Unit



Reading

- 1b A first-hand report from the Windrush Generation (Multiple matching)
- Do you like shopping or bargain hunting? (Multiple matching),
- 4a Shopping mayhem or may the odds be ever in the shoppers' favour (True / false with justification)
- Tackling climate change (True / false with justification)
- 4b Growing up in the 21st century part II (Note form),
- 4e A great event! (Multiple matching)
- Adolescents and the new challenges of the 21st century (True / false with justification)
- Meet the makers behind your products (True / false with justification)
- Communication history (Multiple choice)



Movies, music and our emotions (Note form)



- 2a Frederick Douglass (Multiple matching)
- Watching films with subtitles (True / false with justification)





- 3a Jay's story (Multiple matching)
- 5b When the price isn't right ... (Note form)



1d Global warming (Multiple matching)



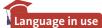
3a Globalised jeans (Note form)



- 2b Biomimicry (Multiple matching),
- 3e Al and job interviews (Note form)
- 4a Managing stress (Note form)



- 1c US immigration overview (Note form),
- 3d Early Native American history (Multiple choice)
- 4b Bannings, burnings, and other censorship activities (Multiple matching)



4a A brief guide to Calypso music (Word formation)



- 2e Be smart dress well (Banked gap-fill),
- Are you in the market for an identity? (Word formation)
- 3a Lifestyle changes for the climate? (Open gap-fill),
- 3d More about fast fashion (Word formation)
- 1a Find your very personal treasure (Word formation),
- 2 b Mind the knot, please! (Multiple choice)
- 2b Boost your resilience (Word formation),
- The mountain pose (Multiple choice)
- 2a Cultural globalisation (Banked gap-fill)





- Technology and nature working together (Multiple choice),
- Job recruitment through artificial intelligence (Word formation)
- 1c Expressing our emotions in messages (Banked gap-fill),
- **Concealing your feelings** (Word formation),
- Vicarious embarrassment or "Fremdschämen" (Open gap-
- 1a Immigration during World War II (Banked gap-fill),
- 3a The Marshall Plan (Open gap-
- 1a Katniss Everdeen (Word formation),
- What it takes to make a really great movie (Banked gap-fill)

1c Not my kind of Austria (Blog post)



5a Low quality but expensive price tags (Email of complaint)



- 3c The impact of our lifestyle (Article),
- 3f Giving up driving? (Blog comment)
- 1b A recent development (Article)
- 5b The young people do care! (Email to the editor)



- 2c Culture going global (Blog post)
- 1c Banning smartphones for all students? (Blog comment),
- 3f Al use today and in the future (Article)
- 2b Creating lasting happiness (Article)



- 3e The significance of **US history** (Article)
- 2b Preferences in watching a new film (Report),
- Banned books week (Formal email)

Tenses; Relative pronouns / adverbs

Adjectives, adverbs and prepositions like / unlike / alike; Word families



- Collocations; Articles; Mixed conditionals and wish forms
- (Present) tenses; If-clauses; Linking words
 - Idioms; Antonyms; Word families
 - Prefixes / suffixes; Collocations; Past and past perfect tense; Passive structures; Modal verbs
 - Gerund forms, Confusables
 - Idioms; Quantifiers; Opposites / prefixes
 - Participle constructions; Linking devices; Prepositions of time / place
 - Adjectives / adverbs; Prefixes / suffixes; **Contracted forms**

Who (else) speaks English?

Unit 1

1c Writing

Text type

Blog post

Not my kind of Austria

On Instagram you came across a post that details the most average stereotypes of Austria as being the best reasons to travel there.

You have decided to take this post as a reason for your next blog entry. In your blog post you should:

- » outline your feelings upon reading the post
- » point out the most obvious mistaken views
- » suggest other reasons to visit Austria

Give your blog post a title. Write around 200 words.



