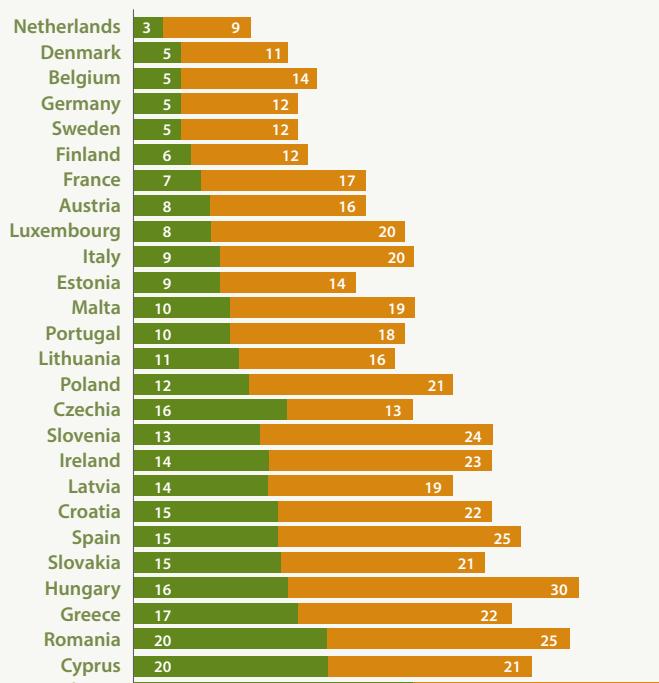
- 1 What is fake news and why do people create it?
- 2 Do you always believe the news you hear/read? Why?/Why not?
- 3 What topics are likely to be the focus of fake news?
- 4 What are risks and dangers of fake news for young people?



Phrases for
describing charts
and diagrams
> page 166

Step 2: Get into pairs. Have a look at the infographic and discuss the most important information. Then get together with another pair and present your findings. Take turns.

Share of people in EU member states who often came across disinformation in the last week (in percentage points)



Source: Statista, May 2022;
Survey among people aged 15 and older

very often often



THE EVOLUTION OF MEDIA

6 b**Vocabulary**
www

Have a look at the VocabBooster. Match the words in A with the appropriate ones in B to make meaningful phrases. Sometimes there is more than one possibility. Look up all the words you do not know in an online dictionary. Compare your results with a partner.

VocabBooster

	A		B
to be referred to	1	<input type="checkbox"/>	a societal outcome
to spread	2	<input type="checkbox"/>	b viral
to change	3	<input type="checkbox"/>	c something with other sources
to serve	4	<input type="checkbox"/>	d about the quality of online sources
to contain	5	<input type="checkbox"/>	e as fake news
to go	6	<input type="checkbox"/>	f rumours
to intentionally spread	7	<input type="checkbox"/>	g well-informed about something
to debate	8	<input type="checkbox"/>	h incorrect information
to keep oneself	9	<input type="checkbox"/>	i misinformation
to cross-check	10	<input type="checkbox"/>	j a very specific purpose

6 c**Reading****Test format**
Multiple choice

Read the article about fake news. Choose the correct answer (A, B, C or D) for each question (1–6). Write your answers in the spaces provided. The first one (0) has been done for you.

The fake news problem

1 What is fake news?

It seems like a simple question, but actually, the first thing to know about fake news is that there's not just one kind. Broadly speaking, there are three main types of fake news, and all need to be looked at in different ways.

The first type can be referred to as “deliberate fake news” and is 99 % fake. This is the spreading of intentionally incorrect information with the goal of changing a societal outcome. This is the kind that has been used on social media to change election results. The second type is not so much ‘fake’ as it is rather misleading or serving a very specific purpose. Third, we have news that is spread unintentionally. Even though false news spreads faster than the truth, it isn't necessarily on purpose. A study by *MIT* found that posts containing misinformation go viral more than factually correct ones, in some cases they are spreading six times faster and reaching tens to hundreds of thousands more views. It is not that people want to spread rumours, but that our human nature can make us more likely to believe things that are strange or interesting.

25 Digital avenues to the truth

The fear of fake information being spread online via social media networks has grown and so different solutions to solve this problem have been introduced. Some social networks now even require users to prove their identity via email or phone number to fight the creation of false ‘spam’ accounts. *Facebook* is experimenting with shrinking



the URLs of hoax sites and expanding its external fact-checking program that lowers the visibility of false stories in people's news feeds. *WhatsApp* is limiting the number of groups that messages can be forwarded to avoid political groups spreading their messages too fast.

35

40

It is also worth noting that *Wikipedia* has had a very different experience with fake news. Founder Jimmy Wales claimed that, “*Wikipedia* has had almost no problems with this at all, simply because it is the community's hobby to debate about the quality of sources.” *YouTube* has begun adding ‘fact checked’ notes below videos on its platform to give more context on videos.

45

In the UK, *The Independent Press Standards Organisation*, launched the “IPSO mark” and an associated awareness campaign. Publications can use the logo to make readers aware that they follow the standards of the *Editors' Code of Practice*.

50

The new ‘fake’ normal

It is difficult to say if all these efforts will be effective. However, it is a fact that fake news will not disappear in the digital world. This is why it is advisable to look at who is sharing the information. If it is from friends or family members, don't trust the posts unless the information is from someone who is a real expert. If it is a stranger or an organization, remember that a verified check mark or being well known does not make an account trustworthy. When looking at individual

55

60

65 accounts, check when the post was created, which should be listed in the profile. All in all, keep yourself well-informed by making sure that the things you are reading online are helping you get to the

right information. If you are not sure about something that you have read, cross-check it with other 70 sources. Last but not least, do not share information that you have not checked first.

0 Each kind of fake news should

- A be considered differently.
- B not be thought of at all.
- C not be a separate unit.
- D be very easy to understand.

1 Fake news that is spread on purpose

- A is often done for fun.
- B is often spread unintentionally.
- C is often used to influence political voting.
- D is often used to influence people's habits.

2 People accidentally spread fake news because

- A they do not know the damage it can do.
- B they tend to accept things that are more exciting.
- C they will only read things that grab their attention.
- D they love to gossip.

3 Sometimes users must show they are who they say they are by

- A creating another account.
- B confirming through something else.
- C getting facts checked by the website's team.
- D creating a URL.

4 One website does not have the same issues as others because

- A it has better cybersecurity.
- B it has a recognisable logo.
- C it has a team checking the facts.
- D its users discuss how useful the information is.

5 Because fake news will not go away, it is best to

- A look at the source of the information.
- B only trust information on subjects you already know a lot about.
- C contact the experts directly.
- D see if people generally know about those who published it.

6 If you are uncertain if some news is real or fake,

- A check how many likes the post has.
- B ask the people who follow you what they think.
- C find another source to confirm it.
- D learn to trust your instinct.

0	1	2	3	4	5	6
A						

6d

Speaking

Phrases for summarising
> page 166

LanguageBox

Get into pairs. Summarise the article in 6c in your own words. Use appropriate phrases from the VocabBooster in 6b and the phrases from the LanguageBox. Take turns.

The article offers information about ...

In general, there are three main types of fake news, for instance, ...

Furthermore, ...

The article also says that ...

In addition, ...

Another important aspect/fact mentioned is that ...

The author really draws attention to the fact that ...

Surprisingly, the article claims that ...

Finally, it can be said that ...

7 Language in use: Such great news and so encouraging

Trouble-free grammar: so / such

We use **so** with **adjectives or adverbs**.

That news report about the environment is **so** scary. Aleksandar always does his research **so** carefully.

We use **such** with **nouns or with adjectives + nouns**.

The news caused **such** excitement that people started celebrating it in the streets.

I really have to subscribe to this magazine. It has **such** high-quality content.



THE EVOLUTION OF MEDIA

7 a
Language in use

Have a look at the sentences (1–9). Fill in *so* or *such*. Compare your results with a partner.

- 1 Jalil is _____ a smart guy. He is always up-to-date with the latest news.
- 2 Today is _____ a perfect day for a new post on our fashion blog.
- 3 It is _____ a shame that you didn't hear the news about the elections.
- 4 The new ad for my favourite brand is _____ catchy.
- 5 Have you had time to listen to her podcast? It's _____ cool.
- 6 My Internet connection is _____ slow, it's unbearable.
- 7 The news report about the political protest was _____ emotional.
- 8 Fake news has become _____ a big topic in the last few years.
- 9 Sally was _____ happy to hear the good news.



7 b
Language in use

Have a look at the sentences (1–9). Fill in *so/such/so much/so many*. Compare your results with a partner.

- 1 The TV set was _____ expensive that I couldn't afford it.
- 2 The political party launched _____ a successful campaign that they won the elections.
- 3 We didn't take part in the fake news protest because it was _____ cold and rainy outside.
- 4 There were _____ rumours about the Royal Family last year.
- 5 I have _____ to say about the YouTuber's latest posts.
- 6 We couldn't believe what had just happened. It was _____ bad luck.
- 7 Fake news is _____ widespread today, and it has changed the way consumers look at brands.
- 8 There are _____ people who access the news several times a day.
- 9 I love this magazine! It contains _____ more content than others in this genre.



8 Review

8 a
Language in use

Have a look at the newspaper headlines (1–8). Fill in an appropriate word from the box. Mind the tenses. Compare your results with a partner.

to halt – to act – rows – to ban – facing – cuts – to urge – cash – aid

- 1 France _____ an unexpected heat wave
- 2 Green Party _____ Australia to _____ on the climate crisis
- 3 Elections likely to spark serious political _____ in Northern Ireland
- 4 Call on government to _____ deep sea mining
- 5 Calls for tax _____ to be rethought
- 6 UK government to _____ disposable vapes to prevent use by children
- 7 CEO admitted the company's _____ flow is at risk
- 8 President said the country needs _____ to counter violence



8 b
Language in use

Have a look at the sentences (1–9). Fill in *so/such/so much/so many*. Compare your results with a partner.

- 1 The news was _____ surprising that I couldn't say anything.
- 2 This is _____ a cool and new radio show concept. Congrats!
- 3 In today's world there are _____ news broadcasters competing for your attention.
- 4 The result of the election was _____ different from what we had expected.
- 5 The anchor woman of the 8 pm news is _____ a professional speaker.
- 6 There is _____ more to say about how AI impacts social media.
- 7 Levi thinks that *ChatGPT* is _____ better than the currently available translation options.
- 8 It's unbelievable that _____ a high percentage of teens access social media several times a day.
- 9 With _____ different news sources available, it can be hard to know which ones to trust.

8 c
Vocabulary

Have a look at the sentences (1–9). Fill in an appropriate verb from the box to make meaningful verb-noun phrases. Mind the tenses. Sometimes there is more than one possibility. Compare your results with a partner.

to send – to take – to criticise – to leave – to make – to access – to blame – to celebrate – to hear

- 1 It is too easy to always _____ the media for everything.
- 2 Have you checked your email account today? I _____ you a message last night.
- 3 The sprinter _____ the news when she set a world record for the 100 metres.
- 4 Our boss _____ the media for taking his comments out of context.
- 5 Come on, let's _____ the good news!
- 6 Outside of these hours you may _____ a message on the voicemail system.
- 7 Did you _____ the news about the tornado in Florida?
- 8 If you miss a call on *WhatsApp*, just let the app _____ a message for you.
- 9 The new website offers users the chance to _____ the news from wherever they are in the world.

8 d
Vocabulary

Have a look at the words/phrases (1–9). Write down meaningful sentences on the topic of media. Compare your sentences with a partner.

- 1 well-researched –

- 2 to subscribe to –

- 3 bias –

- 4 to cross-check –

- 5 to access –



THE EVOLUTION OF MEDIA

6 ancient –

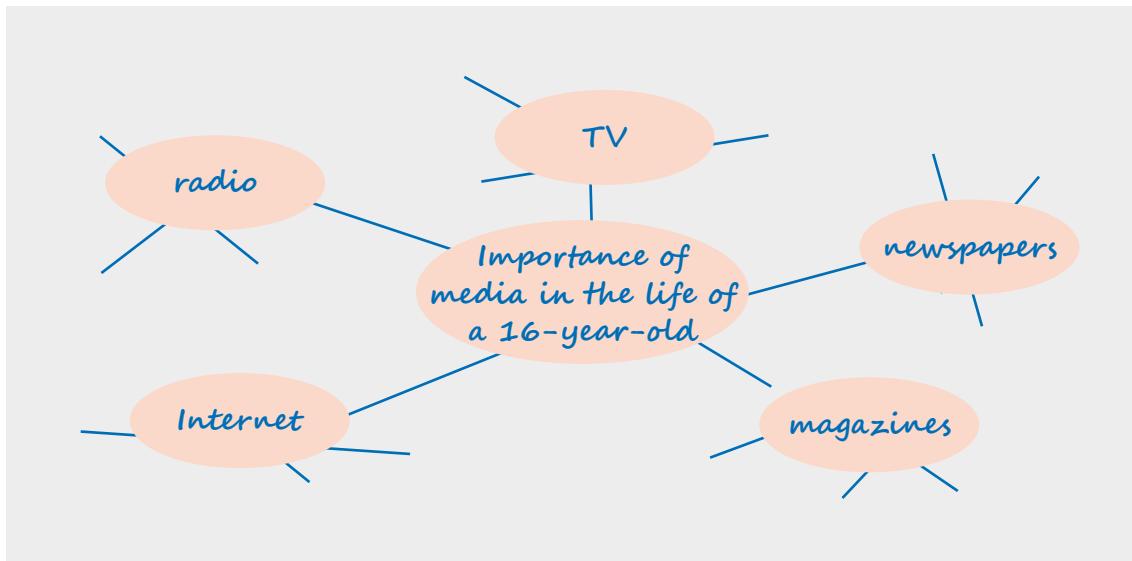
7 to delete –

8 to contain –

9 to go viral –

8 e
Speaking
www
Test format
Individual
long turn

Step 1: Prepare a 3-minute talk about the importance of different types of media (*newspapers, magazines, radio, TV, Internet*) in the life of a sixteen-year-old teenager. Complete the mind map with your ideas. Do some online research if you need help.



Presentation
phrases
> page 165

Step 2: Get into groups of three and give your talks. Take turns.

8 f
Writing
www
Text type
Blog comment
> page 173

You came across the following blog entry on www.teenlife.com.

Getting the news from the Internet – thumbs-up or thumbs-down?

by Mark Spencer03

12 October, 11:30 am

Even though there are a lot of advantages, some people believe that getting the news from the Internet creates many problems. There is, for instance, the problem of fake news, poor quality of news reporting, credibility, and many more. Do you agree?

Looking forward to reading your comments!



You have decided to comment on this blog entry. In your blog comment you should

- point out the advantages and disadvantages of getting the news from the Internet
- describe one situation where you did not feel comfortable getting the news online
- suggest ways of using Internet news responsibly.

Step 1: Before you start writing, read the bullet points carefully and take notes in the table. Do some online research if you need help.

bullet point 1

bullet point 2

bullet point 3

Step 2: Now write your blog comment. Write about 200 words.

Key vocabulary

VocabExtra
www.hpt.at/qr_225471



How young people get their news

to be healthy for one's mind
to subscribe to a newspaper
to inform someone about current events
to get information from different news sources
to be reliable
to mislead people

to find news about upcoming TV series/shows
to be tedious
to be repetitive
the news broadcast also has a social media account
to be useless
to be ancient

How do you access the news?

to make the news
to hear the news
to celebrate the news

to leave a message
to send a message
to take a message

to access the media
to criticise the media
to blame the media

to form opinions
to create awareness of something
to manipulate/control someone
to lead to prejudice/bias
to present shocking news
to use catchy headlines
to use algorithms to tailor content and target audiences

to relate to a person's emotions
to use special colours/typography
to grow personally
to expand one's knowledge
to broaden one's horizons
to get a better understanding of the world around you
to learn critical thinking
to take part in meaningful conversations

Digital versus print school magazine

to have a strong tradition
no waste is being created
to have a loyal readership
to cost a lot of money
to (not) be environmentally-friendly
students want to hold the paper in their hands
you can cut out articles and save them
to be more/less expensive

you can access it from anywhere in the world
articles are well-researched and well-documented
to be updated regularly
to be online 24/7
to be harder to read
to be easy to change/delete the content
to save space

The fake news problem

to be referred to as fake news
to intentionally spread incorrect information
to change a societal outcome
to serve a very specific purpose
to contain misinformation

to go viral
to spread rumours
to debate about the quality of online sources
to keep oneself well-informed about something
to cross-check something with other sources



UNIT 10

THE VALUE OF INTERNSHIPS

Unit overview

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1 Warm-up: What interns should know about

1 a

Speaking www.english-test.net What do you know about internships? Have a look at the statements (1–7) and tick whether they are true (T) or false (F). Look up all the words you do not know in an online dictionary. Then get into pairs and compare your results.

		T	F
1	An internship is a paid or unpaid work placement that allows you to gain real work experience in a career field of your choice.	<input type="checkbox"/>	<input type="checkbox"/>
2	An internship is a great way to find out if a particular career area is appropriate for you.	<input type="checkbox"/>	<input type="checkbox"/>
3	Internships help you gain valuable connections with people in your field of interest.	<input type="checkbox"/>	<input type="checkbox"/>
4	Interns do beginner-level or repetitive tasks.	<input type="checkbox"/>	<input type="checkbox"/>
5	Internships always happen during the summer.	<input type="checkbox"/>	<input type="checkbox"/>
6	There are no special intern programmes for students with disabilities or special needs.	<input type="checkbox"/>	<input type="checkbox"/>
7	Internships can lead to part-time, summer or full-time employment opportunities.	<input type="checkbox"/>	<input type="checkbox"/>

1 b

Speaking www.english-test.net **Step 1:** Have a look at the VocabBooster. Match the words in A with the appropriate definitions/synonyms in B. Compare your results with a partner.

VocabBooster

	A	B
grunt work	1 <input type="checkbox"/>	a someone who you work with
impression	2 <input type="checkbox"/>	b direct; from the original source
senior manager	3 <input type="checkbox"/>	c an idea or opinion of what something or someone is like
co-worker	4 <input type="checkbox"/>	d responsibilities; commitments
equipment	5 <input type="checkbox"/>	e the act of allowing someone to do something
first-hand	6 <input type="checkbox"/>	f section in an organisation or company
to require	7 <input type="checkbox"/>	g the basic, hard work, often physical, boring and/or repetitive
permission	8 <input type="checkbox"/>	h area of work; field of specialisation
duties	9 <input type="checkbox"/>	i not influenced or controlled in any way by other people, events, or things
department	10 <input type="checkbox"/>	j someone who leads and motivates their team to achieve high levels of productivity and efficiency
independent	11 <input type="checkbox"/>	k the set of necessary tools, items, clothing, etc. for a particular purpose
career field	12 <input type="checkbox"/>	l to need something or make something necessary

Step 2: Have a look at the following tips for a successful internship. Which of them do you find most/least important? Rank them according to their importance from 1 (*most important*) to 6 (*least important*). Give reasons. Then get into pairs and compare your findings. Use the phrases from the LanguageBox below.

tips	ranking				
	1	2	3	4	5
1 Talk to the Human Resources (HR) manager (e.g., find out about the start and end dates of your internship, get information about the work you will be doing, and what you should have ready by the first day of your internship)	<input type="checkbox"/>				
2 Start your first day right (e.g., make sure you make a good first impression with your new co-workers and your senior managers)	<input type="checkbox"/>				
3 Get to know the expectations (e.g., ask your managers and co-workers what clothes, tools, equipment and extra resources are required and if there are any rights or permissions you need to know about)	<input type="checkbox"/>				
4 Get first-hand information (e.g., talk to others who also did their internship at the same company/career field to get first-hand information and advice)	<input type="checkbox"/>				
5 Connect with the team (e.g., whatever the situation may be at your company/in your department, make sure you find your role within the team, get all necessary information about your duties, tasks and responsibilities)	<input type="checkbox"/>				
6 Work as closely with your manager as you can while still being independently productive (e.g., show them you can get tasks done, but also try to get as much feedback as you can get to learn as much as possible in your career field)	<input type="checkbox"/>				

LanguageBox

From my point of view, the first/second/third ... tip for a successful internship is most important because ...

