

# A NEW START



**1 a** Put the words in the correct order to form sentences. Sometimes there is more than one possibility.

Language  
in use

Word order  
> The New  
Best Shots 1  
– HTL/HUM,  
page 2

**1** will meet/I/at the weekend/my cousin/.

**2** interested in/politics/is/Marc/not/.

**3** are/and/my favourite sports/swimming/snowboarding/.

**4** my elder brother/to Vienna/last year/moved/.

**5** the school building/located/at the end of the street/is/.

**6** Maria/not/spinach/does/like/.

**7** want to/at the same university/my best friend and I/one day/study/.

**8** three hours/spent/Simon/studying/at the weekend/for the Maths test/.

**9** not/go/last weekend/did/Rebecca/to the party/.

**1 b** Write down the appropriate question word (*who/where/when/why/what/how/which/whose*) for the questions (1–9). Sometimes there is more than one possibility. Then write down your answers. The first one (0) has been done for you.

Language  
in use

Asking  
questions  
> The New  
Best Shots 1  
– HTL/HUM,  
page 8

**0** When were you born?

I was born on May 15, 2009.

**1** \_\_\_\_\_ do you live?

**2** \_\_\_\_\_ do you usually do in your free time?

**3** \_\_\_\_\_ much pocket money do you get?

**4** \_\_\_\_\_ popular brand do you like most?

**5** \_\_\_\_\_ do you usually get up in the morning on a school day?





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6 \_\_\_\_\_ did you decide to attend this school?

7 \_\_\_\_\_ smartphone number do you know by heart?

8 \_\_\_\_\_ colour is your hair?

9 \_\_\_\_\_ is your favourite subject?

1 c

Have a look at the sentences (1–9). Complete them with an appropriate word/phrase from the box. Mind the tenses.

## Vocabulary

> The New  
Best Shots 1  
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page 15

to be divorced – moustache – wrinkles – curly – confident – sensitive – to support –  
to be passionate about – to encourage

1 Sana is really thankful that her best friends always \_\_\_\_\_ her when she needs help.

2 Michael finds it hard to style his hair, because it is so \_\_\_\_\_.

3 After having attended communication training, she is more \_\_\_\_\_ when speaking in front of others.

4 Last year Paul's dad decided to grow a \_\_\_\_\_.

5 Good friends can be a positive influence and often \_\_\_\_\_ success in school.

6 I am not sure whether smiling really causes \_\_\_\_\_.

7 Linda sometimes feels sad because her parents \_\_\_\_\_.

8 I have to be very careful about what I say to my little sister as she is very \_\_\_\_\_.

9 Rene \_\_\_\_\_ basketball, that's why he trains five times a week.



1 d

Reconstruct the adjectives (1–9) by adding the missing vowels (a, e, i, o, u). Then write down meaningful sentences using the adjectives given.

## Vocabulary

> The New  
Best Shots 1  
– HTL/HUM,  
page 15

1 \_ n x \_ \_ \_ s : \_\_\_\_\_

2 t \_ l k \_ t \_ v \_ : \_\_\_\_\_

3 \_ n t \_ d y : \_\_\_\_\_

4 \_ n \_ r g \_ t \_ c : \_\_\_\_\_

5 g \_ n \_ r \_ \_ s : \_\_\_\_\_

6 \_ m p \_ t \_ \_ n t : \_\_\_\_\_

7 t r \_ s t w \_ r t h y : \_\_\_\_\_

8 c \_ r \_ \_ \_ s : \_\_\_\_\_

9 s \_ n s \_ b l \_ : \_\_\_\_\_

1 e

Reading  
Test format  
Short answers

Read the article about going back to school after the holidays. Then complete the sentences (1–6) on page 8 using a maximum of four words. Write your answers in the spaces provided. The first one (0) has been done for you.



## Back to school

- 1 After a summer of sleeping in or doing things on your time, the alarm bell announcing that first day of school can be a rude awakening. Whether you're an anxious new freshman or a confident senior, heading back to school signals a time of transition: new classes, new teachers, new schedules, and a new social scene.

Dread it or love it, you gotta go to school. Here are some ways to make the transition from summer to school a little easier.

### First-day mania

- There's no escaping the fact that the first day of school can be crazy. New kids wander around in circles. Lockers won't open. The school nurse needs your medical records. You forgot your gym shorts. Freshmen are running in all directions, looking for their homerooms.

- How can you combat first-day chaos? If you're headed to a new school, try to arrange a visit before classes begin. Explore any areas that are of particular interest, such as the gymnasium, library, or science labs. Some schools offer maps. Get one and take a look at it before school starts – then keep it in your backpack until you're familiar with your new surroundings.

- Your first day is also the time to bring in school supplies and paperwork. It can help to pack your backpack the night before school starts so you're not scrambling around at the last minute looking for what you need. In addition to packing basic supplies (such as notebooks, pens, pencils, and a calculator), hunt down any of the school forms that were mailed to your family over the summer: immunization (shot) records, permission slips, and class schedules.

- Did you try on eight different outfits before deciding what to wear? Lots of people check out who's wearing what on the first day of school. The key is to wear what makes you feel good, whether it's a brand-new outfit or a comfy old sweater. If you plan to wear a new pair of shoes, break them in a few days beforehand or your feet may scream for relief long before last period.