Instagram

2

Bermuda

2 a

Every home's Bermuda triangle

Vocabulary

Complete this crazy professor's explanation as to why some many socks go missing in washing machines. You can find the missing words and phrases in task 3 a of your Student's book.

are all aware of the Bermuda triangle in the Atlantic
¹ confidence that said triangle is not the only one
² to suggest that every home has its own
³ research my team and I have found that in
located in the region of the washing machine. Most
rticularly socks like to be sucked up by the mysterious
⁵ by my team shows that there is no evidence to
a thing as a sock-eating monster –
erous researchers suggested that socks simply got
ourselves to falsify this claim.
es, we can now say that all data collected points to-
s. Another aspect many of my colleagues seem to
s still disappear, when moving the washing machine
idied objects into other rooms and onto other levels,
nat the Bermuda trianglical powers do in fact move
d to a geographical location.

Windrush Generation

3 a

Jay's story

Listening

◄)) Track 1

You are going to listen to an interview with 35-year-old Jay about his experience with Windrush lessons. First you will have 45 seconds to study the task below, then you will hear the recording twice. While listening, match the beginnings of the sentences (1–8) with the sentence endings (A–K). There are two sentence endings that you should not use. Write your answers in the spaces provided. The first one (0) has been done for you.

Jay's story

0 The Windrush scandal has affected .

1	Jay's co	onnect	ion to	the Wi	ndrush	Gene	ration i	s		
2	Jay's problem first affected him during									
3	Jay's fo	oster p	arents	had						
4	Jay's p	roblem	ı was c	aused	by					
5	Jay's fo	oster ca	are cas	ework	er can't	give h	im			
6	Jay's si	tuatio	n has a	ffecte	d					
7	After h	nis thir	d appli	cation,	there	was				
8	Being	statele	ss rem	inds Ja	y of	·				
Α	a holic	lay.								
В	all the	ir nece	ssary p	aperw	ork.					
K	mainly	/ older	people	<u>.</u>						
D	releva	nt deta	ils for	a passı	port.					
E	via his	mothe	er.							
F	his chi	Idhood	J.							
G	a plan	to get	the pa	ssport	•					
Н	his bio	logical	paren	ts.						
1	his job	oppor	tunitie	25.						
J	a threa	at of de	eportat	ion.						
K		ce situa	-							
	'									
	0	1	2	3	4	5	6	7	8	
	С									
		I	I	I	I	I	I	I	I	



Getting the spelling right

Complete these gaps with the correct letters! The words cover section 3 and 4 in your Student's book.



3 b Vocabulary

While many parents want their children to stay close to home, mine always enc
me to explore the world. In retrospect, though, the main cause for their words was prob-
ably their knowledge of the short 2 of other country's lab 3 markets
compared to ours. If it hadn't been for their words (Oh I wish I had kept a re
of how often they talked to me about it) and help with work per 5 under no
circ ⁶ would I have gone abroad for longer. Me, a not ⁷ couch potato, spend-
ing his le 8 time on the phone. But when A-levels were just around the cor 9,
I somehow got exp 10 from school, my university plans van 11 and my parents
declared war on my laziness: come up with a bu 12 of options or be ba 13
from home. Well, after the in 14 shock, I ap 15 for a work and travel visa
to New Zealand and went on to work and travel from there. Each and every su
country seemed more enticing, but I eventually set 17 in Barbados – the country my
grandparents originally came from! Yes, I now enjoy long sunny walks along the beaches and
end 18 my parents having their own guestroom in my house, somehow I can't shake
the feeling that was part of their plan.

The highest good

3 c Opposites / antonyms

Vocabulary

Find the opposites / antonyms. They all come up in the article *Young people's challenges in the 21st century.*

	opposite / antonym		opposite / antonym
1. turbulent		6. accurately	
2. mental		7. benefits	
3. many		8. equal	
4. insecurity		9. anywhere	
5. downsides		10. increase	

4 The power of thoughts

4 a Expand your vocabulary! – part I

Vocabulary

Think back to completing the listening comprehension task **6 b** in the Student's book for the book review of *The Power of Positive Thinking* by Norman Vincent Peale. Sort the words from the list into their appropriate category: noun, adjective or verb, and complete a grid with the whole word family.



inevitable • convincing • appreciation • anxiety • inferiority • visualise • solvable • fundamental • companionship • depressed • burdened • illusion • hopeless • conceivable • isolate • unhappiness • failure • tension • concentration • overwhelmed • severe • ultimate • disappear • positivity • impede • mental • power • subconscious • influence • energy • worried • insecure • psychological • expectancy • surprising • oppressive • exhausting • destroy • swift • accelerate • emotional • frustration • condition • strategy • relieve • choice • confront • determined • believe • available • focused • succeed

4 b Expand your vocabulary! – part II

Language in use

Change the nouns, adjectives and verbs in brackets to make meaningful sentences.