Another necessary tip is to ... because ...

Talking to .../Starting .../Getting ... is also a good piece of advice for a successful internship because ...

Tip number ... is (also) extremely important as ...

The least important tip for a successful internship for me is ... because ...

I also think that the first/second/third ... tip is not really important as ...



2 Listening: My internship experience

2 a
Speaking

Get into pairs and discuss the following questions. Use appropriate phrases from the VocabBooster below.

- 1 Have you ever done an internship? What was it like? What were your tasks and duties?
- 2 How can students personally benefit from doing an internship?
- 3 What about your next internship? Where and when would you like to do it? Explain.
- 4 What is more important in your field, theoretical knowledge or practical skills? Why?

VocabBooster

to learn time-management skills	to be equally important
to improve one's communication skills	to get a deeper understanding of something
to work together with others	to learn through doing and experiencing something in a real-work setting
to learn problem-solving skills	to need theoretical knowledge and practical skills for a successful career
to become more self-confident	



THE VALUE OF INTERNSHIPS

2 bListening
Track 16Test format
Multiple
choice

You are going to listen to two students talking about their internship experiences. First you will have 45 seconds to study the task below, then you will hear the recording twice. While listening, choose the correct answer (A, B, C or D) for each question (1–6). Write your answers in the spaces provided. The first one (0) has been done for you. After the second listening, you will have 45 seconds to check your answers.



My internship experience

0 Karim did not expect that he

- A would work for a software engineering business.
- B would work for such a famous business.
- C would meet the manager so soon.
- D would ever be an intern.

1 The condition of the company workspace made Karim feel

- A very welcome.
- B as if they support language learning.
- C like it was a professional place.
- D quite insecure.

2 After Karim was able to attend an event, he

- A recognised that the company wants to help workers develop.
- B wanted to work at *Creative Spark*.
- C was able to attend the weekly meetings.
- D wanted to attend others as well.

3 Karim believes that he

- A had too much to deal with.
- B is less introverted now.
- C made a lot of friends.
- D will work at the company again.

4 Elena joined CK Construction Group after

- A realising she had nothing else to do in the summer.
- B asking someone she knew if she could join.
- C communicating with someone important in the company.
- D beginning work very positively.

5 Elena liked that the workers were very

- A intelligent and educated.
- B detailed and careful.
- C fun and playful.
- D quick and committed.

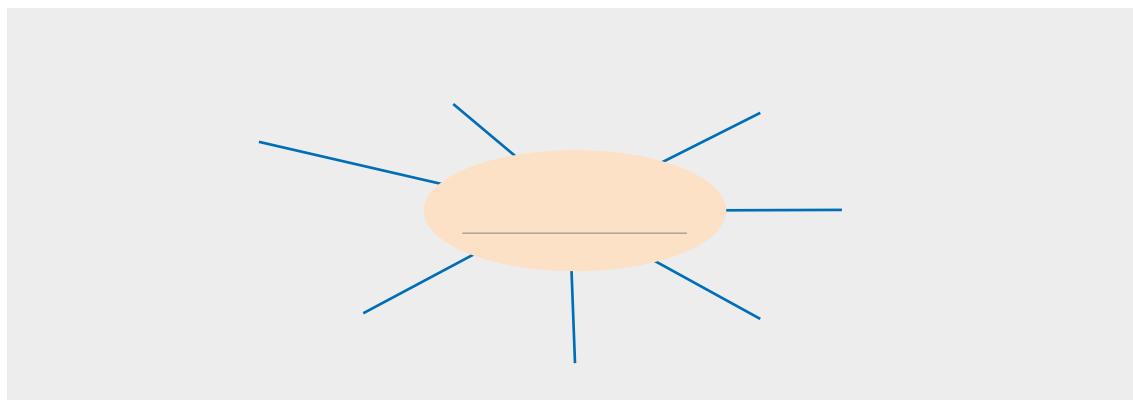
6 When Elena was taken out to a work location, she

- A found out how she could help the site manager.
- B could comprehend what needed to happen to finish a project.
- C helped make calls while on site.
- D was able to finish the project.

0	1	2	3	4	5	6
B						

2 cListening/
Speaking
Track 16

Step 1: Get into pairs and listen again. While listening, one of you concentrates on Karim's internship experience and one of you concentrates on Elena's internship experience. Write down the most important phrases that will help you to summarise the person's internship experience. Take notes in the mind map.

Phrases for
summarising
> page 166

Step 2: Get into pairs and give your summary. Use the phrases from the LanguageBox on page 151. Take turns.

LanguageBox

In his/her last internship at ... (*name of the company*), Karim/Elena was ...
Overall, it was a very positive first impression for him/her because ...
Karim's/Elena's main tasks and duties were ...
In addition, he/she also had to ...
Besides, ... (*name*) learned/improved/could work on ...
Finally, ... (*name*) thinks that his/her internship was a success because ...

2 d**Vocabulary**
www

Step 1: Have a look at the VocabBooster. The words/phrases have been used in the listening activity (Track 16). They are in the order they appear in the listening text. Look up all the words you do not know in an online dictionary.

VocabBooster

to regret something ■ company culture ■ to be busy ■ communication skills ■ to socialise ■ to be dedicated ■ to purchase ■ accounting ■ warranty ■ maintenance ■ vendor ■ site manager

Step 2: Write down meaningful sentences on the topic of internships. Compare your sentences with a partner.

- 1 to regret something –

- 2 company culture –

- 3 to be busy –

- 4 communication skills –

- 5 to socialise –

- 6 to be dedicated –

- 7 to purchase –

- 8 accounting –

- 9 warranty –

- 10 maintenance –

- 11 vendor –

- 12 site manager –



THE VALUE OF INTERNSHIPS

3 Language in use: The intern was actively involved in the staff's daily routine.

Trouble-free grammar: Phrasal verbs

Phrasal verbs are a combination of a **verb** and one or more **adverbial** or **prepositional particles**.

Looking back, I can say that I have never regretted my internship at this company.

The new product needs a name that people can **relate to**.

In his internship, Karim was **taking part in** meetings every day.

He **talked to** so many different people at *Creative Spark*.

Elena is very grateful that the CEO of the *CK Construction Group* **responded to** her email.

Elena **was** actively **involved in** the staff's daily routine.

She was able to give her input and **contribute to** this successful construction company.

The intern thought that the hard work was something she just had to **put up with**.

The intern felt really down after he had made that silly mistake but his colleagues **cheered him up** again.

The company will have to close if they cannot **get over** the new regulations.

3 a
Language
in use

Have a look at the VocabBooster. Match the phrasal verbs in A with the words/phrases in B that have the same or a similar meaning. Compare your results with a partner.

VocabBooster

A	B
to look back	1 <input type="checkbox"/> a to be part of
to relate to	2 <input type="checkbox"/> b to identify with; to make or show a connection with something
to take part in	3 <input type="checkbox"/> c to recall; to reflect on; to think back
to talk to	4 <input type="checkbox"/> d to help; to support
to respond to	5 <input type="checkbox"/> e to speak with
to be involved in	6 <input type="checkbox"/> f to answer to; to reply to
to contribute to	7 <input type="checkbox"/> g to participate in
to put up with	8 <input type="checkbox"/> h to overcome; to succeed in dealing with something
to cheer someone up	9 <input type="checkbox"/> i to tolerate; to accept
to get over something	10 <input type="checkbox"/> j to make someone happier

3 b
Language
in use

Have a look at the sentences (1–10). Fill in the correct prepositions. Compare your results with a partner.

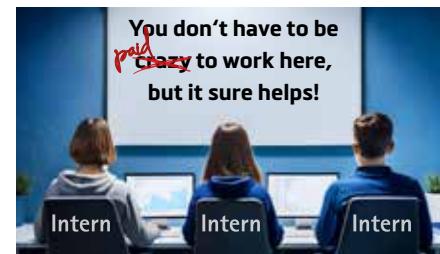
- 1 The architect responded _____ the client's complaint by increasing the kitchen in size.
- 2 The two interns did not contribute _____ the steel engineering project in Hungary.
- 3 I think it is important to have a company mission statement you can relate _____.
- 4 Looking _____, I can say that my internship in Toronto was a once-in-a-lifetime experience.
- 5 If I were you, I would talk _____ your manager about it.
- 6 Paul was involved _____ sales from the very beginning.
- 7 The managers have been trying to get _____ the poor sales in the last quarter.
- 8 It is a great honour to take part _____ this important meeting today.
- 9 Our boss has been in a bad mood recently, but today we have managed to cheer him _____.
- 10 No member of staff needs to put up _____ a bully's behaviour.

4 Reading: Why internships are important for your career

4 a Speaking

Get into pairs. Have a look at the cartoon and discuss the questions below.

- 1 What is the main idea of this cartoon? Explain.
- 2 Are you going to be paid in your next internship? Will the payment be appropriate for the work you will do?
- 3 Would you be willing to do an internship without getting paid for it? Why?/Why not?



4 b Vocabulary

Have a look at the VocabBooster. Match the words in A with the appropriate ones in B to make meaningful phrases. Sometimes there is more than one possibility. Compare your results with a partner.

VocabBooster

A	B
to find a 1	a to real-life work situations
to take the first steps 2	b personal brand
to adjust to 3	c in the working world
to apply classroom knowledge 4	d future employment
to sell one's 5	e work-related situations
to get a full-time 6	f initiative
to be someone's 7	g on one's job search
to guide someone through 8	h starting role within a company
to open the doors for 9	i where mistakes are expected
to take 10	j different work patterns and norms
to work in an environment 11	k job later on
to get a head start 12	l mentor

4 c Reading Test format True / False



Read the article about the importance of internships. First decide whether the statements (1–6) are true (T) or false (F) and put a cross (x) in the correct box. Then correct the wrong statements and rewrite them. The first one (0) has been done for you.

The importance of internships for your career

- 0 For many young people doing an internship is a great way to find a starting role within a company or industry of their choice and to take their first steps in the working world. In an internship students will be able to take on real work responsibilities in a real working environment. It will also enable them to adjust to different work patterns and norms.
- 1 For many young people doing an internship is a great way to find a starting role within a company or industry of their choice and to take their first steps in the working world. In an internship students will be able to take on real work responsibilities in a real working environment. It will also enable them to adjust to different work patterns and norms.
- 2 Working as an intern usually means that you do not have years of experience behind you. A major part of having an internship is learning more about your field of specialisation, as well as your personal strengths and weaknesses. When doing an internship, you will have the opportunity to apply classroom knowledge to real-life work situations, which will allow you to be successful in your business ca-



reer. As an intern, you are not expected to be perfect. 20
One other reason why doing an internship is vital for your career is that you will make lots of connections. You will have a manager, colleagues, and you will also get 25
in contact with Human Resources and other sections, or even clients. This opportunity of business networking is a great chance to sell your personal brand to these people, ensuring that these immediate contacts become part of a longer-term network 30
that might help you get a full-time job later on. On the other hand, however, moving from education into work can be quite scary as you do not know what to expect and will be faced with many new people, work situations and real-life problems 35
you may not have experienced yet. Luckily though, >



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in addition to the hands-on learning on the job, your manager will either be your direct mentor or have a mentor assigned to you. Mentors are the 40 perfect internship support as they are knowledgeable enough to guide you through work-related situations, but they are also there as longer-term support to help you with general work-related tips and advice.

45 Needless to say, the experience you gain during an internship increases your market value. You gain skills and credibility on an internship, and will be moving from someone with no professional experience to a candidate with some experience. The 50 distinction might seem small, but it is powerful, and a collection of various internships can do wonders for your personal brand and your CV.

A number of internships on your CV show employers you took initiative and are committed to 55 gaining experience in your chosen field. Internships on the CV also allow employers to see what skills you developed and how they were applied during the internship experience.

Unfortunately, not all companies pay interns. 60 Nevertheless, having a paid internship allows you to earn a paycheck while also having a flexible schedule that works around your life as a full-time student. It is a great option to have flexibility while

preparing for a full-time job in your chosen career field. It provides you with the opportunity to put 65 your theoretical knowledge into practice.

Not only have internship experiences opened the doors for possible future employment, they have also helped students determine if they were a good fit for certain positions and if a company would be 70 a good fit for them. Working as an intern helps you learn more about yourself and where you would like to work, as well as the type of work that you would enjoy doing in your future career.

Last but not least, it is to say that in addition to 75 gaining valuable experience in your career field, you are also working in an environment where mistakes are expected and where you have extra support. Taking advantage of internship opportunities during your school years is a great way to get 80 a head start on your job search and prepare for a successful career in your field of specialisation.

To put it bluntly, your internship success will 85 largely be in your hands. Companies will certainly not hire people who have not performed well in their internships, and even top performers might not be taken on. So give your very best and make the most out of your internships. It will definitely pay off for you!

Statements

	Statements		
0			Doing an internship means you will be able to choose what sort of job you want.
1			You will mostly be in contact with people in your department.
2			The guide that helps you in your internship will also help you with personal problems.
3			Even a small amount of work experience can mean a lot in the job market.
4			Doing internships as a student will help you figure out what career is most suitable for you.
5			Making mistakes or failing in an internship is not well-received.
6			Doing well in your internship will depend on how well-connected your company is.

	T	F	Correct statements
0		X	In an internship, students will begin slowly and be given less important work until they are ready for something real.
1			
2			
3			
4			
5			
6			

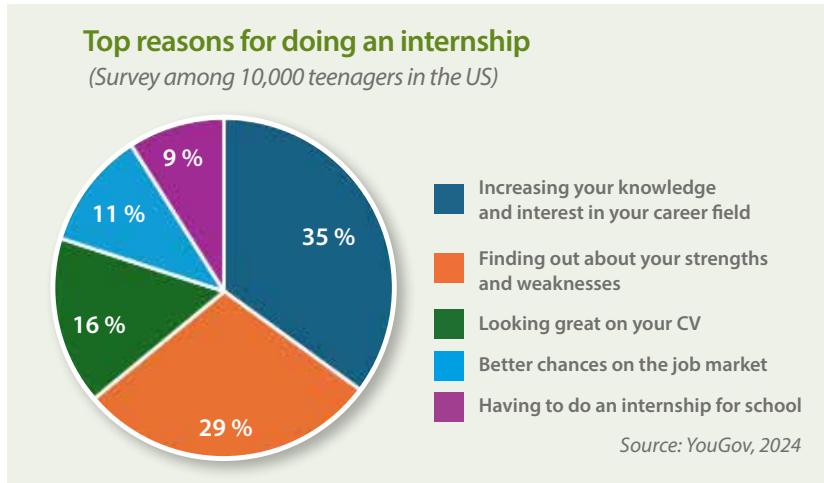
5 Writing an informal email: The pros and cons of doing an internship

5 a

Speaking

Get into pairs. Have a look at the pie chart and discuss the following questions (1–3).

- 1 What is the most surprising result of the survey in your opinion? Explain.
- 2 Do you think the results would be different for teenagers in Austria? Why? Why not?
- 3 What are your top reasons for doing an internship?



5 b

Vocabulary

Have a look at the VocabBooster. Write the phrases in the appropriate category in the table below. Compare your results with a partner.

VocabBooster

to gain real work experience ■ to have to do the grunt work ■ to work on a variety of tasks and projects ■ to not get any payment for the internship ■ to not be treated like an equal member of staff ■ to learn more about one's field of specialisation ■ to work with a lot of different people ■ to get to know different departments ■ to find out which skills one is lacking ■ one's role at the company may be confusing ■ to get the chance for personal development ■ internships look good on one's CV ■ to gain hands-on experience ■ to have better job chances ■ to form a network of professionals ■ it may be hard to build up a relationship with other members of staff ■ to learn something for life

the pros of doing an internship	the cons of doing an internship

5 c

Writing

Text type

Informal

reply email

> page 168

You have just received an email from your English cousin Adnan. In his email he asked you to tell him about your last internship. In your reply email you should

- describe your last internship/work experience in more detail (e.g. *company, tasks, duties, colleagues*)
- point out the advantages and disadvantages of internships
- give him advice for his first internship.

Use the phrases from the VocabBooster in activity 5b and the phrases from the LanguageBox on page 156. Write about 200 words.

>



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LanguageBox

Hi

Thanks for your last email. It was great to hear from you! I'm sorry I didn't get back to you right away, but I was really busy/stressed out ...

You asked me about my last internship. I was ...

My main tasks and duties were ...

Furthermore, I had to ...

My colleagues were ...

Talking about the advantages and disadvantages of internships, I believe that there are more advantages than disadvantages/that the pros outweigh the cons/that there are more negative than positive aspects.

From my point of view, major benefits of internships are ...

It is also positive that ...

In addition, ...

A disadvantage may be that ...

Besides, it is also not so good that ...

Regarding your first internship next summer, I'd advise you to ...

It is also a good idea to ...

Last but not least, I would ...

I'd better go now. There's lots of homework waiting for me.

Can't wait to hear from you!

Best



6 Language in use: So many things you will learn from doing an internship

Trouble-free grammar: *much/many/a lot of*

much

We use ***much*** with **uncountable nouns**, usually in **negative sentences** and **questions**.

I don't have ***much*** time for cooking.

How ***much*** is it?

Please note:

– Nouns can be countable or uncountable.

Countable nouns can be counted, e.g. an internship, two internships, three internships.

Uncountable nouns cannot be counted, e.g. time, air, rice, water.

– We use ***much*** with the following uncountable nouns:

 snow rain water coffee wine milk food time money stress energy luck

many

We use ***many*** with **countable nouns**, usually in **negative sentences** and **questions**.

There were not ***many*** interns at the company event yesterday.

How ***many*** of you can create a construction project budget?

Please note:

We also use ***much/many after so/as/too/very***.

There were ***so many*** students applying for the internship.

We usually have ***too many*** things to do.

He ate ***as much as*** he could.

Thank you ***very much*** for your help.

a lot of

We use ***a lot of*** with **uncountable and countable nouns**, usually in **positive sentences**.

Internships offer ***a lot of*** benefits for students.

Nico and Harris spent ***a lot of*** time doing grunt work in their internship.

6 a

Language in use Have a look at the sentences (1–9). Fill in *much/many/a lot of*. Compare your results with a partner.

- 1 We spent as _____ time as possible on the project and it was worth it.
- 2 I was surprised that there were so _____ interns applying for the internship.
- 3 Thank you so _____ for offering me the chance to do this internship at your company.
- 4 Hailey spent _____ money during her internship in Dublin.
- 5 There were _____ tools in the cabinet drawer.
- 6 Murat didn't earn _____ money during his internship.
- 7 The work placement was a huge success. There isn't _____ more to say about it.
- 8 There were too _____ people at the job fair.
- 9 How _____ is this sandwich?

6 b

Language in use Have a look at the sentences (1–8) and write down the most appropriate answer (A, B or C). Compare your results with a partner.