Each school has a different opening-day drill. Some



start with homeroom or an assembly, but others may jump right into the first-period class. You'll meet your new teachers, and they'll probably give you an overview of the course syllabus, class rules, what the semester will be like, what supplies you'll need, and expectations of your performance and behavior. Some teachers will jump right into their first lesson, while others may have non-coursework activities planned. It all depends on the class and teacher.

### Emotions

Here's a simple equation: new place = new emotions. Lots of people feel anxious, scared, or excited about school. Although students who are coming back as seniors may be happy, they're in their final year and can't wait to visit with friends, most freshmen or new kids are likely to be tense or worried.

It's perfectly normal to feel nervous on the first day of school. Getting back to the school routine and adjusting to new workloads takes some getting used to after a long summer break. If you're having a mental meltdown, think back to some previous "first days." Everything probably settled down pretty quickly once you got into the routine.

Meeting new people or getting reacquainted with classmates can feel overwhelming, especially if you're the shy or reserved type. Start small: If large groups make you nervous, try saying hello to one or two new people a day – the kid at the desk next to yours in homeroom is a good place to start. Or ask new people to sit with you in the cafeteria.

If you still feel uncomfortable after a few days, talk to the school guidance counselor, a favorite teacher, or someone else you trust about how you're feeling and what you can do. But give yourself time – most problems adjusting to school are only temporary.



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|   |   |                            |
|---|---|----------------------------|
| 0 | After a predictable summer of relaxing, needing to start school again can ____. | <i>be a rude awakening</i> |
| 1 | On the very first day of school, students may ____.<br>(Give one answer.)       |                            |
| 2 | It is preferable to pack your backpack ____.                                    |                            |
| 3 | New clothes are fine, but wearing new shoes could ____.                         |                            |
| 4 | Back at school, new students mostly feel ____.<br>(Give one answer.)            |                            |
| 5 | To reduce stress, it helps if students think about ____.                        |                            |
| 6 | Making friends is more manageable if the student ____.<br>(Give one answer.)    |                            |

1 f

Listening  
Track 1

Test format  
Multiple  
choice

You are going to listen to a talk by motivational speaker Jonny Shannon about how to make friends at school.

First you will have 45 seconds to study the task below, then you will hear the recording twice. While listening, choose the correct answer (A, B, C or D) for questions 1–6. Write your answers in the spaces provided. The first one (0) has been done for you.



After the second listening, you will have 45 seconds to check your answers.

## How to make friends at school

- |  |  |
|--|--|
| <p>0 Surprisingly, Jonny Shannon spent a lot of his time in school<br/>A making friends.<br/>B alone.<br/>C being too nice.<br/>D with his clique.</p> <p>1 When he realised he couldn't make friends, the speaker started<br/>A talking more about his life.<br/>B giving his classmates advice.<br/>C being interested in others.<br/>D working on his appearance.</p> <p>2 According to the speaker, smiling can help the people around you see that you are<br/>A funny and arrogant.<br/>B your own person with your own agenda.<br/>C easy to laugh at.<br/>D easy to talk to and light-hearted.</p> <p>3 One of the most important things to remember when meeting up with new people is<br/>A your shared experiences.<br/>B their names.<br/>C their hobbies.<br/>D where they're from.</p> | <p>4 If teenagers want to become part of a group, they should<br/>A listen carefully to what the others have to say.<br/>B tell anyone about their strengths.<br/>C send a lot of text messages.<br/>D talk as much as possible.</p> <p>5 It is important to focus on the quality and not the quantity of your friends because<br/>A you don't have time to say <i>hi</i> to everyone.<br/>B you can develop deeper connections.<br/>C chances are small that lots of people will like you.<br/>D Facebook friends are not your real friends.</p> <p>6 The most important thing to remember when making friends is<br/>A to make sure they always feel important.<br/>B to never change your mind because of them.<br/>C to be your authentic self.<br/>D to impress them.</p> |
|--|--|

|   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 |
| B |   |   |   |   |   |   |

1 g

Speaking

Test format  
Individual  
long turn

You are taking part in an online English training session offered by the *British Council*, the United Kingdom's international organisation for cultural relations and educational opportunities. The training session focuses on improving your speaking skills.

You have been asked to introduce yourself to the other participants in the first training session. In your 3-minute introductory pitch you should

- ☐ describe your appearance and your character traits
- ☐ give information about your family
- ☐ speak about your hobbies.



**Step 1:** Before you start speaking, read the bullet points carefully and take notes in the table.

bullet point 1

bullet point 2

bullet point 3

Presentation  
phrases  
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**Step 2:** Get into pairs and give your presentation. Take turns.



1 h

Writing

Text type  
Informal  
email

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You have not heard anything from your Spanish penfriend Valentino for quite a long time. That's why you have decided to write an email to him. In your email you should

- ☐ give information about your new school
- ☐ describe your classmates and your form teacher
- ☐ mention what you did in the first days at your new school.

Write about 180 words.

Before you start writing, read the bullet points carefully and take notes in the table.

bullet point 1

bullet point 2

bullet point 3