1.	Mark's explanation di	dn't sound very	¹ (conviction).	
2.	The hike up the moun	tain was more than	² (exhaustion).	
			³ (oppressive),	4
		5 (destroy)		
4.	Social distancing is t	he best way of fighting	Covid 19, but also a	6
	(mental) challenging	one.		
5.	The accident was	⁻ (avoid): th	e driver of the Porsche was too	fast.
			dren during the Corona crisis lock	
	written in their faces.			
7.	Despite the wide	⁹ (available	e) of every-day goods, hamster	purchases
	during the Corona loc	kdown were not to be avo	ided.	
8.	The	10 (relieved) we felt on he	aring he had regained	11
	(conscious) in hospita	l was enormous.		
9.	It was simply	¹² (overwhelm	ed) to witness the way the tead	cher's class
	greeted him after his	long absence.		

Review

The mountain pose

Read the text about yoga for young beginners. Some words are missing. Choose the correct answer (A, B, C or D) for each gap (1–9). Write your answers in the spaces provided. The first one (0) has been done for you.

Language in use

A yoga pose for teen beginners

Yoga poses can be done (0) ___ studying, lying down, resting or even sleeping. The mountain pose, for example, is a common and (1) ___ pose for young beginners.

It is a posture where you stand with your toes touching the ground and your heels slightly (2) ___ each other on a firm surface. You lift and spread your toes and (3) ___ them softly down on the mat or floor. Your socks ought to cover maximum ground.

Then rock back and forth and gradually come to (4) ___. Lift your arms straight (5) ___your head. Press your shoulder blades into your back and then (6) ___ them before releasing. Turn your thighs slightly (7) ___. Keep your tongue wide and flat on the (8) ___ mouth.

Stay in this pose for 30 seconds to one minute and inhale end exhale (9)

0	Α	also		В	during		Ľ	while			D	whereas
1	Α	useless		В	useful		C	usefull			D	usual
2	Α	on top of	f	В	behind		C	depending on		n	D	apart from
3	Α	lay		В	lie		C	take			D	place
4	Α	a stands	till	В	a stills	tand	C	an ins	tant		D	a handstand
5	Α	across		В	about		C	behin	d		D	above
6	Α	spread		В	widen		C	wide			D	open
7	Α	down		В	upside	down	C	inwar	d		D	on
8	A	floor of y mouth	our	В	flour o	•	С	forehe	ad		D	dancefloor
9	Α	gentle		В	calm		C	occasi	onally		D	gently
			ı	ı			ı	1	ı			
		0	1	2	3	4	5	6	7	8	9	9
		С										

Test format
Multiple choice

The young people do care!

There is a lot of discussion going on about teenagers' unhealthy lifestyle and their high consumption of energy drinks and fast food, which many parents, teachers and health experts complain about.

You have decided to react and send an email to the editor of an English teen magazine. In your email to the editor you should:

- » express your personal opinion on the topic of teenage health and lifestyle
- » explain why this negative trend is not true of all teens, especially you
- » suggest what society might do as a whole to solve the problem

e the

Writing

5 b

Text type Email to the editor

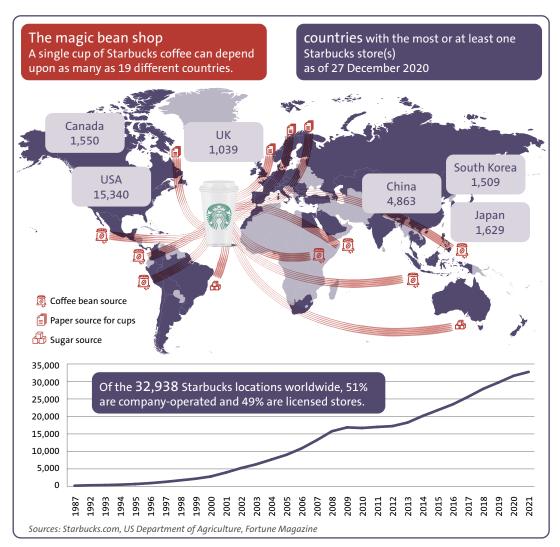
Write around 250 words.