- 1 Mohammad has worked too _____ lately.
A much B many C a lot of
- 2 Lana learnt _____ important skills from her internship.
A much B many C a lot of
- 3 Yusuf thinks it is good to ask his manager _____ questions.
A much B many C a lot of
- 4 There is not _____ work left to do on the building site.
A much B many C a lot of
- 5 Berat has carried too _____ heavy cement bags. Now he is tired and exhausted.
A much B many C a lot of
- 6 There are _____ things you can do to get an internship without work experience.
A much B many C a lot of
- 7 How _____ bread is the pastry chef baking for the company event?
A much B many C a lot of
- 8 The project is work in progress, there is still so _____ to do and organise.
A much B many C a lot of

7 Speaking: Describing a product

7 a

Vocabulary www Step 1: Have a look at the words/phrases in the VocabBooster. Look up all the words you do not know in an online dictionary.

VocabBooster

to be long-lasting	to be well-constructed	to be reliable
to be resistant	to be high-quality	to be tried and tested
to be tough	to be green/sustainable	to be useful
to be solid	to be fragile/breakable	to be functional
to be trendy	to be multi-functional	to be huge
to be up-to-the-minute	to be reasonably priced/expensive/cost-efficient	to be easy to use
to be timeless	to be adjustable/adaptable	to be heavy/lightweight
to be well-built	to be efficient to run/maintain	to be supportive/convenient
to be well-designed		to be a great relief





THE VALUE OF INTERNSHIPS

Speaking

Step 2: Get into pairs. Have a look at the three products (A–C) and describe them in more detail. Use appropriate phrases from the VocabBooster in Step 1. Take turns.



A



B



C

Step 3: Discuss the following questions with your partner.

- 1 Which product in Step 2 would you/would you not consider buying? Give reasons.
- 2 What was the last product you bought? Where did you buy it? Why did you buy it?
- 3 What information can you usually find in a successful product description? Give examples.

7b
Speaking
www

Step 1: Get into pairs. Think of an innovative product in your field of specialisation. Have a look at the questions (1–8) and take notes in the table. Do some online research if you need help.

my notes	
1 Which sector does this product belong to? (electronics, mechanics, building construction, timber construction, etc.)	
2 Who is this product for? (men, women, kids, teenagers, elderly people, car enthusiasts, homebuilders, tech freaks, etc.)	
3 What are the product's basic details? (dimensions, materials, product features and functions, etc.)	
4 Where would someone use this product? (indoor or outdoor, for one's car or home, etc.)	
5 When should someone use the product? (during a certain time of day, seasonally, for a specific type of occasion, every day, all year round, etc.)	
6 Why is this product more innovative or better than its competitors? (special features, better quality, price, etc.)	
7 How does the product work? (give clear instructions on how to use it, etc.)	
8 What are the main benefits of the product? (what makes it so special/unique, why should people buy it, etc.)	

Step 2: Now give your 3-minute product description. In your presentation you should

- describe the product in more detail
- explain where and when someone would use this product
- highlight its special features/functions and the main benefits of the product.



Presentation
phrases
> page 165

Get together with another pair. Use appropriate words/phrases from the VocabBooster in activity 7a, your notes from Step 1 and the phrases from the LanguageBox. Take turns.

LanguageBox

Today we would like to present a famous/well-known/important ... product in our field of specialisation: ... (*name of the product*).

The product is made of ... (*material*) and has ... (*features/functions*).

Talking about its dimensions, we can say that it is ... cm/m long and ... cm/m wide.

... (*name of the product*) is used/can be used for getting/doing/drilling/driving ...

You can use it outdoors/indoors ... all year round/every day/seasonally ...

You can even ... with it.

Furthermore, the product has/offers/shows/helps you to ...

It also features .../ Special specifications that are worth mentioning are ...

The product is also equipped with ...

All in all, it is to say that this particular model stands out from the competition because ...

It is priced at .../ The product costs ...

Last but not least, we can say that the main benefits of the product are ...

Do you have any questions?

Thank you for listening.



8 Review

8 a
Language
in use

Complete the second sentence so that it has a similar meaning to the first sentence using the words given in bold. Use phrasal verbs. You must use between two to four words including the words given. Mind the tenses. The first one (0) has been done for you.

0 Jeremy thought back on the event with a smile on his face. – **look**

Jeremy looked back on the event with a smile on his face.

1 Sam is currently part of the new marketing project team. – **involve**

Sam is currently _____ the new marketing project team.

2 The new idea will support the success of the new product line. – **contribute**

The new idea will _____ the success of the new product line.

3 Theo was participating in a conference on youth employment last week. – **take part**

Theo _____ a conference on youth employment last week.

4 The intern spoke to the manager about the sales meeting on Saturday. – **talk**

The intern _____ the manager about the sales meeting on Saturday.

5 The HR Manager did not reply to my email of application. – **respond**

The HR Manager did not _____ my email of application.

6 Elif had to tolerate a lot of negative feedback from her boss last year. – **put**

Elif had to _____ a lot of negative feedback from her boss last year.

>



THE VALUE OF INTERNSHIPS

7 The company boss finally managed to overcome the difficulties he faced finding a major investor. – **get**

The company boss finally managed to _____ the difficulties he faced finding a major investor.

8 My colleague introduced some great ways to pick myself up. – **cheer**

My colleague introduced some great ways to _____.

8 b Have a look at the sentences (1–9). Fill in *much/many/a lot of*. Compare your results with a partner.

Language
in use

- 1 Azra ate too _____ cake in the company canteen and now she doesn't feel well.
- 2 How _____ of you did an internship last summer?
- 3 I was surprised that so _____ students at our school will be doing a summer job this year.
- 4 How _____ do they pay their interns?
- 5 Doing an internship is a vital part of _____ young people's education today.
- 6 There are _____ reasons why doing an internship is beneficial for your career.
- 7 Mehmet hasn't got _____ time for cooking in the evening. He's just too busy at the moment.
- 8 How _____ times have you taken part in meetings throughout your internship?
- 9 Interns usually spend _____ time doing grunt work.



8 c Have a look at the sentences (1–9). Complete them with an appropriate word/phrase from the box. Mind the tenses. Compare your results with a partner.

Vocabulary

permission – to adjust to – to guide – to get over – first-hand – lightweight – to purchase – initiative – payment

1 The football player _____ the defeat really fast.



2 Jim had the _____ to join the site manager for the morning meeting on site.

3 The intern got _____ information and advice from his mentor.

4 The manager said that throughout her internship Julia had taken _____ and had shown a great attitude.

5 Mr Miller _____ me through work-related situations in my last internship, which helped me improve and grow in many ways.

6 My co-worker _____ some new office equipment online yesterday.

7 The product is _____ and easy to install.

8 One major benefit of the internship was that I learnt to _____ different work patterns and norms.

9 Even though Danielle did not get any _____ for the internship, she didn't regret doing it.

8 d

Speaking
www
Test format
Individual
long turn

You have applied for an internship at a well-known company in your field of specialisation abroad and have now been invited for a job interview. In the first part of the interview you are asked to present your personal profile. In your 3-minute presentation you should

- explain why you are interested in doing this internship abroad
- talk about your educational background
- give examples of your skills and qualifications.

Step 1: Before you start speaking, read the bullet points carefully and take notes in the table. Do some online research if you need help.



bullet point 1

bullet point 2

bullet point 3

Presentation
phrases
> page 165

Step 2: Get into pairs and give your presentation. Take turns.

8 e

Writing
Text type
Informal
reply email
> page 168

You have just received an email from your Irish penfriend. In his email he asked you whether or not you bought the product you have been telling him about. In your reply email you should

- describe the product in more detail
- say where and when you can use the product
- explain how it works (*special functions, features, specifications, etc.*)



Use appropriate phrases from the VocabBooster in activity 7a and from the LanguageBox below. Write about 200 words.

LanguageBox

Hi ...

How are you? I haven't heard from you for ages. How's school going? My life is quite busy and stressful at the moment and that's why I finally decided to reward myself with ... (*name of the product*).

I still can't believe that I really bought it.

Do you know .../Have you seen the newest ... (*name of the product*)?

It's ... (*colour*) and it cost ...

The product is made of ... (*material*) and has ... (*features/functions*).

Talking about its dimensions, it's ... cm/m long and ... cm/m wide.

I can use it outdoors/indoors ... all year round/every day/seasonally ...

Furthermore, the product has/offers/shows/helps me to ...

It also features ...

Special specifications that are worth mentioning are .../The product is equipped with ...

The best thing is that ...

I really love it!

Sorry for bothering you with all these details.

What's happening in your life right now? How did your Maths exam go?

I'd better go now. I've got to do some school work.

Can't wait to hear from you!

Best



THE VALUE OF INTERNSHIPS

Key vocabulary

What interns should know about

to (have to) do grunt work
to make a good (first) impression
to be a senior manager
to have nice and helpful co-workers
to require certain tools and equipment
to get first-hand information and advice

to have permission to do something
to have duties
to work in a department
to be independent
in one's career field



My internship experience

company culture
to learn time-management skills
to improve one's communication skills
to work together with others
to learn problem-solving skills
to become more self-confident
to be equally important
to get a deeper understanding of something
to learn through doing and experiencing something in a real-work setting
to need theoretical knowledge and practical skills for a successful career

to regret something
to be busy
to socialise with others
to be dedicated
to purchase something
to work in accounting
to help with warranty and maintenance calls
to coordinate vendors
to join the site manager for a meeting

Phrasal verbs

to be involved in
to cheer someone up
to contribute to

to get over something
to look back
to put up with

to relate to
to respond to
to take part in

to talk to

Why internships are important for your career
to find a starting role within a company
to take the first steps in the working world
to adjust to different work patterns and norms
to apply classroom knowledge to real-life work situations
to sell one's personal brand
to get a full-time job later on

to be someone's mentor
to guide someone through work-related situations
to open the doors for future employment
to take initiative
to work in an environment where mistakes are expected
to get a head start on one's job search

The pros and cons of doing an internship

internships look good on one's CV
it may be hard to build up a relationship with other members of staff
one's role at the company may be confusing
to find out which skills one is lacking
to form a network of professionals
to gain hands-on experience
to gain real work experience
to get the chance for personal development

to get to know different departments
to have better job chances
to learn more about one's field of specialisation
to learn something for life
to not be treated like an equal member of staff
to not get any payment for the internship
to work on a variety of tasks and projects
to work with a lot of different people

Describing a product

to be a great relief
to be adjustable/adaptable
to be easy to use
to be efficient to run/maintain
to be fragile/breakable
to be functional
to be green/sustainable
to be heavy/lightweight
to be high-quality

to be huge
to be long-lasting
to be multi-functional
to be reasonably priced/expensive/cost-efficient
to be reliable
to be resistant
to be solid
to be supportive/convenient

to be timeless
to be tough
to be trendy
to be tried and tested
to be up-to-the-minute
to be useful
to be well-built
to be well-constructed
to be well-designed

Have a look at the following *can-do* statements. They can help you to find out more about the progress you have made so far. Tick whatever is true for you. Be honest with yourself!

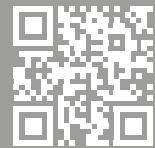
☺ = It is easy for me and I do not have any problems with it.

☻ = I need to briefly look at the structures and the phrases again.

☹ = I find it hard to do.

Speaking	☺	☻	☹
I can talk about the most common addictions among teenagers.			
I can speak about the risks, dangers and consequences of different addictions.			
I can speak about a film, TV/streaming series, or book about any kind of addiction.			
I can answer questions on an article about teen Internet addiction.			
I can interview classmates about their attitudes towards technological devices and social media.			
I can discuss the topic of teens in the digital age.			
I can create different telephone conversations on the topic of addiction.			
I can speak about what it is like to be a teenager.			
I can discuss quotes about being a teenager.			
I can interview my classmates about their hopes and wishes.			
I can give a presentation about my wishes and fears.			
I can speak about my idea of a perfect day.			
I can speak about my consumer behaviour.			
I can discuss the importance of fashion in my life.			
I can speak about common themes that appear in young people's dreams.			
I can fill in a questionnaire about being tolerant and respectful.			
I can talk about being "different" and making a difference.			
I can speak about pictures of people who are "different".			
I can discuss the benefits and downsides of a multicultural society.			
I can give a presentation about discrimination and prejudice.			
I can discuss the topic of refugees.			
I can create an interview about refugees and migration.			
I can interview classmates about their newspaper and magazine reading habits.			
I can talk about how I keep up-to-date with the latest news.			
I can speak about media restriction and censorship.			
I can discuss the pros and cons of mass media.			
I can talk about the advantages and downsides of a print and a digital school newspaper.			
I can speak about fake news.			
I can summarise an article about fake news.			
I can give a talk about the importance of different types of media.			
I can speak about a successful internship.			
I can talk about my internship experiences.			
I can summarise a talk about a person's internship experiences.			
I can discuss questions about a cartoon on internships.			
I can present the results of a survey about the top reasons for doing an internship.			
I can give a product description.			
I can present my personal profile.			
Writing	☺	☻	☹
I can write a blog entry about a bad habit/an addiction and how I have managed to stop.			
I can write a blog entry about young people and their views on and experiences with addictions.			
I can write an informal reply email about my idea of a perfect day.			
I can write a description of a dream.			
I can write a blog comment about tolerance as a life skill.			

Writing	😊	😐	😢
I can write a blog entry about a person who earns my respect.			
I can write a formal email to my principal.			
I can write a blog comment about the pros and cons of getting the news from the Internet.			
I can write an informal reply email about my last internship.			
I can write an informal reply email about a product I have recently bought.			
Reading	😊	😐	😢
I can understand the main idea of an article about teen Internet addiction.			
I can understand the main idea of an article about hopes, dreams and fears of teenagers.			
I can understand the main idea of an article about tolerance and equality.			
I can understand the main idea of an article about fake news.			
I can understand the main idea of an article about the importance of internships.			
Listening	😊	😐	😢
I can understand telephone conversations about problems with different addictions.			
I can understand a radio interview about teenagers and addictions.			
I can understand a talk about how fast fashion attracts teens.			
I can understand two teen refugees talking about their new life in Australia.			
I can understand four young people talking about how they get their news.			
I can understand two students talking about their internship experiences.			
Language in use	😊	😐	😢
I can use modal verbs (<i>may/might/can/could</i>) appropriately.			
I can use tricky plural nouns appropriately.			
I can use <i>speak/talk/say/tell</i> appropriately.			
I can use <i>some/any</i> and compounds appropriately.			
I can use reported speech appropriately.			
I can use the <i>will</i> -future and <i>going to</i> -future appropriately.			
I can understand the language of newspaper headlines.			
I can use <i>so/such/so many/so much</i> appropriately.			
I can use phrasal verbs appropriately.			
I can use <i>much/many/a lot of</i> appropriately.			



1 Discussion and interaction

Introducing an argument

From my point of view, ...
 I would like to point out ...
 The point I am trying to make is ...
 Personally, I feel that ...
 I believe that ...
 I really must say ...

Adding ideas

Another point/aspect I would like to mention ...
 In addition, ...
 On top of that, ...

Agreeing

I could not agree with you more.
 That's what I think too.
 That's exactly how I see it/feel about it.
 Well, in that case, I can see your point.

Disagreeing

Yes, possibly, but ...
 I agree up to a certain point, but ...
 I am sorry, but I don't agree!
 In no way can I agree with you because ...

Interrupting

Excuse me, but ...
 Could I say something here?
 May I come in here?

Asking for someone's opinion

What do you think about/of ...?
 What is your view on this?

Giving examples / Emphasising

Let me give you an example.
 Just let me explain ...
 What I mean is ...

Concluding / Summarising

Summing up, it can be said that ...
 On the whole, ...

2 Giving a presentation

Introducing the topic of your presentation

Good morning!/Good afternoon!/Hello everybody!
 Today I have come here to tell/inform you about ... (topic).

Giving an overview

In the first part of my presentation I will present/explain/talk about ...
 The second part will be about ... and in the final part of my presentation I will speak about ...

Structuring a presentation

Well, first of all, I want to say that ...
 Furthermore, I should mention that ...
 On top of that, ...
 Moreover, ...
 Besides, ...
 In addition, ...
 I really feel that .../I truly believe that ...

Concluding / Summarising

Finally, I would like to .../To conclude, ...
 Please ask if you have any further questions.
 Thank you for listening!

3 Describing charts and diagrams

Providing general information

The survey/diagram/bar chart/pie chart/infographic shows ... (*overall topic*) in percentage points/million people/dollars/pounds/euros ...

The survey was conducted by ... (*source*) in ... (*year*).

The period under review is from ... to

... (*number of people interviewed*) people were interviewed, they were between ... and ... years old.

Summarising results

The survey/diagram/bar chart/pie chart/infographic clearly shows that ...

The majority/minority thinks/says that per cent of the interviewed feel that ...

Half/A third/A quarter of the people interviewed claim that ...

Analysing the results

Analysing the results, it can be said that ...

It is (quite) surprising that ...

The results show that ...

4 Giving a summary

4.1 Summarising the results of a survey

I interviewed four/five/six ... classmates about their attitude towards/their opinion about ... and I would like to summarise my findings.

I found out that ...

Four out of six students said that ...

Two out of four also mentioned that ...

To my surprise, everybody/nobody/only one person said that ...

Moreover, 25 per cent/30 per cent ... pointed out that ...

Another interesting finding was that ...

The majority/minority mentioned that ...

Summarising my classmates' answers, I can say that ...

4.2 Summarising an article/podcast/radio interview

The article/podcast/radio interview is about ... (*main topic*).

The article/podcast/radio interview offers information about ... (*main topic*).

It was published/released on ... (*date*) in ... (*newspaper/magazine*)/on ... (*website*).

The reader/s/listener/s is/are told about ...

The author/speaker says that .../asks if ...

An interesting/surprising fact/important aspect mentioned in the article/podcast/radio interview is that ...

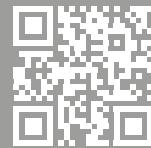
The article also says that ...

Surprisingly, the article/author/speaker claims that ...

The author draws attention to the fact that ...

Another topic covered in the article/podcast/radio interview is ...

Finally, the author/speaker concludes that ...



1 Description

How to write
a description

What is a description?

A description is a text that tells us what someone or something is like or what a certain place is like. It contains descriptive features of a person or an object.

- When you describe a person, you should give information about the person's appearance, personality, behaviour and style.
- When you describe an object, you should give information about the appearance, the function, the material and the design.
- When you describe a place or an area, you should give information about the location and the purpose/function. You should also describe what you see, hear, smell or feel in that place/area and compare the place/area to other places/areas. You can include personal experiences or stories to make your description lively.

What about structure and layout?

A description should

- have a catchy title
- have a clear text structure
 - introduction: giving general information about the person/object/place that is described
 - main part: describing the person/object/place in detail
 - conclusion: a closing statement

Please note: Use descriptive language (e.g. comparisons: *He is as tall as his father.*) and adjectives to make your description lively.

What about register and formality?

A description is a formal piece of writing. Do not use short forms (*isn't*, *can't*, *hasn't*, ...).

Phrases for writing a description

Describing a person

- ... (Name of person) is ... (height/weight/age).
- ... (Name of person) has ...
- ... (Name of person) looks ...
- When you see ... (person's name), you notice ...
- ... (Name of person) has ... (hair/eyes ...). / ... (Name of person)'s hair is/eyes are ...
- ... (Name of person)'s face has a ... (shape/expression).
- ... (Name of person) is wearing ...
- ... (Name of person)'s outfit is ...
- ... (Name of person) seems to be ...
- ... (Name of person) looks/acts/sounds like ...

Describing an object

- ... (Name of object) is ...
- It looks like ...
- When you see ... (name of object), you notice that ...
- The colour of ... (name of object) is ...
- The shape of this object is ...
- ... (Name of object) is made of ...
- Its size is ...
- This object is lightweight/heavy ...
- The purpose of this object is to...
- ... (Name of object) stands out because ...
- When you touch it, you can feel ...



WRITING REFERENCE

Describing a place / an area

This place/area is known for its ... (mention key feature/s).

It is a lively place/area/neighbourhood with ...