Living in the global village

2b Starbucks – spearhead of cultural globalisation

Lead-in Study the infographic and use the information you gain for the following writing task. Focus on the following aspects:

- the source base of Starbucks
- » its rapid global spread
- » potential reasons for its "magic" and global popularity



2 c Writing

Culture going global

Your class has just studied the topic of globalisation and its cultural impacts. Your teacher has asked you to write an entry for the class blog to show what you have learned.

Globalisation is having a significant effect on food systems all around the world. The rise of transnational corporations, such as McDonald's and Coca-Cola, have led to many countries both benefiting from and being harmed by these trends.

You have decided to write such a blog post. In your blog post you should:

Text type Blog post

- » give examples of cultural globalisation
- » explain the impact of cultural globalisation on your life
- » comment on potential negative aspects of cultural globalisation

Give your blog post a title. Write around 250 words.

Expressing events further back in the past

In the sentences below fill in the verb in brackets in either the past perfect tense (for actions / events that took place first or before a certain time in the past) or the past tense (for actions / events that happened later). Use passive forms where required.

Structures

A first phase of glob	alisation took (take) on all	er the Europeans ₋			_ (ais-	
cover) new territories	s and trade routes. Dutch and	d English		² (can) ir	ncrease	
their trade as soon as	s they ³ (for	ınd) trading compa	nies. A	fter the An	nericas	
4 (discover, passive), the Columl	bian Exchange (of	plants,	animals a	nd dis-	
eases)	⁵ (initiate, passive).					
When industries in E	England and later in Europe a	and the USA		6 (be	gin) to	
produce more and m	ore goods, the need for more	global trade		⁷ (inc	crease).	
More and more part	s of the world	8 (lose) their in	ndepen	idence afte	er they	
9 (0	conquer, passive) by the imper	rialist powers of Eu	rope.			
As soon as multin	ational trade contracts	10	(sign,	passive),	tariffs	tariffs: Zölle
11 (lower, passive) and the volume	es of trade		12 (grow). Once	
the Internet	¹³ (invent, passive),	global communicat	tion		14	
(become) much easi	er. After China	15 (developed)	into a	major eco	onomic	
nower conflicts betw	veen China and the USA	16 (aris	se)			

Describing processes: the global T-shirt

Look at the map and the words in the grid below and describe the global travels of a T-shirt Structures using the passive voice. Use modal verbs and by-objects where possible.



- Texas Kazakhstan grow and harvest cotton • the Aral Sea • contaminate • workers' rights • violate
- cotton fibre ship to India spin knit
- fabric ship to Vietnam or China produce the T-shirt • exploit the workers
- ship transport to USA Europe in containers • retailers sell T-shirt • after a few wears • toss T-shirt in a bin or donate to a charity
- charities sort out T-shirts ship them to Africa • Latin America • sell T-shirts at second-hand markets

Cotton is (might be) grown and harvested in Texas or Kazakhstan. In Kazakhstan the Aral Sea is contaminated by cotton production ...

Idealism and our emotions

3 c

Identifying prefixes

Structures

Read the lyrics in 3 b again and identify the prefixes used to form these adjectives. Then find their opposites with a positive meaning. The first one has been done for you.

negative meaning	positive meaning	prefix	meaning of the prefix
mistreated	treated	mis-	wrongly

10mit 8

3 d Expressing emotions through poetry

Reading Read the poem by Abdullah Shoaib below, then answer the following questions.

Pretty Ugly I'm very ugly So don't try to convince me that I am a very beautiful person Because at the end of the day I hate myself in every single way And I'm not going to lie to myself by saying There is beauty inside of me that matters So rest assured I will remind myself That I am a worthless, terrible person And nothing you say will make me believe I still deserve love Because no matter what I am not good enough to be loved And I am in no position to believe that Beauty does exist within me 15 Because whenever I look in the mirror I always think Am I as ugly as people say? (Now read it from bottom to top)

1.	What does the lyrical "I" express when you read it from top to bottom?
2.	What does the lyrical "I" express when you read it from bottom to top?
3.	What makes this poem unique?

3 e

Vicarious embarrassment or "Fremdschämen"

Language in use Read the article about "Fremdschämen". Some words are missing. Complete the text by writing one word for each gap (1–5) in the

spaces provided. The first one (0) has been done for you.



What is "Fremdschämen" or vicarious embarrassment?

The celebrity that has just tripped and fell, the friend that has just committed a terrible social faux pas, or the footage of somebody coming back from the toilet with a (0) ___ of toilet paper stuck to their clothing or shoes — we all know examples of these cringeworthy (1) ___ that make us blush on these people's behalf. It turns out that the German language has a term for it, called "Fremdschämen" while the best English alternative would be vicarious embarrassment. Both terms denote the awkwardness you (2) ___ for someone who has embarrassed themselves.

to denote: to mean sth The whole concept was studied a few years (3) ___ in Germany and the study discovered that people (4) ___ are particularly prone to it are also generally easily empathetically embarrassed. To qualify as empathetic, an observer's emotion must closely match the emotion of the observed, which distinguishes it from sympathy. In (5) ___, the observer must realise that what he or she is feeling is only the result of witnessing the circumstances he or she observed.

prone: tending to be or act in a certain way

Write your answers here:

0	piece	2	4	
1		3	5	



Don't stress, always do your best and forget the rest!

Managing stress

You are going to listen to a recording about stress. First you will have 45 seconds to study the task below, then you will hear the recording twice. While listening, answer the questions (1–4) using a maximum of four words. Write your answers in the spaces provided. The first one (0) has been done for you.



0	What should you do to reduce stress?	take deep breaths
1	Historically, what is stress?	
2	Why does blood pressure increase and glucose get sent to your muscles?	
3	Which areas are negatively affected by stress? (Give <u>one</u> answer.)	
4	What can't you do at the same time when you fear something? (Give one answer.)	

4

4 a Listening

◄)) Track 9



Hint: You can also watch the accompanying video by looking up "Managing stress Brainsmart BBC" on YouTube.

Being an idealistic young adult

Complete the text by adding the correct prefix if necessary.

4 b Structures

The struggle of being idealistic posted by youngadult123, 05 May, 10:30 am Depending on who you ask, idealism can be either overwhelmingly positive or credibly 1 sanely 2 challenging for young adults to know what to do to become negative. So, it can be dependent³ while at the same time leading a fulfilling and happy 4 life. In my opinion, one of the problems is that young adults and their intentions and choices are often understood 5. Their choices, for example, are sometimes considered reasonable ⁷ and as something no one in their right mind would ever attempt to do. Have you ever experienced something similar 8? However, we as young adults have grown accustomed to doing or at least trying to undertake possible 9 feats, to explore familiar 10 paths to overcome seemingly difficulties and dealing with foreseen¹² consequences. In short, we're trying to expect the expected 13. Nevertheless, we are often seen as mature 14 and our behaviour as being explicable 15. Older people have often told me that they consider my idealism and optimism logical 16 and my rush to action as being patient 17. Do you agree? Do you think our younger generation wants to change everything at once and makes too many rash decisions? Let me know in the comments.

feat: sth needing a lot of skill and courage to achieve

rash: careless without any thought of the consequences

Aspects of American history

2 e

Martin Luther King

Reading

Read the text about Martin Luther King's March on Washington and his most famous speech. Fill each gap (1–9) with a noun from the VocabBooster below. Then compare your results with a partner.

VocabBooster

demonstrators • equality • troops • rally • violence • institution • supporters • reputation • participants

March on Washington

Unit

Martin Luther King, Jr. worked with a number of civil rights and religious groups to organize the March on Washington for Jobs and Freedom, a peaceful political signed to shed light on the injustices African Americans continued to face across the country. Held on August 28 and attended by some 200,000 to 300,000 widely regarded as a watershed moment in the history of the American civil rights movement and a factor in the passage of the Civil Rights Act of 1964.

culminated: concluded, ended up The March on Washington culminated in King's most famous address, known as the "I have a dream" speech, a spirited call for peace ³ that many consider a masterpiece of rhetoric.