People here are friendly/outgoing/helpful/relaxed ... and there are often ... (e.g. sport events, community events, festivities, etc.).

It is a beautiful/amazing/cool area because ...

Surrounded by nature/parks/historic buildings, this place/area ...

It is quiet here, away from the city noise.

You will find lots of cool places to visit nearby, like ... (local attractions, landmarks, must-sees, etc.).

There are plenty of shops/restaurants/green areas ... where ...

Families/Teenagers/Elderly people love it here because ...

This place/area is changing, with new things popping up all the time.

It is a historic/modern area with lots of things/stories to discover.

Sample task You have been asked to write a description of the ultimate dream location to live for the English section of your school magazine.

In your description you should

- describe the location in detail (*what does the area/place look like, where is it, how is the climate, etc.*)
- mention what you can do there
- point out why this is the ultimate dream location to live for you.

Give your description a title. Write about 180 words.

Sample description

A perfect place in Michigan's Upper Peninsula

Approaching northern Michigan, people often only see the road ahead of them and forests to the side, but it is so much more. This area is known for its hilly landscape and beautiful beaches. In the summer it is perfect for running up and down the sand dunes and in the winter you can snuggle up with a book and enjoy the fire.



The perfect city to live in this area, however, is Marquette. Marquette is a university town, so it is a lively place full of young people. Generally speaking, people here are friendly and there are often football games, which can be very exciting. You will find lots of cool places to visit nearby, like downtown and St. Peter Cathedral.

For me, I would want to live here because the area is changing, with new things popping up all the time, like cool shops and cafés. It is a modern area with lots of things to discover. I would like to be close to the lake, nature and city life, so Marquette seems to be a dream location for me. I believe I would be the happiest there.

2 Informal email/Informal reply email

How to write an informal email

What is an informal email?

An informal email is used for written communication with friends, family members, close relatives and people you know very well.

What about structure and layout?

An informal email usually contains the following elements:

- your and the recipient's address
- date
- subject line
- salutation
- main body (*divided into paragraphs*)

- closing
- signature
- additional elements (*enclosures*)

Please note: Continue with a capital letter after the salutation.

What about register and formality?

Use the correct register (*informal/semi-formal*) depending on the purpose of your email and the readership (*friend, family member, relative, etc.*).

Please note: Use short forms (*isn't, can't, hasn't, ...*) in informal emails.

Phrases for writing an informal email

Starting an informal email

Hi .../Hey .../Dear ... (*name of the recipient*)

Opening lines

How have you been?

I've been really busy recently, that's why ...

I just thought to drop you a line.

Sorry it has taken me so long to write back.

I haven't heard from you for a while/for ages, so ...

Commenting on previous email

Thanks for your last email, I was (*really*) happy to ...

It was great to hear from you!

Glad to hear that .../read about ...

I'm sorry, I didn't get back to you right away, but I was really busy/stressed out ...

Moving the topic on

By the way, have you heard about ...?

The reason why I'm writing is ...

I thought I'd write you to tell you/ask you ...

Closing phrases

Well, time to go!/Got to go now!/I'd better go now. There's lots of homework waiting for me./That's all for now!

Drop me a line if you have time.

Write me back when you can, it would be great to hear from you.

Can't wait to hear from you!

Keep in touch!

Finishing off an informal email

Best/Best wishes

Take care

Bye for now

Sample task

In your last summer holidays you met Lorik, a 16-year old Albanian teenager. As you haven't heard anything from him for quite a while, you have decided to write an email.

In your email you should

- inform Lorik about what it is like to be back at school
- tell him what is going on in your life right now
- outline your plans for the upcoming weeks.



Write about 180 words.

Sample email



From: nikolla@gmail.com
To: lorik.prifti@gmail.com
Subject: Update about what's going on in my life

Dear Lorik

How have you been? I haven't heard from you in a while, so I thought I'd send you an update. At the moment, I'm back in school and I'm really busy with tests and assignments, but it's great to see my classmates again after the summer.

My life has also become a bit busy. My family got a dog two weeks ago, and most of my time when I'm at home is taken up by playing with him. His name is Taz, and he's black and white. My grandmother was also visiting last week, and I talked to her a lot. She seems to like having discussions with me, even if I don't get as interested in politics as she does.



WRITING REFERENCE

In the next few weeks, I'm going to finish a school project with two other classmates, and I'm going to plan a trip to visit a friend in the United States next year. Who knows? Maybe my entire family will go. I'm excited just thinking about it; I can't wait to travel more.

Well, time to go! I have to take Taz for a walk. Write me back when you can, it would be great to hear from you.

Best
Nikolla

3 Formal email

How to write a formal email

The following structure and phrases can be used for most formal emails (e.g. *introductory email, reminder email, follow-up email, general interest email, email of application, email of inquiry/request, confirmation email, etc.*).

What about structure and layout?

A formal email usually contains the following elements:

- your and the recipient's email address
- date
- reference/subject line
- salutation
- main body (*divided into paragraphs*)
- closing
- signature
- additional elements (e.g. *enclosures, documents, ...*).

Please note: Continue with a capital letter after the salutation.

What about register and formality?

A formal email should be polite and factual. Do not use informal language (e.g. *short forms, question tags, ...*).

Phrases for writing a formal email

Starting a formal email

Dear Sir or Madam (*if you do not know the name of the recipient*)

Dear Mr .../Dear Ms ... (*if you know the name of the recipient*)

Opening lines

I am writing to express my interest in ...

I am writing regarding ...

I am writing because I would like to know more about ...

My name is ... and I wanted to contact you because ...

I came across your products/services online and would be interested in ... (+ verb + -ing)

With reference to your last email, I am writing to let you know/inform you about ...

As per my last email ...

Structuring the main part

– Request

I would be grateful if you could ...

I am writing to ask ...

I was wondering if I could please ...

Would it be possible ...

WRITING REFERENCE

- Giving information

I am writing to let you know that .../to inform you about ...
I regret to inform you that ...

- Asking for information

Could you please give me some information about ...?
Could you please tell me ...?
I would please like to know ...
If it is no trouble, I would like to ask ...

Closing phrases

Sorry for asking so many questions, but ...
Please do not hesitate to contact me if you have any further questions.
Any help you can give would be greatly appreciated.
Thank you for your help./Thank you in advance.
I look forward to your response.
I look forward to receiving the requested information.
I am looking forward to hearing from you.

Finishing off an email

Yours faithfully (*if you do not know the name of the recipient*)
Yours sincerely (*if you know the name of the recipient*)

Sample task

You are planning to do a summer course in order to improve your language skills. You came across the following advertisement on *Instagram* and would like to get more information. Read the advertisement and the notes you have made. Then write a formal email, covering all the points in your notes and any other relevant information.

In your email you should

- introduce yourself briefly
- ask for further information (see *Notes*)
- explain why you are motivated to improve your language skills.

Write about 180 words.

Sample email



From: n.adamovsky@gmail.com

To: carollee.brown@royallanguageschool.uk

Subject: Questions regarding language course

Dear Ms Brown

My name is Nicole and I wanted to contact you to express my interest in an English course at the *Royal Language School*. I am currently a student in Prague but would be very excited to travel to London for the course.

Could you please give me some information about the school? As I have a busy school year and will be doing a 4-week internship in the summer, I would not be able to attend a whole 3-week course. Would it be possible to have a 2-week course instead? Additionally, the advertisement says there are small groups and reasonable prices but what is the normal size and price of a course? Lastly, I would please like to know more about the accommodation. How far from the school is it and is it in a safe neighbourhood?

I am very excited to improve my English because I wish to someday travel to Canada to visit my relatives. On top of that, I also hope I will be able to impress my English teacher with my progress.

I look forward to receiving the requested information. Thank you for your help.

Yours sincerely
Nicole Adamovsky

Royal Language School London

Come and study English at our school!

3-week course for all levels
experienced and motivated teachers
small groups
reasonable prices
accommodation included

For further information contact Carollee Brown:
carollee.brown@royallanguageschool.uk

Notes

- 2-week course possible?
- how many students?
- reasonable prices → how much?
- accommodation → more details

4 Blog entry

How to write
a blog entry

What is a blog entry?

Blog is a short form of the word *weblog*. A blog entry is a frequently updated online personal journal/diary. It is used to share your thoughts, experiences and interests and/or to promote and to advertise a business/product.

What about structure and layout?

A blog entry usually contains the following elements:

- a catchy title
- a (user)name
- the publishing date and time
- paragraphs (*introduction, main body, ending*)

Please note: Try to address the readers directly and motivate them to comment on your opinions and arguments.

What about register/formality?

A blog entry can either be formal or informal depending on the purpose and the readership.

Phrases for writing a blog entry

Title: ...

Username: ...

Date and time: ...

Addressing your readers

Hi .../Hi everyone!/Hey guys!

Introducing the topic

I haven't been around much ...

Is it just me who thinks that ...?

This blog will focus on/give you an idea how to ...

I've recently come across an interesting article/survey on ... (*topic*) and would like to share the most important findings with you.

Structuring the main part

Do you guys also have troubles with that?

Regarding ... (*topic*), I can only say that ...

For example, ...

Don't get me wrong, ...

Considering the fact that ..., it is safe to say that ...

What would you say if I told you that ...?

Another point I'd like to mention is ...

Concluding

Before I sign off, I'd like to ...

What do you think about that?

Looking forward to seeing other comments on this topic!

Leave a comment and tell me how you feel about/deal with ...

Sample task You are running your own blog about various topics that are interesting to you. Today's blog is about music.

In your blog entry you should

- point out which music genre/s, band/s, and singer/s are your favourites
- comment on the importance of music in your life
- recommend a song to your readers.



Give your blog entry a title. Write about 200 words.

Sample blog entry

Music to my ears!

by *djsam_13*

20 August, 8:30 am

Hi everyone!

Is it just me who thinks that country music should be liked more? It's one of my personal favourite genres! I think people like to hate country but have never really tried to listen to it. If anyone who thinks they dislike country listened to *Townes Van Zandt*, I believe they would change their minds immediately. But that's just one music genre! There are so many to listen to out there and I love almost all of them, so it's always hard to choose – like for example, when I'm in a sad mood and I have too many songs to choose from to help me through it. Do you guys have troubles with that?

Considering the fact that I need music to help me with my mood, it is safe to say that it is very important to me. It helps me direct my feelings and control my emotions.

Before I sign off, I'd like to recommend that everyone should listen to the song *Following the Sun* to cheer themselves up, it's so hard to be sad when listening to it! What do you think about that?

If you agree/disagree, please leave a comment and tell me how you feel about using music to help you through a difficult time. Thank you and happy listening!

5 Blog comment

How to write a blog comment

What is a blog comment?

A blog comment is a written statement that expresses an opinion about someone or something (e.g. an article, a blog entry, etc.).

What about structure and layout?

A blog comment usually contains the following elements:

- a (user)name
- the publishing date and time
- paragraphs (*introduction, main body, ending*)

Please note:

- Use convincing arguments to support your point of view.
- Try to address your readers directly and motivate them to comment on your opinions.

What about register/formality?

A blog comment can either be formal or informal depending on the purpose and the readership.

>

WRITING REFERENCE

Phrases for writing a blog comment

Username: ...

Date and time: ...

Introducing your comment

I've never really cared about ... (topic), but your blog entry has made me think. That's why I decided to share my thoughts.

I've recently come across your blog and couldn't believe that ...

Thanks, ... (name of author), for a really cool blog entry/post/article/for bringing up this point.

Thanks for your interesting post, ... (name of author)! I felt inspired to comment on it because ...

Structuring the main part

First of all, ...

What's different, though, is that ...

This is why I/you ...

Like you, my friends/my parents ...

Considering/Regarding the fact that ... I'd suggest doing/asking/trying ...

Closing phrases

Thank you once again for your interesting post.

What about you? Leave a comment about ...

But enough about me. How about you?

Leave a comment and tell me how ...

What do others think? Looking forward to reading your comments/more comments on this topic.

Sample task

Are you active?

by Val

5 May, 8:15 pm

People often talk about changing their lives. I asked friends and family what they want to change. Almost all of them want to be more active. But they don't do it. Why do people want to be more active but only a few actually do something about it?



You have decided to comment on this blog entry. In your blog comment you should

- outline what your definition of being active is
- explain why many people find it hard to change their habits
- suggest ways to help people be more active.

Write about 200 words.

Sample blog comment

by senadcebic35

18 February, 10:30 pm

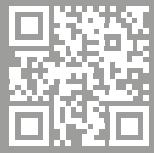
Thanks, Val, for bringing up this point. First of all, I think we need to discuss what being active actually means. For some, it might involve simply walking more at their school or work. For others, it might mean working out every day. But I believe we can safely say that small workouts three times a week is a common way to think of it.

As for why people are not more active, there might be a few reasons. For many, I think they simply don't believe that they're able to do it and find it difficult to try. Everyone has difficulties starting something new. What's different, though, is that it takes a long time to see the results of being active. Also, if you have been doing something bad for you for a long time, it is difficult to stop. This is why for a while I found it difficult to stop eating junk food.

Considering the fact that so many people have difficulties with this problem, I'd suggest finding someone to help. They can encourage you and make sure you complete your goals. For example, when I wanted to be more active during the winter, my girlfriend Lucia was very helpful and made sure I finished what I said I was going to finish.

What do others think? Looking forward to reading your comments!

Vocabulary reference



Please note:

words / phrases highlighted = key vocabulary

A

ability (n)	Fähigkeit, Können
accept (v)	akzeptieren, annehmen, zustimmen
access (n)	Zugang
access (v)	abrufen, zugreifen, betreten
accessories (n)	Accessoires, Zubehör
accident (n)	Unfall
according to (prep)	gemäß, laut
account (n)	Konto
accounting (n)	Buchhaltung, Buchhaltungsabteilung
accurately (adv)	genau, exakt, akkurat
achieve (v)	erreichen, erzielen, erlangen
achievement (n)	Errungenschaft, Leistung
action (n)	Maßnahme, Handlung, Aktion
active (adj)	lebhaft, engagiert, aktiv
actively (adv)	aktiv, lebhaft
ad(vertisement) (n)	Werbung, Inserat, Annonce
adapt (v)	anpassen, adaptieren
add (v)	hinzufügen, beifügen
addicted (adj)	abhängig, süchtig
addiction treatment centre (n)	Suchthilfeeinrichtung
addictive (adj)	süchtig machend
address so./sth. (v)	jmdn./etw. ansprechen, etw. thematisieren
adjust to (v)	anpassen an, ausrichten, einstellen
admire (v)	bewundern
admit (v)	zugeben, eingestehen, anerkennen
adult (n)	Erwachsene/r
advantage (n)	Vorteil
advertising company (n)	Werbeagentur
advice (n)	Rat, Ratschlag
advisable (adj)	ratsam, empfehlenswert
affect (v)	beeinflussen, betreffen, beeinträchtigen
afford sth. (v)	sich etw. leisten können
age (n)	Alter
aggressive (adj)	aggressiv, streitlustig
air pollution (n)	Luftverschmutzung
air quality (n)	Luftqualität, Luftgüte
aircraft (n)	Flugzeug, Luftfahrzeug
airport (n)	Flughafen
alarming (adj)	alarmierend, besorgniserregend
alcohol (n)	Alkohol
alcohol addiction (n)	Alkoholsucht, Alkoholabhängigkeit
algorithm (n)	Algorithmus
allow (v)	erlauben, ermöglichen, zugestehen
amaze (v)	verblüffen, erstaunen
amenities (n) (pl)	Annehmlichkeiten, Vorzüge
amount (n)	Betrag, Menge, Anteil
analyse (v)	analysieren, auswerten
ancient (adj)	antik, alt, historisch
angered (adj)	verärgert, erbost
antivirus software (n)	Anti-Virus-Programm
anxiety disorder (n)	Angststörung
anxious (adj)	ängstlich, verängstigt, erschrocken
apartment (n)	Apartment, Wohnung
app (application) (n)	App (Applikation), Anwendung
appear (v)	erscheinen, auftauchen
appearance (n)	Aussehen, Erscheinen, Auftreten
apply (v)	anwenden, anfragen, bewerben
appointment (n)	Termin, Treffen
appreciate (v)	würdigen, (wert)schätzen, begrüßen
approach (n)	Herangehensweise, Denkansatz
Arabic (adj)	arabisch

around (adv)	herum, rundherum; ungefähr
article (n)	Artikel, Gegenstand
artificial intelligence (AI) (n)	Künstliche Intelligenz (KI)
arts (n)	Kunst, Künste
ask for (v)	fragen nach
ask so. for help (v)	jmdn. um Hilfe fragen/bitten
ask so. to do sth. (v)	jmd. bitten etw. zu tun
assessment centre (n)	Assessment-Center, Bewertungszentrum
assist (v)	unterstützen, helfen, assistieren
associated (adj)	in Verbindung gebracht werden
asylum (n)	Asyl, Zufluchtsort
athletic (adj)	sportlich, athletisch
attachment (n)	Anhang, Anlage
attack (v)	attackieren, angreifen
attend (v)	besuchen, belegen
attention (n)	Aufmerksamkeit
attic (n)	Dachboden, Dachgeschoß
attitude (n)	Einstellung, Gesinnung, Haltung
attraction (n)	Attraktion, Anziehung, Hingezogenheit
audiologist (n)	Hör(geräte)akustiker/in
authorisation (n)	Erlaubnis
authorities (n) (pl)	Behörden, Behördenvertreter/innen
authority (n)	Behörde, Autorität
automate (v)	automatisieren
available (adj)	verfügbar, erhältlich
average (adj)	durchschnittlich, Durchschnitts-
avoid (v)	vermeiden, ausweichen
awareness (n)	Bewusstsein, Wahrnehmung

B

balcony (n)	Balkon
bank account (n)	Bankkonto, Bankverbindung
bargain (n)	Schnäppchen
based on (prep)	basierend auf, beruhend auf, auf der Grundlage von
basement (n)	Keller, Untergeschoß, Souterrain
basic needs (n) (pl)	Grundbedürfnisse
bathroom (n)	Badezimmer
bathroom facilities (n) (pl)	Sanitäreinrichtungen
be able to (v)	fähig sein zu, in der Lage sein zu
be afraid of (v)	sich fürchten vor, Angst haben vor
be at peace with so./sth. (v)	mit etw./jmdm. im Reinen sein
be at risk (v)	gefährdet sein, in Gefahr sein
be aware of (v)	Kenntnis haben von
be capable of (v)	fähig sein, im Stande sein
be committed (v)	sich engagieren, verpflichtet sein
be confronted with (v)	konfrontiert sein/werden mit
be controlled by (v)	kontrolliert werden durch, gesteuert sein durch
be discriminated against (v)	diskriminiert werden, benachteiligt werden
be equipped with sth. (v)	mit etw. ausgestattet sein
be exposed to (v)	ausgesetzt sein
be out of office (v)	nicht im Büro sein
be referred to (v)	bezeichnet werden; zugeteilt werden
be registered on (v)	registriert sein auf
be right (v)	recht haben
be surrounded by (v)	umgeben sein von
be traceable (b)	nachverfolgbar sein, zurückverfolgbar sein, auffindbar sein
be worried about (v)	sich Sorgen machen über, bangen um
beautiful (adj)	schön, hübsch
become (v)	werden
behave (v)	verhalten, benehmen

Please note: adj = adjective ■ adv = adverb ■ conj = conjunction ■ n = noun/noun phrase ■ prep = preposition ■ v = verb/verb phrase

VOCABULARY REFERENCE

behaviour (n)	Verhalten, Benehmen, Verhaltensweise, Betragen	caregiving (n)	Pflege
belief (n)	Glaube, Überzeugung, Ansicht	car-free (adj)	autofrei
belong (v)	gehören, hingehören, dazugehören	cascade (adj)	stufenförmig
benefit (v)	nutzen, profitieren	catchy (adj)	einprägsam, prägnant
bias (n)	Vorurteil, Voreingenommenheit	cause (v)	verursachen, auslösen
bigger picture (n)	größerer Zusammenhang	ceiling (n)	Decke, Plafond
bike path (n)	Fahrradweg	celebrate (v)	feiern
birth (n)	Geburt	celebrities (n) (pl)	Berühmtheiten, Promis
birthdate (n)	Geburtsdatum	cellar (n)	Keller, Untergeschoß
blame (v)	beschuldigen, vorwerfen, verantwortlich machen	cement bag (n)	Zementsack
blind (adj)	blind	censorship (n)	Zensur
block of flats (n)	Wohnblock, Mietshaus	century (n)	Jahrhundert
block out (v)	blockieren, nicht durchlassen, verdrängen, ausblenden	ceremony (n)	Zeremonie, Feierlichkeit, Feier
blogging (n)	Bloggen, Führen eines Blogs	certain (adj)	bestimmt, gewiss
blood pressure (n)	Blutdruck	challenging (adj)	herausfordernd, anspruchsvoll
bluntly (adv)	freiheraus, geradeaus	chance (n)	Chance, Gelegenheit, Möglichkeit
body image issues (n) (pl)	Probleme mit dem eigenen Körperbild	change (n)	Veränderung, Änderung; Wechselgeld
body language (n)	Körpersprache	change (v)	verändern, ändern, wechseln
boost (v)	unterstützen, ankurbeln, erhöhen	changes in (n)	Veränderungen in
bored (adj)	gelangweilt	character (n)	Buchstabe, Schriftzeichen; Charakter
both (pron)	beide, beiderlei	character trait (n)	Charaktereigenschaft
both ... and (conj)	sowohl als auch	characteristics (n) (pl)	Eigenschaften, Merkmale
bothering (adj)	belästigend, störend	check (v)	prüfen, überprüfen
boundaries (n) (pl)	Grenzen	check mark (n)	Häkchen, Hakerl
brain (n)	Gehirn	cheer up (v)	aufmuntern, erheitern
branded (adj)	Marken-, markengeschützt, markiert	childhood (n)	Kindheit
break (n)	Pause	childish (adj)	kindisch
break (v)	kaputtgehen, brechen	chimney (n)	Rauchfang
breath (n)	Atem, Atemzug	chocolate addiction (n)	Schokoladensucht, Schokoladenabhängigkeit
bridging visa (n)	zeitlich begrenzte Aufenthaltsgenehmigung	choice (n)	Wahl, Auswahl, Alternative
bright (adj)	hell	cholesterol levels (n) (pl)	Cholesterinwerte
brightness (n)	Helligkeit	choose (v)	auswählen, wählen
bring together (v)	zusammenbringen, zusammenführen, an einen Tisch bringen	cinema (n)	Kino
broaden (v)	erweitern, ausbreiten, ausdehnen	citizenship (n)	Staatsbürgerschaft, Staatsangehörigkeit
broadsheet (n)	großes Zeitungsformat	city planning (n)	Stadtplanung
broke (adj)	pleite	claim (v)	behaupten
browse (v)	durchstöbern, durchsuchen	classical (adj)	klassisch, altbewährt
budgeting (n)	Budgetierung, Kostenplanung	cleaning (n)	Reinigung, Säuberung
building (n)	Gebäude	click (v)	anklicken, klicken
bully (n)	Tyrann/in, Mobber/in, schikanierende Person	climate (n)	Klima
bully (v)	mobben, tyrannisieren	climate change (n)	Klimawandel
bullying (n)	Mobbing, Schikanieren	climbing (n)	Klettern, Bergsteigen
bullying behaviour (n)	Mobbingverhalten	clinical addiction (n)	klinische Abhängigkeit, klinische Sucht
bungalow (n)	Bungalow	clock (n)	Uhr
busy (adj)	beschäftigt, fleißig	closet (n)	Wandschrank, Schrankzimmer
C		cloud computing (n)	Cloud-Computing, Datenwolke
cable television (n)	Kabelfernsehen	clubbing (n)	Clubbing, Klub-Kultur
calculation (n)	Rechnung, Kalkulation	clue (n)	Hinweis
call (n)	Anruf, Aufruf	cluttered (adj)	unordentlich, unaufgeräumt
calm (adj)	ruhig	coaching (n)	Coachen; Nachhilfe(unterricht)
campaign (n)	Kampagne, Wahlkampf	coexist (v)	nebeneinander bestehen, zusammenleben
cancel (v)	absagen, stornieren, streichen	colleague (n)	Kollege/Kollegin
canteen (n)	Kantine, Mensa	collect (v)	sammeln
capital city (n)	Hauptstadt	collected (adj)	(an)gesammelt
car accident (n)	Autounfall	combine (v)	kombinieren, verbinden, vermengen, zusammenführen
car plant (n)	Autofabrik	come into play (idiom)	eine Rolle spielen, ins Spiel kommen
carbon footprint (n)	CO ₂ -Bilanz, CO ₂ -Fußabdruck	come straight to the point (v)	direkt zur Sache kommen
care (v)	kümmern	comfort (n)	Bequemlichkeit, Annehmlichkeit, Gemütlichkeit
career (n)	Karriere, berufliche Laufbahn	comfortable (adj)	bequem, angenehm
career field (n)	Berufsfeld	comment (n)	Kommentar
carefully (adv)	aufmerksam, gewissenhaft; vorsichtig	commit (v)	begehen, verüben, verpflichten
		common (adj)	geläufig, gängig
		communicate (v)	kommunizieren

Vocabulary reference

communication skills (n) (pl)	Kommunikationsfähigkeit	cost of living (n)	Lebenshaltungskosten																																																																																																																																																																																
community (n)	Gemeinschaft, Gemeinde	cosy (adj)	gemütlich, angenehm, kuschelig																																																																																																																																																																																
commuting (n)	Pendeln	cottage (n)	Ferienhaus, Landhaus																																																																																																																																																																																
companionship (n)	Gesellschaft, Begleitung	council flat (n)	Gemeindewohnung, Sozialwohnung																																																																																																																																																																																
company (n)	Firma, Unternehmen	countryside (n)	ländliche Gegend																																																																																																																																																																																
company culture (n)	Unternehmenskultur	cover (v)	abdecken, bedecken																																																																																																																																																																																
comparable (adj)	vergleichbar	co-worker (n)	Arbeitskollege/Arbeitskollegin																																																																																																																																																																																
compare (v)	vergleichen	create (v)	erschaffen, erstellen, kreieren																																																																																																																																																																																
compete (v)	wetteifern, konkurrieren, rivalisieren	creative (adj)	kreativ, künstlerisch																																																																																																																																																																																
competition (n)	Wettbewerb, Konkurrenz	crime rate (n)	Kriminalitätsrate																																																																																																																																																																																
complete (v)	vervollständigen, ergänzen; kompletieren	criminal (n)	Kriminelle/r																																																																																																																																																																																
completion (n)	Fertigstellung, Abschluss	critical thinking (n)	kritisches Denken																																																																																																																																																																																
complicated (adj)	kompliziert, schwierig	critically (adv)	kritisch																																																																																																																																																																																
compromise (n)	Kompromiss, Übereinkunft	criticise (v)	kritisieren, bemängeln																																																																																																																																																																																
compulsive (adj)	zwanghaft, triebhaft; verpflichtend	criticism (n)	Kritik																																																																																																																																																																																
concentration (n)	Konzentration, Aufmerksamkeit	cross (v)	verschränken, kreuzen																																																																																																																																																																																
concerned (adj)	zuständig, betroffen, bekümmert	cross-check (v)	gegenchecken, die Gegenprobe machen																																																																																																																																																																																
concert (n)	Konzert	crowd (n)	Menschenmenge, Gedränge																																																																																																																																																																																
concrete (adj)	konkret, handfest	crowded (adj)	überfüllt, beengt, vollgestopft																																																																																																																																																																																
condensed (adj)	zusammengefasst, gekürzt	cultural background (n)	kultureller Hintergrund																																																																																																																																																																																
condition (n)	Zustand; Bedingung	culture (n)	Kultur																																																																																																																																																																																
conduct (v)	durchführen, ausführen	curious (adj)	neugierig																																																																																																																																																																																
confidently (adv)	zuversichtlich, selbstsicher, mit Überzeugung	current (adj)	aktuell, augenblicklich, momentan																																																																																																																																																																																
confirm (v)	bestätigen	currently (adv)	momentan, gegenwärtig, zurzeit, derzeit																																																																																																																																																																																
conflict (n)	Konflikt, Auseinandersetzung, Streitigkeit	curriculum vitae (CV) (n)	Lebenslauf																																																																																																																																																																																
conform (v)	entsprechen, (sich) anpassen	cut (v)	kürzen, reduzieren, (be)schneiden																																																																																																																																																																																
conformity (n)	Ähnlichkeit, Übereinstimmung; Fügsamkeit	cut out (v)	ausschneiden, ausstechen																																																																																																																																																																																
confront (v)	ins Auge sehen, konfrontieren, entgegentreten	cyber attack (n)	Cyberangriff																																																																																																																																																																																
confronting (adj)	konfrontierend, entgegentretend	cyberbullying (n)	Cybermobbing																																																																																																																																																																																
connect to (v)	verbinden mit	cybersecurity (n)	Internetsicherheit																																																																																																																																																																																
connected (adj)	verbunden, vernetzt	cycle (n)	Kreislauf, Zyklus																																																																																																																																																																																
connection (n)	Verbindung, Zusammenhang	cycle lane (n)	Fahrradspur																																																																																																																																																																																
consequence (n)	Konsequenz, Folge, Auswirkung	cycle ride (n)	Fahrradfahrt																																																																																																																																																																																
consider (v)	in Betracht ziehen	cyclist (n)	Radfahrer/in																																																																																																																																																																																
constant (adj)	ständig, konstant, dauerhaft	constantly (adv)	ständig, unentwegt, konstant	construction branch (n)	Baubranche, Bauwesen	D		construction company (n)	Baufirma, Baukonzern	construction site (n)	Baustelle	daily (adv)	täglich	consumer behaviour (n)	Kaufverhalten, Konsumverhalten	consumption (n)	Konsum, Verbrauch	daily routine (n)	Alltag, Tagesablauf	contact (v)	kontakte, in Verbindung treten, Verbindung aufnehmen	contain (v)	beinhalten, enthalten	damage (n)	Schaden, Beschädigung	content (n)	Inhalt	continue (v)	fortfahren, fortsetzen	dangers (n) (pl)	Gefahren	contradictory (adj)	widersprüchlich, unvereinbar	contribute (to) (v)	beitragen (zu), beisteuern, mitwirken, einen Beitrag leisten (zu)	daunting (adj)	beängstigend, entmutigend, einschüchternd	contribution (n)	Beitrag, Beteiligung	control (v)	kontrollieren, steuern, beherrschen	dawn (n)	Sonnenuntergang	convenient (adj)	geeignet, praktisch, bequem	conversation (n)	Unterhaltung, Gespräch	deal with (v)	umgehen mit, verhandeln mit, zu tun haben mit	cookie (n)	Cookie, kleine Textdatei	cooking (n)	Kochen, Kochkunst	debate (v)	verhandeln, diskutieren	cooling requirements (n) (pl)	die Senkung der Temperatur betreffende Anforderungen	coordinate (v)	koordinieren, aufeinander abstimmen	decision maker (n)	Entscheidungsträger/in	cope with (v)	etw. schaffen, etw. bewältigen	copycat version (n)	Imitat	declare (v)	erklären, bekanntgeben, deklarieren	copyright laws (n) (pl)	Urheberrecht, Urheberrechtsgesetz	correct (v)	berichtigten, richtigstellen, verbessern, korrigieren	decrease (v)	abnehmen, sinken, verringern	corridor (n)	Gang, Flur	cost of living (n)	Lebenshaltungskosten	dedicated (adj)	engagiert, mit Leib und Seele bei der Sache sein	costy (adj)	gemütlich, angenehm, kuschelig	cottage (n)	Ferienhaus, Landhaus	deep (adj)	tief, umfassend	council flat (n)	Gemeindewohnung, Sozialwohnung	countryside (n)	ländliche Gegend	deep-sea mining (n)	Meeresbergbau, Tiefseebergbau	cover (v)	abdecken, bedecken	co-worker (n)	Arbeitskollege/Arbeitskollegin	defeat (n)	Niederlage, Pleite	create (v)	erschaffen, erstellen, kreieren	creative (adj)	kreativ, künstlerisch	define (v)	definieren, bestimmen	crime rate (n)	Kriminalitätsrate	criminal (n)	Kriminelle/r	degree (n)	Grad, Abschluss, Diplom	critical thinking (n)	kritisches Denken	critically (adv)	kritisch	delete (v)	löschen	criticise (v)	kritisieren, bemängeln	criticism (n)	Kritik	deliberate (adj)	absichtlich, bewusst, vorsätzlich	cross (v)	verschränken, kreuzen	cross-check (v)	gegenchecken, die Gegenprobe machen	demonstration (n)	Demonstration, Protest	crowd (n)	Menschenmenge, Gedränge	crowded (adj)	überfüllt, beengt, vollgestopft	dentist lab (n)	Zahnarztpraxis	cultural background (n)	kultureller Hintergrund	culture (n)	Kultur	department (n)	Abteilung	curious (adj)	neugierig	current (adj)	aktuell, augenblicklich, momentan	depend on (v)	abhängen von	currently (adv)	momentan, gegenwärtig, zurzeit, derzeit	curriculum vitae (CV) (n)	Lebenslauf	dependence (n)	Abhängigkeit, Unselbstständigkeit	cut (v)	kürzen, reduzieren, (be)schneiden	cut out (v)	ausschneiden, ausstechen	dependency (n)	Abhängigkeitsverhältnis, Angewiesensein	cyber attack (n)	Cyberangriff	cyberbullying (n)	Cybermobbing	dependent (adj)	abhängig, süchtig	cybersecurity (n)	Internetsicherheit	cycle (n)	Kreislauf, Zyklus	depression (n)	Depression	cycle lane (n)	Fahrradspur	cycle ride (n)	Fahrradfahrt	Deputy Mayor (n)	stellvertretende/r Bürgermeister/in	cyclist (n)	Radfahrer/in	desert island (n)	unbewohnte Insel
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content (n)	Inhalt	continue (v)	fortfahren, fortsetzen	dangers (n) (pl)	Gefahren	contradictory (adj)	widersprüchlich, unvereinbar	contribute (to) (v)	beitragen (zu), beisteuern, mitwirken, einen Beitrag leisten (zu)	daunting (adj)	beängstigend, entmutigend, einschüchternd	contribution (n)	Beitrag, Beteiligung	control (v)	kontrollieren, steuern, beherrschen	dawn (n)	Sonnenuntergang	convenient (adj)	geeignet, praktisch, bequem	conversation (n)	Unterhaltung, Gespräch	deal with (v)	umgehen mit, verhandeln mit, zu tun haben mit	cookie (n)	Cookie, kleine Textdatei	cooking (n)	Kochen, Kochkunst	debate (v)	verhandeln, diskutieren	cooling requirements (n) (pl)	die Senkung der Temperatur betreffende Anforderungen	coordinate (v)	koordinieren, aufeinander abstimmen	decision maker (n)	Entscheidungsträger/in	cope with (v)	etw. schaffen, etw. bewältigen	copycat version (n)	Imitat	declare (v)	erklären, bekanntgeben, deklarieren	copyright laws (n) (pl)	Urheberrecht, Urheberrechtsgesetz	correct (v)	berichtigten, richtigstellen, verbessern, korrigieren	decrease (v)	abnehmen, sinken, verringern	corridor (n)	Gang, Flur	cost of living (n)	Lebenshaltungskosten	dedicated (adj)	engagiert, mit Leib und Seele bei der Sache sein	costy (adj)	gemütlich, angenehm, kuschelig	cottage (n)	Ferienhaus, Landhaus	deep (adj)	tief, umfassend	council flat (n)	Gemeindewohnung, Sozialwohnung	countryside (n)	ländliche Gegend	deep-sea mining (n)	Meeresbergbau, Tiefseebergbau	cover (v)	abdecken, bedecken	co-worker (n)	Arbeitskollege/Arbeitskollegin	defeat (n)	Niederlage, Pleite	create (v)	erschaffen, erstellen, kreieren	creative (adj)	kreativ, künstlerisch	define (v)	definieren, bestimmen	crime rate (n)	Kriminalitätsrate	criminal (n)	Kriminelle/r	degree (n)	Grad, Abschluss, Diplom	critical thinking (n)	kritisches Denken	critically (adv)	kritisch	delete (v)	löschen	criticise (v)	kritisieren, bemängeln	criticism (n)	Kritik	deliberate (adj)	absichtlich, bewusst, vorsätzlich	cross (v)	verschränken, kreuzen	cross-check (v)	gegenchecken, die Gegenprobe machen	demonstration (n)	Demonstration, Protest	crowd (n)	Menschenmenge, Gedränge	crowded (adj)	überfüllt, beengt, vollgestopft	dentist lab (n)	Zahnarztpraxis	cultural background (n)	kultureller Hintergrund	culture (n)	Kultur	department (n)	Abteilung	curious (adj)	neugierig	current (adj)	aktuell, augenblicklich, momentan	depend on (v)	abhängen von	currently (adv)	momentan, gegenwärtig, zurzeit, derzeit	curriculum vitae (CV) (n)	Lebenslauf	dependence (n)	Abhängigkeit, Unselbstständigkeit	cut (v)	kürzen, reduzieren, (be)schneiden	cut out (v)	ausschneiden, ausstechen	dependency (n)	Abhängigkeitsverhältnis, Angewiesensein	cyber attack (n)	Cyberangriff	cyberbullying (n)	Cybermobbing	dependent (adj)	abhängig, süchtig	cybersecurity (n)	Internetsicherheit	cycle (n)	Kreislauf, Zyklus	depression (n)	Depression	cycle lane (n)	Fahrradspur	cycle ride (n)	Fahrradfahrt	Deputy Mayor (n)	stellvertretende/r Bürgermeister/in	cyclist (n)	Radfahrer/in	desert island (n)	unbewohnte Insel																										
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cross (v)	verschränken, kreuzen	cross-check (v)	gegenchecken, die Gegenprobe machen	demonstration (n)	Demonstration, Protest	crowd (n)	Menschenmenge, Gedränge	crowded (adj)	überfüllt, beengt, vollgestopft	dentist lab (n)	Zahnarztpraxis	cultural background (n)	kultureller Hintergrund	culture (n)	Kultur	department (n)	Abteilung	curious (adj)	neugierig	current (adj)	aktuell, augenblicklich, momentan	depend on (v)	abhängen von	currently (adv)	momentan, gegenwärtig, zurzeit, derzeit	curriculum vitae (CV) (n)	Lebenslauf	dependence (n)	Abhängigkeit, Unselbstständigkeit	cut (v)	kürzen, reduzieren, (be)schneiden	cut out (v)	ausschneiden, ausstechen	dependency (n)	Abhängigkeitsverhältnis, Angewiesensein	cyber attack (n)	Cyberangriff	cyberbullying (n)	Cybermobbing	dependent (adj)	abhängig, süchtig	cybersecurity (n)	Internetsicherheit	cycle (n)	Kreislauf, Zyklus	depression (n)	Depression	cycle lane (n)	Fahrradspur	cycle ride (n)	Fahrradfahrt	Deputy Mayor (n)	stellvertretende/r Bürgermeister/in	cyclist (n)	Radfahrer/in	desert island (n)	unbewohnte Insel																																																																																																																										
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VOCABULARY REFERENCE