Standing on the steps of the Lincoln Memorial – a monument to the president who a century earlier had brought down the ⁴ of slavery in the United States – he shared his vision of a future in which "this nation will rise up and live out the true meaning of its creed: 'we hold these truths to be self-evident, that all men are created equal."

The speech and march cemented King's ⁵ at home and abroad; later that year he was named "Man of the Year" by TIME magazine and in 1964 became the youngest person ever awarded the Nobel Peace Prize.

In the spring of 1965, King's elevated profile drew international attention to the 6 that erupted between white segregationists and peaceful in Selma, Alabama, where the SCLC and Student Nonviolent Coordinating Committee (SNCC)

had organized a voter registration campaign.

Captured on television, the brutal scene outraged many Americans and inspired across the country to gather in Alabama and take part in the Selma to Montgomery march led by King and supported by President Lyndon B. Johnson, who sent

The 15th Amendment to the United States Constitution prohibits the federal government and each state from denying or abridging a citizen's right to vote "on account of race, color, or

previous condition of servitude."

in federal ⁹ to keep the peace. That August, Congress passed the Voting Rights Act,

which guaranteed the right to vote - first awarded by the 15th Amendment – to all African Americans.

amendment: the process of altering or amending a law or document

Using past participles in different ways

Structures

Read the sentences about racial discrimination in the US. Fill each gap (1-5) with a present perfect simple, a past perfect simple or a passive form.

ΑE	The Civil Rights Movement	(lead) by people like Martin Luther King Jr. and
	Malcolm X. Before that, whites	² (oppress) African Americans for a long time.
	Even though African Americans	³ (grant) some rights after the abolishment of

slavery, racial injustice continues to be a problem up until today. Therefore, protests against police violence, for instance, _______4 (still, organise) these days. Particularly in the South, discrimination of African Americans ______5 (be) a problem for a long time.

The aim for more

3

ΑE

Language in use

The Marshall Plan

Read the text about the Marshall Plan. Some words are missing. Complete the text by writing one word for each gap (1–13) in the spaces provided. The first one (0) has been done for you.

History of the Marshall Plan

United States Secretary of State George C. Marshall saw Communism as a threat (0) ___ European stability. The Soviet Union's sphere of influence increased during World War II, and tensions (1) ___ Eastern and Western Europe intensified. The Soviet Union believed that the Marshall Plan was a way to meddle in the internal affairs of European (2) ___ . That belief prevented Soviet satellite countries, such as Poland and Czechoslovakia from accepting assistance from the United States. It also caused, at (3) ___ in part, the Soviet Union's economy to be significantly outpaced by those of Western Europe and the US.

The \$ 13 billion plan (4) ___ with shipments of food and staples to European ports in the Netherlands and France. Tractors, turbines, lathes, and other industrial equipment, plus the fuel to power the machines, (5) ___ soon afterward. Between 1948 and 1951 as much as 3% of what Americans produced went to the recovery effort in Europe. Accounting for inflation, the \$ 13 billion aid package is (6) more than \$ 130 billion in 2019 dollars.

The Marshall Plan was more than an economic one. The Secretary (7) ___ State thought that the cooperation of all European nations would lead to greater unity. The foundation of the plan (8) ___ to the creation of NATO as a defensive alliance against any future aggressors. Marshall earned the Nobel Peace Prize in 1953 for his efforts, (9) ___ the lasting effects of the plan went well into the (10) ___.



The reliance (11) ___ American aid opened up trading avenues between Europe and the United States. The call for unity among European nations formed the basic idea behind the European Union. (12) ___ American intervention, Europe's vast network of railroads, highways, and airports would not exist in contemporary society. (13) ___ President Harry Truman said, the United States was the "first great nation to feed and support the conquered."

Write your answers here:

0	to	5	10	
1		6	11	
2		7	12	
3		8	13	
4		9		

Test format Open gap-fill