deserve (v)	verdienen	education (n)	Ausbildung, Bildung
designed (adj)	entworfen, gestaltet, designed	educational background (n)	Bildungsstand, Vorbildung
despite (prep)	trotz	effect (n)	Auswirkung, Wirkung, Effekt
destructive (adj)	zerstörend, vernichtend	effective (adj)	wirksam, effektiv
detached house (n)	Einfamilienhaus	effectiveness (n)	Effektivität, Wirksamkeit
determine (v)	bestimmen, festlegen	efficient (adj)	leistungsfähig, wirksam, effizient
develop (v)	entwickeln, erarbeiten	effort (n)	Mühe, Aufwand, Anstrengung
device (n)	Gerät, Apparat	elder (adj)	älter/e/r
diabetes (n)	Diabetes	elected (adj)	gewählt
different (adj)	unterschiedlich, verschieden	election (n)	Wahl
difficult (adj)	schwierig	electronics (n)	Elektronik, elektronische Geräte
difficulty (n)	Schwierigkeit(en)	eliminate (v)	beseitigen, aussortieren, entfernen
digital citizen (n)	Bürger/in, der/die die Grundfertigkeiten für den Umgang mit dem Computer/Internet besitzt	email account (n)	E-Mail-Konto
dimension (n)	Maß, Ausmaß, Dimension	email of application (n)	Bewerbungsschreiben per E-Mail
dining room (n)	Esszimmer	embarrass so. (v)	jmdn. in Verlegenheit bringen, jmdn. blamieren
direct action (n)	Protestkundgebung	emotion (n)	Gefühl, Emotion
disability (n)	Beeinträchtigung, Aktivitätseinschränkung; Erwerbsunfähigkeit	emotional intelligence (n)	emotionale Intelligenz
disabled (adj)	beeinträchtigt	empathetic (adj)	einfühlend, empathisch
disappear (v)	verschwinden	empathy (n)	Mitgefühl, Einfühlungsvermögen
disappointed (adj)	enttäuscht	employee (n)	Angestellte/r, Arbeitnehmer/in
discomfort (n)	Unbehagen, Unannehmlichkeit, Unwohlsein	employer (n)	Arbeitgeber/in
discover (v)	entdecken, auffinden	employment (n)	Beschäftigung, Arbeitsplatz
discrimination (n)	Diskriminierung, Ungleichbehandlung, Benachteiligung	enable (v)	ermöglichen, befähigen
disease (n)	Krankheit	encourage (v)	ermutigen, fördern
disposable (adj)	wegwerfbar, Einweg-	end (v)	beenden
distance (n)	Abstand, Distanz	energy (n)	Energie
distinction (n)	Unterscheidung, Unterschied	energy costs (n) (pl)	Energiekosten
distract (v)	ablenken	energy efficiency (n)	Energieeffizienz
diverse (adj)	vielfältig, unterschiedlich, bunt gemischt	engage in (v)	sich beteiligen an; betreiben
diving (n)	Tauchen	enjoy (v)	genießen, Gefallen finden an
DIY room (n)	Heimwerker/innenraum	ensure (v)	sicherstellen, gewährleisten
document (v)	dokumentieren, aufzeichnen	entertaining (adj)	unterhaltsam, kurzweilig
door (n)	Tür	entertainment options (n) (pl)	Unterhaltungsmöglichkeiten
download (v)	downloaden, herunterladen	enthusiast (n)	Enthusiast/in, Liebhaber/in
downside (n)	Nachteil, Schattenseite	entrance (n)	Eingang, Zutritt, Eintritt
drastic (adj)	drastisch, einschneidend	entrepreneurial (adj)	unternehmerisch, Unternehmer-
draw the line (v)	die Grenze ziehen	environment (n)	Umgebung, Umfeld; Umwelt
drawer cabinet (n)	Schubladenschrank, Kommode	environmental issues (n) (pl)	Umweltfragen
dress (v)	kleiden, bekleiden, anziehen	environmentally-friendly (adj)	umweltfreundlich
dress code (n)	Kleiderordnung, Kleidervorschrift	equally (adv)	gleichermaßen, genauso, gleich-
driveway (n)	Auffahrt, Zufahrt, Einfahrt	equipment (n)	Ausrüstung, Ausstattung
drug addiction (n)	Drogenabhängigkeit	escape (n)	Flucht, Entkommen; Rückzugsort
drug-counselling centre (n)	Drogenberatungsstelle	escape (v)	entkommen, flüchten
due to (prep)	aufgrund, wegen, durch	establish (v)	gründen, einrichten, erbauen
durable (adj)	dauerhaft, haltbar, langlebig	estimated (adj)	geschätzt, veranschlagt, angenommen
duty (n)	Pflicht	ethnicity (n)	ethnische Zugehörigkeit, Ethnie
E			
ear (n)	Ohr	evaluate (v)	evaluieren, auswerten, beurteilen
ear canal (n)	Gehörgang	event (n)	Veranstaltung, Ereignis, Event
earbuds (n) (pl)	Ohrhörer, Kopfhörer	everyday (adj)	alltäglich, tagtäglich
eardrum (n)	Trommelfell	exaggerated (adj)	übertrieben
earn (v)	verdienen, erwerben	except (for) (prep)	abgesehen (von), außer
easily (adv)	leicht, problemlos	excessive (adj)	übermäßig, übertrieben
easy (adj)	einfach, leicht	excessively (adv)	übermäßig, übertrieben, überaus
eating disorder (n)	Essstörung	excrement (n)	Exkrement, Ausscheidung, Kot
economic (adj)	wirtschaftlich, ökonomisch	exhausted (adj)	erschöpft, ausgelaugt
economic gap (n)	Wirtschaftsgefälle	exhibition building (n)	Ausstellungsgebäude
economics (n)	Volkswirtschaftslehre	expand (v)	ausweiten, ausdehnen
economy (n)	Wirtschaft	expectation (n)	Erwartung, Vermutung
editorial standard (n)	redaktioneller Standard	expected (adj)	erwartet, vermutet
educate (v)	(aus)bilden, jmdn. unterrichten, anlernen	expensive (adj)	teuer
		experience (n)	Erfahrung, Erlebnis
		experience (v)	erleben, erfahren, durchmachen, wahrnehmen

Vocabulary reference

experiment (v)	experimentieren, ausprobieren	foyer (n)	Eingangshalle, Foyer, Vorzimmer		
expert (n)	Experte/in, Fachmann/-frau	fridge (n)	Kühlschrank, Eiskasten		
explanation (n)	Erklärung	fried chicken (n)	Brathuhn		
explode (v)	explodieren, platzen	friendly (adj)	freundlich		
exploited (adj)	ausgebeutet, ausgenutzt	frightened (adj)	verängstigt, erschrocken, angstefüllt		
explore (v)	erforschen, erkunden	front door (n)	Eingangstür, Haustür		
extent (n)	Ausmaß	frustrated (adj)	frustriert, enttäuscht, entmutigt		
external (adj)	extern, außenliegend, fremd	fulfilling (adj)	erfüllend, füllend		
extremist (adj)	radikal, extremistisch	fulfilled (adj)	erfüllt		
eye contact (n)	Augenkontakt	full (adj)	voll, vollständig, komplett		
eye-opening (adj)	aufschlussreich	full-time (adj)	Vollzeit-, ganztags		
eyesight (n)	Augenlicht, Sehkraft	furious (adj)	wütend, zornig		
eyesight checks (n) (pl)	Sehtests	furniture (n)	Möbel		
F					
face (v)	zuwenden, den Blick richten auf, entgegensehen, entgegentreten, gegenüberstehen	further (adv)	weiter, ferner, zusätzlich, darüber hinaus		
facial expression (n)	Gesichtsausdruck	future (adj)	zukünftig, künftig		
factory worker (n)	Fabrikarbeiter/in	G			
fad (n)	Modeerscheinung, kurzlebiger Trend	gain (v)	erlangen, gewinnen, erreichen		
failure (n)	Misserfolg, Versagen	gambling (adj)	um Geld spielend, Spiel-		
fair (adj)	fair, gerecht	game (v) (coll)	Computerspiele spielen, zocken		
fair-minded (adj)	gerecht, unvoreingenommen	garage (n)	Garage; Werkstatt		
fake news (n)	Falschmeldungen, verdrehte Fakten	garden terrace (n)	Gartenterrasse		
fall asleep (v)	einschlafen	gather (v)	sammeln, erfassen, aufnehmen		
false (adj)	falsch, unwahr	gender (n)	Geschlecht		
fantastic (adj)	fantastisch, toll	gender equality (n)	Geschlechtergleichstellung, Gleichberechtigung der Geschlechter		
fashion (n)	Mode	gender roles (n) (pl)	Geschlechterrollen		
fashion items (n) (pl)	Modeartikel	generate (v)	erzeugen		
fashion sense (n)	Modegeschmack	generation (n)	Generation		
fashion victim (n)	Modeopfer	genre (n)	Genre, Gattung		
fast fashion (n)	Fast Fashion, Wegwerfmode	get (v)	bekommen, holen, erhalten; werden		
feature (n)	Funktion, Merkmal, Eigenschaft, Besonderheit	get a headache (v)	Kopfschmerzen bekommen		
federal state (n)	Bundesland	get around (v)	herumfahren, herumkommen		
feed (n)	Feed (Internet)	get in trouble with (v)	Schwierigkeiten bekommen mit, in Konflikt geraten mit		
feel (v)	fühlen, empfinden	get inspired (v)	inspiriert werden, angeregt werden		
female (adj)	weiblich	get involved (v)	involviert werden, beteiligt werden, verwickelt werden		
festival environment (n)	Festivalumgebung	get over (v)	bewältigen, hinwegkommen über		
festivities (n) (pl)	Feierlichkeiten	get rid of (v)	los werden, beseitigen, sich entledigen		
fewer (adj)	weniger	get to know so. (v)	jmdn. kennenlernen, mit jmdm. in Kontakt kommen		
field of specialisation (n)	Spezialisierungsbereich	ghettoise (v)	ghettoisieren, zum Ghetto machen		
figure out (v)	herausfinden, ergründen, verstehen	gift (v)	schenken		
file (n)	Datei, Akte	give one's best (v)	das Beste geben		
fill in (v)	ausfüllen	glad (adj)	froh, freudig		
finals (n) (pl)	Abschlussprüfung(en)	go viral (v)	viral gehen, rasend schnell bekannt werden		
financial (adj)	finanziell, finanztechnisch	goal (n)	Ziel, Zielsetzung		
financial security (n)	finanzielle Sicherheit	good (n)	Gut, Wohl(e), Nutzen		
find (v)	finden	good-quality (adj)	von guter Qualität		
fire sensors (n) (pl)	Feuersensoren, Brandmelder	government (n)	Regierung, Staat; Führung		
firewall (n)	Sicherheitssystem eines Computers/ Netzwerks	grasp (v)	begreifen, ergreifen, fassen		
firm (adj)	fest, standhaft, verbindlich	grateful (adj)	dankbar, erkenntlich		
first-hand (adj)	aus erster Hand	green (adj)	umweltbewusst; grün		
fit (v)	passen, anpassen, anprobieren	green space (n)	Grünraum, Grünanlage, Grünfläche		
fit in (v)	sich einfügen, sich eingliedern	grey water circuit (n)	Schmutzwasserkreislauf		
fix (v)	reparieren, beheben	group work (n)	Gruppenarbeit		
flexible (adj)	flexibel, biegsam, anpassungsfähig	grow (v)	wachsen, zunehmen		
flight (n)	Flug	growth (n)	Wachstum, Anstieg, Entwicklung		
folded (adj)	gefaltet	grunt work (n)	Routinearbeit, Fleißarbeit		
follow (v)	folgen, befolgen	guess (v)	raten, erraten		
foods (n) (pl)	Lebensmittel	guide (v)	führen, leiten, lenken		
for instance (adv)	etwa, beispielsweise, zum Beispiel	gut instinct (n)	Bauchgefühl		
force (v)	zwingen, erzwingen	gym (n)	Fitnesscenter		
foreign (adj)	ausländisch, fremd	H			
form (n)	Schulstufe, Formular	habit (n)	Gewohnheit, Angewohnheit		
form (v)	bilden, formen, gestalten	hack (v)	hacken		
forward (v)	weiterleiten, verbreiten	hacker (n)	Hacker/in, Datenpirat/in		

VOCABULARY REFERENCE

hair cells (n) (pl)	Haarzellen
hair colour (n)	Haarfarbe
hallway (n)	Flur, Gang, Korridor
handle (v)	handhaben, erledigen, bearbeiten, abwickeln
handshake (n)	Handschlag
hands-on (adj)	manuell, mit den Händen; aktiv, zupackend
hands-on experience (n)	Praxiserfahrung, praktische Erfahrung
hang out (v)	abhängen, herumhängen
hard (adj)	hart, schwer, fest
harm (n)	Schaden, Nachteil, Leid
harm (v)	schaden, verletzen
harmful (adj)	schädlich, gefährlich
hashtag (n)	Stichwort, Schlagwort; Doppelkreuz, Rautezeichen
have a say (v)	etw. zu sagen haben, mitreden
have a word with so. (v)	mit jmdn. sprechen/reden, mit jmdm. ein Wörtchen reden
have difficulty doing sth. (v)	Schwierigkeiten haben etw. zu tun
have fun with (v)	Spaß haben mit
head (n)	Kopf
headline (n)	Titel, Überschrift
heal (v)	heilen, ausheilen
health (n)	Gesundheit
health and safety coordinator (n)	Sicherheits- und Gesundheitsschutzbeauftragte/r
healthy (adj)	gesund
hear (v)	hören
hearing (n)	Gehör; Anhörung, Gerichtssitzung
hearing checks (n) (pl)	Hörtests
hearing loss (n)	Gehörverlust
hearing protection (n)	Gehörschutz
heart rate (n)	Puls, Herzfrequenz
heat pump (n)	Wärmepumpe
heat wave (n)	Hitzewelle
heating requirements (n) (pl)	das Heizen betreffende Anforderungen; Heizbedarf
heavy machinery (n)	Schwermaschinerie
help (v)	helfen
helpline (n)	telefonische Anlaufstelle
hide behind sth. (v)	sich hinter etw. verstecken
highly (adv)	äußerst, hoch, sehr
high-quality (adj)	(qualitativ) hochwertig
hiking (n)	Wandern
hip (n)	Hüfte
hire (v)	einstellen
history (n)	Geschichte
hoax (n)	Schwindel, Täuschung, Falschmeldung
hold (v)	halten, besitzen, abhalten
hold on (v)	dranbleiben (Telefon), warten
homebuilder (n)	Hausbauer/in
homeless (adj)	obdachlos
homeowner (n)	Hausbesitzer/in
homosexual/gay (adj)	homosexuell, gleichgeschlechtlich
honest (adj)	ehrlich, aufrichtig
honour (n)	Ehre
hook up (v)	einhaben, verbinden, einklinken
horizon (n)	Horizont, Gesichtskreis
hospital (n)	Krankenhaus
huge (adj)	riesig
human (n)	Mensch
human being (n)	Mensch, menschliches Wesen
human brain (n)	menschliches Gehirn
Human Resources (HR) (n)	Personalabteilung
Human Resources (HR) Manager (n)	Personalleiter/in
human voices (n) (pl)	menschliche Stimmen
humanoid (adj)	menschenähnlich

hurt (v)	verletzen, schaden
I	
identification (ID) (n)	Ausweis, Identifikation, Erkennung
identify (v)	identifizieren, erkennen
identity (n)	Identität
illegal (adj)	illegal, gesetzwidrig, widerrechtlich
illegally (adv)	auf illegale/ungesetzliche Weise
illustrate (v)	veranschaulichen, illustrieren
imagine (v)	vorstellen, ausdenken, ausmalen
impact (n)	Auswirkung, Wirkung, Effekt
impact sth. (v)	auf etw. eine Auswirkung haben
importance (n)	Wichtigkeit, Bedeutung
impossible (adj)	unmöglich
impress (v)	beeindrucken, imponieren
impression (n)	Eindruck, Vermutung, Wirkung
improve (v)	verbessern, nachbessern, vervollkommen
improvement (n)	Verbesserung, Fortschritt, Besserung
in regard to (prep)	bezüglich, hinsichtlich
in the long run (adv)	auf lange Sicht
inappropriate (adj)	unpassend, unangemessen
incident (n)	Vorfall, Ereignis
include (v)	einschließen, beinhalten
incorrect (adj)	falsch, fehlerhaft, unzulässig
increase (v)	ansteigen, erhöhen, steigern, wachsen
increasing (adj)	ansteigend, zunehmend, wachsend
incredible (adj)	unglaublich, unvorstellbar
independence (n)	Unabhängigkeit, Eigenständigkeit, Selbstständigkeit
independent (adj)	unabhängig, eigenständig
indoor (adj)	drinnen, im Haus
industrialisation (n)	Industrialisierung
ineffective (adj)	wirkungslos, unwirksam
inferior (adj)	minderwertig, unterlegen
influence (n)	Einfluss, Beeinflussung
influence (v)	beeinflussen, einwirken, auf etw. Einfluss nehmen
inform (v)	informieren, mitteilen, benachrichtigen
informative (adj)	informativ, aufschlussreich
infrastructure (n)	Infrastruktur
inhabitant (n)	Einwohner/in, Bewohner/in
initial (adj)	erste, anfänglich, Erst-
initiative (n)	Initiative, Aktion
inner ear (n)	Innenohr
innovative (adj)	innovativ, neuartig, erfinderisch
insecure (adj)	unsicher, verunsichert
inside (adj)	innen, innerhalb, drinnen
insight (n)	Einblick, Erkenntnis, Verständnis
inspirational (adj)	inspirierend
install (v)	installieren, montieren, einbauen
instant (adj)	augenblicklich, unmittelbar
instant messaging (n)	Sofortnachrichten
instantly (adv)	sofort, unverzüglich
instruction (n)	Anleitung, Anweisung
integration (n)	Integration, Eingliederung
intense (adj)	intensiv, heftig, stark
intentionally (adv)	absichtlich, vorsätzlich, gewollt
interact (v)	zusammenspielen, aufeinander einwirken, einander beeinflussen
interaction (n)	Interaktion, Wechselwirkung, Austausch (Kommunikation)
interactivity (n)	Interaktivität
Internet addiction (n)	Internetsucht, Internetabhängigkeit
Internet gaming disorder (n)	(pathologischer) Internet-Spielzwang
internship (n)	Praktikum
interrupted (adj)	unterbrochen
intolerant (adj)	intolerant, unduldsam

Vocabulary reference

introduce (v)	vorstellen, einleiten, einführen	low (adj)	niedrig, tief, gering
invent (v)	erfinden	loyal (adj)	loyal, treu
involved (adj)	beteiligt, involviert, eingebunden	lung cancer (n)	Lungenkrebs
isolating (adj)	isolierend	luxury brand (n)	Luxusmarke
issue (n)	Problem, Thema, Belange	M	
item (n)	Gegenstand, Sache	machinery (n)	Maschinen, Maschinenanlagen
jealous (adj)	eifersüchtig	main bedroom (n)	Hauptschlafzimmer
jet ski (n)	Jetski	main character (n)	Hauptcharakter, Hauptfigur
job fair (n)	Berufsmesse	maintain (v)	instandhalten; aufrechterhalten, beibehalten, verwalten
join (v)	beitreten, sich treffen, vereinen	maintenance (n)	Aufrechterhaltung, Instandhaltung
joke (n)	Witz, Scherz	majority (n)	Mehrheit
judge (v)	verurteilen, bewerten	make (v)	schaffen; machen, tun
judgement (n)	Beurteilung, Urteil, Urteilsvermögen	make aware of (v)	bewusst machen, zur Kenntnis bringen
K		make fun of so. (v)	sich über jmdn. lustig machen
keep (v)	halten, behalten, wahren	make heard (v)	Gehör verschaffen
keep out (v)	abhalten, fernhalten	make money (v)	Geld machen, Geld verdienen
keep so. busy (v)	jmdn. beschäftigen, auf Trab halten	make the news (v)	es in die Nachrichten schaffen
keep up with (v)	mithalten, dranbleiben	male (adj)	männlich
kitchen (n)	Küche	manage (v)	verwalten, bedienen
knowledge (n)	Wissen, Kenntnis, Erkenntnis	manipulate (v)	manipulieren
L		manner (n)	Art
lack (v)	fehlen, mangeln (an), etw. nicht haben	manufacturing branch (n)	Herstellungsbranche, Fertigung
lake (n)	See	marijuana (n)	Marijuana, Cannabis
language barrier (n)	Sprachbarriere	mark (n)	Schulnote; Zeichen, Fleck
lately (adv)	neulich, kürzlich, zuletzt	market value (n)	Marktwert
launch (n)	Veröffentlichung	mass production (n)	Massenproduktion
launch (v)	einführen, starten, gründen	meaningful (adj)	aussagekräftig, sinnvoll, bedeutsam
law (n)	Gesetz	measures (n) (pl)	Maßnahmen
lead to (v)	entgegenführen, heranführen, hinführen, führen zu	mechanics (n)	Mechanik, Bewegungslehre
leader (n)	Führungschaft	media (n)	Medien
lean forward (v)	nach vorne neigen, nach vorne lehnen	medical care (n)	medizinische Versorgung
learn (v)	lernen	medical history (n)	Anamnese, medizinische Vorgeschichte
learn from experience (v)	aus Erfahrung lernen	meeting (n)	Besprechung; Treffen
leather jacket (n)	Lederjacke	meme (n)	humoristischer/satirischer Medieninhalt, der sich im Internet weit verbreitet
leave a message (v)	eine Nachricht hinterlassen	memorable (adj)	unvergesslich, einprägsam
legal (adj)	legal, gesetzmäßig	memory loss (n)	Gedächtnisverlust
legal drinking age (n)	Mindestalter für legalen Alkoholkonsum	mental health (n)	mentale Gesundheit
legal drug (n)	legale Droge	mentor (n)	Berater/in, Mentor/in
lesson (n)	Unterricht; Lektion	middle ear (n)	Mittelohr
level (n)	Niveau, Ebene, Stufe	mid-season (adj)	mitten in der Saison
liberty (n)	Freiheit	migrant (n)	Migrant/in
lifestyle (n)	Lebensstil, Lebensweise	migration (n)	Migration, Übersiedlung, Wegzug, Abwanderung
lighting (n)	Beleuchtung	mind (n)	Verstand, Meinung, Geist
lightweight (adj)	leicht, aus leichtem Material	mindful (adj)	aufmerksam, achtsam
likely (adv)	wahrscheinlich, voraussichtlich	misinformation (n)	Fehlinformation, Falschinformation
limit (v)	einschränken, limitieren	mislead (v)	irreführen, täuschen
link (n)	Internetlink	mistake (n)	Fehler
listen (to) (v)	zuhören, hören	misunderstanding (n)	Missverständnis
live with (v)	leben mit	mixed salad (n)	gemischter Salat
living room (n)	Wohnzimmer	modify (v)	abändern, ändern, verändern
local (adj)	örtlich, einheimisch, hiesig	monitor (v)	überwachen, beobachten, überprüfen
locker (n)	Spind, Schließfach	mood (n)	Laune, Stimmung, Gemütslage
log in (v)	einloggen	moody (adj)	launisch, launenhaft
log out (v)	ausloggen	mother tongue (n)	Muttersprache
longer-term (adj)	längerfristig	motion sensors (n) (pl)	Bewegungsmelder
long-lasting (adj)	langlebig, beständig	motivation (n)	Motivation, Beweggrund; Leistungsbereitschaft
look back (v)	zurückblicken, zurückschauen	motorcycle (n)	Motorrad
look for (v)	suchen nach	mountain (n)	Berg
look forward to (v)	sich freuen auf, erwarten, freudig entgegensehen	movable (adj)	beweglich, bewegbar
look up (v)	nachschauen, nachschlagen; nach oben schauen	murder (n)	Mord
lose (v)	verlieren, einbüßen	music festival (n)	Musikfestival
loudly (adv)	laut	music streaming service (n)	Musikstreamingservice
loved ones (n) (pl)	Angehörige, Nahestehende		

VOCABULARY REFERENCE

music taste (n)	Musikgeschmack
N	
naïve (adj)	naiv, leichtgläubig
naivety (n)	Naivität, Blauäugigkeit
nap (n)	Schlafchen, Nickerchen
nationality (n)	Nationalität
native tongue (n)	Erstsprache, Heimatsprache, Muttersprache
natural science (n)	Naturwissenschaft
nature (n)	Natur
nearby (adj)	nahegelegen, anbei
neatly (adv)	ordentlich, rein, säuberlich
need (v)	brauchen, benötigen
needs (n) (pl)	Bedürfnisse, Notwendigkeiten
negative (adj)	negativ, ablehnend
neighbourhood (n)	Nachbarschaft
networking (n)	Vernetzung, Netzwerkbildung
nevertheless (adv)	dennoch, trotzdem
news broadcast (n)	Nachrichtensendung
news broadcaster (n)	Nachrichtensender
news outlet (n)	Nachrichtenanbieter
news source (n)	Nachrichtenquelle
newspaper (n)	Zeitung
noise (n)	Lärm, Geräusch
noise assessment (n)	Lärmbelastungsanalyse
noise exposure (n)	Lärmbelastung, Geräuscheinwirkung, Lärmexposition
noise level (n)	Geräuschpegel, Lärmpegel
noise pollution (n)	Lärmbelästigung
noise-cancelling (adj)	geräuschunterdrückend
noise-induced (adj)	lärmbedingt
noisy (adj)	laut
non-branded (adj)	Nichtmarken-, markenneutral
non-print (adj)	Nicht-Print-, ungedruckt
nonsense (n)	Unsinn
norm (n)	Norm, Maßstab, Regel
O	
obesity (n)	Fettleibigkeit
odd job (n)	Gelegenheitsjob
offended (adj)	beleidigt, angegriffen
offensive (adj)	beleidigend, anstoßend, widerlich
offer a helping hand (v)	Hilfe anbieten, helfen
office rules (n) (pl)	Bürorichtlinien, Bürovorschriften
office worker (n)	Büroangestellte/r
oil crisis (n)	Ölkrise
on average (adv)	durchschnittlich, im Durchschnitt
on purpose (adv)	absichtlich
on your own (adv)	alleine, auf sich gestellt
once in a while (adv)	gelegentlich
online source (n)	Internetquelle
online store (n)	Online-Shop, Internet-Shop
onwards (adv)	weiter, an, vorwärts
open (v)	öffnen, aufmachen
open-minded (adj)	unvoreingenommen, vorurteilslos, welt- offen
operate (v)	bedienen, betätigen
operator (n)	Betreiber/in, Unternehmer/in
opinion (n)	Meinung, Ansicht, Einstellung, Stellung- nahme
opportunity (n)	Gelegenheit, Möglichkeit
optimise (v)	optimieren, verbessern
optimistic (adj)	optimistisch, lebensbejahend
option (n)	Option, Möglichkeit, Alternative
organise (v)	organisieren, gestalten, veranstalten
orientation (n)	Orientierung, Ausrichtung, Hinwendung
others (n)	Andere
out of style (adv)	aus der Mode gekommen
outcome (n)	Ergebnis, Auswirkung, Resultat

outdated (adj)	veraltet, überholt, altmodisch
outdoor (adj)	im Freien
outer ear (n)	Außenohr
outweigh (v)	übertreffen, schwerer wiegen
overact (v)	übertreiben, überspielen
overcome (v)	überwinden, bewältigen
overdraw (v)	überziehen, überzeichnen, übertreiben
oversight (n)	Übersehen, Versehen; Aufsicht, Kontrolle
overwhelmed (adj)	überfordert, überwältigt
own (v)	besitzen
P	
paid (adj)	bezahlt, gezahlt
painful (adj)	schmerhaft, schmerzlich
paper (n)	Papier
parasailing (n)	Fallschirmsegeln, Parasailing
participate (in) (v)	teilnehmen (an)
particular (adj)	speziell, besondere/er/es, jeweilig, bestimmte/er/es
part-time (adj)	Teilzeit
partying (n)	Feiern
pass (v)	bestehen, schaffen; vergehen
pass on (v)	übermitteln, weitermelden, überliefern
password (n)	Passwort
pastry chef (n)	Konditor/in
patient (adj)	geduldig
patient (n)	Patient/in
patio (n)	Terrasse, Innenhof, Veranda
pay off (v)	sich lohnen, auszahlen
paycheck (n)	Gehaltsscheck
peaceful (adj)	friedlich, friedvoll
pedestrian crossing (n)	Fußgängerübergang, Zebrastreifen
peer (n)	Gleichaltrige/r, Gleichstehende/r
peer pressure (n)	Gruppenzwang
penny press (n)	Boulevardblatt
percent (n)	Prozent
percentage (n)	Prozentsatz
perform (v)	leisten, funktionieren, ausführen; vorführen
performance (n)	Leistungsfähigkeit, Leistung
perhaps (adv)	vielleicht
permanent (adj)	dauerhaft, permanent
permission (n)	Erlaubnis
permit of residence (n)	Aufenthaltsgenehmigung
personal brand (n)	Personenmarke, die eigene Marke sein
personal data (n)	persönliche Daten
Personal Protective Equipment (PPE) (n)	persönliche Schutzkleidung
personal space (n)	Diskretionsabstand, Distanzzone
personalised (adj)	personalisiert, individualisiert
personally (adv)	persönlich, höchstpersönlich
perspective (n)	Perspektive, Blickwinkel, Sichtweise
pessimistic (adj)	pessimistisch, schwarzseherisch
pet's name (n)	Haustiername
phishing (n)	betrügerisches Entlocken sensibler Daten
photovoltaic solar panels (n) (pl)	Photovoltaikpanele
physical bullying (n)	physisches Mobbing
physically (adv)	körperlich
physics (n)	Physik
pick (v)	wählen, auswählen
pigmentation disorder (n)	Pigmentierungsstörung
plan (n)	Plan, Vorhaben, Konzept; Absicht
plane crash (n)	Flugzeugabsturz
plant (v)	anpflanzen, pflanzen
plant pool (n)	Naturschwimmbecken
playlist (n)	Playlist, Wiedergabeliste, Abspielliste
pleasurable (adj)	angenehm, vergnüglich

Vocabulary reference

pocket money (n)	Taschengeld	provide (v)	anbieten, bereitstellen, versorgen, zur Verfügung stellen
podcast (n)	Podcast	provoke (v)	provozieren
point forward (v)	nach vorne zeigen	psychologically (adv)	psychisch, psychologisch
point out (v)	betonen, hinweisen auf, aufzeigen	psychology (n)	Psychologie
policy creation (n)	Strategieplanung, Grundsatzplanung	public image (n)	Außendarstellung, öffentliches Ansehen, Fremdbild
policy making (n)	Politikgestaltung	public space (n)	öffentlicher Raum
politeness (n)	Höflichkeit	public transport (n)	öffentliche Verkehrsmittel
politician (n)	Politiker/in	publish (v)	veröffentlichen, herausgeben
politics (n)	Politik	punishment (n)	Strafe, Bestrafung
pollute (v)	verschmutzen	purchase (v)	kaufen, erwerben
pollution (n)	Verschmutzung	purpose (n)	Absicht, Zweck
poor (adj)	arm; geringwertig	push (v)	drücken, schieben
popularity (n)	Beliebtheit, Zuspruch	put through (v)	direkt durchstellen (Telefon); durchführen
population (n)	Bevölkerung	put up with (v)	hinnehmen, abfinden, tolerieren
portray (v)	darstellen, schildern, abbilden	Q	
position (n)	Position, Standpunkt	qualification (n)	Qualifikation, Ausbildung
position (v)	positionieren, aufstellen	qualified (adj)	qualifiziert, befähigt
positive (adj)	positiv, eindeutig	quality (n)	Qualität
post (n)	Post, Beitrag, Eintrag	quality of life (n)	Lebensqualität
post (v)	posten, veröffentlichen	quality paper (n)	seriöse Tageszeitung, Qualitätszeitung
power (n)	Kraft, Stärke, Macht, Leistung	quantity (n)	Menge, Anzahl
power tool (n)	Elektrowerkzeug	quarter (n)	Quartal
powerful (adj)	kraftvoll, kräftig, mächtig	questionnaire (n)	Fragebogen, Umfrage
practical (adj)	praktisch	quiet (adj)	leise, ruhig
practical skills (n) (pl)	praktische Fähigkeiten	quit (v)	aufgeben, aufhören, verzichten
practise (v)	üben, ausüben, praktizieren	quite (adv)	ziemlich
pragmatic (adj)	pragmatisch	quote (n)	Zitat
precautions (n) (pl)	Vorsichtsmaßnahmen	R	
predator (n)	Räuber/in, Fressfeind/in	racism (n)	Rassismus
predictable (adj)	vorhersehbar	radio platform (n)	Radioplattform im Internet
prefer (v)	bevorzugen, präferieren	radio station (n)	Radiosender, Radiostation
preference (n)	Präferenz, Vorliebe, Vorzug	rain protection (n)	Regenschutz
prejudice (n)	Vorurteil, Befangenheit	rainwater (n)	Regenwasser
prescription drug (n)	verschreibungspflichtiges Medikament	raise (v)	erhöhen, heben; verursachen; aufbringen
present (v)	präsentieren, vorlegen	ranking (n)	Rangfolge, Rangordnung, Klassifizierung
preserve (v)	erhalten, bewahren, konservieren	rationally (adv)	vernünftig, rational, auf vernunftbasierte Weise
pressure (n)	Druck	reaction (n)	Reaktion
prestigious (adj)	angesehen, renommiert	read (v)	lesen
prevent (v)	verhindern, vermeiden	readership (n)	Leserschaft
preventable (adj)	vermeidbar, verhinderbar, verhütbar	real (adj)	richtig, wirklich, echt
price (n)	Preis	realise (v)	erkennen, realisieren
primary school (n)	Volksschule	reality (n)	Realität, Wirklichkeit
print media (n)	Druckpresse, Printmedien	real-life (adj)	aus dem wirklichen Leben
printing press (n)	Druckerpresse	rebuild (v)	umbauen, erneuern, wiederaufbauen
prioritise (v)	bevorzugen, priorisieren	receive (v)	erhalten, erlangen
problem (n)	Problem	recent (adj)	neueste, kürzlich, aus jüngster Zeit
problematic (adj)	problematisch	recognise (v)	erkennen, wiedererkennen
problem-solving skills (n) (pl)	Problemlösefähigkeiten	recommend (v)	empfehlen
process (n)	Prozess, Vorgang	recover (v)	wiedererlangen, genesen
process (v)	verarbeiten, bearbeiten	recovery (n)	Erholung, Genesung, Besserung
produce (v)	produzieren, herstellen	redesign (n)	Umgestaltung, Neugestaltung
production (n)	Produktion, Herstellung	reduce (v)	reduzieren, verringern
productive (adj)	produktiv, ertragreich, leistungsfähig	reduced (adj)	reduziert, verringert
productivity (n)	Produktivität, Leistungsfähigkeit	reflect (v)	widerspiegeln, reflektieren
professional (n)	professionell, beruflich	refrigerator (n)	Kühlschrank, Eiskasten
professional help (n)	professionelle Hilfe	refugee (n)	geflüchtete Person, schutzsuchende Person
progress (n)	Fortschritt	refugee centre (n)	Flüchtlingszentrum
progressive (adj)	fortschrittlich, fortlaufend	regardless of (prep)	ungeachtet (+ Gen.); unabhängig davon, ob
project (n)	Projekt	register (v)	anmelden, registrieren
promote (v)	(be)werben, promoten, fördern, unterstützen	regret (v)	bedauern, bereuen
promotion (n)	Beförderung	regularly (adv)	regelmäßig, oft
proper (adj)	angemessen, passend, richtig	regulate (v)	regulieren, vorschreiben, regeln
property (n)	Besitz, Eigentum, Grundstück	rehab (n)	Entziehungskur, Reha
protect (v)	schützen, beschützen		
protection (n)	Schutz, Sicherung, Absicherung		
proud (adj)	stolz; hochmütig		

VOCABULARY REFERENCE

reject (v)	ablehnen, abweisen, zurückweisen	save (v)	sparen, speichern, retten
relatable (adj)	nachvollziehbar, ansprechend	savings (n) (pl)	Ersparnisse
relate to (v)	betreffen, beziehen auf, mit etw. in Zusammenhang stehen	scam (n)	Betrug, Schwindel, Gaunerei
relaxing (adj)	entspannend	scared (adj)	ängstlich, verängstigt, erschrocken
relevant (adj)	relevant, bedeutungsvoll	scary (adj)	unheimlich, beängstigend
reliable (adj)	zuverlässig, verlässlich	schedule (n)	Terminplan, Zeitplan
relieve (v)	erleichtern, befreien, verringern, abbauen	scholarship (n)	Stipendium
religion (n)	Religion	school bag (n)	Schultasche
rely on sth./so. (v)	bauen auf, sich verlassen auf, auf etw./jmdn. vertrauen, auf etw./jmdn. setzen	school shooting (n)	Schulmassaker, Schulschießerei
remain (v)	verbleiben, bleiben, übrigbleiben	schoolwork (n)	Schulaufgaben
remark (n)	Anmerkung, Bemerkung	scientist (n)	Wissenschaftler/in
remarkable (adj)	bemerkenswert, außergewöhnlich	scissors (n)	Schere
remind (v)	erinnern	screen (n)	Bildschirm
remotely (adv)	entfernt, abgelegen; via Fernsteuerung	screen name (n)	Benutzername, Künstlername (Schauspiel)
rent (n)	Miete	search (v)	suchen
repair (v)	reparieren	search engine (n)	Suchmaschine
repeat (v)	wiederholen	seasonally (adv)	jahreszeitlich, saisonabhängig
repetitive (adj)	sich wiederholend, wiederholt; monoton	secret (adj)	geheim
report (v)	melden, berichten	secure (adj)	sicher, geborgen
represent (v)	vertreten, repräsentieren	security (n)	Sicherheit
request (n)	Anfrage	seek (v)	suchen
require (v)	benötigen, erfordern, brauchen	seeker (n)	Sucher/in, Suchende/r
required (adj)	erforderlich, benötigt, vorgeschrieben	self-confidence (n)	Selbstbewusstsein
research (n)	Forschung, Recherche	self-confident (adj)	selbstbewusst
researcher (n)	Forscher/in, Wissenschaftler/in	self-esteem (n)	Selbstwertgefühl, Selbstachtung
respectful (adj)	respektvoll	sell (v)	verkaufen
resident (n)	Bewohner/in	send (v)	senden, versenden
resist (v)	widerstehen, standhalten	senior manager (n)	leitende/r Angestellte/r, hochrangige Führungskraft, Bereichsleiter/in
resources (n)	Ressourcen, Rohstoffe, Betriebsmittel	sensational (adj)	reißerisch, spektakulär, sensationell
respect (n)	Respekt	sense (of) (n)	Sinn (für etw.)
respect (v)	respektieren, beachten, anerkennen	sense of humour (n)	Sinn für Humor
respectful (adj)	respektvoll, achtungsvoll	separation (n)	Trennung
respond (to) (v)	(auf etw.) antworten, erwidern; teilnehmen	serious (adj)	seriös, ernsthaft
response (n)	Antwort, Rückmeldung, Reaktion	seriousness (n)	Ernsthaftigkeit, Seriosität
responsibility (n)	Verantwortung, Kompetenz-, Verantwortungsbereich	serve (v)	servieren, dienen, anbieten
restrict (v)	einschränken, begrenzen	set out (v)	aufbrechen; arrangieren
restroom (n)	Toilette, WC	set up (v)	einstellen, einrichten, aufbauen
rethink (v)	überdenken, umdenken, durchdenken	setting (n)	Schauplatz, Rahmen, Situation
retro (adj)	Nostalgie-, Retro-	settled (adj)	sesshaft, niedergelassen
revolving (adj)	(sich) drehend, rotierend	several (adj)	mehrere, etliche
reward (v)	belohnen	sexist (adj)	sexistisch
ride (v)	fahren, reiten	shape (v)	formen, gestalten
right (n)	Recht, Anspruch	share (v)	teilen, weitergeben
ringing (n)	Klingeln, Läuten	shares (n) (pl)	Beitrag, Quote (social media); Aktien
rise (v)	ansteigen, steigen, aufsteigen	shine (v)	scheinen, leuchten, glänzen
risk (n)	Risiko	shiver (v)	zittern, frösteln
ritual (n)	Ritual, rituelle Handlung	shocking (adj)	schockierend, erschütternd, aufregend
role model (n)	Vorbild	shopping addiction (n)	Kaufsucht
roof (n)	Dach	short-term (adj)	kurzfristig
roof deck (n)	Dachterrasse	show (v)	vorführen, vorzeigen, aufzeigen
rotate (v)	rotieren, sich drehen	shrink (v)	schrumpfen, verkleinern, schwinden
rotating (adj)	rotierend, sich drehend	shutters (n) (pl)	Rollläden, Fensterläden
round table (n)	runder Tisch, Gesprächsrunde, Diskussionsrunde	shy (adj)	schüchtern
rubbish (n)	Unsinn, Müll, Abfall	shyness (n)	Schüchternheit
rule (n)	Regel, Vorschrift	siblings (n) (pl)	Geschwister
rumour (n)	Gerücht	sight (n)	Sehenswürdigkeit; Ansicht
S		sightseeing (v)	Besichtigung von Sehenswürdigkeiten
safe (adj)	sicher, zuverlässig	sign (n)	Hinweisschild, Schild; Zeichen
safety risks (n) (pl)	Sicherheitsrisiken	sign up for sth. (v)	sich für etw. anmelden, registrieren
sale (n)	Abverkauf	significant (adj)	bedeutend, erheblich, wesentlich
salmon (n)	Lachs	significantly (adv)	bedeutend, erheblich, maßgeblich
sandy beach (n)	Sandstrand	simplify (v)	vereinfachen
satellite dish (n)	Satellitenschüssel	site manager (n)	Baustellenleiter/in, Betriebsleiter/in
		situation (n)	Situation, Lage
		skill (n)	Fertigkeit
		skin (n)	Haut

Vocabulary reference

skin colour (n)	Hautfarbe	strict (adj)	strenge
sky (n)	Himmel	strong (adj)	stark, fest
skyscraper (n)	Hochhaus, Wolkenkratzer	struggle with (v)	sich quälen/abmühen mit
slope (n)	Skipiste; Abhang	study (n)	Arbeitszimmer
smart (adj)	klug, intelligent	study (v)	studieren, lernen
smart home (n)	Smart Home, intelligentes Wohnen	subject (n)	Thema, Fach, Schulfach
smoking (n)	Rauchen	subscribe to (v)	abonnieren; beipflichten
smoking addiction (n)	Nikotinsucht, Tabakabhängigkeit	substance abuse counselor (n)	Suchtberater/in
snowboarding (n)	Snowboarding	substance use/abuse (n)	Substanzgebrauch/-missbrauch, Suchterkrankung
snowy (adj)	verschneit, schneereich	suburb (n)	Vorort, Außenbezirk
social bullying (n)	soziales/beziehungsorientiertes Mobbing	successful (adj)	erfolgreich
social class (n)	gesellschaftliche Schicht	suffer (from) (v)	leiden (an/unter), ertragen, dulden
social life (n)	Sozialleben, Gesellschaftsleben	suggest (v)	vorschlagen, empfehlen; andeuten
social media account (n)	Social-Media-Account	sun protection (n)	Sonnenschutz
social skills (n) (pl)	soziale Fertigkeiten	sunbathing (n)	Sonnenbaden
socialise (v)	unter die Leute gehen	sunny (adj)	sonnig
societal (adj)	sozial, gesellschaftlich	sunrise (n)	Sonnenaufgang
society (n)	Gesellschaft	suntan lotion (n)	Sonnenmilch, Sonnencreme
solar panels (n) (pl)	Solarpaneale, Solarzellen	superficial (adj)	oberflächlich
solution (n)	Lösung	superior (adj)	überlegen, außergewöhnlich, übergeordnet
solve (v)	lösen	support (v)	unterstützen
somehow (adv)	irgendwie	supportive (adj)	unterstützend
sound message (n)	Geräuschnachricht, akustische Nachricht	surfing (n)	Surfen
source (n)	Quelle	surprisingly (adv)	erstaunlicherweise, überraschenderweise
space (n)	Raum, Platz	surrounded (adj)	umgeben
spam (n)	Spam	surrounding (adj)	umliegend, umgebend
spammer (n)	Verfasser/in von Spammails	survey (n)	Umfrage
specialist (n)	Spezialist/in, Experte/Expertin	suspicious (adj)	verdächtig
specific (adj)	speziell, konkret, bestimmt	sustain (v)	aufrechterhalten
specification (n)	Spezifikation, Spezifizierung, Präzisierung	sustainability (n)	Nachhaltigkeit
spend (v)	ausgeben, verbrauchen, verbringen	sustainable (adj)	nachhaltig, zukunftsfähig
spend time (v)	Zeit verbringen, Zeit aufbringen	sustainable living (n)	nachhaltiges Leben
spiral (adj)	gewunden, spiralförmig, schneckenförmig	sympathy (n)	Mitgefühl, Mitempfinden, Einfühlungsvermögen; Mitleid
spirit (n)	Geist, Stimmung, Seele	symptom (n)	Symptom, Anzeichen, Merkmal
split up (v)	sich aufteilen, sich trennen		
spread (v)	ausbreiten, verbreiten, verteilen		
sprinklers (n) (pl)	Beregner, Berieselungsanlage		
staff (n)	Personal, Belegschaft		
staircase (n)	Stiege, Stiegenhaus		
stand up for sth./so. (v)	für etw./jmdn. eintreten, für etw./jmdn. einstehen		
stand up to so. (v)	jmdm. die Stirn bieten/furchtlos entgegentreten		
stateless (adj)	staatenlos		
statistics (n) (pl)	Statistik		
stay (v)	bleiben; wohnen		
stay connected (v)	verbunden bleiben		
stay on track (v)	auf Kurs bleiben, in der Spur bleiben		
steal (n)	Schnäppchen		
steal (v)	stehlen		
steam engine (n)	Dampflock, Dampfmaschine		
step (n)	Schritt, Stufe, Maßnahme		
stereotype (n)	Klischee, Stereotyp		
stop (v)	stoppen, aufhalten, beenden, unterbinden		
store (n)	Geschäft, Laden		
store (v)	speichern		
storeroom (n)	Abstellraum, Lager, Speicher		
stranger (n)	Fremde/r, Ausländer/in		
stream (v)	streamen		
streaming (n)	Streaming, Datenübertragungsverfahren		
street lamp (n)	Straßenlampe		
street violence (n)	Straßenkriminalität		
strength (n)	Stärke, Kraft		
strengthen (v)	stärken		
stress (n)	Stress, Belastung, Beanspruchung		
stressed out (adj)	gestresst, abgehetzt		
stressful (adj)	stressig, anstrengend		

T

tabloid (n)	Boulevardblatt, Klatschzeitung
tailor (v)	zuschneidern, anpassen, (maß)schneidern
take (v)	nehmen, ergreifen, beanspruchen
take a message (v)	eine Nachricht aufnehmen/notieren
take leave (v)	Urlaub nehmen; Abschied nehmen
take on (v)	einstellen, aufnehmen
take over (v)	übernehmen, die Macht ergreifen
take part in (v)	teilnehmen, sich beteiligen an
take risks (v)	Risiken eingehen
take sth. into consideration (v)	auf etw. Bedacht nehmen, etw. in Betracht ziehen
talk to (v)	mit jmdm. sprechen/reden
target audience (n)	Zielgruppe
task (n)	Aufgabe, Aufgabenstellung; Tätigkeit
teach (v)	lehren, unterrichten, jmdm. etw. beibringen
team member (n)	Teammitglied
teamwork skills (n) (pl)	Gruppenarbeitsfähigkeiten, Teamfähigkeit
tech freak (n)	Technik-Freak, Technikfan
technical knowledge (n)	Fachkenntnisse
technical support (n)	technische Hilfestellung
technique (n)	Technik, Verfahrensweise, Methode
technology (n)	Technologie, Technik
tedious (adj)	langweilig, mühsam, ermüdend
temperature (n)	Temperatur
terrace (n)	Terrasse
terraced house (n)	Reihenhaus
terrible (adj)	schlimm, schrecklich
terrorism (n)	Terrorismus

VOCABULARY REFERENCE

text (v)	texten, eine Textnachricht schreiben	unlearn (v)	verlernen, vergessen, ablegen
thanks to (prep)	auf Grund von, dank	unless (conj)	falls nicht, außer
theoretical (adj)	theoretisch	unpaid (adj)	unbezahlbar
therapy (n)	Therapie	unprofessional (adj)	unprofessionell
therefore (adv)	deshalb, daher, deswegen	unreasonable (adj)	unvernünftig, unangemessen
thin (adj)	dünn	unsure (adj)	unsicher
think ahead (v)	vorausdenken	untouched (adj)	unberührt, unangetastet
thought (n)	Gedanke	unusual (adj)	unüblich
threat (n)	Bedrohung, Drohung	upcoming (adj)	bevorstehend, anstehend
through (prep)	durch, hindurch, mittels	update (n)	Aktualisierung
throughout (prep)	im Verlauf des, zeit	update (v)	aktualisieren, auf den neuesten Stand bringen
tiled floor (n)	Fliesenboden	upper case letters (n) (pl)	Großbuchstaben
time-management (n)	Zeitmanagement	upset (adj)	verärgert, aufgebracht, bestürzt
tinnitus (n)	Tinnitus, Ohrensausen	up-to-date (adj)	modern, aktuell, auf dem neuesten Stand
to be willing (v)	geneigt sein, zustimmen, bereit sein	up-to-the-minute (adj)	topaktuell, tagesaktuell
toe (n)	Fußzeh	urbanisation (n)	Verstädterung, Urbanisierung
tool (n)	Werkzeug, Gerät, Hilfsmittel	urge (v)	drängen, mahnen, dringend bitten
top priority (n)	an erster Stelle, oberste Priorität	use (v)	benutzen, verwenden, gebrauchen
topic (n)	Thema, Inhalt	useless (adj)	nutzlos, sinnlos
tornado (n)	Tornado	V	
tough (adj)	hart, schwierig	vacation (n)	Urlaub, Ferien
tourist-friendly (adj)	touristenfreundlich	valuable (adj)	wertvoll, kostbar
towards (prep)	gegenüber, nach, gegen, in Richtung von	value (n)	Wert, Nutzen
toxic (adj)	giftig, vergiftet	valued (adj)	(wert)geschätzt
track (n)	Spur, Pfad	vape (n)	E-Zigarette
trade show (n)	Handelsausstellung, Fachmesse	various (adj)	verschieden, unterschiedlich
tradition (n)	Tradition	vendor (n)	Verkäufer/in
traffic (n)	Verkehr	venue (n)	Veranstaltungsort
traffic jam (n)	Verkehrsstau	verbal bullying (n)	verbales Mobbing
training (n)	Training, Schulung	verified (adj)	überprüft, geprüft
translation (n)	Übersetzung	vibrating (adj)	vibrierend
transport emissions (n) (pl)	Verkehrsemissionen	victim (v)	Opfer
transportation system	Transportsystem, Beförderungssystem	view (n)	Meinung, Ansicht
travel (v)	reisen, anreisen	viewpoint (n)	Standpunkt, Sichtweise, Gesichtspunkt
treat (v)	behandeln, bearbeiten	villa (n)	Villa
treatment (n)	Behandlung, Verfahren	vinyl record (n)	Vinylschallplatte
trending (adj)	trendig, gerade im Trend sein; (ver)laufend	violent (adj)	gewalttätig, brutal, gewaltsam
tricky (adj)	knifflig, schwierig	viral (adj)	viral, rasend schnell bekannt werdend
tried and tested (adj)	ausprobiert und getestet, erprobt und bewährt	visibility (n)	Sichtbarkeit, Sicht
triple-glazed (adj)	dreifach-verglast	vision (n)	Vision, Weitblick, Zukunftssicht
trouble (n)	Problem, Schwierigkeit	visit (v)	besuchen, besichtigen, bereisen
true (adj)	wahr, echt	vital (adj)	wichtig, lebensnotwendig
trust (n)	Vertrauen	voice (n)	Stimme, Meinung, Sprachrohr
trust (v)	trauen, vertrauen	voice call (n)	Sprachanruf
trustworthy (adj)	vertrauenswürdig, zuverlässig	voicemail (n)	Mailbox-Nachricht
turn down (v)	(Lautstärke) leise stellen; abweisen, absagen	volume (n)	Lautstärke
turn off (v)	abschalten, ausschalten	voluntarily (adv)	freiwillig
turn to (v)	zuwenden	volunteering (n)	ehrenamtliche Tätigkeit
turn up (v)	aufdrehen	W	
TV series (n) (pl)	Fernsehserien	waitress (n)	Kellnerin
typography (n)	Typographie, Schriftbild	walk (n)	Spaziergang
U		walk-in closet (n)	begehbarer (Kleider-)Schrank
unaware	nichts bemerkend, unbewusst	wardrobe (n)	Garderobe
unbearable (adj)	unerträglich, unausstehlich	warning sign (n)	Warnzeichen
unbelievable (adj)	unglaublich, unvorstellbar	warning signals (n) (pl)	Warnsignale
uncertainty (n)	Ungewissheit	warranty (n)	Garantie
understand (v)	verstehen, nachvollziehen	wash clothes (v)	Wäsche waschen
undo (v)	ungeschehen machen; öffnen, aufknöpfen	wash dishes (v)	Geschirr abwaschen
unequal (adj)	ungleich	waste (n)	Abfall, Verschwendung
unfortunately (adv)	unglücklicherweise	watch for (v)	achtgeben, aufpassen auf
unhealthy (adj)	ungesund	way (n)	Weise, Art; Richtung
unique (adj)	einzigartig, einmalig	way of thinking (n)	Denkart, Art zu denken
university (n)	Universität	weak (adj)	schwach
unknown (adj)	unbekannt	weakness (n)	Schwäche, Schwachstelle
unknown (n)	das Unbekannte	wealth gap (n)	Wohlstandsgefälle

Vocabulary reference

wealthy (adj)	reich, wohlhabend	work on sth. (v)	an etw. arbeiten
wear (v)	tragen (am Körper)	work patterns (n) (pl)	Arbeitsmuster
weight (n)	Gewicht	work placement (n)	Praktikum
weird (adj)	sonderbar, schräg	work setting (n)	Arbeitsumgebung
well-being (n)	Wohlbefinden, Wohlergehen	work style (n)	Arbeitsstil
well-built (adj)	gut gebaut, gut ausgebaut	work together (v)	zusammenarbeiten
well-constructed (adj)	gut gebaut, gut konstruiert	worker (n)	Arbeiter/in
well-designed (adj)	gut designt, gut gestaltet	working world (n)	Arbeitswelt
well-documented (adj)	gut dokumentiert	workload (n)	Auslastung, Arbeitspensum
well-informed (adj)	gut informiert	workplace (n)	Arbeitsplatz
well-researched (adj)	gut recherchiert	workplace injuries (n) (pl)	Verletzungen am Arbeitsplatz
wheelchair (n)	Rollstuhl	work-related (adj)	arbeitsbezogen, beruflich
widespread (adj)	weitverbreitet, umfassend	workshop (n)	Seminar, Workshop
wife (n)	Ehefrau	worldview (n)	Weltbild, Weltanschauung
willing (adj)	bereit, gewillt	worldwide (adj)	weltweit
willpower (n)	Willenskraft, Willensstärke	worry (v)	ängstigen, beunruhigen, sorgen
winter landscape (n)	Winterlandschaft	worry about (v)	sich Sorgen machen über
with special needs (n) (pl)	mit besonderen Bedürfnissen	worst-case scenario (n)	Worst-Case-Szenario, Schlimmstfall-Szenario
withdrawal symptoms (n) (pl)	Entzugserscheinungen	worth (adj)	wert
within (prep)	in, innerhalb, drin, innen	wrong (adj)	unrichtig, falsch
witness (v)	bezeugen, beweisen; miterleben, beobachten		
wooden floor (n)	Holzboden		
work (v)	arbeiten		
work ethics (n)	Arbeitsmoral		
work for sth. (v)	für etw. arbeiten		
work from home (v)	im Homeoffice arbeiten, von zuhause arbeiten		

Y

yet (adv)	bislang, bis jetzt; dennoch
youth (n)	Jugend
youth unemployment (n)	Jugendarbeitslosigkeit
youth voices (n) (pl)	Stimmen der Jugend

Irregular verbs

infinitive	past simple	past participle	infinitive	past simple	past participle	infinitive	past simple	past participle
be	was/were	been	freeze	froze	frozen	rise	rose	risen
beat	beat	beaten	get	got	got/gotten	run	ran	run
become	became	become	give	gave	given	say	said	said
begin	began	begun	go	went	gone	see	saw	seen
bite	bit	bitten	grow	grew	grown	send	sent	sent
break	broke	broken	hang	hung	hung	shake	shook	shaken
bring	brought	brought	have	had	had	shine	shone/ shined	shone/ shined
build	built	built	hear	heard	heard	shoot	shot	shot
burn	burnt/ burned	burnt/ burned	hide	hid	hidden	shut	shut	shut
buy	bought	bought	hit	hit	hit	sing	sang	sung
can	could	been able to	hold	held	held	sink	sank	sunk
catch	caught	caught	hurt	hurt	hurt	sit	sat	sat
choose	chose	chosen	keep	kept	kept	sleep	slept	slept
come	came	come	knit	knit	knit	speak	spoke	spoken
cost	cost	cost	know	knew	known	spend	spent	spent
cut	cut	cut	lay	laid	laid	stand	stood	stood
deal	dealt	dealt	learn	learned/ learnt	learned/ learnt	steal	stole	stolen
do	did	done	lead	led	led	swim	swam	swum
draw	drew	drawn	leave	left	left	take	took	taken
dream	dreamt	dreamt	lie	lay	lain	teach	taught	taught
drink	drank	drunk	lose	lost	lost	tell	told	told
drive	drove	driven	make	made	made	think	thought	thought
eat	ate	eaten	mean	meant	meant	throw	threw	thrown
fall	fell	fallen	meet	met	met	understand	understood	understood
feed	fed	fed	must	had to	had to	wake	woke	woken
feel	felt	felt	pay	paid	paid	wear	wore	worn
fight	fought	fought	put	put	put	win	won	won
find	found	found	read	read	read	write	wrote	written
fly	flew	flown	ride	rode	ridden			
forget	forgot	forgotten	ring	rang	rung			

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